



OF THE EL PASO BEHAVIORAL HEALTH CONSORTIUM

Family Leadership Council

General Membership Meeting

Meeting Notes May 10, 2022; 8:30am MST

City of El Paso Center for Civic Empowerment – Blue Flame Meeting Room C

Attendees:

Juan Alderete
Sharon Butterworth
Sandra Day
Adrian Duran
Sharon Butterworth
Cathy Gaytan
Gilda Gil
Adrienne Harrel
Josue Lachica
Ronsoni Long
Ismael Lopez
Rosie Medina
Enrique Mata
Ben Miranda Jr.
Sonia Morales
Mark Riddick
Ashley Sandoval
Ivonne Tapia
Alejandra Valdez
Kathie Valencia
Al Velarde
Arthur Westbrook
Claudia Woods
Tracy Yellen

Representing:

Region 19 Education Service Center
PdN Center at The Meadows Institute
Paso del Norte Health Foundation
El Paso Center for Children
Mental Health Advocate
El Paso Child Guidance Center
Paso del Norte Children's Development Center
Texas Tech Health Science Center El Paso
PdN Center at Meadows Institute
Strong Families Advisory Council
Cohen Veterans Network at Endeavors
County of El Paso Juvenile Probation Department
PdN Center at Meadows Institute
Cohen Veterans Network at Endeavors
El Paso Psychiatric Center
Cohen Veterans Network at Endeavors
Emergence Health Network
Aliviane
NAMI El Paso
El Paso Center for Children
Paso del Norte Children's Development Center
YWCA El Paso del Norte Region
Emergence Health Network
Paso del Norte Health Foundation

Meeting Notes

Welcome and Introductions:

- Ivonne Tapia convened meeting at 8:44 a.m. and called for introductions.

Priority System Goals & Strategies:

- Enrique Mata provided an overview of the current priority system improvements for 2022 – 2025. A draft handout was provided and is included with these notes we are still open to feedback and working toward a public presentation of the goals targeted for the morning of July 28th.
- The meeting notes, goals and strategic plan information will be posted to the www.healthypasodelnorte.org/epbhconsortium page under the Family Leadership Council to ensure quick and easy access for all interested stakeholders.

CPAN/TCHAT

- Adrienne Harrel, CPAN/TCHAT Project Manager provided a presentation on Texas Child Mental Health Care Consortium (see data slide included with these notes).
- New American Rescue Plan Act (ARPA) funding will be able to extend services to 12 visits (launch Fall 2022).
- Additional CPAN funding – 1 time consult or assessment for patient/provider (launch Fall 2022)
- There is a significant staffing shortage, challenging time recruiting mental health providers at all levels. This is limiting the growth of CPAN/TCHAT.
- Al Velarde noted that EPISD is not part of the list of ISD's using these systems.
 - Ms. Harrel commented that EPISD had declined the services.
 - Ms. Ashley Sandoval stated that EHN is partnering with TTUHSC with the hope that the partnership will allow more schools to be served. This is a different program from CPAN/TCHAT but may be able to compliment the CPAN/TCHAT programs.
 - Al Velarde is willing to reintroduce the offer to serve EPISD to the school district board. The EPISD recognizes the need to expand mental health services within the district.
 - Most referrals coming from the middle/High school range. The CPAN/TCHAT project can serve all school age youth k-12.

Strong Families

- Kathie Valencia provided a brief presentation summarizing progress to date (see the slides included with these notes for additional detail).

Brief Work Group Updates

- Family Advisory Council

- Mr. Long (Vice Chair): commented that the Family Advisory Council is currently seeking enthusiastic members that are interested in joining the Family Advisory Council. The group continues to meet regularly and recruit new members.
- Contact Mr Long at (915)540-8221 for more information
- Help Me Grow El Paso
 - Centralized Access Point Workgroup
 - 211 is compiling data – demographics of caller in relation to children 0-8. Will be comparing data with United Way data collection to better understand the population that they are hoping to serve.
 - Two proposals have been submitted and pending responses to fund staff support for Help Me Grow.
- Education & Mental Health Work Group
 - NAMI developed a children's coloring book in collaboration with Aliviane, Inc. to disseminate to community groups.
 - A NAMI Walk meeting is planned for May 20th at the Old Sheep Dog Brewery, 3900 Rosa.
- Foster Care/Child Welfare
 - No Updates – Georgina Martinez retired, and currently interim leadership is being provided out of Austin. No official announcements on a replacement yet.
 - CPS Interim Director located Austin TX
 - Local Lead Agents are Ms. Claudia Munoz and Ms. Laura Maldonado

Other Business:

- Ms. Tapia called for the FLC Members to Recognize Chief Medina and the El Paso County Juvenile Probation Department for their approval of support provided by Anne E. Casey Foundation to have a select cohort from El Paso attend the Georgetown University – Transforming Juvenile Probation Certificate Program. The group attending will learn about innovative approaches to prevent youth involvement in the justice system. The program will focus on court order reform.
- Mr. Salcido commented that Family Services produces quite a few clinical interns. These LPC interns may be able to fill employment gaps.
- Family Services and City of El Paso will host an event on May 28th from 8 am -12 pm at Album Park. The event is free, but donations can be made at: [Minds over Matter Eventbrite](#).
- El Paso Center for Children – 5k fun walk/twilight race entitled [“Kicking Asphalt 5K Fundraiser”](#) Saturday, July 30th Race Start Time: 7:00 pm at Ascarate Park. All proceeds will directly benefit The Center's programs.
- [The 2nd Annual PdN Children's Swing for Kids with Special Needs](#). This "FUNdraiser" will be held Saturday, May 21, 2022, from 11 am – 2 pm at Topgolf at 365 Vin Rambla on El Paso's Westside.
- [Aliviane: 5th annual Rural Border Intervention conference](#). See website for more details.

- May 14th: Conference on Children with Disabilities. (PdN Children's, Region 19)
- [Endeavors and NAMI El Paso co-host the Over the Edge Project: Repelling Event with a goal to serve Veterans and Family members in the El Paso region.](#) Join this peer-to-peer fundraising event and raise money for a once-in-a-lifetime opportunity to rappel 11 stories down the Coronado Towers in El Paso, TX. Funds raised during this event benefit children, families, Veterans, and those struggling with mental illness and other disabilities. Event Date: August 27, 2022, Location: Coronado Towers, 6006 N Mesa Street, El Paso Texas 79912

Meeting adjourned at 10:05 am.



Family Leadership Council Opportunities for System Improvement 2022-2025 AS OF MAY 10, 2022

Primary Care

Goal: Expand and Enhance Integrated and Collaborative Care models for mental healthcare and related support access in the pediatric and primary care settings.

- Strategy I – Clearly identify mental health and substance use care and support that can efficiently and effectively be coordinated or directly provided within the primary care setting. For example, pediatrician's and staff trained for assessment and care planning to address early child anxiety symptoms providing care and support or coordinating with counseling and specialty care as needed (e.g., CPAN, Collaborative Care Managers).

Value proposition – Improving capacity to provide mental health service and support access through the pediatrician and primary care setting decreases stigma and negative bias to seeking appropriate care, increases timely, accurate and effective treatment of mental health condition symptoms.

Crisis Care

Goal: Expand and Enhance Existing or Develop a non-forensic cross agency mobile crisis team model to respond to a range of urgent needs outside the normal delivery of care.

- Strategy I - Analyze what types of needs are unique to children, youth, and families and how response to those needs must be designed. A definition for the phrase "range of urgent needs outside the normal delivery of care" will be necessary with focus both on what the particular needs are and then why they lie outside the "normal delivery of care".
- Strategy II - Explore community capacity to serve those experiencing First Episode Psychosis (FEP) as part of the child, youth, and family service array.

Value Proposition - Data within the 2021 El Paso System Assessment seeks adult, and children's crisis care common approaches where appropriate. For example, 911 and 988, calls involving families and children end up going to the same call centers as calls involving adults. A seamless dispatch system for crisis care increases likelihood for access to appropriate care and improves opportunity for successful recovery.

Specialty Care

Goal: Reframe the concept of mental health and substance use specialty care as secondary to Integrated Primary Care (e.g., 25% of care).



**Family Leadership Council Opportunities for System Improvement 2022-2025
AS OF MAY 10, 2022**

- Strategy I – As with primary care, clearly identify mental health and substance use care and support that is beyond the scope of practice and cannot be directly provided within the primary care setting. For example, serious mental health conditions that require an intensive coordinated approach with psychiatry, psychology, counseling, or substance use specialty care.
- Strategy II - Expand and enhance availability of well-established evidence-based interventions for youth with more severe behavioral problems related to willful misconduct and delinquency (e.g., increase availability of child psychiatrists and child psychologists, increase availability and effective use of collaborative care model options (psychiatry, counseling, and primary care services).
- Strategy III – Utilize the Multisystemic Therapy Rider to promote timely wraparound support for children with complex needs to prevent entry into the Foster Care or Justice systems. *There is a particular need to develop additional intensive, evidence-based outpatient services, for which need currently exceeds capacity (e.g., Multisystemic Therapy).
- Strategy IV - Improve residential support options to prevent children from inappropriately leaving for residential treatment out of town, including increasing compensation for foster parents and reimbursement options for nontraditional programs and expanding intensive Medicaid services to support foster families.

Value proposition – Well coordinated availability of top specialty care approaches for those in need contributes to increased likelihood of successful and lasting recovery.

Work Groups: School Mental Health and Foster Care

Recovery Care

Goal: Improve integration of acute inpatient care within the broader health system continuum of care (e.g., appropriate, and well-coordinated transition care and support from inpatient to outpatient to Integrated Primary Care settings).

- Strategy I - Expand on-site integrated primary care (IPC) capacity. (e.g., upgrade technology and HIE, Explore Child Psychiatry Access Network (CPAN) scaling).
- Strategy II – Increase membership within the PdN Health Information Exchange, especially large provider networks and behavioral health hospitals (e.g., Rio Vista and El Paso Behavioral Hospitals).

Value Proposition - Upgrading area provider technology to a level of capacity that allows effective use of health information exchange will help ensure timely and efficient communication



Family Leadership Council Opportunities for System Improvement 2022-2025 AS OF MAY 10, 2022

of care plans, treatment progress, and specialty support needs to maintain continuity of care and recovery. Connecting and sharing vital confidential information among providers who have a direct role in addressing a patient's needs along the healthcare continuum is shown to have a significant positive impact on overall health for patients.

Workforce Capacity

Goal: Increase availability of evidence-based and promising practices (e.g., TI-CBT, PCIT, Capacitar).

- Strategy I – Confirm availability of providers who are credentialed to provide specialty services that have been shown to have benefit in treating and supporting children and youth with specialty care needs. For example, the current system has capacity to serve 50 children with Multi-Systemic Therapy and the documented need for children who would benefit from this type of service is approximately 200 children (a gap leaving 150 children in need and at risk for justice involvement or acute serious crisis).

Value proposition – increasing availability of well trained and credentialed providers who are actively treating and supporting patients decreases risks for acute crises, trauma, and justice involvement.

Emotional Well-Being

Goal: Expand and enhance programs that promote emotional well-being, nurturing environments, and prevention of adverse childhood experiences.

- Strategy I – Increase capacity and collaboration among schools and community organizations for a robust Multi-Tiered System of Supports model as endorsed by the Texas Education Agency's Long-Range Plan.
- Strategy II – Increase promotion and availability of interventions that promote kindness and caring (e.g., random acts of kindness activities).
- Strategy II - Strengthen Region 19 support and related school Liaison functions (e.g., MTSS, PBIS, CIS, CYS).
- Strategy III – Expand and enhance promising practice school-based coordination of care (e.g., TCHATT).



**Family Leadership Council Opportunities for System Improvement 2022-2025
AS OF MAY 10, 2022**

- Strategy IV – Increase school coordination with community services to provide emotional well-being (e.g., mindfulness and resilience exercises – upstream interventions) and timely access to screening and access to treatment (e.g., recognizing mental health treatment access as an excused absence).

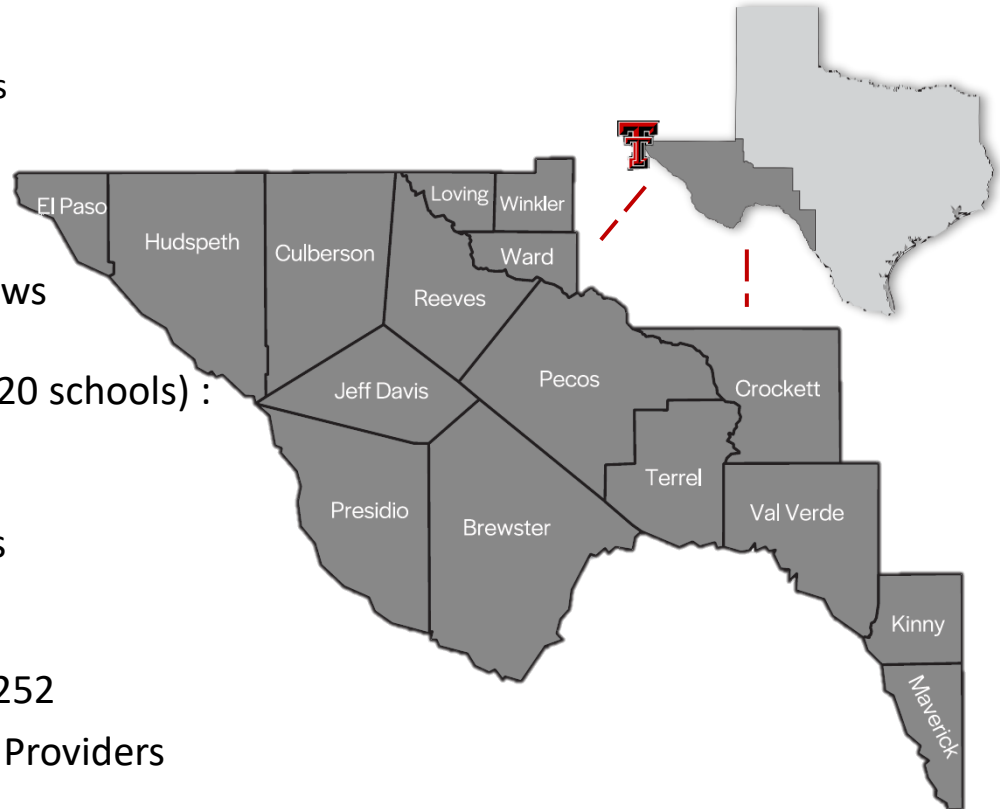
Value proposition – A sound foundation of emotional health promotion and crisis prevention programs and services available where and when they are needed contributes to the ability for individuals and families to cope with life events and prevent adverse childhood experiences.

DRAFT



Texas Child Mental Health Care Consortium

- Community Psychiatry Rotations (CPWE)
 - 4 rotations with 30 Residents and Fellows
 - Non LMHA - 701 unique patients served
 - LMHA – 214 unique patients served
- Child Psychiatry Fellow expansion: 2 fellows
- TCHAT MOUs with 14 school districts (120 schools) :
 - 586 unique students served
 - 1326 sessions provided
- 60 Educational sessions for ISDs and ECSs
 - 2,271 attendees
- CPAN Enrolled Clinics: 58 and Providers: 252
- 40 Educational sessions for Primary Care Providers
 - 749 attendees
- Staffing Supported by funding: 25
- State Award: \$6.8 million Fiscal Year 2022-2023





Strong Families Community Change Initiative Grant

May 2022

Strong Families Grant Update

- Parent Café Workshops – 129 Cafes / 862 Participants (09-2019 thru 04-2022)
- System Navigations – 145 cases / 231 referrals (09-2019 thru 04-2022)
- DEI – 6 Community Partners - El Paso DEI Team
- JPD is hosting a Day of Culture – May 18th
- Federal Evaluation Team – ABTs – May – June 2022
- Community Collaborations to Strengthen and Preserve Families – Grantee Meeting – May 23rd – 25th 10:00 AM – 3:00 PM
- FAC – Family Advisory Council / Strong Families Workgroup