



**Meeting Notes**

September 8, 2020

8:30 a.m. - 10:00 a.m.

Via ZOOM Virtual Platform

**Attendees:**

Juan Alderete  
Tracy Almanzan  
Sonia Avila  
Stacy Barnett  
Sharon Butterworth  
Juanita Galaviz  
Janine Gallinar  
Cathy Gaytan  
Diana Hastings  
Cindy Hernandez  
Tegan Henke  
Jeanette James  
Gilda Lopez-Gil  
Dr. Sarah Martin  
Georgina Martinez  
Roger Martinez  
Enrique Mata  
Nicole Morales  
Sonia Morales  
Carmen Olivas-Graham  
Jennifer Phelps  
Kathy Revtyak  
Ashley Sandoval  
Lisa Saucedo  
Joseph Tamoush  
Ivonne Tapia  
Monica Thyssen  
Richard Salcido  
Alejandra Valdez  
Kathie Valencia

**Representing:**

Region 19 ESC  
65th District Court  
Texas Department of Family & Protective Services  
Amerigroup  
Mental Health Advocate  
Paso del Norte Health Foundation  
El Paso Child Guidance Center  
El Paso Child Guidance Center  
YWCA El Paso del Norte  
Emergence Health Network  
Meadow Mental Health Policy Institute  
Cohen Veterans Network at Endeavors  
Paso del Norte Children's Development Center  
Texas Tech Health Sciences Center of El Paso  
Texas Department of Family & Protective Services  
County of El Paso Juvenile Probation Department  
Paso del Norte Health Foundation  
Strong Families Advisory Council  
El Paso Psychiatric Center  
Socorro ISD/ El Paso Comm. College Board  
El Paso Center for Children  
El Paso Child Guidance Center  
Emergence Health Network  
CASA El Paso  
Amerigroup  
Aliviane  
Meadows Mental Health Policy Institute  
Family Service of El Paso  
NAMI El Paso  
El Paso Center for Children

Guillermo Valenzuela  
Al Velarde  
Christopher Villa  
Victoria Walsh  
Claudia Woods

Aliviane  
Paso del Norte Children’s Development Center  
Helix Solutions  
Meadow Mental Health Policy Institute  
Emergence Health Network

### **Welcome and Introductions**

Ivonne Tapia convened meeting at 8:36 a.m. and called for introductions of all online participants.

### **MMHPI Presentation-**

Cathy Gaytan introduced the guest speakers, Tegan Henke and Victoria Walsh. Assistant Director of Child and Family Policy from MMHPI. Ms. Henke began the PowerPoint presentation on Ideal Child Mental Health System, and the 5 ideal systems of care.

- 1) Life in Community- Preventive
- 2) Integrated Primary Care- increased access- CPAN
- 3) Specialty Outpatient Care-Mental Health Providers for OP care.
- 4) Specialty Rehabilitation Care-Rehab care needed
- 5) Crisis Care-Main focus
  - a. Urgent Care
  - b. Mobile Crisis
  - c. E.R Department
  - d. Inpatient Care
  - e. Respite/Residential Care

Monica Thyssen from MMHPI discussed Medicaid reimbursements for certain services and addressed the issue with lack of reimbursement and funding stream for crisis and Respite care. Ms. Claudia Woods offered to talk about the “Yes Waiver” and Senate bill 1177 and what will be available in the areas of respite care at the next FLC meeting. The presentation slides are included with these notes.

Mr. Velarde added that the respite care needs are big, but funding for these services are difficult to find. Ms. Tapia commented on the need for mapping of local services and identifying the gaps in service as a tool that can help this committee to move forward and address areas of need.

### **PDN Children’s Development Center- Help Me Grow Texas Cohort**

Ms. Tapia introduced Ms. Gilda Gil, COO of the PDN Children’s Development Center. Ms. Gil presented on the recently approved support from the State. The “Help Me Grow” Texas Initiative grant is one of 6 awarded by the Texas State HHS. The Help Me Grow cohort deals with mapping to enhance services for early childhood. The framework has 4 components:

- 1) Centralized Access Point
- 2) Family and Community Outreach
- 3) Child Health & Care Provided Outreach
- 4) Data Collection and Analysis

The local El Paso Help Me Grow Cohort has several local partners, the lead agency is Paso del Norte Children's Development Center and the four partners are the Paso del Norte Health Foundation, El Paso Child Guidance Center, El Paso Center for Children and Aliviane. For more information on the Help Me Grow initiative, visit [www.helpmegrownational.org](http://www.helpmegrownational.org).

Ms. Gil asked if the FLC would consider creating a work group that brings early childhood leaders in support of this effort. Ms. Tapia responded that the effort is aligned with the FLC and the development of a workgroup to complete the tasks required by the grant. Ms. Gil was asked to provide a recruitment letter to the FLC with relevant information on grant requirements and contact information for anyone interested in participating in the Help Me Grow workgroup. The Foundation will send out the recruitment letter to all FLC members. (the recruitment letter from PDNCDC is included with these notes)

### **Round Table/Announcements**

- Ms. Kathie Valencia reported on the Strong Families Workgroup. The Parent Cafés have been a great success. They have had 24 sessions. The group is working on a 3-year expansion of the Parent Café to targeted zip codes. She also reported that survey responses have been positive. Additional information will be shared in upcoming meetings.
- Mr. Juan Alderete called for a moment to recognize the community's loss of a great advocate for children and Families. He stated that Ms. Anne Hernandez passed away on August 21<sup>st</sup>. Ms. Hernandez was a longstanding advocate of Early Childhood and Mental Health and one of the founding members of the FLC. Ms. Tapia shared her appreciation for the commitment, kindness and dedication that Ms. Hernandez had for the health of this community. She will be truly missed. May she rest in peace.
- Ms. Kathy Revtyak reported on the Community Collaborative work group continues to offer community presentations and has great attendance to its virtual meetings. For more information contact Kathy at: [KRevtyak@epcgc.org](mailto:KRevtyak@epcgc.org).
- Mr. Juan Alderete invited the FLC partners to view and participate in the Mental Health in Schools Conference. More information can be found at this link: <https://www.esc19.net/Page/844>. The event begins on October 8<sup>th</sup> and will continue for 3 days and end with a parent session on that Saturday. For more information contact Mr. Alderete at: [jalderete@esc19.net](mailto:jalderete@esc19.net).

- Alexandra Valdez with NAMI El Paso provided an update on the School Mental Health workgroup. Because of the COVID situation, they have not been able to meet as originally planned. She indicated that the School workgroup will be led by members of the El Paso Area Directors of Guidance (EPADOG). EPADOG is comprised of mostly school counselors and they can help inform the FLC partner next step actions to improve school mental health. Mr. Manny Castruita is the current EPADOG Chair. For more information on EPADOG, contact Mr. Castruita at [mcastrui@episd.org](mailto:mcastrui@episd.org).

### **Adjourn**

Ms. Tapia adjourned the meeting at 10:20 a.m.

The last meeting of 2020 for the Family Leadership Council is scheduled for 8:30 a.m. Tuesday November 10, 2020. For more information on the virtual meeting contact Juanita Galaviz at [jgalaviz@pdnhf.org](mailto:jgalaviz@pdnhf.org) or (915)218-2618.



MEADOWS  
**MENTAL HEALTH**  
POLICY INSTITUTE

---

**Ideal Children's  
Mental Health System and Crisis Framework**

September 8, 2020

---

# Today's Agenda

Topic	Lead
The Ideal Children's Mental Health System	Victoria Walsh, MPAff, Assistant Director of Child and Family Policy
Ideal System Crisis Framework	Tegan Henke, MS, LMFT, Director of Program Implementation for Child and Family Policy
Questions and Discussion	All





# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL



Multi-Tiered System of Support

OTHER HEALTH CARE

MENTAL HEALTH CARE

Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM  
primary care CPAN and schools TCHAT

## SPECIALTY CARE



### Outpatient

Physician, other non-physician specialists



### Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



### Crisis Care

Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

Sufficient Network Capacity



Like health care, the best mental health care involves early intervention at the appropriate treatment level.

## SPECIALTY CARE



### Outpatient

Psychiatrist, other behavioral health specialists



### Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



### Crisis Care

Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity



# MMHPI's Mental Health System Framework for Children and Youth

- Component 0: Life in the Community
- Component 1: Integrated Primary Care
- Component 2: Specialty Outpatient Care
- Component 3: Specialty Rehabilitative Care
- Component 4: Crisis Care



# COMPONENT 0: LIFE IN THE COMMUNITY

# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL



Multi-Tiered System of Support

OTHER HEALTH CARE

MENTAL HEALTH CARE

Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM  
primary care CPAN and schools TCHAT

SPECIALTY CARE



Outpatient

Physician, other non-physician specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

Sufficient Network Capacity

SPECIALTY CARE



Outpatient

Psychiatrist, other behavioral health specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity

Like health care, the best mental health care involves early intervention at the appropriate treatment level.



# COMPONENT 1: INTEGRATED PRIMARY CARE



# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL



Multi-Tiered System of Support

OTHER HEALTH CARE

MENTAL HEALTH CARE

Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM  
primary care CPAN and schools TCHAT

SPECIALTY CARE



Outpatient

Physician, other non-physician specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

Sufficient Network Capacity

SPECIALTY CARE



Outpatient

Psychiatrist, other behavioral health specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity

Like health care, the best mental health care involves early intervention at the appropriate treatment level.



# COMPONENT 2: SPECIALTY OUTPATIENT CARE



# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL

OTHER HEALTH CARE

MENTAL HEALTH CARE



Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM  
primary care CPAN and schools TCHAT

SPECIALTY CARE

SPECIALTY CARE



Outpatient

Physician, other non-physician specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

Sufficient Network Capacity



Outpatient

Psychiatrist, other behavioral health specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services




Crisis Care

Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity

Like health care, the best mental health care involves early intervention at the appropriate treatment level.



# COMPONENT 3: SPECIALTY REHABILITATIVE CARE

# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL

OTHER HEALTH CARE

MENTAL HEALTH CARE



**Integrated Primary Care**

Measurement Based Care + Collaborative Care

**TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM**  
 primary care CPAN and schools TCHAT

**SPECIALTY CARE**

- Outpatient**  
Physician, other non-physician specialists
- Rehabilitative Care**  
Skill-building & therapy to restore function / healthy development including intensive services
- Crisis Care**  
Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

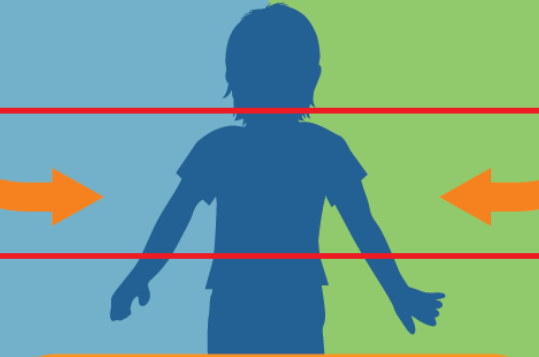
Sufficient Network Capacity

**SPECIALTY CARE**

- Outpatient**  
Psychiatrist, other behavioral health specialists
- Rehabilitative Care**  
Skill-building & therapy to restore function / healthy development including intensive services
- Crisis Care**  
Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity



Like health care, the best mental health care involves early intervention at the appropriate treatment level.



# COMPONENT 4: CRISIS CARE



**7,632**  
**SUBSTANCE**  
RELATED DEATHS  
in Texas in 2018

# THE CURRENT MENTAL HEALTH CARE SYSTEM

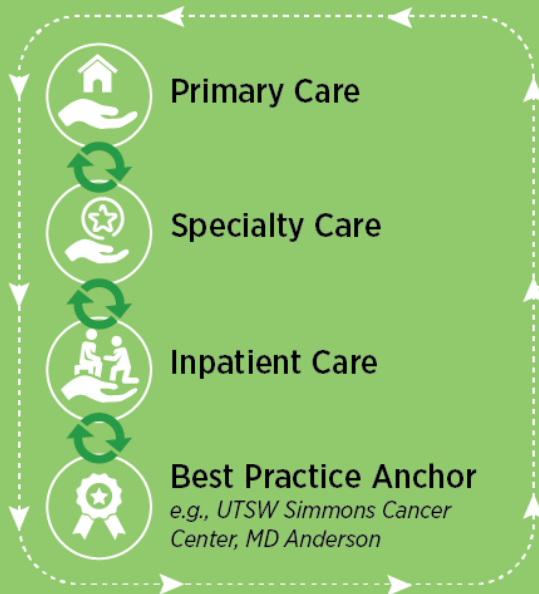
**3,930**  
DEATHS BY  
**SUICIDE**  
in Texas in 2018

The Goal of Health Care: **LIVING YOUR LIFE** in the COMMUNITY

PHYSICAL



MENTAL



**The best Mental Health Care is like the best Health Care**



# THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL

OTHER HEALTH CARE

MENTAL HEALTH CARE

Multi-Tiered System of Support

Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM  
primary care CPAN and schools TCHAT

SPECIALTY CARE



Outpatient

Physician, other non-physician specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Emergency department  
Inpatient care  
Skilled nursing

Evidence based practice at every level

Sufficient Network Capacity

SPECIALTY CARE



Outpatient

Psychiatrist, other behavioral health specialists



Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services



Crisis Care

Urgent care  
Mobile crisis  
Emergency department  
Inpatient care  
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity

Like health care, the best mental health care involves early intervention at the appropriate treatment level.



# Essential Values of Crisis Service

Safety for everyone involved.



Active engagement of the individual in crisis.



Holistic treatment.



Recovery, resilience, and natural supports.

# Continuum of Crisis Services in an Ideal System

24/7 Crisis Hotlines

Mobile Crisis Outreach Teams (MCOT)

Walk-In Crisis Center

24 – 48 Hour Crisis  
Stabilization/Extended Observation Beds

# Continuum of Crisis Services in an Ideal System

Crisis Respite

Short-Term Crisis Residential Services

Psychiatric Emergency Centers

Emergency Department

# Continuum of Crisis Services in an Ideal System



Inpatient  
Psychiatric  
Hospital Care

Residential  
Treatment Center  
(children & youth)

# The Role of Intensive Outpatient Services

---

Prevention

---

Intervention

---

Treatment

---

Recovery

# Questions / Discussion





MEADOWS  
**MENTAL HEALTH**  
POLICY INSTITUTE

---

**Ideal Children's  
Mental Health System and Crisis Framework**

September 8, 2020

---

September 9, 2020

Dear Early Childhood Champion,

We are excited to announce that El Paso has been selected as a cohort for the implementation of the Help Me Grow Texas Initiative. Help Me Grow is a system framework that utilizes and builds on existing resources to develop and enhance a comprehensive approach to early childhood system-building. Help Me Grow strengthens the network of community resources, linking families to an organized flow of resources allowing them to easily access the services and supports they need.

The Help Me Grow framework is comprised of four cooperative and independent core components:

- Centralized Access Point: assists families and professionals in connecting children to the grid of community resources that help them thrive.
- Family & Community Outreach: builds parent and provider understanding of healthy child development, supportive services to families in the community, and how both are important to improving children's outcomes.
- Child Health & Care Provider Outreach: supports early detection and intervention efforts and connects providers to the grid of community resources to best support families.
- Data Collection & Analysis: supports evaluation, helps identify systemic gaps, bolsters advocacy efforts, and guides quality improvement to make sure the resource grid is working effectively.

The goal is to ensure Texas families have support and access to services as their children grow. If you would like to read more about Help Me Grow visit [www.helpmegrownational.org](http://www.helpmegrownational.org)

For the El Paso Help Me Grow Cohort, the lead agency is Paso del Norte Children's Development Center and the four partners are the Paso del Norte Health Foundation, El Paso Child Guidance Center, El Paso Center for Children and Aliviane.

We would like to form a workgroup that consists of bringing together all of the early childhood leaders in our community. If you or someone from your organization would like to join the workgroup, please email me their name, title, phone number and email address by Wednesday September 16 to add them to the list. For now, the meetings will be virtual using zoom. We will send out a doodle poll to determine the best day and time to meet on a monthly basis.

If you would like more information please email me at [gilda.gil@pdnchildrens.org](mailto:gilda.gil@pdnchildrens.org) or call me at (915) 544-8484 ext. 163 or (915) 726-0787.

Thank you and I look forward working with you.

Gilda Gil, Chief Operations Officer