

Contact Information: Rose Ann Vasquez-LC3 Collaborative Coordinator <u>rvasquez@fyinm.org</u> 575-644-6260 Shannon Hernandez- LC3 Community Organizer <u>shhernandez@fyinm.org</u> 575-202-6987

# January/February Newsletter

### Next LC3 Meeting:

March 21, 11:30am-1:00pm <u>The LC3 Collaborative - Our Aspiration</u> To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

## Help is Three Numbers Away



988: The 24/7 Lifeline for Emotional, Mental or Substance Misuse Support

Visit our website

Congratulations LC3 Members! At our February's meeting, we completed the state survey at almost 100% participation! Excellent job everyone!

### Invitation for Community Input

The New Mexico BHC contracted with ENVIVE Solutions to develop the upcoming BHC FY24 Strategic Plan.



We are in the process of gathering community input. We'd like to invite providers across the state to have a voice in the BHC Strategic Plan.

## Look at our newest members on our LC3 Team!



## New Member to LC3

Shannon Hernandez has joined our team as the new LC3 Community Organizer. She has come to us experienced in local government and customer service. She resides in Las Cruces with her husband and three sons. In her spare time, Shannon enjoys hiking the Organ Mountain trails and hopes to tackle the Camino de Santiago (Spain) in the near future.



Raquel Cherem, LC3 Intern, NMSU Public Health



Casey Combs, LC3 Intern, NMSU

Social Work

# Creating a Behavioral Health App!



### Behavioral Health App

In collaboration with Apple, Inc., NMSU Arrowhead and Dona Ana Community College; Families & Youth Innovations Plus (FYI+) Training & Technical Assistance Division hosted a brainstorming session for stakeholders Jan. 17 in Las Cruces to create a mobile app. Still in its planning stages, the app idea is designed for all ages. The individual will be able to text or speak to a therapist or counselor. It would also allow the user to connect to the 988 crisis hotline and the Doña Ana County Crisis Triage Center.

#### Las Cruces Bulletin Article

# LC3 Spotlight!

Congratulations Mary Martinez-White! Behavioral Health Award Recipient 2023

Mary is an active member of LC3's Supportive Housing Game Changer Action Team, and at the forefront of leading change in Dona Ana County.

She is instrumental in creating the game changing strategy - the Los Amigos Project.



## Wellness Wednesday

Zia Recovery Center provided services for our team via Zoom



on February 1, 2023.

Website: Zia Recovery Center

## LC3 Resources!

Please remember other resources can be found on our LC3 webpage:

http://www.healthypasodelnorte.org/lc3.

LC3 February 21st General Meeting Presentation

LC3 Presentation

# **Our Collaboration Partners and News Updates!**

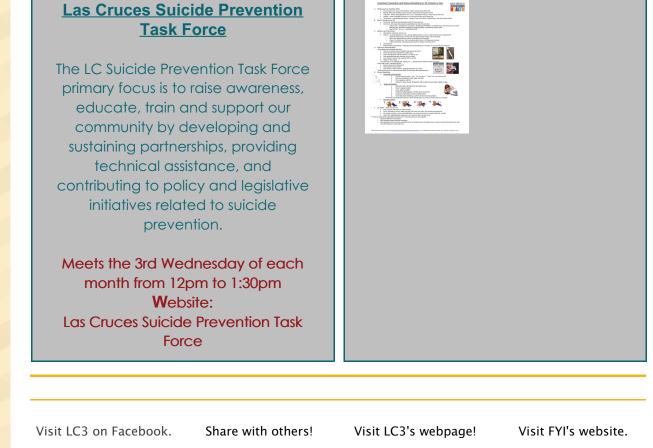
### Doña Ana County Resilience Leaders

LC3 serves as the Behavioral Health Sector on the Doña Ana County Resilience Leaders (RL). The RL works to strengthen our county's system of surviving and thriving services by providing 100% access to quality care. Our work includes relationship building with community partners and training of agencies and communities to prevent Adverse Childhood Experiences (ACEs), trauma, and maltreatment by engaging, assessing, planning, acting, and evaluating.

Meets the last Friday of each month from 9am to 11am Website: DAC Resilience Leaders

### <u>Community Outreach &</u> <u>Prevention Education (COPE)</u>

For the past 2 years, FYI's Prevention Team has partnered with the NM DOH to reduce overdose death rates in Dona Ana County via COPE, or the **Community Outreach & Prevention Education** program. LC3 has recently joined the effort as a COPE partner. Overdose prevention is a part of building the IBHS, so we are ready to work together to increase awareness & bring more resources to the community.





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