



Behavioral Health Collaborative

Building the Ideal Behavioral Health System Together

Contact Information:

Rose Ann Vasquez-LC3 Collaborative Coordinator

rvasquez@fyinm.org 575-644-6260

Jessika Romero- LC3 Collaborative Community Organizer

jromero@fyinm.org 575-800-4839

April 2021 Newsletter

The LC3 Collaborative - Our Aspiration:

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Next step... let's put our planning to ACTION!

SIGN UP FOR AN ACTION TEAM!!!

(if you have not done so already)

What are LC3 Action Teams?? The main goal of each Action Team is to identify a new service/program that can be implemented in Doña Ana County to better serve our community/patients in behavioral health. The Action Team also is to identify which agency/agencies etc. are committed to start the new service/program.

I would like to be a part of...

Strategic Hub

Select

Children and Families

Select

Integrated Housing

Select

Access

Select

Client Advocate

Select

A brief description of the each ACTION TEAM is included below:

Action Team Chairs/Co-chairs:

- **Strategic Hub:** LC3 Collaborative will be the strategic hub for behavioral health in Dona Ana County.
- **Children and Families:** LC3 will collaborate with educational and service partners to provide children and their families with access to integrated behavioral health services.
- **Integrated Housing:** LC3 will facilitate integrated housing and community supports to advance better outcomes for behavioral health clients;
- **Access:** LC3 Collaborative will engage state, county, and local partners to advocate for enhanced access to virtual behavioral health services.
- **Client Advocates:** LC3 Collaborative will advocate for client advocates to support an integrated service support journey for behavioral health clients.

Action Team tasks to be completed before next LC3 meeting on May, 18, 2021

- Identify a chair and/or co-chair (example of roles of the chair/co-chair is attached)
- Identify other community partners you might engage
- Will you be meeting outside of the LC3 general meetings? If so, when?

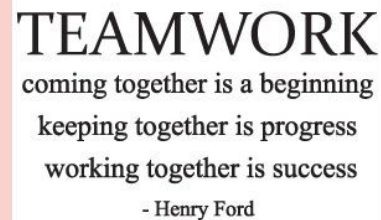
Strategic Hub: John Burch, Chair
Viridiana Valadez, Co-chair

Integrated Housing:
Carol Kane, Chair
Tim Kane, Co-chair

Access: Paul Ford, Chair
Paul Dulin, Co-Chair

Children & Families: Still need

Client Advocates: Still need

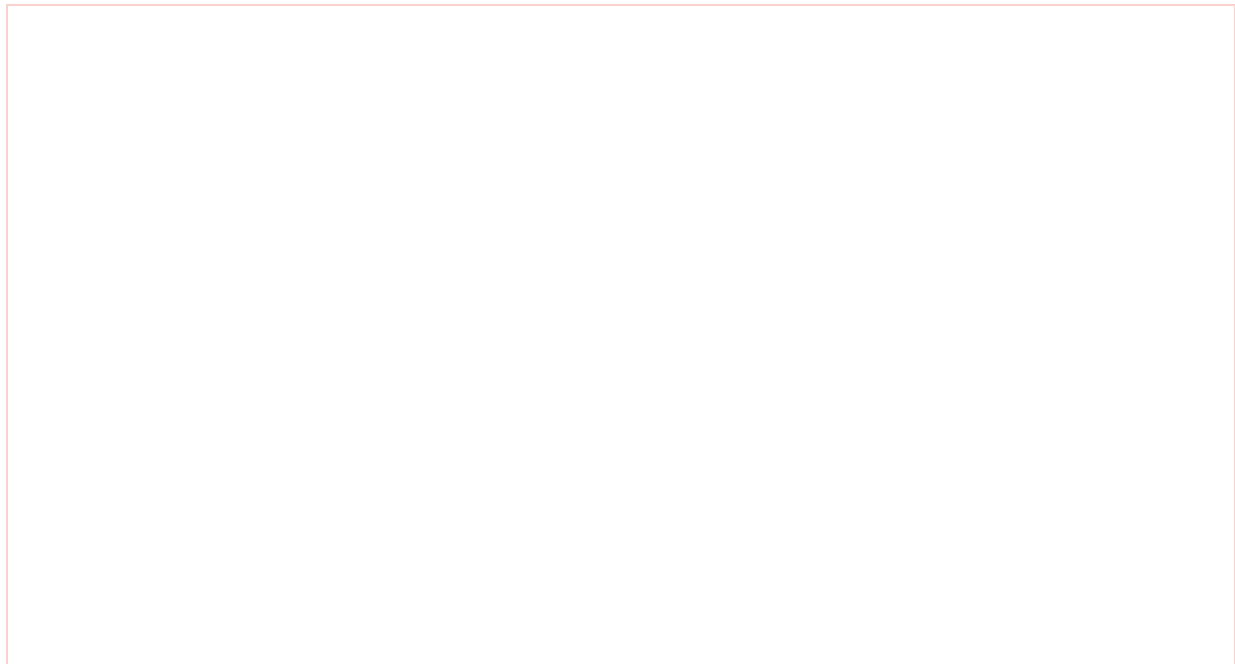


TEAMWORK
coming together is a beginning
keeping together is progress
working together is success
- Henry Ford

Click here to view the entire presentation from Liz Weaver, Tamarack Institute which includes much more detailed information from the meeting about the teams.

During our next LC3 meeting, Tuesday May 18, 2021 from 11:30-1:00, we will be allocating time in the agenda for the Action Teams to meet to work on their next tasks. We will also talk about next steps and offer support for each team.

LC3 Members Spotlight



Las Cruces firefighter recognized by Social Workers Association

From Staff Reports Las Cruces Sun-News

Published 12:25 p.m. MT Apr. 23, 2021

[View Comments](#)



Las Cruces firefighter Paul Ford, a paramedic and coordinator for the department's Mobile Integrated Health program, was recognized as the 'New Mexico Public Citizen of the Year' by the New Mexico Chapter of the National Association of Social Workers. Las Cruces Fire Department

Congratulations!!!!!!

Paul Ford, LCFD, Mobile Integrated Health Program, LC3 Board member, for being recognized as the New Mexico Public Citizen of the Year by NASW!

Article and image from the Las Cruces Sun-News.

[Click here to read full article.](#)

New Monthly Podcast!

"Conversations For Your Peak Health"- Covering a range of topics in mental health, addiction, treatment, and support in our community.

Episode 2: "The return to normalcy, wait...what is normal anyway?" from PEAK Behavioral Health Services is about how returning to work and school has affected us all, some tips we can use to keep our mental health straight, and normalizing the weirdness of it all. We're all in this together! [Click here to listen.](#)



Resource Directory Guide- IS YOUR AGENCY IN IT?!?!? Don't miss out!!

Our LC3 Interns and the Doña Ana County Resilience Leaders program have partnered together to create a resource guide that will be available for local agencies, providers, and communities which include: (1) housing, (2) behavioral healthcare, (3) transportation, (4) food pantries, (5) healthcare, (6) early childhood programs, (7) youth mentorship programs, (8) job training and placement programs, (9) high-functioning schools, and (10) parent supports including home visiting programs.

LCPS Coordinator of Mental Health & Academic Counseling, Soña Saiz interview on KRWG

Soña speaks about "support for mental health needs of students and teachers throughout the district during the pandemic."

Fill out Google Form with your information by clicking on the link if you or your agency provides direct BH services to DAC:

<https://forms.gle/E6JfwaaUdqmFDz7N7>

Source: KRWG

[Click to listen!](https://www.krwg.org/post/lcps-support-student-mental-health)

<https://www.krwg.org/post/lcps-support-student-mental-health>

LC3 Training Opportunities

YR1 Objective: Train 100 individuals

CLICK HERE TO VIEW THE TRAINING SPREADSHEET

Now that we have identified our 5 areas of priorities in our behavioral health system in Doña Ana County during our Strategic Planning process, we can offer specific trainings in these areas. [Click here](#) to view full Strategic Planning Matrix with relevant data and context for each area

Please note:

In order to track LC3 members who have completed SMI Adviser, SAMSHA training sessions, please include your DAC zip code and email address that received this message when registering.

In order to track LC3 members who have completed National & Hispanic MHTCC training sessions, please email Jessika.jromero@fyinm.org the certificate of completion.



Collaboration Corner

Resilience Leaders

(LC3 serves as the BH Sector):

The Doña Ana County Resilience Leaders program works to strengthen our county's system of survival and thriving by providing 100% access to quality service. Our work includes relationship building with community partners and training of agencies and communities to prevent Adverse Childhood Experiences (ACEs), trauma, and maltreatment by engaging, assessing, planning, acting, and evaluating.

Meets the last Friday of the month from 9am-11am.

Contact: **Shannon Hernandez**
sherna8349@gmail.com

Mayor's Suicide Prevention Taskforce:

The Suicide Prevention Task Force primary focus is to raise awareness, educate, train and support our community by developing and sustaining partnerships, providing technical assistance, and contributing to policy and

Upcoming Events

April 30:

Resilience Leaders Meeting
9-11 am

May 3:

LC3 Monday Mindset Power 12-1pm

May 4:

LC3 Board Meeting
11:30am-1pm

May 5:

LC3 Lunch Bunch, Community Wellness Wednesdays
Presenter: Mesilla Valley Hospital
Topic: Stepping into Wellness & Recovery with MVH
12-1pm

May 10:

LC3 Monday Mindset Power 12-1pm

May 13:

legislative initiatives related to suicide prevention.

Visit website to view resources, training opportunities and watch video of the 2020 Recovery Night.

<https://www.lcsuicideprevention.com/>

Meets the 3rd Wed. of each month.

UPI Coalition:

UPI's vision is that every community member in Doña Ana County has the opportunity to live a life free of alcohol, tobacco, other drugs, and adverse health behaviors.

"Talk. They Hear You" Campaign recently launched!

Contact: Alyssa Myrick amyrick@chi-phi.org

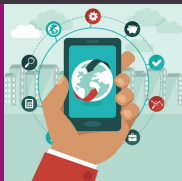
Community Presentation,
Special Agent, Anthony Maez.
Topic: Internet Crimes Against Children
and Human Trafficking
12-1:30pm

May 17:
LC3 Monday Mindset Power
12-1pm

May 18:
LC3 General Meeting
11:30-1pm

May 24:
LC3 Monday Mindset Power
12-1pm

Resources for YOU! (Click on yellow links for more information)



State NM Connect App

NM 5 Actions Program
Self-Guided Roadmap to Understanding and Addressing Addiction in Your Life

Crisis and Access Line

Call for support and resources

1-855-NMCRISIS (662-7474)

Toll Free 24/7/365

711 for relay (hearing & speech impaired)

Language services available 24/7

Warmline

Call or text to connect with a peer

1-855-4NM-7100 (466-7100)

Call 3:30pm – 11:30pm

Text 6pm – 11pm

711 for relay (hearing & speech impaired)

City of Las Cruces Suicide Prevention Task Force Resources

Resources in the Las Cruces area

Healthcare Worker and First Responder Support Line

1-855-507-5509

Visit LC3 on Facebook.



Share with others!



LC3's webpage!



Visit FYI's website.

