

**Meeting Notes**

February 12, 2019

4:30 p.m. to 5:30 p.m.

UTEP Health Sciences Center and School of Nursing Building

(Across from the UTEP Library)

1851 Wiggins Rd.

El Paso, TX 79968

3rd Floor, Room 384

**Attendees:**

Beth Abbott  
Monica Alfaro  
Ana Arias  
Angela Barraza  
Sharon Butterworth  
Maria Carillo  
Manuel Castruita  
Lucia Dawson  
Angie Lozano  
Bernadette Martinez  
Carolina Martinez  
Jacob Martinez  
Maria Martinez  
Juan Carlos Mendoza  
Olivia Narvaez  
Enrique Mata  
Holly Mata  
Lupe Quezada  
Kathy Revtyak  
Dina Rodriguez  
Denise Uga

**Representing:**

Mental Health Advocate  
La Familia Del Paso  
La Familia Del Paso  
EPCGC  
Paso Del Norte Health Foundation Board  
Centro de Salud Familiar-La Fe  
EPISD  
La Familia Del Paso  
Ready One Industries  
UTEP College Assistance Migrant Program  
Empower Change  
UTEO School of Nursing  
El Paso State SLC CR Director  
La Familia Del Paso  
EPISD  
Paso del Norte Health Foundation  
Empower Change  
EPCGC  
EPCGC  
Peak Behavioral Health Hospital  
NAMI, El Paso

## I. Welcome, Introductions

- Holly Mata convened the meeting at 4:33 p.m.

## II. Special Speaker & Presentation

- Lupe Quezada from the El Paso Child Guidance Center (EPCGC) conducted a presentation on services offered by the EPCGC.
  - Individual therapy
  - Family therapy
  - Group therapy
  - Psychiatric services
  - Training/consultation for youth serving organizations
  - Community outreach
  - Parent-Child Interaction Therapy (PCIT) is a behavioral intervention for children and parents/caregivers that decreases externalizing child behavior problems while increasing child social skills and improving the parent/child relationship.
    - PCIT services provided for 2-7 year olds with counselors in separate room coaching parent/caregiver through one-way mirror and earpiece as he/she interacts with child
    - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is an evidence-based treatment for children/adolescents who have faced trauma, which focuses on trauma specific, evidence based modalities.
- Additional services offered:
  - Empowering survivors of crime through collaborations with community organizations such as;
    - The Advocacy Center
    - The Center for Hope
    - The Center for Children
  - Empowering school based efforts through collaboration with community organizations in school districts in El Paso such as;
    - EPISD
    - SISD
    - Region 19
    - Big Brothers/Big Sisters
  - EPCGC is leading the Fast Track Tours-one agency per month hosts a tour to provide information about said agency, which is meant to improve community partners' understanding of services
    - On May 10<sup>th</sup> EPCGC will host a tour of its center
  - Trauma Informed Resilience Oriented Learning Community (TIROLIC)
    - El Paso Child Guidance Center
    - Aliviane
- During the presentation the Brain Trust was presented with a video on FLC Collaborative
- Potential clients who wish to seek services at the EPCGC need to register
  - The registration items required are:
    - ID
    - Insurance

- Proof of guardianship
- Divorce decree id applicable
- Types of coverage for services are:
  - Insurance
  - Grants
  - Sliding scale
- The El Paso Child Guidance Center has two locations:
  - Central
  - East

**II. For more information** visit <http://epcgc.org/> or contact (915) 562-1999

**VI. Meeting adjourned** at 5:30 pm

**Next Meeting:**

*The Brain Trust now has a standing meeting time of 4:30 pm every 2nd Tuesday of the month.*

**Mission:**

The Brain Trust is a collaborative network of community stakeholders committed to changing minds and attitudes about mental illness in El Paso County to improve mental and emotional well-being for the health of children, youth and adults.

**Vision:**

The Brain Trust Network envisions a community where mental and emotional well-being are fundamental to the quality and productivity of individuals, families, communities and nations, enabling people to experience life as meaningful and to be creative and active citizens (adapted from the World Health Organization’s definition of mental health and mental well-being).

***The next Brain Trust Network meeting is scheduled for 4:30 pm, Tuesday, April 9, 2019 in room 384 at the UTEP Health Sciences Center and School of Nursing Building.***