

**The BRAIN TRUST
Meeting Notes**

Tuesday, September 10, 2019

4:30 pm-5:30 pm

UTEP Health Sciences Center and School of Nursing Building

(Across from the UTEP Library)

1851 Wiggins Rd.

El Paso, TX 79968

3rd Floor, Room 384

Attendees:

Sharon Butterworth
 Maria Carrillo
 Manuel Castruita
 Dr. Hyejin Jung
 Enrique Mata
 Holly Mata
 Olivia Narvaez
 Claudia Fuentes
 Guadalupe Quezada
 Anna Gonzalez
 Beatriz Avila
 Angie Lozano
 Cynthia Gonzalez
 Christina Alcantar
 Joshua Acevedo
 Dr. Eden Robles
 Dayanira Carrillo

Representing:

Mental Health Advocate
 Centro de Salud Familiar- La Fe
 EPISD- Guidance and Counseling Services
 UTEP Social Work Department
 PdNHF
 UTEP School of Nursing/ HHDRC
 EPISD
 El Paso Center for Children
 El Paso Child Guidance Center
 El Paso Child Guidance Center
 El Paso Child Guidance Center
 Ready One Industries
 City of El Paso- Community Development
 NAMI
 Empower.Change
 Empower.Change
 Empower.Change

I. Welcome, Introductions

- Maria Carrillo called the Brain Trust (BT) to order at 4:30 p.m.

II. Special Speaker & Presentation

Dr. Eden Robles: PdN Behavioral Resource Directory

- Resource directories offer new opportunities to increase access to behavioral health care
- Barriers to Access of behavioral health care; Knowledge of Local Providers, Parity, Accessibility, Complex Healthcare System, Stigma & Transportation
- Guiding Question: How do professionals in the Paso del Norte community connect clients and patients to behavioral health resources?
- Dr. Robles presented on how she came to gather the information in regards to providers in the region. How she extracted data from pre-existing resource lists, and how she updated that information and removed duplicate information.
- Resource List Priorities; Service Descriptors, User Functionality, Ease of Access.
- **To access Directory: empowerchange.utep.edu/directory**
- Resource Information includes: Type of provider, Types of therapy provided
Diagnosis(es) treated, Specialized services to (criminal justice population, LGBTQ community, active duty military/veterans, etc.), Age range treated, Type of facility (in-patient, outpatient), Payment assistance provided (if any), Accepted insurance, Language(s) spoken, Number of service providers at location, Contact information, Hours of operation, Google Maps information
- Dr. Robles talked about S.B. 11- Child Psychiatry Access Network (CPAN); aimed to address gaps in child mental health care access & referenced a CPAN Handout. Texas Tech and Empower.Change will partner in continuing to add to the resource list
- Future Steps for the directory; Referral Videos, Resource Expansion, Mobile Application
- If you're interested in a presentation at your agency, please contact Dr. Robles at erobles9@utep.edu or (915) 747-7986.

III. Other Business

- El Paso Child Guidance Center; Ms. Avila spoke about their new expansions including therapy services; They will be providing free therapy services for the community. All they have to do is fill out a registration packet, home visits available.
- Next Fast Track Tour: September 13, 2019 at Aliviane
- Received a lot of donations- School Supplies; Schools received a lot of donations.
- Sheriff's Department & EHN will be collaborating this month and next; preparing for CIT training for all officers.
- Mr. Mara shared that on October 24th event 8:30 am to 12:00 pm; Behavioral Health in the region/ convene and re inspire to keep doing more and help people get to services

- Brain Trust in Unity; second place for NAMI walks
- Christina (NAMI) September 21st at Ascarate Check in beginning at 8:30 am
- Cynthia Gonzales; City Community and Human Development Two updates
 - o City Community and Human Development are Releasing a survey for their 5year comprehensive plan, please fill it out to provide feedback.
 - o Survey can be found at: https://docs.google.com/forms/d/e/1FAIpQLSc-iDzEsTQxiQyhlzDlc7_OSIJ6SyXxAb93fl9Hjm_Eb3J4IA/viewform
 - o Fiscal year is beginning and there are some new/updated resources under the Community Development Block Grant; Information at <https://www.elpasotexas.gov/community-and-human-development/community-development-block-grant>
- Holly Mata
 - o Friday Sept. 22nd Recovery and Resilience Event 6:00-9:00 pm
 - o Narcan training 6:30 pm in Alamogordo
- Dr. Eden Robles
- QPR training September 11th in Spanish at 10:00- 11:30 am at the UTEP Union
- Contact Josh Acevedo for any more information/ to enroll & get the parking pass

IV. Adjourn

- Holly Mata adjourned the Brain Trust meeting at 5:00 p.m.

Next Meeting - The Brain Trust meets at 4:30 pm every 2nd Tuesday of the month. The next Brain Trust meeting is scheduled for 4:30 p.m., Tuesday, October 8th, 2019 in room 384 at the UTEP Health Sciences Center and School of Nursing Building.

Next Presenter:

Mission:

The Brain Trust is a collaborative network of community stakeholders committed to changing minds and attitudes about mental illness in El Paso County to improve mental and emotional well-being for the health of children, youth and adults.

Vision:

The Brain Trust Network envisions a community where mental and emotional well-being are fundamental to the quality and productivity of individuals, families, communities and nations, enabling people to experience life as meaningful and to be creative and active citizens (adapted from the World Health Organization's definition of mental health and mental well-being).