



EL PASO Behavioral Health CONSORTIUM

Consortium Executive Committee

Meeting Notes

August 6, 2020

Via Zoom Virtual Platform

Participants:

Marie Alvarez	Rio Vista Behavioral Health - CEO
Alexsandra Anello	City Representative - District 2
Joel Bishop	County of El Paso Administration-ED
Dr. Gary Blau	The Hackett Center/MMHPI – Guest Presenter
Sharon Butterworth	PdNHF Board - Mental Health Advocate
Phuong Cardoza	El Paso Behavioral Health System-CEO
Zulema Carrillo	El Paso Psychiatric Center-Superintendent
Gilbert Favela	Emergence Health Network
Cathy Gaytan	El Paso Child Guidance Center-ED
Annette Gutierrez	Rio Grande COG-ED
Marilyn Headley	Meadows Mental Health Policy Institute
Tasha Hopper	The Hospitals of Providence-CEO Trans Mtn Campus
Jeanette James	Cohen Veterans Clinic at Family Endeavors El Paso-ED
Roger Martinez	County of El Paso Juvenile Probation
Dr. Sarah Martin	Texas Tech Health Sciences Center El Paso Child Psychiatry
Nellie Mendoza	NAMI El Paso-Program Director
Kyle Mitchell	Meadows Mental Health Policy Institute
Dr. Paula Mitchell	El Paso Community College-Assoc Vice President
Dr. Tewiana Norris	Emergence Health Network-CNO
Elizabeth O'Hara	One Gas
Asst. Chief Peter Pacillas	El Paso Police Department - Assistant Chief of Police
Dr. Connie Ponce	VA of El Paso-Chief of Behavioral Health
Rep. David Stout	County of El Paso, Commissioner Pct. 2
Ivonne Tapia	Aliviane-CEO
Dr. Peter Thompson	Texas Tech Health Sciences PLFSOM -Chair Psychiatry
Dr. Joseph Villescas	NAMI El Paso-ED
Mike Wendt	Mental Health Advocate
Dr. John Wiebe	UTEP-Provost
Richard Wiles	El Paso County Sheriff

A. Welcome and Introductions

Ms. Tracy Yellen convened the meeting in the Zoom virtual platform at 1:35 pm. She welcomed Ms. Marie Alvarez, CEO Rio Vista Behavioral Health. Attendance at this meeting included more participants than the regular Consortium Executive Committee Meeting due to an error in release of the announcement.

B. MIMHPI 2020 System Assessment Progress Report

Dr. Gary Blau, Executive Director of the Hackett Center for Mental Health and Senior Leader for Children's Mental Health for the 2020 El Paso County System Assessment provided a presentation about preliminary findings in youth behavioral health (e.g. the substance use in youth data). The slides from the presentation are included with these notes.

C. 6th Annual Consortium Progress Summit Target Date: October 14th

Enrique Mata provided an overview of the progress summit speakers planned for October 14th. He asked that all members keep the morning of that day open to participate in this virtual event. Dr. Andy Keller is scheduled, and other Meadows Mental Health Policy Institute Team members are planned to share data and forecast the 87th Legislative Session. He added that he is in communication with Dr. Vivek Murthy's staff for him to provide a presentation on connections and collaboration.

D. COVID 19 and Mental Health /Addiction planning

In lieu of progress reports, Ms. Yellen called for comments from meeting participants on what needs to be done to prepare for 2021 mental health and addiction related problems. The group comments were more focused on the severity of the cases that are encountered. It was speculated that the high acuity of the cases is a result of people not seeking timely help due to stay at home orders.

Dr. Sarah Martin briefed the group on progress in developing the Child Psychiatry Access Network (CPAN).

E. Other business

Ms. Yellen briefed the group on the efforts to develop a lasting homelessness welcome center based on what is being learned from the homeless collaborative work at the Delta Center.

F. Adjourn

G. Next Meeting Scheduled for 1:30 pm, Thursday, November 5th via virtual platform.



MEADOWS
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El Paso Behavioral Health Consortium: Executive Committee

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Today's Agenda

- MMHPI and Project Introduction
- Progress Since May Kick-Off
- Reassessment Emerging Themes
- Mental Health Implications of COVID-19
- Q & A

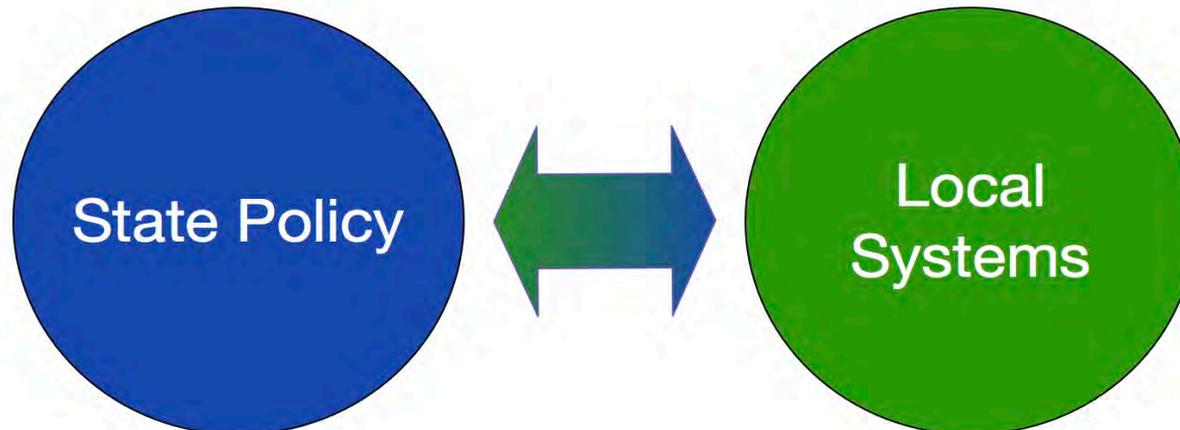
MMHPI Vision, Mission and Core Change Strategy

Vision

We envision Texas to be the national leader in treating people with mental health needs.

Mission Statement

To provide independent, non-partisan, data-driven, and trusted policy and program guidance that creates systemic changes so all Texans can obtain effective, efficient behavioral health care when and where they need it.



The Hackett Center for Mental Health “Putting Policy Into Practice”



THE HACKETT CENTER

FOR MENTAL HEALTH

The Hackett Center for Mental Health, established in 2018, is the first regional center of MMHPI.



Our Primary Deliverables

The RFP requires an update to the 2014 assessment. Specifically, we will work on three critical elements including :

1. Crisis system improvement analysis;
2. Children's mental health strategy development for high risk children including the juvenile justice system; and
3. Overall access to services.

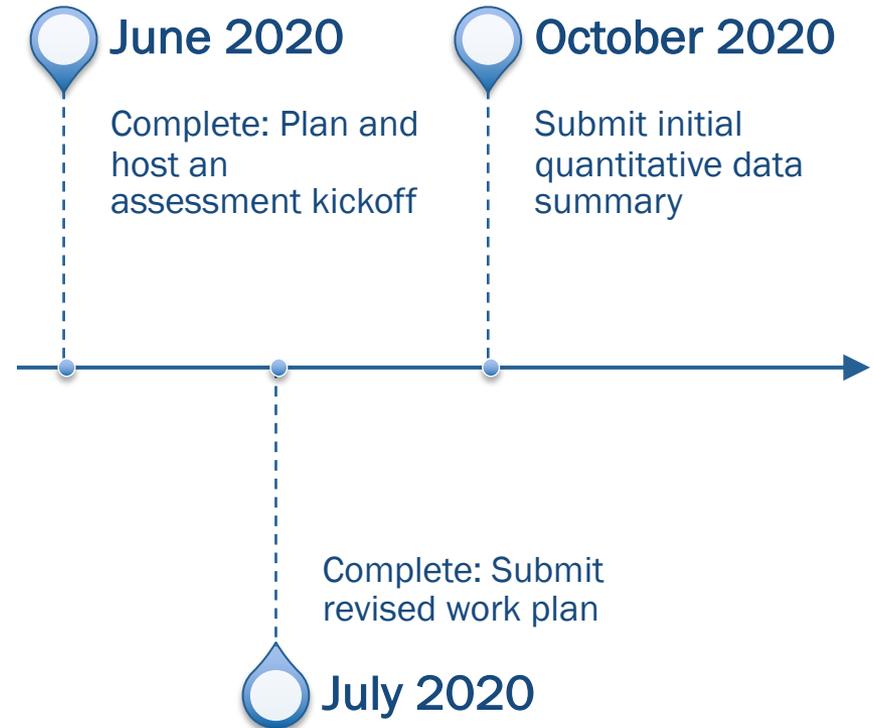
MMHPI Project Leadership

Name	Role
Andy Keller	Executive Oversight and Strategy Lead
Melissa Rowan	Project Director and main point of contact mrowan@mmhpi.org
John Petrila	Project Advisor
Gary Blau	Senior Leader for Children's Mental Health
Kyle Mitchell	Project Lead for Crisis Response System and Overall Access to Services
Victoria Walsh	Project Lead for Children's Mental Health System
Marilyn Headley	Project Manager

Timeline 10 Months

Ongoing meetings

We will host ongoing monthly meetings with the system assessment implementation group to provide updates on our progress and solicit feedback on the summary of draft recommendations and the draft report.



Timeline cont.



Progress Since May Kick-Off

- Convened the System Assessment Implementation Group (SAIG) of local stakeholders.
- Conducted 46 key informant interviews (as of August 6).
- Compiled and presented preliminary prevalence data to the SAIG.
- Collaborated with PDN on outreach with state and national elected officials representing the El Paso region.
- Presented the ideal children's mental health system framework and CPAN/TCHAT to the SAIG.
- Completed deliverable one: Revised work plan submitted and community-wide kick-off meeting hosted June 17.

THE IDEAL CHILDREN'S MENTAL HEALTH SYSTEM

LIFE in the Community

WORK FAITH HOME FAMILY SCHOOL



OTHER HEALTH CARE

MENTAL HEALTH CARE

Multi-Tiered System of Support

Integrated Primary Care



Measurement Based Care + Collaborative Care

TEXAS CHILD MENTAL HEALTH CARE CONSORTIUM
primary care CPAN and schools TCHAT

SPECIALTY CARE

Outpatient

Physician, other non-physician specialists

Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services

Crisis Care

Urgent care
Emergency department
Inpatient care
Skilled nursing

SPECIALTY CARE

Outpatient

Psychiatrist, other behavioral health specialists

Rehabilitative Care

Skill-building & therapy to restore function / healthy development including intensive services

Crisis Care

Urgent care
Mobile crisis
Emergency department
Inpatient care
Respite / residential

Evidence based practice at every level

Sufficient Network Capacity

Evidence based practice at every level

Sufficient Network Capacity

Like health care, the best mental health care involves early intervention at the appropriate treatment level.

El Paso System Assessment Implementation Group

Name	Organization and Title
Rob Anderson	The Hospitals of Providence - Sierra Medical CEO
Joel Bishop	County of El Paso – Executive Director Justice and Community Service
Sharon Butterworth	PdNHF Board – Mental Health Advocate
Kristi Daugherty	Emergence Health Network – CEO
Nicole Ferrini	City of El Paso – Director Community Development
Cathy Gaytan	El Paso Child Guidance Center – Executive Director

El Paso System Assessment Implementation Group

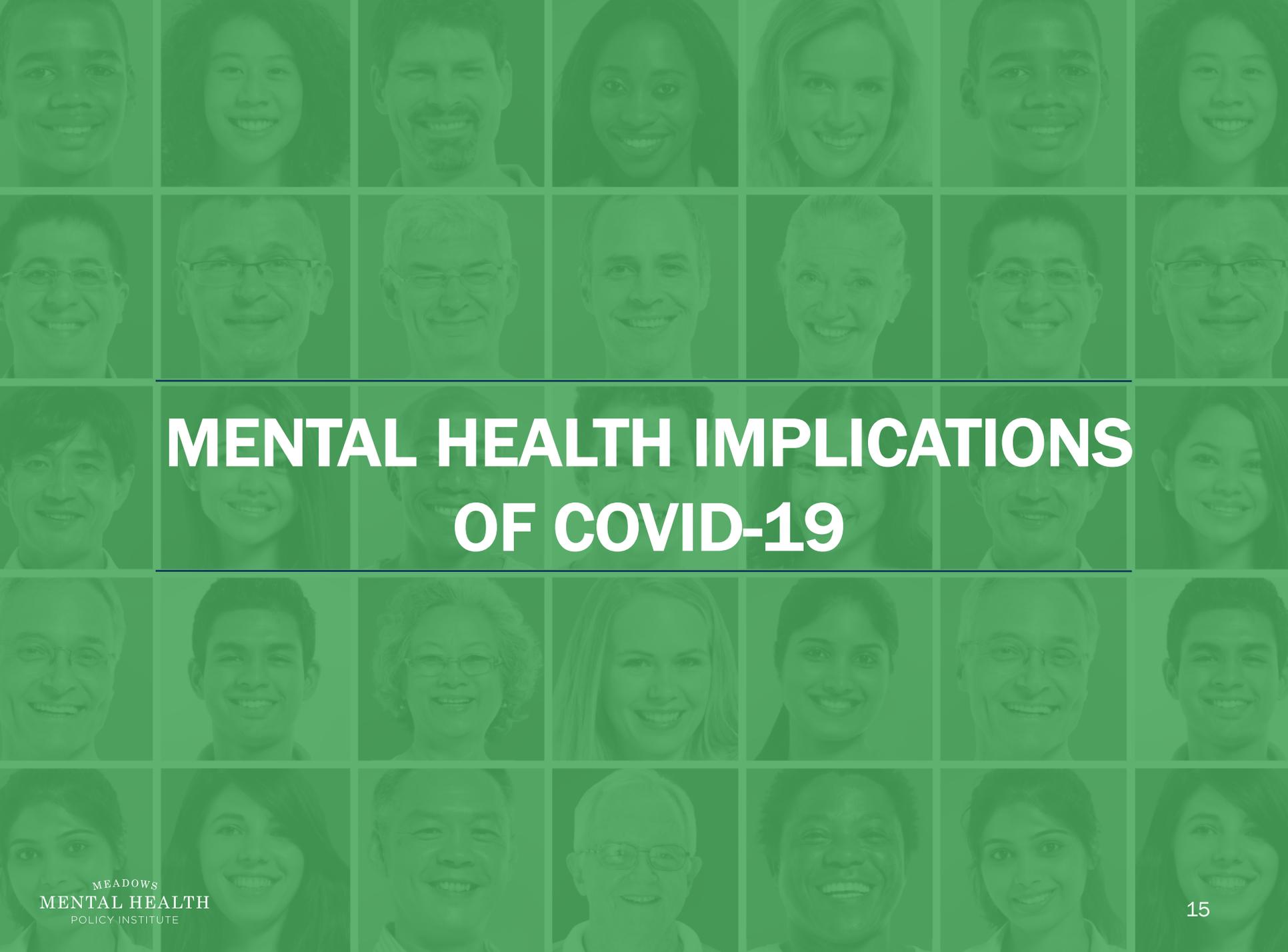
Name	Organization and Title
Dr. Sarah Martin	Texas Tech Health Sciences Center El Paso – Chief Child Psychiatry
Enrique Mata	Paso del Norte Health Foundation – Senior Program Officer
Nellie Mendoza	NAMI El Paso – Director of Programs
Bill Schlesinger	Project Vida – CEO
Dr. John Wiebe	UTEP – Provost
Ruben Vogt	University Medical Center El Paso – Director Govt. Relations
Tracy Yellen	Paso del Norte Health Foundation – CEO



REASSESSMENT EMERGING THEMES

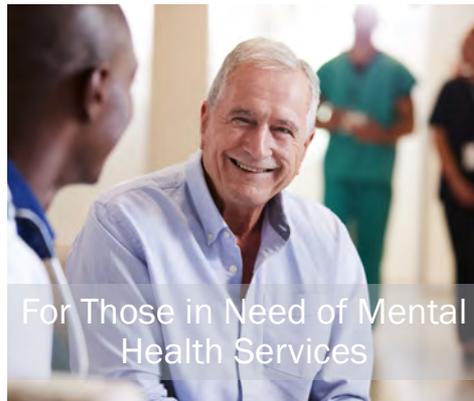
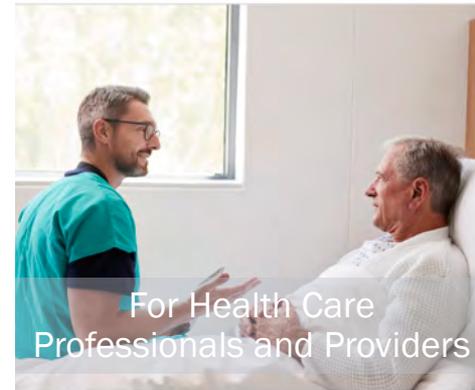
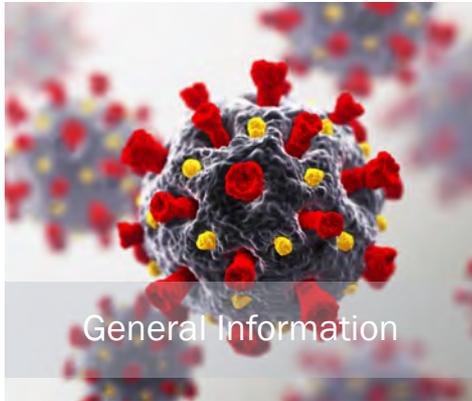
Reassessment Emerging Themes To-Date

- COVID-19 / Telehealth
- Collaboration
- Stigma Reduction



MENTAL HEALTH IMPLICATIONS OF COVID-19

MMHPI COVID-19 Resources



Visit our website for resources:

<https://www.texasstateofmind.org/covid-19>

Our Research and Analysis During the COVID-19 Pandemic

- COVID-19 Mental Health and Substance Use Disorder (SUD) Impact Series
- MMHPI COVID-19 Response Briefings
 - COVID Federal Appropriations Summary
 - Planning Guide for County Officials Seeking to Reduce Jail Demand During Pandemic
- MMHPI COVID-19 Guides and Resources
 - Emotionally Managing COVID-19: A Parent and Caregiver Guide (Available in Spanish)
 - Staying Mindful of Child Development when Discussing COVID-19

Our Research and Analysis During the COVID-19 Pandemic

- MMHPI Regulatory and Reimbursement Newsletters
- Okay to Say TM campaign provides ideas on staying mentally healthy and supporting friends and family
 - Facebook and Instagram Live engagement opportunities

Projections

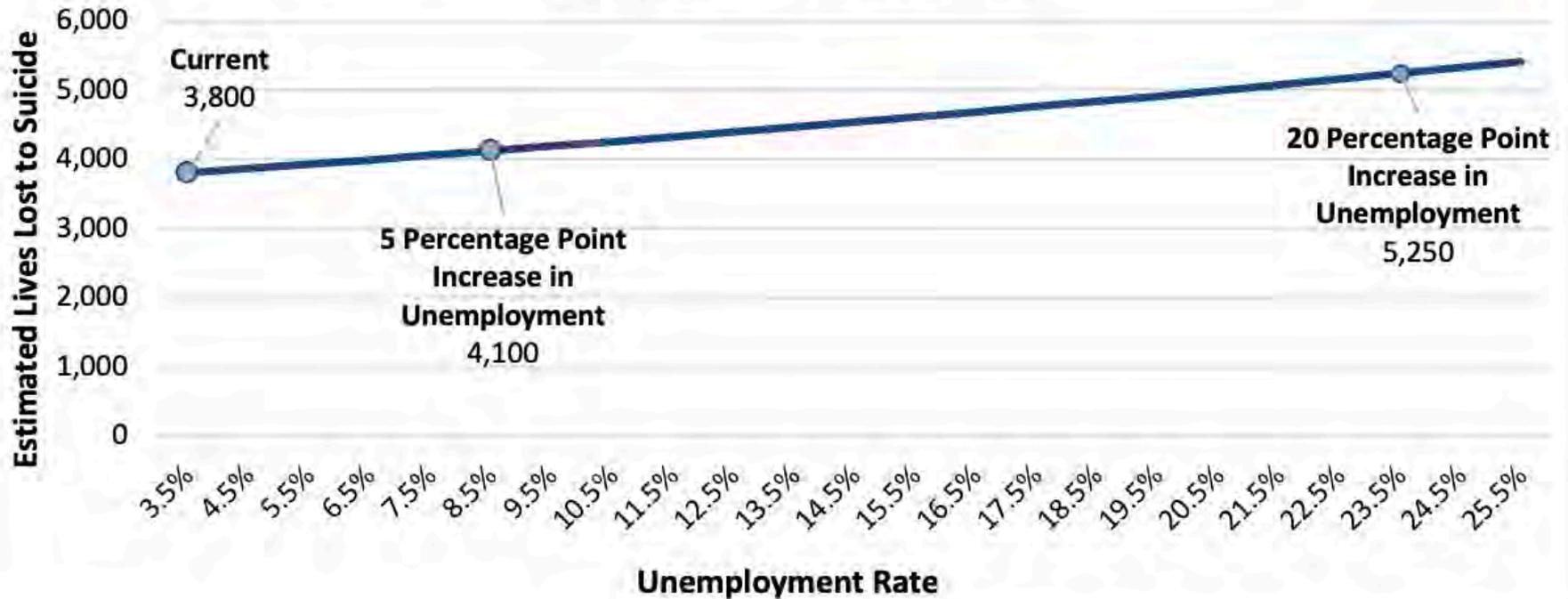
- The current COVID-19 pandemic itself and the economic impact of mitigation efforts imposed to control it are both expected to result in direct increases in rates of mental health and substance use disorders (MHSUD), including deaths associated with suicide, overdose, and violence (especially domestic violence).

Projected COVID-19 MHSUD Impacts, Volume 1: Effects of COVID-Induced Economic Recession

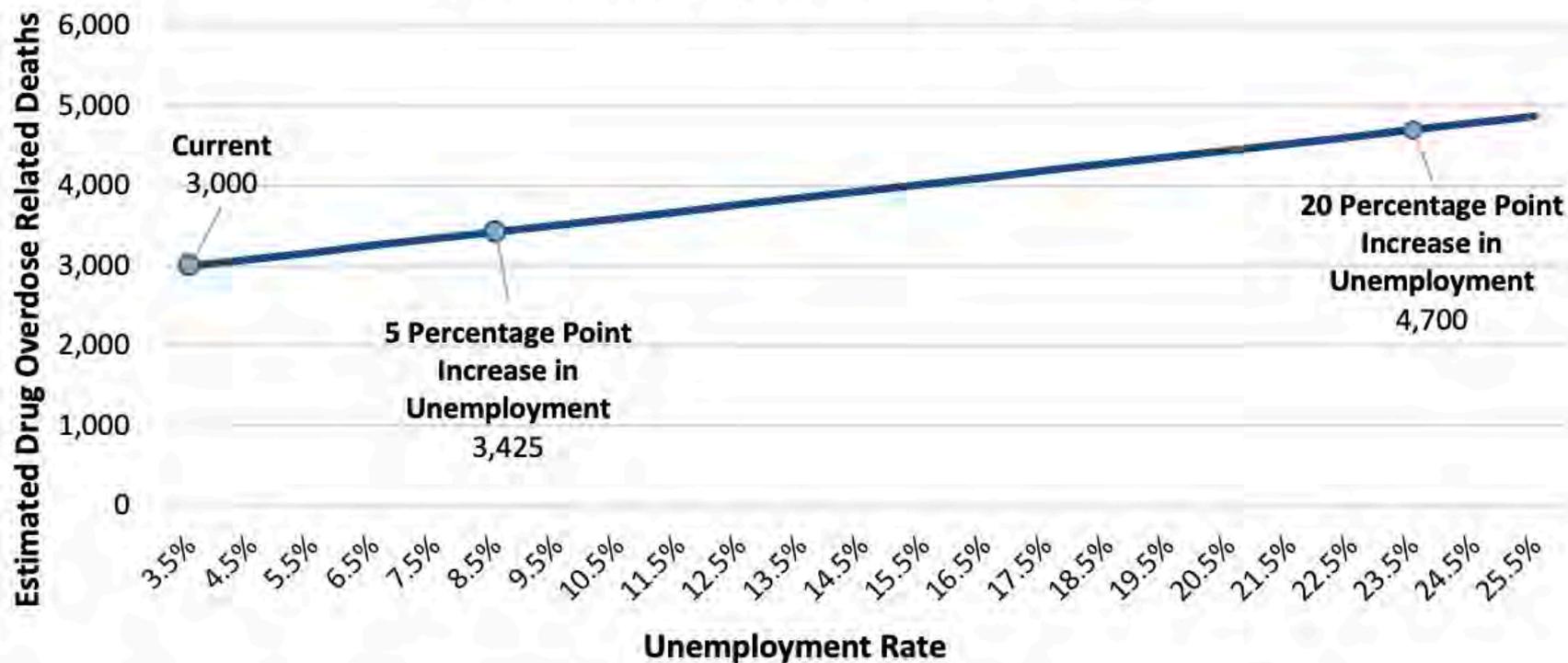
In Summary:

- We project that for every five percentage point increase in unemployment in **Texas** during the COVID recession across a year, an additional 725 Texans could die each year from suicide (300) and drug overdose (425).

Projected Increase in Lives Lost to Suicide with Increases in Unemployment Rates (Texas)



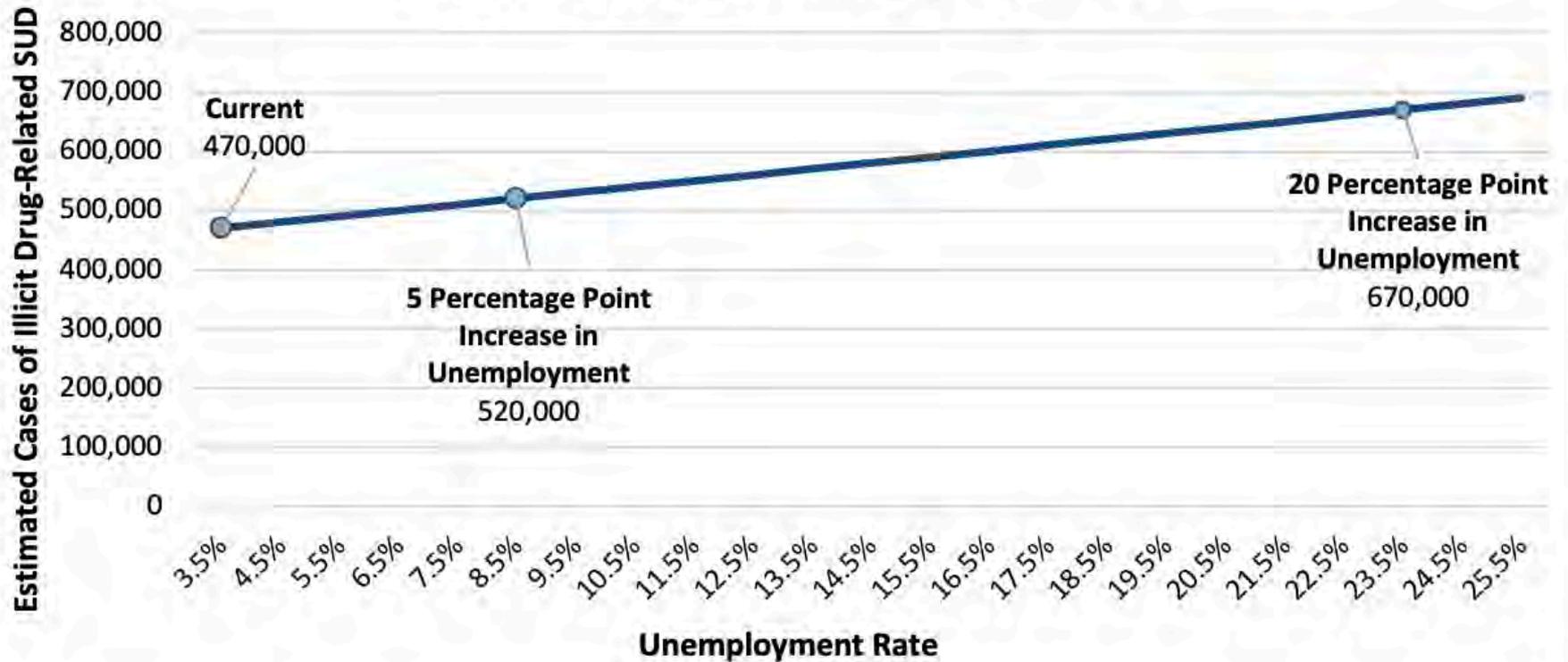
Projected Increase in Drug Overdose-Related Deaths per Year with Increases in Unemployment Rates (Texas)



Projected Increases in Deaths Due to Overdose and Substance Use Disorders

- MMHPI's model projects a national increase of 5% in the unemployment rate, which is projected to result in an additional 600,000 cases of SUD per year across the country.
- For **Texas**, each 5% increase in unemployment would result in just over 50,000 additional cases of SUD per year.

Projected Increase in Cases of Illicit Drug-Related SUD per Year with Increases in Unemployment Rates (Texas)

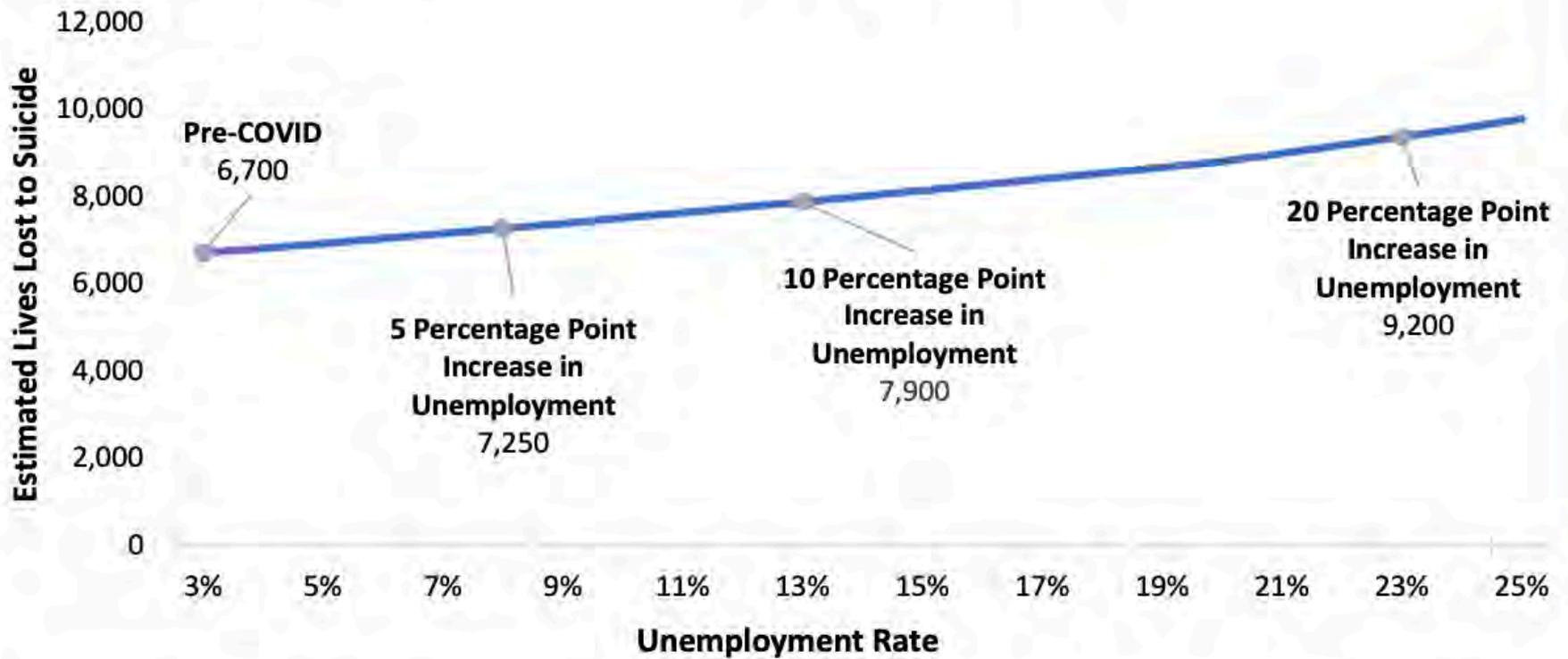


Projected COVID-19 MHSUD Impacts, Volume 2: Effects of COVID-Induced Economic Recession (COVID Recession) on Veteran Suicide and Substance Use Disorder

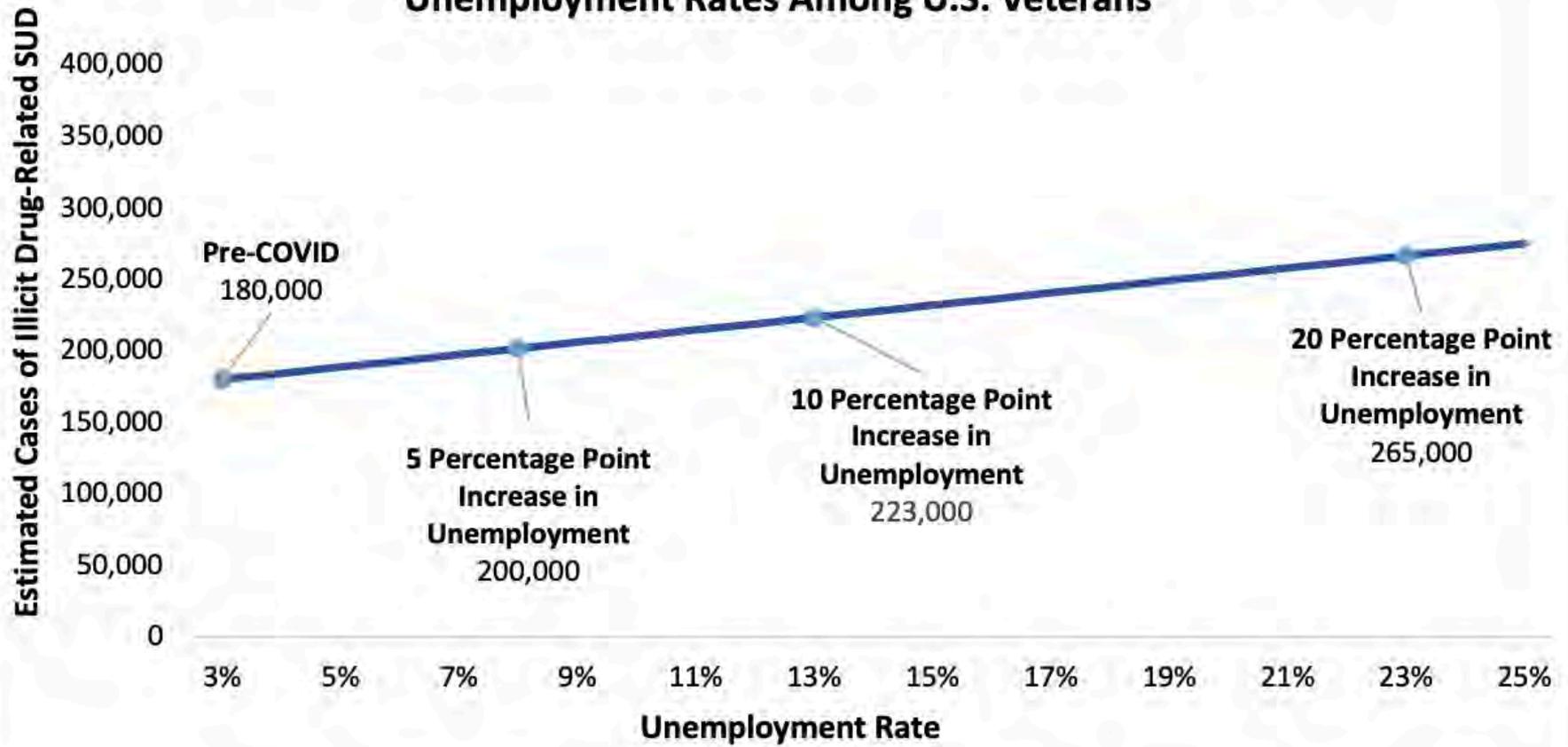
In Summary:

- We project that every five percentage point increase in unemployment among veterans during the COVID recession per year could result in more than 550 additional veteran suicides and over 20,000 new veterans with substance use disorders.

Projected U.S. Veteran Lives Lost to Suicide with Increases in the Unemployment Rate

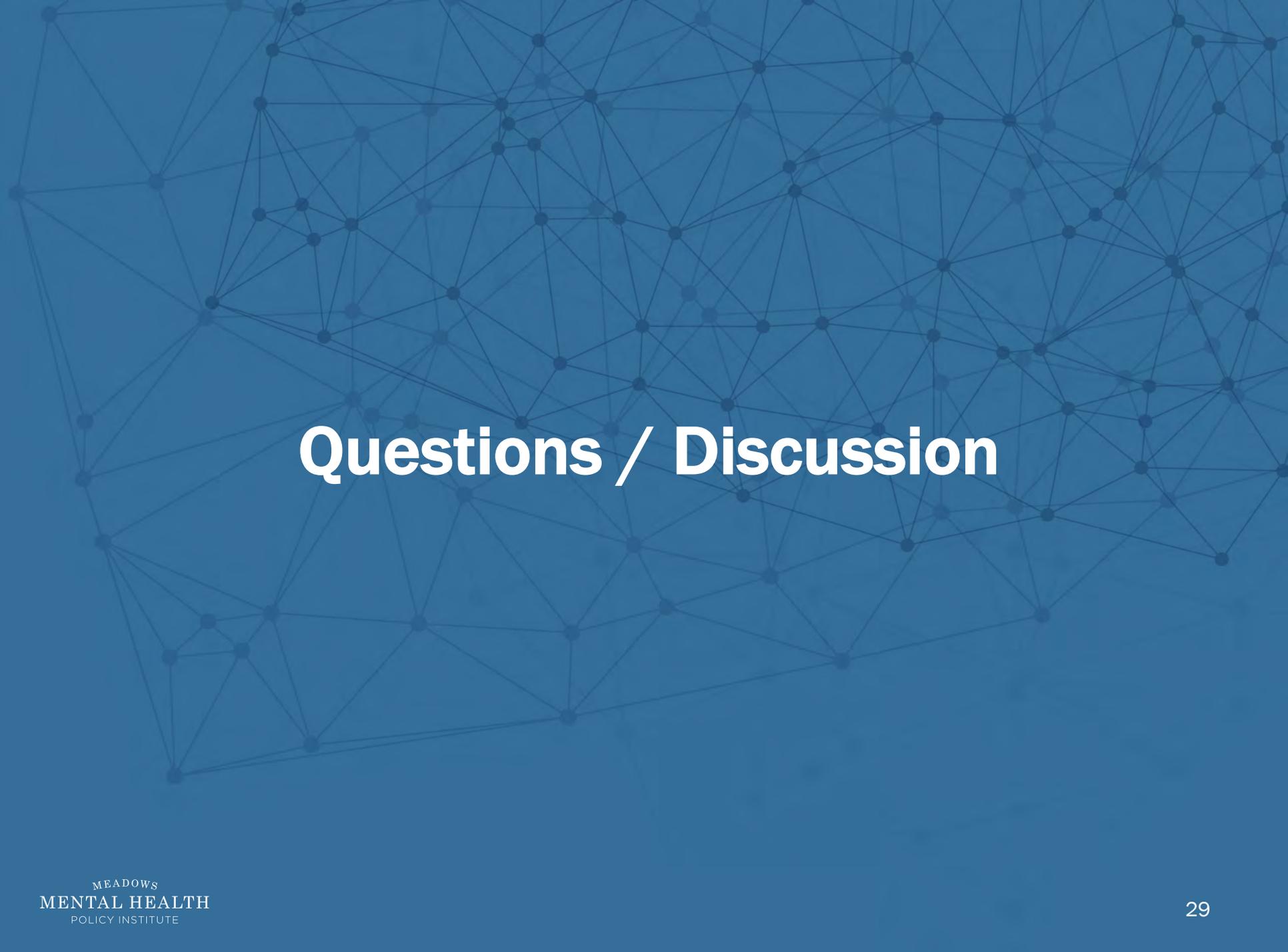


Projected Increase in Cases of Illicit Drug-Related SUD with Increased Unemployment Rates Among U.S. Veterans



Implications

- To-date, Gov. Greg Abbott has exempted Texas' behavioral health services from a 5% reduction in state agency budgets.
- National and state regulatory changes in telemedicine and reimbursement may become permanent.
- Access to integrated primary care to treat major depression through the collaborative care model and universal access to medication-assisted treatment in all healthcare settings for persons with opioid use disorder could offset a portion of the predicted increases in suicide and drug overdose deaths.



Questions / Discussion



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