



### **Executive Committee Meeting Notes**

November 7, 2019

1:30 p.m. to 2:30 p.m.

Paso del Norte Health Foundation

221 N. Kansas, 19<sup>th</sup> Floor

#### **Attendees:**

Alexsandra Anello  
Joel Bishop  
Sharon Butterworth  
Jesus Calderon  
Phuong Cardoza  
Zulema Carrillo  
Kristi Daugherty  
Chrystal Davis  
Cathy Gaytan  
Mia Goldman  
Emily Hartmann  
Cindy Hernandez  
Jesny Miranda  
Enrique Mata  
Nellie Mendoza  
Dr. Paula Mitchell  
Lt. Robert Pisarcik  
Dr. Connie Ponce  
Dr. Eden Robles  
Ivonne Tapia  
Dr. Peter Thompson  
Diana Schultz  
Isidro Torres  
Dr. John Wiebe  
Tracy Yellen

#### **Representing:**

City Representative - District 2  
County of El Paso  
PdNHF - Mental Health Advocate  
Las Palmas Medical Center (HCA)  
CEO for El Paso Behavioral Health System  
El Paso Psychiatric Center  
Emergence Health Network  
Emergence Health Network  
El Paso Child Guidance Center  
El Paso Behavioral Health System  
PHIX (PDN Health Information Exchange)  
Emergence Health Network  
Cohen Veterans Clinic at Endeavors El Paso  
Paso del Norte Health Foundation  
NAMI El Paso  
El Paso Community College  
El Paso Police Department  
VA of El Paso  
UTEP  
Aliviane  
Texas Tech Health Sciences Center PLFSOM  
Rio Vista Behavioral Health  
NAMI El Paso  
UTEP  
Paso del Norte Health Foundation

#### **Welcome, Introductions**

- Ms. Tracy Yellen convened the meeting of the El Paso Behavioral Health Consortium (EPBHC) at 1:30 p.m.
- The Committee welcomed Ms. Jesny Miranda an MSW intern working with Cohen Veterans Network, and Phuong Cardoza, the new CEO for El Paso Behavioral Health System.

#### **Update to the 2014 El Paso Behavioral Health System Assessment**

- Enrique Mata provided 3 handouts summarizing each.
  - The first was a summary page showing the priority areas identified in the 2014 Assessment showing each Leadership Council that developed to address the gaps in these priority areas.

- The next two were the adult and child “Ideal Behavioral Health Systems of Care.” These tables show the service arrays that an ideal system would have and color coded services available and missing from the El Paso system.

Mr. Mata commented on progress made since 2014 and the importance of having the most up to date behavioral health system data available for prioritizing and planning in the coming years. Ms Yellen asked the group if there were any concerns about inviting Meadows Mental Health Policy Institute (MMHPI) to submit a proposal to complete the update in lieu of an open call for proposals. The consensus was positive for inviting MMHPI. Comments were made that in Texas MMHPI has shown they have the knowledge, expertise, and a positive history working with the Consortium and community partners.

Ms. Yellen called for support from the Consortium partners as the scope of work is developed and implemented. She commented that the 2014 Assessment was collaboratively funded and that any organization willing to contribute to the 2020 assessment is welcome. She added that commitments to collaborate are just as important as monetary contributions and recognized that contributions of time, reports, and other data will be vital to developing a quality document.

### **Progress Summit, Resource Directory, Dashboard**

Dr. Eden Robles and Mr. Joshua Acevedo:

- Presented the survey results from the participants of the 5<sup>th</sup> Annual Progress Summit.
- Provided an overview the resource directory developed by Empower Change. The directory can be found at: <https://empowerchange.utep.edu/directory/directory>
- Presented several new tables that were added to [www.HealthyPasodelNorte.org](http://www.HealthyPasodelNorte.org).

### **Brief Council Updates**

Leadership Council Chairs provided highlights from meetings since the last Consortium Executive Committee Meeting. Meeting notes for the Council Meetings can be found at <https://empowerchange.utep.edu/meetings>. The group had in depth discussion on the following two items:

- CPAN – Dr. Peter Thompson provided an update on the development of the Child Psychiatry Access Network (CPAN). He explained that he and Dr. Sarah Martin are part of the state Consortium that developed as a result of Senate Bill 11. He provided to handouts that explain CPAN and show what territory the El Paso hub, that will be housed at Texas Tech Health Sciences Center, will be responsible for. Dr. Thompson also talked about the Texas Child Health Access Through Telemedicine (TCHATT) program and how it will be used to bring mental health service access to counties outside of El Paso and to area schools.
- THC Taskforce – Mr. Mata commented that the THC Felony Task force will be meeting with Culture Span Marketing on November 14<sup>th</sup> to develop the creative approach and graphic art for the parent fact sheet and youth social media tools to help prevent youth from using THC vaping products. The Task Force plan is still to release the message and tools before Christmas break. The information will be posted at [www.healthpasodelnorte.org/thcvaping](http://www.healthpasodelnorte.org/thcvaping)

### **Local Mental Health Authority (LMHA) Role in the Community**

Ms. Kristi Daugherty commented on Emergence Health Network’s Local Mental Health Authority role in the community. She provided a handout summarizing the Texas Health and Human Services Commission’s definition and offered to provide presentations for any organization interested in learning more about the LMHA.

### **Consortium Meeting Schedules**

Ms. Yellen presented the 2020 Consortium schedule of meetings. She asked the group if there were any immediate concerns with the dates and times for the Executive Committee meetings.

She then called the group's attention to the proposed meeting schedules for Family, Integration and Justice Leadership Councils. She explained that those schedules are pending approval of each of the Councils at their next meeting.

**Other Business**

Ms. Yellen called the group's attention to the handout related to the Community Mental Health Grant Program. She commented that groups interested in submitting must have their submissions complete and in to the State Dec. 4<sup>th</sup>

Ms Connie Ponce with the VA El Paso commented that the VA Wellness Center being built in the Medical Center of the Americas is near completion. An opening event is planned for January 28<sup>th</sup>.

**Adjourn**

The meeting adjourned at 2:40 pm. The next meeting is scheduled for 1:30 pm, Thursday, February 6th at Paso del Norte Health Foundation, Meeting Room C.

# Child Psychiatry Access Network (CPAN) Model

1



Any **pediatric/family medicine provider** can call their local **CPAN Hub** for a **same-day behavioral health consultation** regarding their patient.



2



Multiple Hubs  
Across Texas



## CPAN Hubs

A CPAN Hub connects the Primary Care Provider with **CPAN Hub Staff**

3



## Example of CPAN Hub Staff

- Child and Adolescent Psychiatrists
- Licensed Behavioral Health Clinician
- Resource and Referral Specialist
- Program Coordinator



## CPAN Services

Telephone  
Consultation

Training &  
Education

Resource  
& Referral

# Child Psychiatry Access Network (CPAN)

86<sup>th</sup> Texas Legislature, Senate Bill 11, and the Texas Child Psychiatry Access Network

On June 6, 2019, Governor Abbot signed Senate Bill 11 and it went into effect immediately. SB 11 addresses critical gaps in child mental health care access by bridging the continuum of care between primary care physicians and child and adolescent psychiatry. The bill established the Texas Child Mental Health Consortium, which in turn, developed the Child Psychiatry Access Network.



Child Psychiatry Access Network and El Paso

Texas Tech Psychiatry at El Paso will serve as the hub for the CPAN and lead the way for connecting the El Paso behavioral health community with primary care.



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER  
EL PASO

## CPAN and behavioral health Facts

### Did you know?

- 1.4 million Texan youth are estimated to have a diagnosable mental, behavioral or developmental disorder
- 92 of 175 counties without a psychiatrist are in West Texas
- 71% of untreated Texan youth with depression alone
- 27% of the El Paso population is under 18 years of age
- 2/3 of pediatric behavioral health needs can be addressed in integrated behavioral health in a pediatric primary care setting

### What does CPAN improve?

- Treatment – Referrals to specialist
- Identification – Aids early identification
- Assessment – Provides qualified assessment

What does CPAN offer for El Paso children's healthcare?



#### Mental Health Screening Tools

Primary care providers will have access to online mental health screening tools.



#### Behavioral Health Webinars and In Person Training

CPAN will offer greater access to relevant behavioral health Webinars and in person training.



#### Newsletters

Newsletters will provide continuous communication of behavioral health information.



#### Resources

Accessible online resources for parents, families, and providers!



#### Teleconferencing and Telephonic Consultations

Primary care providers will be able to communicate with the program directly for immediate psychiatric consultation and care coordination for assistance with referrals.

What are the next steps for the behavioral health community?



Educating primary care providers on the benefits of subscribing to the Child Psychiatry Access Network.



Updating behavioral health services information on the Empower Change regional resource directory at:

[empowerchange.utep.edu/directory](http://empowerchange.utep.edu/directory)

# Meadows Mental Health Policy Institute

## CPAN/TCHAT Implementation and Engagement Efforts<sup>1</sup>

### CPAN-Child Psychiatry Access Network

MMHPI Notes	
<b>Step 1: Build clinician contact list</b>	
<ul style="list-style-type: none"> <li>• Includes: rural health clinics, FQHCs, physician groups, and family practices</li> <li>• Data points include the following: name, address, phone, email, fax, and additional clinic locations</li> <li>• Sources:               <ul style="list-style-type: none"> <li>– Superior’s STAR Health <a href="#">provider network directories</a></li> <li>– Texas Association of Community Health Centers <a href="#">Find a Community Health Center</a></li> <li>– Other managed care organization directories</li> <li>– Phone book and internet search</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• In a 19-county geographic area in East Texas, we identified approximately 200 providers for the contact list</li> <li>• For the central Texas area with 13 counties, we anticipate identifying more than 1,000 providers</li> <li>• See attached sample document titled: Sample Contacts Spreadsheet</li> </ul>
<b>Step 2: Create/review materials</b>	
<ul style="list-style-type: none"> <li>• Design and distribute an informational, introductory letter to send to all identified providers and trade associations, including:               <ul style="list-style-type: none"> <li>– Legislative background</li> <li>– Brief program description</li> <li>– Hub planned outreach, informational, and engagement efforts</li> <li>– Solicit initial interest in participation</li> </ul> </li> </ul>	See attached sample documents titled: Sample Provider Intro Letter and Sample Intro Email
<ul style="list-style-type: none"> <li>• Design and distribute a 1-page summary describing CPAN (infographic style)</li> </ul>	See attached sample document titled: Sample CPAN Workflow
<ul style="list-style-type: none"> <li>• Create a phone script for a brief introductory phone call to be offered to all identified providers. Script includes:               <ul style="list-style-type: none"> <li>– CPAN description</li> <li>– Participation interest</li> <li>– Next steps</li> </ul> </li> </ul>	See attached sample document titled: Sample Phone Script

<sup>1</sup> Although we use the term physician, we are engaging MDs, APNs, PAs and their office staff.

**TCHAT- Texas Child Health Access through Telemedicine**

	MMHPI Notes
<p><b>Step 1:</b> Identify the local schools districts in the CPAN service area to determine if working with ISDs and pediatric providers at the same time will enhance CPAN and TCHAT and/or provide efficiencies.</p>	
<p><b>Step 2:</b> Build out LMHA/ISD service inventory. Survey LMHAs to identify the current services in schools and contracts with ISDs. This allows for leveraging existing partnerships and identifying ISDs who have mental health services and those who do not.</p>	<ul style="list-style-type: none"> <li>• See sample document attached titled: Sample School Based Services Inventory</li> <li>• LMHAs are also already billing for services with Medicaid and other third party payors which could be leveraged through partnerships.</li> </ul>
<p><b>Step 3:</b> Meet with ISD leads to inform/engage on TCHAT.</p>	
<p><b>Step 4:</b> Negotiate with LMHAs or other school-based mental health providers on schools where services can be enhanced or added.</p>	





**Emergence Health Network**  
**El Paso's Local Mental Health and Intellectual and Developmental Disabilities Authority**

The mission of Emergence Health Network is to ensure superior recovery-based services for mental health, developmental disability, and related conditions for the people of El Paso County. Our vision is to take the lead on behavioral and developmental services in the El Paso region ensuring access to quality services, advocating for a better quality of life, and providing strength, hope, and recovery for persons with mental illness, developmental disabilities, and substance abuse disorders.

**What is a Local Mental Health/IDD Authority?**

The Texas Health and Human Services Commission ("HHSC") must designate a LMHA in one or more local service areas ("LSA"). HHSC may then delegate to the local authority the state's authority and responsibility for:

- planning,
- policy development,
- coordination (including coordination with criminal justice entities),
- resource allocation,
- and resource development

for and oversight of *mental health services* in the most appropriate and available setting to meet individual needs in that LSA. Tex. Health & Safety Code § 533.035(a). Currently, EHN serves as the LMHA and LIDDA for the El Paso LSA, carrying out all assigned responsibilities for the service area designated by HHSC's Executive Commissioner, pursuant to Texas Health and Safety Code § 533.035.

**What is a community Center?**

***Purpose and policy*** A community center...is intended to be a vital component in a *continuum of services* for persons in [the state of Texas] with mental illness or an intellectual disability."

A Community Center is a governmental entity created by "[a] county, municipality, hospital district, or school district, or an organizational combination of two or more of those local agencies...." Tex. Health & Safety Code § 534.001(a)

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"It is the policy of [the state of Texas] that community centers strive to develop *services for persons with mental illness or an intellectual disability* and may provide requested services to persons with developmental disabilities or with chemical dependencies, that are effective alternatives to treatment in a large residential facility." Tex. Health & Safety Code § 534.0015

A Community Center is a governmental entity created by "[a] county, municipality, hospital district, or school district, or an organizational combination of two or more of those local agencies...." Tex. Health & Safety Code § 534.001(a)

"Each function performed by a community center...is a governmental function if the function is required or affirmatively approved by" Texas or federal law. Tex. Health & Safety Code § 534.001(f)



## 2020 Meeting Dates



### Executive Committee

The following are the proposed 2020 meeting dates for the El Paso Behavioral Health Consortium:

#### Executive Committee:

- February 6<sup>th</sup>
- May 7<sup>th</sup>
- August 6<sup>th</sup>
- November 5<sup>th</sup>

Executive Committee members agree to meet quarterly on the first Thursday of the month. Unless otherwise stated, all Executive Committee Meetings will be held from 1:30 pm – 2:30 pm at Paso del Norte Health Foundation, 221 N. Kansas, 19<sup>th</sup> Floor.



The following are the proposed 2020 meeting dates for the Family Leadership Council of the El Paso Behavioral Health Consortium.

- January 21<sup>st</sup>
- March 10<sup>th</sup>
- May 12<sup>th</sup>
- July 14<sup>th</sup>
- September 8<sup>th</sup>
- November 10<sup>th</sup>

FLC members agreed to meet the second Tuesday of every other month. Unless otherwise stated, all Family Leadership Council Meetings will be held from 8:30 am – 10:00 am at Paso del Norte Health Foundation, 221 N. Kansas, 19<sup>th</sup> Floor



The following are the proposed 2020 meeting dates for the Integration Leadership Council of the El Paso Behavioral Health Consortium.

- February 18<sup>th</sup>
- April 21<sup>st</sup>
- June 16<sup>th</sup>
- August 18<sup>th</sup>
- October 20<sup>th</sup>
- December 15<sup>th</sup>

ILC members meet the third Tuesday of every other month. Unless otherwise stated, all Integration Leadership Council Meetings will be held from 10:30 am – 11:30 am at Paso del Norte Health Foundation, 221 N. Kansas, 19<sup>th</sup> Floor.



The following are the proposed 2020 meeting dates for the Justice Leadership Council of the El Paso Behavioral Health Consortium.

- January 22<sup>nd</sup>
- March 18<sup>th</sup>
- May 20<sup>th</sup>
- July 15<sup>th</sup>
- September 16<sup>th</sup>
- November 18<sup>th</sup>

JLC members agreed to meet the third Wednesday of every other month. Unless otherwise stated, all Justice Leadership Council Meetings will be held from 9:30 am – 10:30 am at Paso del Norte Health Foundation, 221 N. Kansas, 19<sup>th</sup> Floor.