



Executive Committee Meeting Notes

November 5, 2020

1:30 p.m. to 3:00 p.m.

Paso del Norte Health Foundation

Via Zoom Virtual Platform

Attendees:

Joel Bishop
Sharon Butterworth
Phuong Cardoza
Zulema Carrillo
Kristi Daugherty
Chrystal Davis
Juanita Galaviz
Annette Gutierrez
Emily Hartmann
Cindy Hernandez
Dr. Sarah Martin
Enrique Mata
Nellie Mendoza
Dr. Paula Mitchell
Dr. Tewiana Norris
Lt. Robert Pisarcik
Ivonne Tapia
Dr. Peter Thompson
Isidro Torres
Will Vasquez for Jeanette James
Dr. John Wiebe
Tracy Yellen

Representing:

County of El Paso
Health Foundation Board/Mental Health Advocate
El Paso Behavioral Health System
El Paso Psychiatric Center
Emergence Health Network
Emergence Health Network
Paso del Norte Health Foundation
Rio Grande Council of Governments
PHIX (PDN Health Information Exchange)
Emergence Health Network
Texas Tech Health Sciences Center PLFSOM
Paso del Norte Health Foundation
NAMI El Paso
El Paso Community College
Emergence Health Network
El Paso Police Department
Aliviane
Texas Tech Health Sciences Center PLFSOM
NAMI El Paso
Endeavors
UTEP
Paso del Norte Health Foundation

Welcome, Introductions

- Ms. Tracy Yellen convened the meeting of the El Paso Behavioral Health Consortium (EPBHC) at 1:30 p.m.
- The Committee congratulated Dr. John Wiebe and UTEP on the addition of their new Psychiatric Nurse Practitioner Graduate Degree and Certificate Programs. Dr. Wiebe indicated the programs are active and already have students enrolled.

Child Psychiatry Access Network (CPAN)/Texas Child Health Access Through Telemedicine CHATT) El Paso

Dr. Sarah Martin and Dr. Peter Thompson provided updates on the 5 projects being funded by SB 11:

- Child Psychiatry WE-18 trainees on 3 community sites

- CPAN-128 providers have signed up
- Fellowship Program- 6 fellows
- The Texas Child Health Access Through Telehealth (TCHATT)
 - Signed-San Felipe/Del Rio, Socorro, Canutillo , anthony
 - In process-Clint/Ft. Hancock, San Elizario, Fabens, Tornillo
 - Considering-EPISD, Sierra Blanca, Presidio
- Research- 2 Networks
 - Depression and Suicide
 - Trauma

Dr. Thompson stressed that these programs are funded by the state and they need help with School District recruitment

Mr Isidro Torres offered her support and requested that Dr. Martin's information be sent to her. Ms. Yellen congratulated them on job well done and the great progress being made.

2020 El Paso Behavioral Health System Assessment (EPBHSA):

Mr. Mata provided a progress report on the EPBHSA and shared slides referencing:

- The Meadows Mental Health Policy Institute (MMHPI) assessment timeline and
- The data component of the report

He asked that the committee review and provide feedback and identify areas in need of further investigation. MMHPI is working on attaining more current data beyond 2018. A special thanks was given to EHN for sharing their most current data.

Consortium Web Pages: www.healthypasodelnorte.org/epbhconsortium

Mr. Mata shared the website updated web pages for the Consortium. This is a central location for service providers to access the top and most up to date resources. In addition, meeting notes from the leadership councils will also be posted from the 2019 to 2020 meetings. Finally, presentation from the Progress Summit will also be available.

Mr Mata went on to share a document that documents the Consortium accomplishments from 2014. It lists progress from one year to year through 2020. He asked that the consortium members review and provide feedback on what is missing or any modification needed.

Consortium Meeting Dates 2021

Mr. Mata presented a calendar of scheduled meeting dates for all consortium committees. He asked that the committees review and called for any changes to the Executive Committee dates and times. He added that the Leadership Council dates will be confirmed as each Council meets in the next few weeks. Ms. Yellen commented that Outlook Meeting Notices will be sent to save the dates.

Emergence Health Network Crisis Care (CCP) Program:

<https://ccprelaxation.org/video-showcase/>

Ms. Kristi Daugherty provided an overview of the crisis care program funded by CARES Act grant dollars. The program started in May of 2020. Highlights from the presentation include:

- A hotline for crisis counseling (linked to 915-779-1800). EHN being asked to expand the services to an additional 7 counties.
- UTEP interns have been a great help in providing the counseling support. EHN is exploring hiring UTEP interns to continue work on the program.
- Counselors respond to COVID 19 and other issues that are affecting people's daily lives
- The Virtual relaxation Calming room offers an environment for relaxation and calms the senses with sound, music, games.
- Services are provided in English and Spanish.
- Rene Hurtado will share information with Michael Kelly for the COVID promotoras to share in the community. The weblink is www.ccprelaxation.org. The Learning Library, funding by PDNHF, helped activate some of the online tools.
- Ms. Cardoza asked for pamphlets or flyers that they can share with their patients at discharge.

Brief Council Updates

Leadership Council Chairs provided highlights from meetings since the last Consortium Executive Committee Meeting. Meeting notes for the Council Meetings can be found at www.healthypasodelnorte.org/epbhconsortium. Brief updates were provided by:

- Ms. Chrystal Davis for the Justice Leadership Council:
 - New assisted outpatient treatment (AOT) program is being implemented.
 - The Crisis Intervention Team successes are expanding into the County with assistance from EHN and the Sheriff's Office.
- Ms. Ivonne Tapia for the Family Leadership Council:
 - Meadows Mental Health Policy Institute (MMHPI) provided presented on the "Ideal Child Mental Health System." The FLC members discussed areas where El Paso systems can improve.
 - Paso del Norte Children's Development Center and a team are working with a State technical support grant to start a National "Help Me Grow" program.
- Dr. Tewiana Norris for the Integration Leadership Council:
 - The Council has not met in 2020. Looking to data and recommendations from MMHPI to assess next steps. For example, as the Child Psychiatry Access Network develops.

Other Business

Dr. Thompson expressed concern over the El Paso Psychiatric Center not being able to offer child and adolescent inpatient care due to the increase in COVID 19 patients requiring care. Ms. Zulema Carrillo shared her concerns with the great needs being addressed by her staff. It is difficult to say when children can be served again due to the uncertainty of COVID 19 and when it will be behind us.

Adjourn

The meeting adjourned at 3:00 pm. The next meeting is scheduled for 1:30 pm, Thursday, February 4th, Via Zoom Virtual Platform.

Presentation Slides



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER
EL PASO

SB11 Updates

- CPWE: 18 trainees rotating at 3 community sites
- CPAN: 128 providers signed up
- Fellowship: 6 fellows
- TCHATT:
 - San Felipe/Del Rio, Socorro, Canutillo, Anthony
 - Clint, Fort Hancock, San Elizario, Fabens, Fabens, Tornillo,
 - EPISD, Sierra Blanca, Presidio
- Research: 2 Networks
 - Depression and Suicide
 - Trauma



MEADOWS

MENTAL HEALTH
POLICY INSTITUTE

System Assessment Implementation Group Progress Update

October 29, 2020

Today's Agenda

Topic	Lead
Progress Since September	Melissa Rowan, Executive Vice President for Policy Implementation
Overview of Deliverable 2: Quantitative Data Summary	Jennifer Gonzalez, Senior Director of Population Health
Questions and Discussion	All

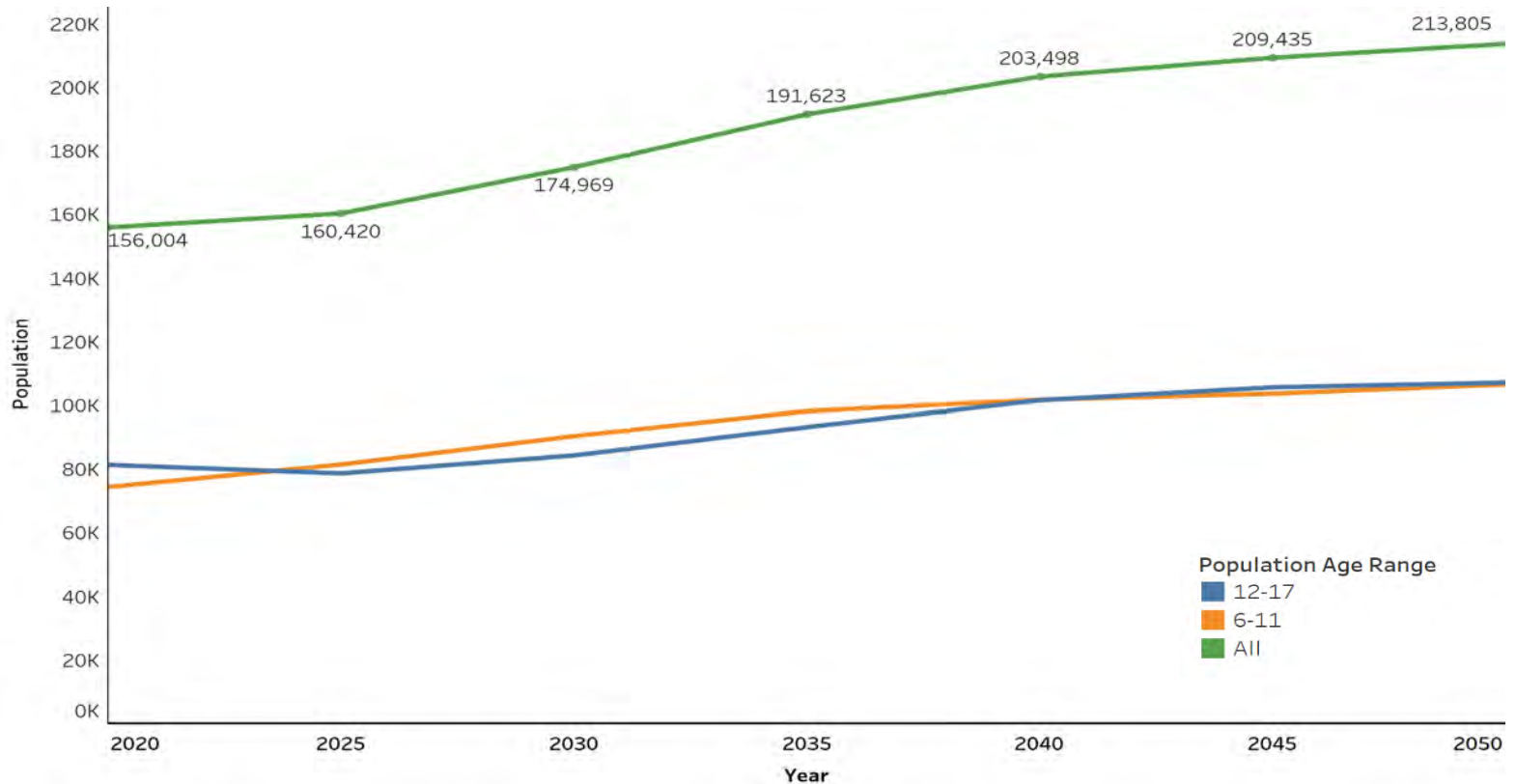
Progress Since September

- On October 14th, Melissa Rowan and John Pettila presented about progress to date and emerging themes regarding our 2020 assessment at the 6th Annual El Paso Behavioral Health Consortium Progress Summit.
- Engaged and collected data from a variety of local providers.
- Deliverable 2: Submitting the Quantitative Data Summary Report tomorrow 10/30.



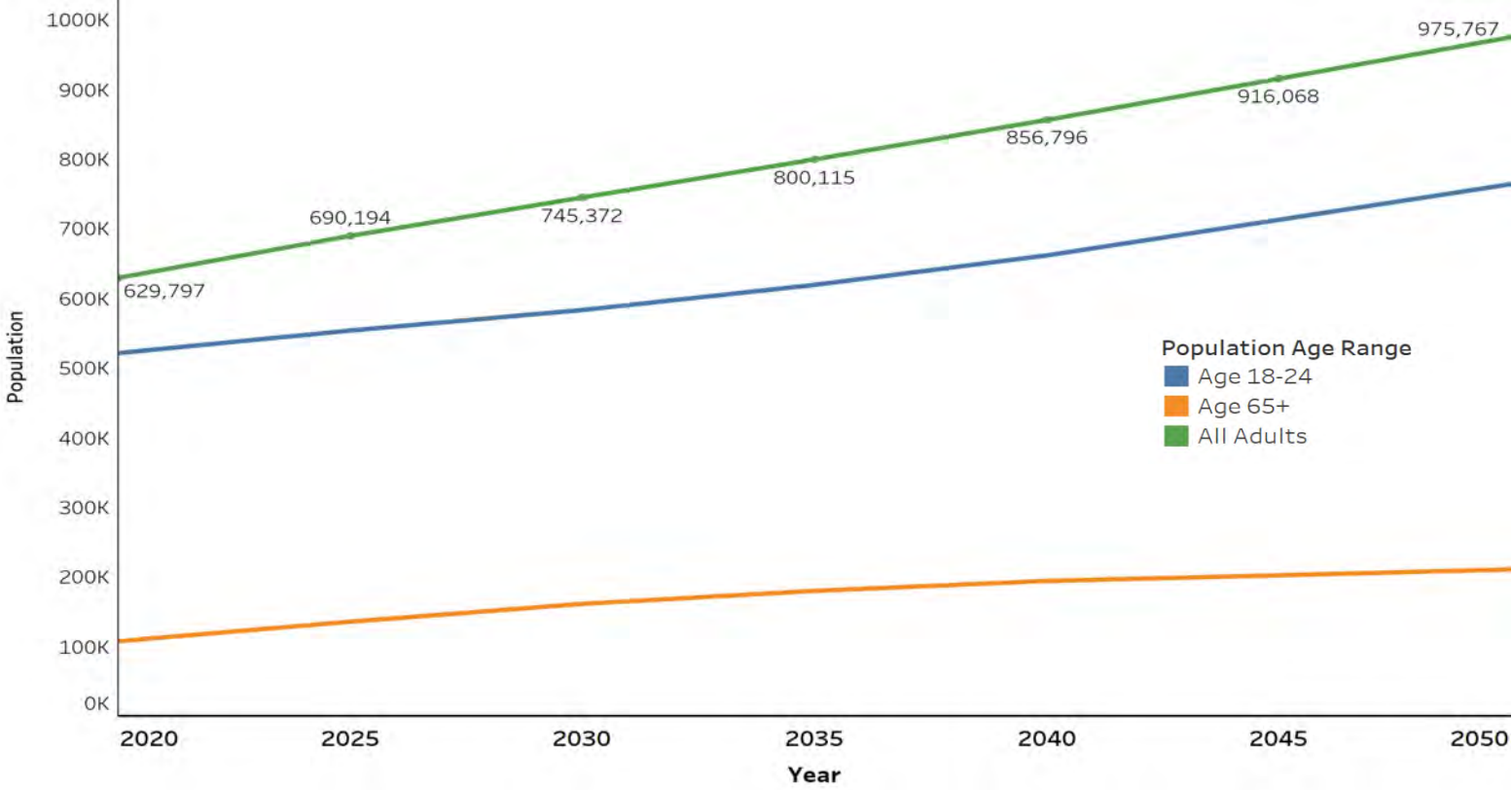
QUANTITATIVE DATA SUMMARY

Estimated Population of Children and Youth in El Paso County (2020-2050)



Note: Estimated 2018 populations obtained from the American Community Survey population estimates. Projected population change was obtained from: Texas Demographic Center (2018).

Estimated Populations of Adults in El Paso County – 2020 through 2050



Note: Texas Demographic Center (2018).

Prevalence of Mental Health Disorders and Related Conditions among El Paso County Children and Youth (2018)

Mental Health Condition – Children and Youth	Age Range	Prevalence
Total Population	6–17	160,000
Population in Poverty	6–17	90,000
All Mental Health Needs (Mild, Moderate, and Severe)	6–17	60,000
Mild	6–17	35,000
Moderate	6–17	15,000
Serious Emotional Disturbance (SED)	6–17	10,000
SED in Poverty	6–17	8,000
At Risk for Out-of-Home/Out-of-School Placement	6–17	800
Specific Disorders – Youth		
Depression	12–17	10,000
Bipolar Disorder	12–17	2,000
Post-Traumatic Stress Disorder	12–17	3,000
Schizophrenia	10–17	100
First Episode Psychosis (FEP)– New Cases per Year	12–17	30
Obsessive-Compulsive Disorder	6–17	3,000
Eating Disorders	12–17	700
Self-Injury/Harming Behaviors	12–17	8,000
Conduct Disorder	12–17	4,000
Number of Deaths by Suicide	0–17	<10
Specific Disorders		
All Anxiety Disorders	13-17	8,000
Population with 1 or 2 ACEs	0–17	85,000
Population with 3 or More ACEs	0–17	25,000

Children and Youth in Need by Care Setting (2018)

Children and Youth - Community Care Need by Setting	
Children and Youth with Mental Health Conditions	60,000
Need that Can Be Met in Integrated Care Settings	40,000
Need that Requires Specialty Settings	20,000
In Poverty Needing Specialty Care	8,000
Mental Health Rehabilitation/Intensive Care	6,000
Intensive Service Need (At Risk for Out of Home/School Placement)	800
Youth with Substance Use Disorders	2,000
Need that Can Be Met in Integrated Care Settings	1,000
Need that Requires Specialty Settings	1,000

Prevalence of Mental Health Disorders among El Paso County Adults (2018)

Mental Health Condition – Adults	El Paso County
Total Adult Population	610,000
Population in Poverty	260,000
All Mental Health Needs (Mild, Moderate, and Severe)	140,000
Mild	60,000
Moderate	55,000
Serious Mental Illness (SMI)	25,000
SMI in Poverty	15,000
Complex Needs without Forensic Need (ACT)	300
Complex Needs with Forensic Need (FACT)	200
Specific Diagnoses	
Major Depression	45,000
Bipolar I Disorder	3,000
Post-Traumatic Stress Disorder	20,000
Schizophrenia	3,000
First Episode Psychoses (FEP) Incidence – New Cases per Year (Ages 18–34)	80
Number of Deaths by Suicide	91

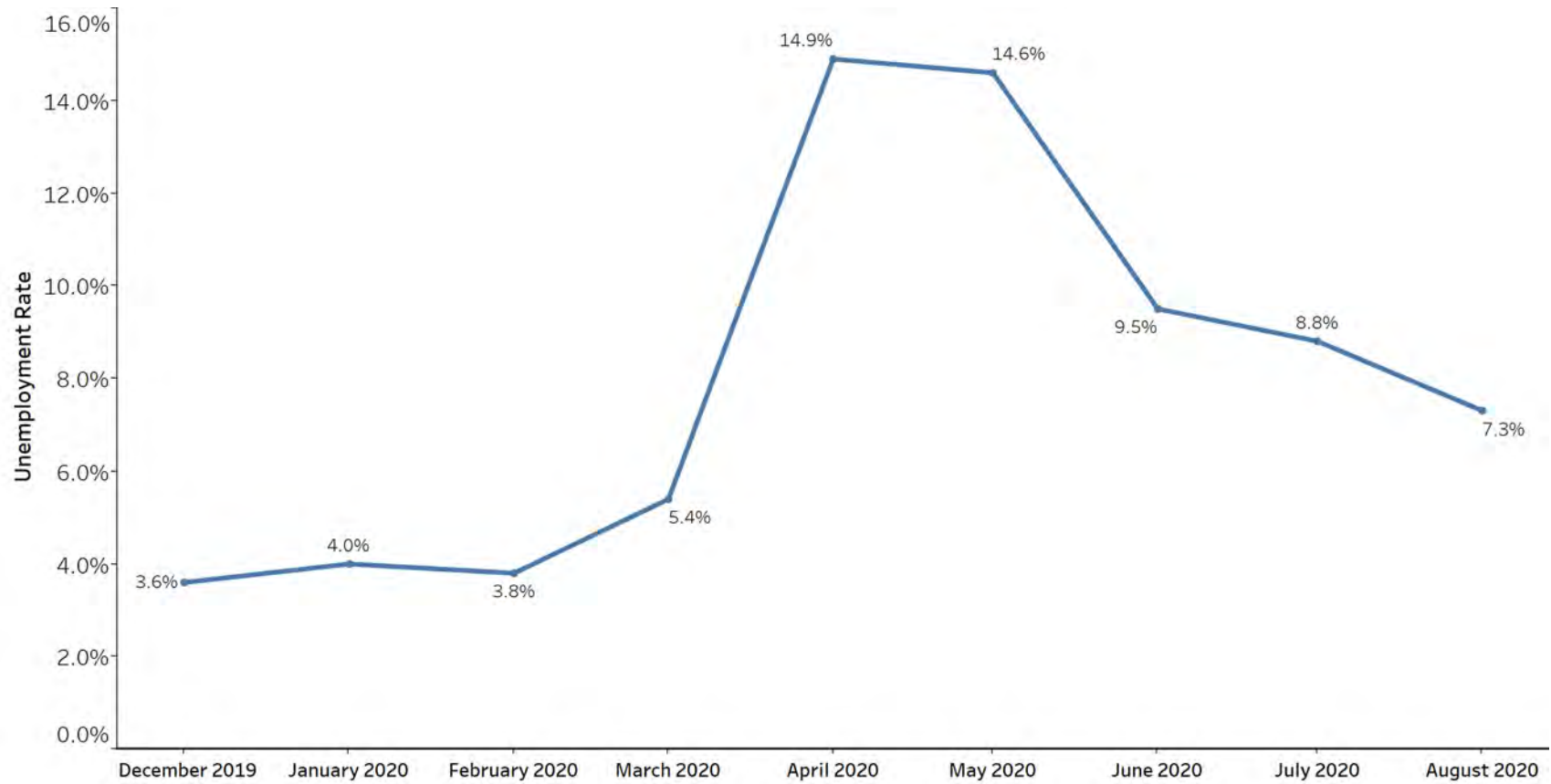
Adults in Need by Care Setting (2018)

Adults – Community Care Need by Setting	
Adults with Mental Health Conditions	140,000
Need That Can Be Met in Integrated Care	110,000
Need That Requires Specialty Setting	25,000
In Poverty Needing Specialty Care	15,000
Complex Needs without Forensic Need (ACT)	300
Complex Needs with Forensic Need (FACT)	200
Adults with Substance Use Disorders	40,000
Need That Can Be Met in Integrated Care	20,000
Need That Requires Specialty Setting	20,000



EFFECT OF COVID-19

El Paso County Unemployment Rate



Note: Bureau of Labor Statistics (2020).

Total Number of Individuals Served through Crisis Services (Aug. 2017 – May 2020)





ED AND INPATIENT HOSPITAL USE

Emergency Department Visits for Primary and Secondary Psychiatric Conditions and SUD – All Ages (2018)

Hospital	Psychiatric Visits	SUD Related Visits
Del Sol Medical Center	1,728	571
El Paso Children's Hospital	274	12
Las Palmas Medical Center	1,242	495
Providence Memorial Hospital	848	285
Sierra Medical Center	943	388
Sierra Providence East Medical Center	1,582	476
The Hospitals of Providence Transmountain Campus	873	365
University Medical Center of El Paso	1,563	700
All ED Visits	9,082	3,296

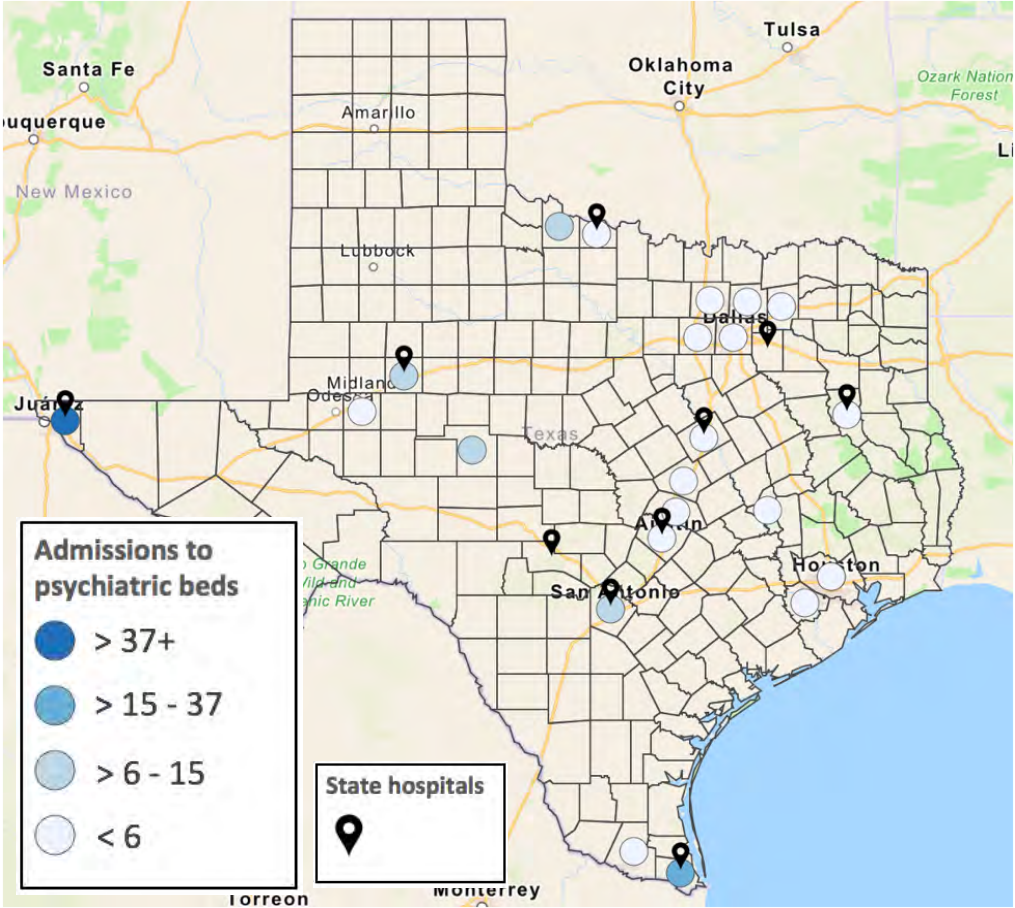
Note: Data were obtained from the Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records. Hospitals with a handful of behavioral health visits are not included. These hospitals were El Paso Specialty Hospital (six visits), and Foundation Surgical center of El Paso (27 visits, only 3 were SUD-related).

Physical Health ED Visits in El Paso County with Co-Occurring Psychiatric and Substance Use Disorders – All Ages (2018)

Rank	Primary Physical Health Diagnoses for Patients with Secondary Psychiatric Diagnoses	Primary Physical Health Diagnoses for Patients with Secondary SUD Diagnoses
	Top Physical Health Diagnoses (Number of Visits)	Top Physical Health Diagnoses (Number of Visits)
1	Sepsis (222)	Sepsis (72)
2	Urinary tract infection (167)	Alcoholic cirrhosis of liver with ascites (67)
3	Pneumonia (131)	Alcohol induced acute pancreatitis (48)
4	Other chest pain (131)	Alcoholic cirrhosis of liver without ascites (39)
5	Acute kidney failure (114)	Acute pancreatitis without necrosis or infection (31)

Note: Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records.

Admissions to Psychiatric Beds and Location of State Hospitals among El Paso County Residents (2018)



Note: Texas Health Care Information Collection (THCIC) January 2018 - December 2018 discharge records.

Local and Non-Local Psychiatric Bed Admissions from El Paso EDs, All Ages by Payer (2018)

El Paso EDs of Origin	Total Admissions	Medicaid	Medicare	Other Government	Self-Pay	Commercial Insurance
Sierra Medical Center						
to Local Psychiatric Bed	309	47%	12%	9%	0%	32%
to Non-Local Psychiatric Bed	26	31%	0%	8%	8%	54%
Del Sol Medical Center						
to Local Psychiatric Bed	150	27%	9%	3%	11%	51%
to Non-Local Psychiatric Bed	66	32%	5%	6%	14%	45%
Sierra Providence East Medical Center						
to Local Psychiatric Bed	280	35%	6%	7%	1%	51%
to Non-Local Psychiatric Bed	39	33%	0%	8%	10%	49%
Providence Memorial Hospital						
to Local Psychiatric Bed	240	38%	28%	3%	3%	28%
to Non-Local Psychiatric Bed	23	26%	0%	13%	13%	48%
University Medical Center of El Paso						
to Local Psychiatric Bed	297	27%	5%	3%	23%	42%
to Non-Local Psychiatric Bed	21	14%	5%	10%	24%	48%
Las Palmas Medical Center						
to Local Psychiatric Bed	132	37%	4%	5%	12%	42%
to Non-Local Psychiatric Bed	50	36%	4%	8%	10%	44%
El Paso Children's Hospital						
to Local Psychiatric Bed	25	40%	0%	8%	28%	24%
to Non-Local Psychiatric Bed	31	39%	0%	13%	3%	45%
The Hospitals of Providence Transmountain Campus						
to Local Psychiatric Bed	246	48%	7%	6%	1%	38%
to Non-Local Psychiatric Bed	15	20%	0%	7%	7%	67%

Note: Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records.

Admissions to El Paso Inpatient Psychiatric Beds by Payer (2018)

Hospital	Total Admissions	Medicaid	Medicare	Other Government	Self-Pay	Commercial Insurance
El Paso Behavioral Health System	5,953	46%	2%	12%	0%	40%
El Paso Psychiatric Center	686	0%	0%	0%	100%	0%
Providence Memorial Hospital	341	1%	89%	2%	4%	4%
Total Admissions to All Hospitals	6,980	40%	6%	10%	10%	34%

Note: Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records.

El Paso County Admissions for Primary Psychiatric Conditions and SUD (2018)

Hospital of Admission	Primary Psychiatric Diagnosis		Primary Substance Use Diagnosis	
	Admissions	Admissions with Secondary SUD Diagnoses	Admissions	Admissions with Secondary Psychiatric Diagnoses
All Admissions to El Paso County Beds	5,710	2,254	224	207
El Paso Psychiatric Center	634	0	<6	0
Providence Memorial Hospital	213	14	<6	0
El Paso Behavioral Health System	4,863	2,240	221	207
Admissions to Non-El Paso County Beds	119	19	<6	<6
All Admissions	5,829	2,273	<230	<215

Note: In addition to the 5,710 admissions with a primary psychiatric diagnosis and the 224 admissions with a primary SUD diagnosis, 132 admissions had a primary “other” diagnosis. These “other” diagnoses, although not psychiatric diagnoses, were those that are often the result of, or contribute to, psychiatric symptoms. These include diagnoses such as Alzheimer’s disease, open physical wounds, and carbon monoxide poisoning.

Data were obtained from the THCIC (January – December 2018) discharge records.

Admissions to El Paso Psychiatric Beds by Resident Status by Payer (2018)

Hospital	Total Admissions	Medicaid	Medicare	Other Government	Self-Pay	Commercial Insurance
El Paso Behavioral Health System						
Total Admissions	5,953	46%	2%	12%	0%	40%
Admissions by El Paso Residents	5,106	44%	2%	12%	0%	42%
Non-Local Admissions	847	62%	2%	10%	0%	26%
El Paso Psychiatric Center						
Total Admissions	694	0%	0%	0%	100%	0%
Admissions by El Paso Residents	649	0%	0%	0%	100%	0%
Non-Local Admissions	45	0%	0%	0%	100%	0%
Providence Memorial Hospital						
Total Admissions	354	1%	86%	2%	4%	3%
Admissions by El Paso Residents	311	1%	89%	2%	4%	4%
Non-Local Admissions	43	7%	84%	2%	2%	5%

Note: State Run facilities mark all payers as Self-Pay.

Top Primary Diagnosis Associated with El Paso Resident Admissions to Local and Non-Local Psychiatric Beds – All Ages (2018)

Rank	Admissions to Local Inpatient Beds N=6,066	Admissions to Non-Local Inpatient Beds N=126
	Top Primary Diagnoses (Admissions)	Top Primary Diagnoses (Admissions)
1	Schizoaffective disorder, bipolar type (1,103)	Schizophrenia (25)
2	MDD, recurrent severe without psychotic features (882)	Schizoaffective disorder, bipolar type (18)
3	Mood [affective] disorder (869)	Psychosis not due to substance or physiological condition (13)
4	MDD, recurrent, severe with psychotic symptoms (380)	MDD, recurrent severe without psychotic features (10)
5	Paranoid schizophrenia (260)	Bipolar disorder (7)
6	MDD, single episode, severe without psychotic features (256)	MDD, single episode (7)
7	Bipolar disorder; depressed, severe, without psychotic features (237)	Paranoid schizophrenia (<6)
8	Bipolar disorder; depressed, severe, with psychotic features (176)	Bipolar disorder; manic severe with psychotic features (<6)
9	MDD, single episode (161)	Chronic Post-traumatic stress disorder (<6)
10	Bipolar disorder, current episode manic severe with psychotic features (136)	Alcohol dependence (<6)

Note: MDD = major depressive disorder.

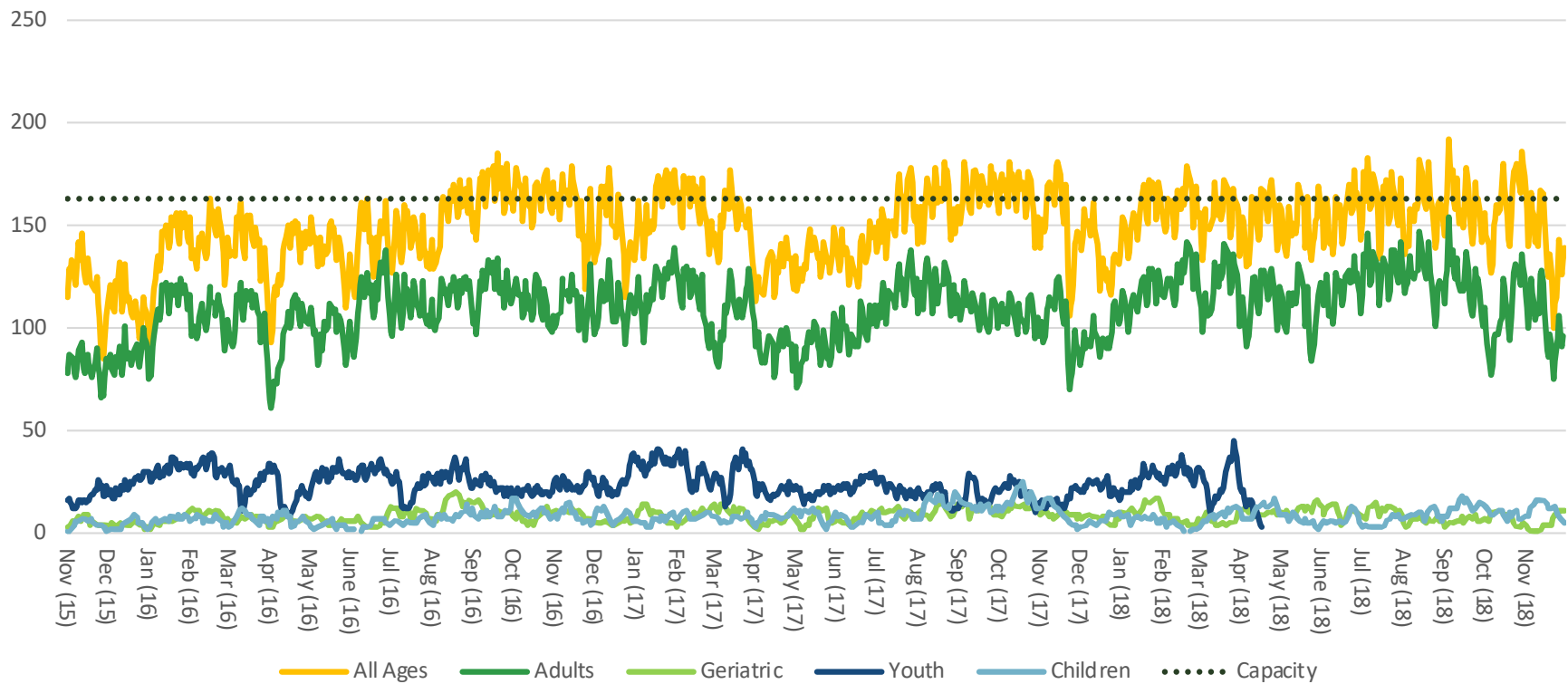
Average Daily Psychiatric Utilization and Capacity – El Paso County Psychiatric Beds (2018)

All Ages Utilization	El Paso Psychiatric Center	El Paso Behavioral Health System
Average Daily Utilization	46	153
Utilization as a Percentage of Capacity	62%	80%
Percentage of Days with 25% of Beds Open	81%	2%

Note: Texas Health Care Information Collection (THCIC) January 2018 – December 2018 discharge records. Providence Memorial Hospital had, on average, less than one person in a bed on any given day and did not report a psychiatric bed capacity to the Texas Hospital Association. Therefore, Providence Memorial Hospital was excluded from this calculation.

El Paso Behavioral Health System Utilization Versus Capacity (2015-2018)

El Paso Behavioral Health System



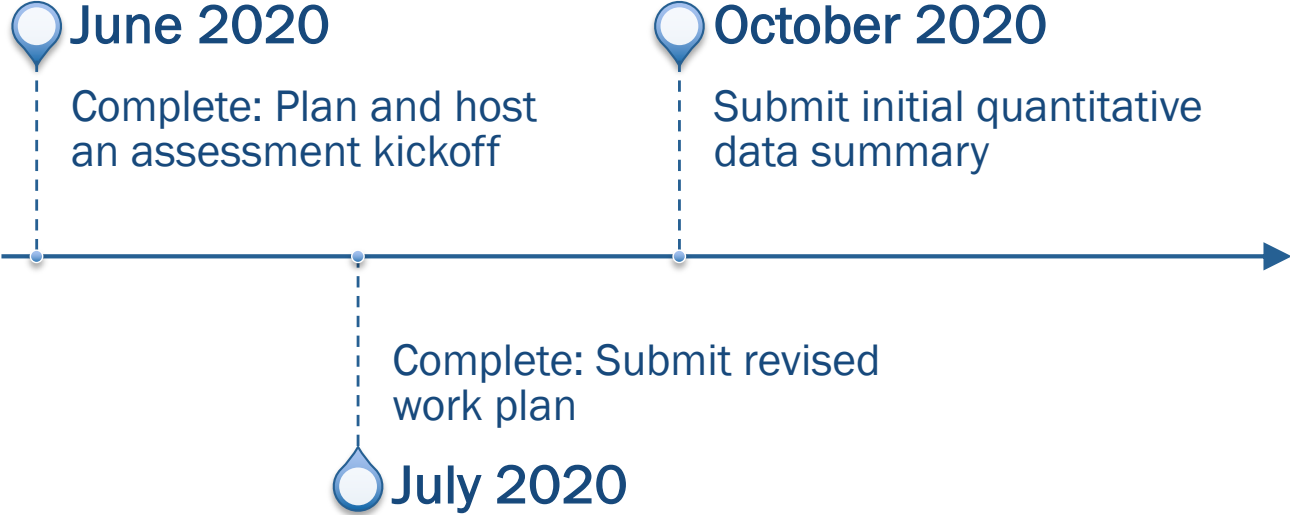


Questions/Discussion

Timeline 10 Months

Ongoing meetings

We host ongoing monthly meetings with you to provide updates on our progress and solicit feedback on the summary of draft recommendations and the draft report.



Timeline cont.



MMHPI Project Leadership

Name	Role
Melissa Rowan	Project Director and main point of contact mrowan@mmhpi.org
John Petrila	Project Advisor
Gary Blau	Senior Leader for Children's Mental Health
Kyle Mitchell	Project Lead for Crisis Response System and Overall Access to Services
Victoria Walsh	Project Lead for Children's Mental Health System
Marilyn Headley	Project Manager



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System Assessment Implementation Group Progress Update

October 29, 2020
