









Building the Ideal Behavioral Health System Together LC3 Monthly General Meeting Hybrid 1.16.2024

January 16th, 2024 - FYI+ (Solano)



Land Acknowledgment Statement

Today, In Las Cruces, New Mexico

We are on the ancestral and current homelands of the Warm Springs Apache of the Chiricahua Apache Nation, the Mescalero Apache, the Piro, Manso, Tigua, Tortugas, Pueblo, and the Mexica. We are in the Chihuahua Desert below the Organ Mountains and along the Rio Grande River, the lands and waters that sustain us. We acknowledge these lands and encourage you to learn more about and support the work of their original and current caretakers.





The Agenda:

Time Slots:	Agenda Topic
1130-1145a	Welcome & Recaps!
1145a-12p	A Message & Presentation: Doña Aa County's Sergeant John Signore: First Responder Conference
12p - 12:45p	988 Presentation with Jess Spohn of Vibrant Emotional Health
1245p - 1p	Wrap-up & Community Announcements

Meet the Team: LC3 & ICS



Tenika	Logan	Javier	Deandra
Sosa-Gonzalez, Director of Community Solutions & Impact She, Her, Hers	Howard, Manager of Community Impact He, Him, His	Guerrero, ICS Community Coordinator He, Him, His	Rodriguez, ICS Community Coordinator She, Her, Hers

LC3 Meets every 3rd Tuesday of the month from 11:30am-1pm Hybrid (Zoom) & in-person FYI+, 1320 S Solano Drive Las Cruces NM

Meet the Team: Our Interns





LC3 Meets every 3rd Tuesday of the month from 11:30am-1pm Hybrid (Zoom) & in-person FYI+, 1320 S Solano Drive Las Cruces NM

WHAT IS ICS? INNOVATIVE COMMUNITY SERVICES



ICS (INNOVATIVE COMMUNITY SERVICES) IS A DIVISION WITHIN FYI+. WE FOCUS ON SYSTEM FOCUSED SOLUTIONS WITHIN OUR COMMUNITY AND REGION DOWN HERE IN SOUTHWEST NEW MEXICO. WE ARE THOUGHT LEADERS, CONVENERS, STRATEGISTS, ADVOCATES AND PROJECT COORDINATORS. WE LEAD VARIOUS PROGRAMS AND INITIATIVES BRINGING STAKEHOLDERS TOGETHER TO SOLVE SYSTEMIC ISSUES AT COMPLEX SOCIAL JUSTICE INTERSECTIONS. LC3 HAS NOW BEEN INCLUDED UNDER ICS.

FAMILIES AND YOUTH INNOVATIONS PLUS (FYI+) HAS BEEN A RELIABLE REGIONAL PARTNER IN BEHAVIORAL HEALTH SYSTEMS AND A MAJOR PROVIDER OF VITAL YOUTH AND FAMILY SERVICES IN SOUTHERN NEW MEXICO FOR 42 YEARS.

GAME CHANGER STRATEGIES

Supportive Housing

LC3 Collaborative will ensure integrated housing and community supports will advance better outcomes for behavioral health clients.

Advocacy & Access

LC3 Collaborative will seek to increase access and engage client advocates to support an integrated service support journey for behavioral health clients.

Children & Families

LC3 Collaborative will collaborate with educational and service provider partners to ensure children and their families have access to integrated behavioral health services. 2022-2025 Impact: Build an integrated community approach to affordable, supportive, transitional and long-term housing for behavioral health clients living with serious mental illness and interacting with the judicial system.

2022-2025 Impact: Increase the number of peer support workers, navigators and/or community workers, and pilot a centralized communications database providing real-time information about a person in the behavioral health system.

2022-2025 Impact: Increase coordination of treatment and care plans for clients resulting in better continuity of care.

Our Vision

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

2024 LC3 BOARD







2024 LC3 MONTHLY SCHEDULE

JAN	FEB	MAR	APR	MAY
General Meetings: 1.16.24 (Tuesday;1130a-1p)	General Meetings: 2.20.24 (Tuesday;1130a-1p)	General Meetings: 3.19.24 (Tuesday;1130a-1p)	General Meetings: 4 .16.24 (Tuesday;1130a-1p)	General Meetings: 5.21.24 (Tuesday;1130a-1p)
JUN	JUL	AUG	SEPT	ОСТ
General Meetings: 6.18.24 (Tuesday;1130a-1p)	General Meetings: 7.16.24 (Tuesday;1130a-1p)	General Meetings: 8.20.24 (Tuesday;1130a-1p)	General Meetings: 9.17.24 (Tuesday;1130a-1p)	General Meetings: 10.15.24 (Tuesday;1130a-1p)
NOV	DEC	*PLEASE NOTE THAT EVENTS AND DATES ARE SUBJECT TO CHANGE AND UPDATES WILL BE SENT OUT AS THE YEAR GOES ON* *SEPERATE EVENT AND TRAINING SCHEDULE WILL BE COMING SOON TO YOUR INBOX!		
General Meetings: 11.19.24 (Tuesday;1130a-1p)	General Meetings: LC3 Annual Meeting (Date TBD)			LC





Video Coming Soon!

STAY TUNED!























Sergeant John Signore He, Him, His

Doña Ana County Sheriff's Office

Originally from Boston Massachusetts, and the proud father of two adult children and grandson.

"I moved to Las Cruces in 2007 and have worked for the Dona Ana County Sheriff's Office for 16 years. Aside from working Patrol Operation for most of those years, I have also been on the hostage negotiation team as well as a Field Training Officer.

In January 2023, I took the position of the Crisis Intervention Training /Wellness Sergeant based out of our Motel Blvd office. I am a leader on our in house DASO PEER Support Team, Crisis Intervention De-brief Team and assist with other wellness programs for DASO. I am part of the Sequential Intercept Model Task Force which was established in 2002. I am also a certified Crisis Intervention Training Instructor for all DASO sworn Law Enforcement personnel."







The Dona Ana County Sheriff's Office is hosting the 1st Responder Mental Health & Wellness Conference March 7th – 8th , 2024 in El Paso. (Texas and NMLEA Accredited).

Ist Responder Conferences is committed to the emotional, physical, and overall well-being of public safety professionals, and work with leaders in the public safety professions to make this possible.

Our two-day multifaceted training and networking events are for all 1st Responders, Police, Fire, EMS, Dispatchers, Military/Veterans, Probation/Parole, Corrections, Coroners, Chaplains, Retired First Responders, Spouses, Professional staff, Clinicians, and all those who work in or around the Public Safety field.

Below you will find the basic information letter and conference flyer with registration links and information on the other speakers.

Please take the opportunity to review the Basic Information Letter where you can find the registration as well as other endorsing and sponsoring tools if you wish to have more involvement and benefits for your agency

Also see 1st Responder Conferences at website http://www.1strc.org/

There will be two days of speakers and networking along with additional resource booths surrounding the event. Continental breakfast and lunch for two days will be included along with a networking social the first evening.

We hope you have the opportunity to attend and take some wellness tools back to your agency.



Vibrant Emotional Health



Jess Spohn They, Them, Theirs Jess Spohn currently serves as the MCT Program Manager for Vibrant Emotional Health's Crisis Continuum department and focuses on expanding equitable access to Mobile Crisis and Alternative Response teams by 988 Lifeline Centers across the states and territories for intersecting populations. Jess identifies as nonbinary, queer, and neurosparkly, using they/them pronouns or their name. They practice with independent licensure in New Mexico for Social Work and Addictions Counseling, hold Master's degrees in Public Health and Social Work, and will graduate with a Doctorate of Social Work from Simmons University in 2025. Jess has over a decade of experience in behavioural health settings with a variety of identities. Jess specializes in leadership and supervision, crisis care, addictions, LGBTQIA+, and severe mental illness.









988: National Data & Crisis Continuum Updates

Presented by: Jess Spohn, LCSW, LADAC, MPH

12/12/2023



Disclaimer Statement

Funding for this presentation was made possible (in part) by SAMHSA. The views expressed in written materials or publications and by speakers and moderators do not necessarily reflect the official policies of the Department of Health and Human Services, nor does the mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.



♥ Ă ' V A

Agenda:

- Overview of Vibrant & 988
- National 988 Data & Statistics
 988 Subnetworks
- Crisis Continuum
 - 911 Engagement
 - Mobile Crisis Teams (MCT)
- Q&A



Who is Vibrant Emotional Health?

- National nonprofit
- Previously known as the Mental Health Association of NYC
- Operates:
 - 988 Suicide & Crisis Lifeline, formerly the National Suicide Prevention Lifeline
 - Disaster Distress Helpline
 - NFL Lifeline
 - NY: BRAVEline, HOPEline, & others



What is 988?

- A result of the *National Suicide Hotline Designation Act of 2020*, 988 launched in July 2022
- The 988 Suicide & Crisis Lifeline provides free and confidential emotional support to people in crisis or emotional distress 24/7 across the US States and Territories
 - "988 is designated as the universal telephone number within the United States for the purpose of the national suicide prevention and mental health crisis hotline system operated through the National Suicide Prevention Lifeline."
 - Individuals of any age can call, text, or chat trained crisis counselors
- Administered by Vibrant Emotional Health & funded by the Substance Abuse and Mental Health Services Administration (SAMHSA)



988 Suicide & Crisis Lifeline

- Currently, there are over 210 independently operated Lifeline Contact Centers across the US, covering all states and territories
- Centers can take calls, texts, chats, or a combination of the three
 - Backup Centers
 - Connected according to care seeker's area code
- Four subnetworks:
 - Press 1 for Veterans
 - Press 2 for Spanish
 - Press 3 for LGBTQI+ Youth (ages 25 & under)
 - Press 4 for Native & Strong (WA state only, pilot)
- ASL services for people who are Deaf and Hard of Hearing



988 National Data & Statistics

- In the first year of 988 (July 2022-June 2023):
 - 5 million contacts answered (increase of 2M contacts from previous year)
 - Wait times reduced from 2 minutes and 39 seconds to **41 seconds**
 - Change in volume of contacts received:
 - Calls: 46% increase
 - Chats: 141% increase
 - Texts: 1,135% increase





Minimize [re] traumatization of the individual in crisis

Encouraging trauma-responsive community interventions that are the least-restrictive option, including: avoiding law enforcement interaction where possible, emphasizing informed consent, and empowered/participatory decision-making

988/911 Engagement

Working with local law enforcement agencies, public safety answering points (PSAPs), and 988 Contact Centers on exploring 911 diversion programs and other forms of collaboration through practice models, formalized agreements, and strengths & challenges.



Inclusive of diverse identities, experiences, and perspectives

Intentionally ensuring active, early and ongoing inclusion of a variety of voices and ideologies in our processes and objectives. Constant reflection of positionality and power dynamics in all invited spaces.

Development of promising models and trainings

Serving as subject matter experts to facilitate and create standards of practice, guidance documents, templates, trainings, and service delivery frameworks that are transferable to any community and situation.

Strong collaboration and clear communication with external & internal partners

We love to collaborate and work together to provide the most consistent and best quality services to individuals in crisis!



Current Initiatives within 911 Engagement





Mobile Crisis Efforts Nationwide

- Working with 988 Contact Centers and their local crisis response teams
- Goal to expand equitable access to MCT services via 988 Contact Centers for individuals experiencing crisis nationwide
- Building and strengthening formalized relationships between 988 and MCTs
- 988 Contact Center & MCT Connections Summit held on December 6-7, 2023 in Rockville, MD
 - Summit purpose & objectives
 - Number of states represented & diverse agency affiliations
 - Highlights of activities and discussion topics





Questions?

Thank you!

Jess Spohn, Program Manager (MCT) jspohn@vibrant.org



A Quick Message from:

Sherri Rhoten

LC3 - Board Member Executive Director NAMI-SNM





Next LC3 General Meeting: WHEN: Tuesday, February 20, 2024

WHERE: 1320 S Solano Dr, Las Cruces NM 88001



CONTACT INFO: JAVIER GUERRERO HE, HIM, HIS ICS COMMUNITY COORDINATOR, FYI+ 🖻 EMAIL: JGUERRERO@FYINM.ORG

Section 2017 Contract Section 2017 Contract Secti



Want to be added to our mailing list? Sign up at: www.tinyurl.com/LC3ML

RSVP For February's LC3 Public General Meeting at www.tinyurl.com/LC3(GENFER



LC3 General

