

JANUARY NEWSLETTER

THE NEW YEARS ISSUE



LC3

Our Vision

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

The Highlights:

- **2024 Calendar Year**
- **Recognitions & Coming Soon**
- **Guest Speakers of the month!**
- **Highlights, Shout-Outs & Announcements!**



January LC3 General Meeting

In case you missed it, you can click below to view January's meeting presentation!

CLICK HERE



Next LC3 Meeting:

WHEN:

Tuesday, February 20, 2024

WHERE:

1320 S Solano Dr, Las Cruces
NM 88001 (HYBRID)

RSVP Here!

Or go to www.tinyurl.com/LC3febgeneral



CONTACT INFO:

JAVIER GUERRERO

HE, HIM, HIS
ICS COMMUNITY COORDINATOR, FYI+



EMAIL: JGUERRERO@FYINM.ORG



OFFICE: 575-202-6987

2024 LC3 MONTHLY SCHEDULE

JAN

General Meetings:

1.16.24
(Tuesday; 1130a-1p)

FEB

General Meetings:

2.20.24
(Tuesday; 1130a-1p)

MAR

General Meetings:

3.19.24
(Tuesday; 1130a-1p)

APR

General Meetings:

4.16.24
(Tuesday; 1130a-1p)

MAY

General Meetings:

5.21.24
(Tuesday; 1130a-1p)

JUN

General Meetings:

6.18.24
(Tuesday; 1130a-1p)

JUL

General Meetings:

7.16.24
(Tuesday; 1130a-1p)

AUG

General Meetings:

8.20.24
(Tuesday; 1130a-1p)

SEPT

General Meetings:

9.17.24
(Tuesday; 1130a-1p)

OCT

General Meetings:

10.15.24
(Tuesday; 1130a-1p)

NOV

General Meetings:

11.19.24
(Tuesday; 1130a-1p)

DEC

General Meetings:

LC3 Annual Meeting
(Date TBD)

*PLEASE NOTE THAT EVENTS AND DATES ARE SUBJECT TO CHANGE AND UPDATES WILL BE SENT OUT AS THE YEAR GOES ON. *SEPERATE EVENT AND TRAINING SCHEDULE WILL BE COMING SOON TO YOUR INBOX!

COMING SOON!

- February LC3 General Meeting Agenda coming out soon!
- LC3 has many trainings, events, community events, etc., planned! Stay tuned for our next set of trainings (CEUs offered)! If you know someone that is in need of CEU's have them subscribe for future opportunities at www.tinyurl.com/LC3ML to join our mailing list.
- Missed the LC3 Annual meeting this past December? Keep an eye out for our recap video and slideshow! Sign up for our mailing list now at www.tinyurl.com/LC3ML
- Check out the Paso Del Norte website to check out our past events and meeting slides, flyers and materials now at www.healthypasodelnorte.com/lc3

A big thanks to our 2023 Action Team Panel!

The 2023 Advocacy & Access Panel



Paul Ford
LCFD



Enrique Mata
PdN
Meadows Inst.



Jamie Michael
DA County



Amy Himelright
LCPS

The 2023 Supportive Housing Panel



Al Galves
Psychiatrist
CSC



Josue Lachica
PdN
Meadows Inst.



Gary Housepian
DRNM



Lisa Howley
NMBHSD

A big thanks to our January speakers!



Jess Spohn

Vibrant Emotional Health: Program Manager (MCT), LCSW, LADAC, MPH

They, Them, Theirs

988 SUICIDE & CRISIS LIFELINE

Vibrant Emotional Health

Jess Spohn currently serves as the MCT Program Manager for Vibrant Emotional Health's Crisis Continuum department and focuses on expanding equitable access to Mobile Crisis and Alternative Response teams by 988 Lifeline Centers across the states and territories for intersecting populations. Jess identifies as nonbinary, queer, and neurosparkly, using they/them pronouns or their name. They practice with independent licensure in New Mexico for Social Work and Addictions Counseling, hold Master's degrees in Public Health and Social Work, and will graduate with a Doctorate of Social Work from Simmons University in 2025. Jess has over a decade of experience in behavioural health settings with a variety of identities. Jess specializes in leadership and supervision, crisis care, addictions, LGBTQIA+, and severe mental illness.



Sgt John Signore

Dona Ana County Sheriff's Office - CIT/Wellness

He, Him, His



Originally from Boston Massachusetts, and the proud father of two adult children and a grandson. "I moved to Las Cruces in 2007 and have worked for the Dona Ana County Sheriff's Office for 16 years. Aside from working Patrol Operation for most of those years, I have also been on the hostage negotiation team as well as a Field Training Officer. In January 2023, I took the position of the Crisis Intervention Training /Wellness Sergeant based out of our Motel Blvd office. I am a leader on our in house DASO PEER Support Team, Crisis Intervention Debrief Team and assist with other wellness programs for DASO. I am part of the Sequential Intercept Model Task Force which was established in 2002. I am also a certified Crisis Intervention Training Instructor for all DASO sworn Law Enforcement personnel."

First Responder Conference

Information from 1stRC:

“Our two-day multifaceted training and networking events are for all 1st Responders, Police, Fire, EMS, Dispatchers, Military/Veterans, Corrections, Coroners, Chaplains, Retired First Responders, Spouses, Professional staff, Clinicians, and all those who work in or around the Public Safety field. 1st Responder Conferences is committed to the emotional, physical, and spiritual well-being of public safety professionals and we work with leaders in the public safety professions to make this possible. We recognize that first responders are our greatest asset, and we feel it is our responsibility to create a climate that supports wellness and resiliency. We are dedicated to promoting awareness surrounding the difficulties of the profession and inspiring conversations that minimize the stigma associated with the stress our first responders’ experience. We provide education, mental health tools and resources for agencies, individuals, and family members. Our mission is to improve the quality of life for all who dedicate themselves to protecting and serving others. 1st Responder Conferences partners with nonprofit organizations like First H.E.L.P. and ICISF. We work together to make sure all first responders get the resources they need to live a happy and healthy life!”

Click to learn more! Or go to www.1strc.org

CLICK HERE



Upcoming...

1ST RESPONDER MENTAL HEALTH & WELLNESS CONFERENCE

Presented by 1st Responder Conferences

March 7-8, 2024
8 AM - 4 PM

Co-hosted by
Dona Ana County Sheriff's Office

Endorsed by
El Paso Fire Department
Cypress Creek Fire Rescue
Texas Line of Duty Death Task Force



Registration is \$360
(plus clearance fees)
Registration is required



Our two-day multifaceted training and networking events are for all 1st Responders, Police, Fire, EMS, Dispatchers, Military/Veterans, Corrections, Coroners, Chaplains, Retired First Responders, Spouses, Professional staff, Clinicians, and all those who work in or around the Public Safety field.

- Certificate of attendance will be available for self-submittal
- Texas Commission on Fire Protection (TCFP) credits will also be available – 14 hours, CE Units Earned: 1.6, Level II Training
- Central Texas RAC is recognized as a Texas Department of State Health Services provider of continuing education (Course Number 60095) and its activity is recognized through Central Texas RAC as an ongoing Continuing Education Program qualifying for continuing education. It is the individual's responsibility to retain documentation of attendance and claim only those hours actually attended. Central Texas RAC assigns 14.0 hours of CE for this program.
- New Mexico Law Enforcement Academy – approved # NM23069
- Texas Law Enforcement: "Complete attendance of both days of the conference will be eligible for 10 TCOLE training hours"

Partners and Sponsors:



Visit our website for more information and to register: www.1strc.org

January

Special Shoutout to our Interns:



Cecilia
Mendez,
FYI+ Intern
NMSU MPH/MSW



Ahmed
Mohammed, M.D.,
FYI+ Intern
NMSU MPH/MSW



Katie
McPeck,
FYI+ Intern
NMSU BSW

FYI+

Recognition



Al Galves
Psychiatrist
He, Him, His

Recently Al conducted a presentation to the La Clinica De Familia (LCDF) Board in regards to the Soteria House Initiative. Great job in advocating for supportive housing! Together, with your energy, we can spark and create change within New Mexico and further the filling of the gaps in behavioral health!

Help & Hope in New Mexico

988

Help is Three Numbers Away:
Call / TEXT / or CHAT 988

988: The 24/7 Lifeline for Emotional, Mental or Substance Misuse Support.

HOW IT WORKS:

- Press 1 to connect with the Veterans Crisis Line
- Press 2 to connect with the Spanish Network
- Remain on the line & be connected to a local crisis center

TEXT OR CHAT:
Text "TALK" to 988 & be connected to crisis centers equipped to respond.

Chat is available through the Lifeline's website:
988.org/chat

988nm.org

Find us on:

Visit FYI's Website

Our Partners

PASO DEL NORTE HEALTH FOUNDATION
FUNDED BY

CENTER OF INNOVATION
TRAINING PARTNER

UNITE NEW MEXICO
COMMUNITY PARTNER