

LC3 Behavioral Health Collaborative

Powered By: **FYI+**
Backbone Agency

Funded By: 
PASO DEL NORTE
HEALTH FOUNDATION



Training
Partners:



Serna Solutions
EXCLUSIVE TRAINING



National Latino
Behavioral Health Association **NLBHA**

LAND ACKNOWLEDGMENT STATEMENT

Today, In Las Cruces, New Mexico

We are on the ancestral and current homelands of the **Warm Springs Apache of the Chiricahua Apache Nation, the Mescalero Apache, the Piro, Manso, Tigua, Tortugas, Pueblo, and the Mexica.** We are in the Chihuahuahua Desert below the Organ Mountains and along the Rio Grande River, the lands and waters that sustain us. We acknowledge these lands and encourage you to learn more about and support the work of their original and current caretakers.



The Agenda:

TIME SLOTS:

AGENDA TOPIC

11:30AM-11:45AM

INTRO, RECAPS & GENERAL LC3

11:45AM-12PM

GUEST SPEAKERS: HEART & SOUL OF LAS CRUCES

12PM-12:45PM

GUEST SPEAKERS: THE OPIOID ADVISORY COMMITTEE

1245PM-1PM

SURVEY, CLOSING STATEMENTS, COMMUNITY ANNOUNCEMENTS

OUR VISION

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.



LC3 Behavioral Health
Collaborative

OUR TEAM: LC3 & ICS



TENIKA
Sosa-Gonzalez,
Director of
Community
Solutions & Impact
She, Her, Hers



JAVIER
Guerrero,
ICS Community
Coordinator
He, Him, His



LOGAN
Howard,
Manager of
Community
Impact
He, Him, His



DEANDRA
Rodriguez,
ICS Community
Coordinator
She, Her, Hers

OUR INTERNS:



AHMED
Mohammed, M.D.
FYI+ Intern
NMSU MPH/MSW
He, Him, His



CECILIA
Mendez,
FYI+ Intern
NMSU MPH/MSW
She, Her, Hers



KATIE
McPeck,
FYI+ Intern
NMSU BSW
She, Her, Hers



HOPE
Brigham,
FYI+ Intern
NMSU MPH
She, Her, Hers

**LC3 MEETS EVERY 3RD TUESDAY OF THE MONTH FROM 11:30AM-1PM
HYBRID (ZOOM) & IN-PERSON FYI+, 1320 S SOLANO DRIVE LAS CRUCES NM**

WHAT IS ICS?

INNOVATIVE COMMUNITY SERVICES



ICS (INNOVATIVE COMMUNITY SERVICES) IS A **DIVISION WITHIN FYI+**. WE FOCUS ON SYSTEM FOCUSED SOLUTIONS WITHIN OUR COMMUNITY AND REGION DOWN HERE IN SOUTHWEST NEW MEXICO. **WE ARE THOUGHT LEADERS, CONVENERS, STRATEGISTS, ADVOCATES AND PROJECT COORDINATORS.** WE LEAD VARIOUS PROGRAMS AND INITIATIVES BRINGING STAKEHOLDERS TOGETHER **TO SOLVE SYSTEMIC ISSUES AT COMPLEX SOCIAL JUSTICE INTERSECTIONS.** LC3 HAS NOW BEEN INCLUDED UNDER ICS.

FAMILIES AND YOUTH INNOVATIONS PLUS (FYI+) HAS BEEN A RELIABLE REGIONAL PARTNER IN BEHAVIORAL HEALTH SYSTEMS AND A MAJOR PROVIDER OF VITAL YOUTH AND FAMILY SERVICES IN SOUTHERN NEW MEXICO FOR 42 YEARS.



LC3



FYI+

FYI+ IS THE *BACKBONE AGENCY FOR LC3.*

WHILE FYI+ AND LC3 MAINTAIN *SEPARATE VISIONS & MISSIONS*, FYI+ PROVIDES FISCAL AND BACKBONE SUPPORT TO ENSURE THAT COLLECTIVE IMPACT EFFORTS MAINTAIN MOMENTUM WHILE SERVING INITIATIVES AND COORDINATING PARTICIPATING ORGANIZATIONS AND AGENCIES.

STANFORD SOCIAL INNOVATION REVIEW



GAME CHANGER STRATEGIES



Supportive Housing

LC3 Collaborative will ensure integrated housing and community supports will advance better outcomes for behavioral health clients.

2022-2025 Impact: Build an integrated community approach to affordable, supportive, transitional and long-term housing for behavioral health clients living with serious mental illness and interacting with the judicial system.



Advocacy & Access

LC3 Collaborative will seek to increase access and engage client advocates to support an integrated service support journey for behavioral health clients.

2022-2025 Impact: Increase the number of peer support workers, navigators and/or community workers, and pilot a centralized communications database providing real-time information about a person in the behavioral health system.



Children & Families

LC3 Collaborative will collaborate with educational and service provider partners to ensure children and their families have access to integrated behavioral health services.

2022-2025 Impact: Increase coordination of treatment and care plans for clients resulting in better continuity of care.



LC3 BOARD MEMBERS



Board Chair

PAUL FORD

MIH / LCFD
Action Team Co-Chair
Advocacy & Access
2020 - 2026



MONTEVIS PRICE

Veterans Association

2024 - 2027



Action Team Co-Chair
Children & Families

MELISSA ONTIVEROS

Community Action Agency SNM
2020 - 2026



Board Vice-Chair

CAROL KANE

Oxford House
Action Team Co-Chair
Supportive Housing
2024 - 2027



KRISTIN DRAKE

Peak Behavioral Health

2022 - 2026



LESLEY KING-

STEWART

Mesilla Valley Hospital
2023 - 2026



Member at Large

JULIE MOLINA

FYI+

2020 - 2026



MARIANNE

HERNANDEZ

CYFD

2020 - 2026



Board Secretary

SHERRI RHOTEN

NAMI-SNM

2024 - 2027





Quick Survey: Future Trainings - Brian Serna Solutions

tinyurl.com/LC3Serna



Local Collaborative 3

LC3 ANNUAL MEETING



LC3

SPECIAL GUEST SPEAKERS



AMANDA VACARRO
SHE, HER, HERS
HEART & SOUL

Amanda Vaccaro is a licensed and registered Occupational Therapist, who has practiced in New Mexico and Arizona over the last 3 years. She was recently hired with Heart & Soul to provide occupational therapy services, as well as provide CSS services to the Las Cruces area. She graduated with her Doctorate in Occupational Therapy from A.T. Still University in 2020. She has worked in a variety of settings such as skilled nursing, hospitals, and outpatient clinics. At Heart & Soul, she hopes to use her training as an OT to promote physical, emotional, and spiritual wellbeing to their clients.

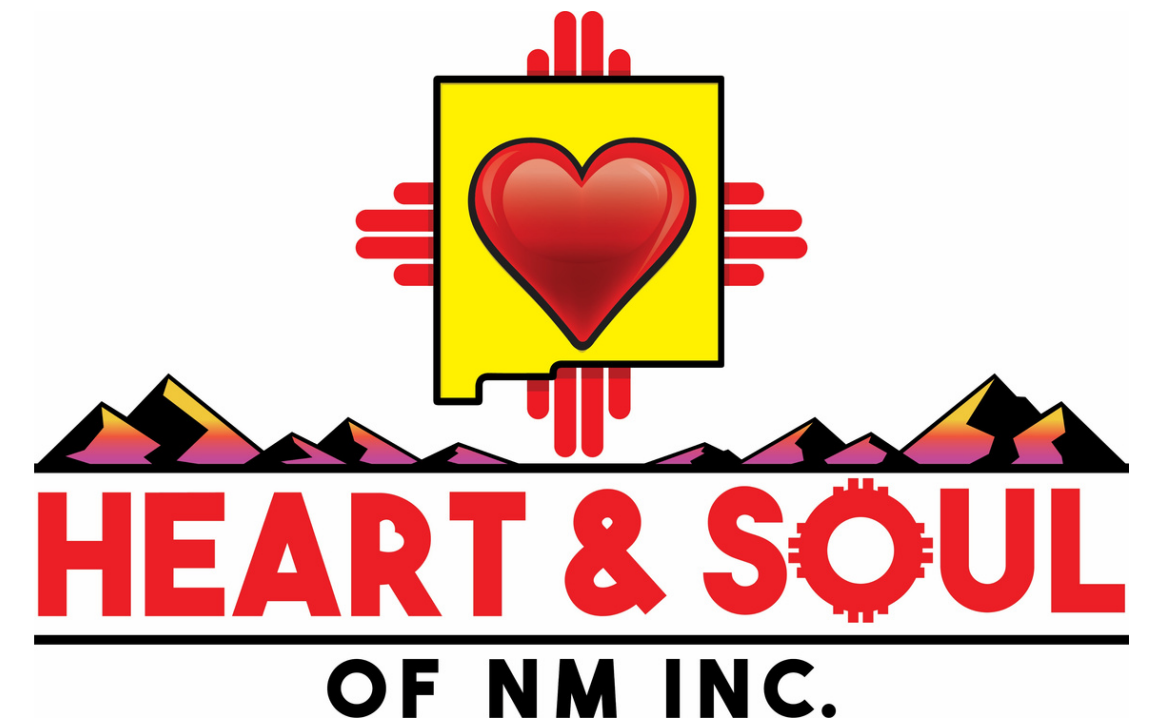
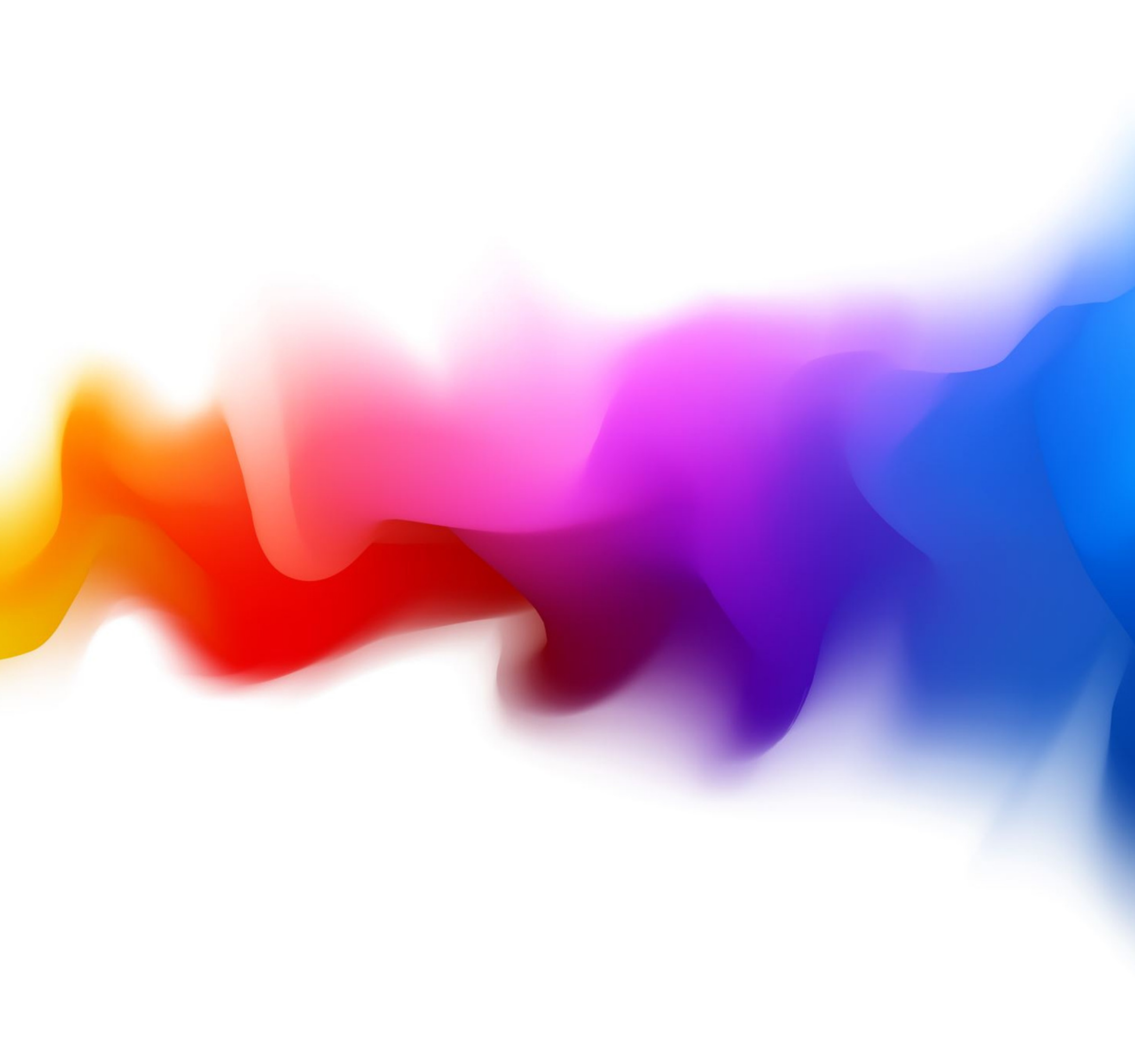


CAITLIN TALTY
SHE, HER, HERS
HEART & SOUL

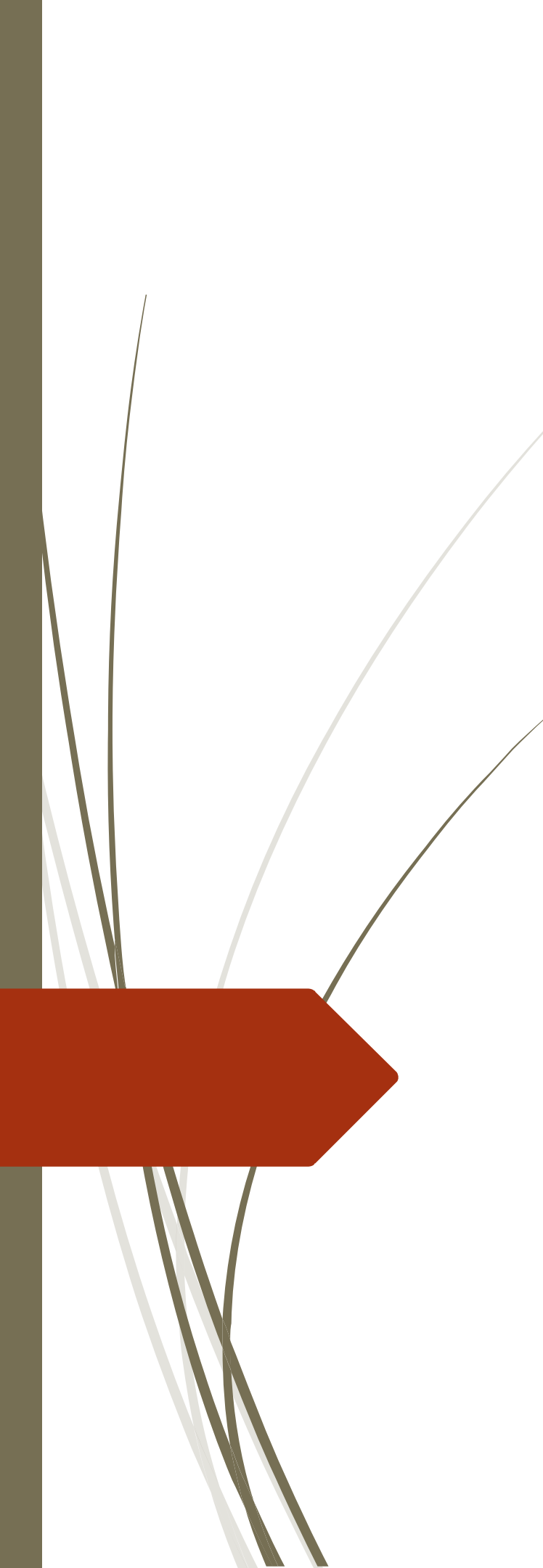
Caitlin Talty is a Licensed Clinical Social Worker who has practiced in New Mexico over the last three years. She graduated with a Masters of Social Work in 2018 from Western New Mexico University. She currently provides individual and family therapy at Heart and Soul of New Mexico, working with both adolescents and adults, and also serves as a group facilitator for the New Way of Life group. Prior to clinical work, she built experience in case management at a community health agency, and worked with Juvenile Justice Services in Grant County as a facilitator for their Community Youth Building Project. Before that, you may have seen her as a local barista, serving the community in a different, but very important way.

HEART & SOUL OF NM






Heartsoulofnm.com
505-312-0040



Heart & Soul of NM, Inc is a for-profit, outpatient, behavioral health agency

We opened our doors over 10 years ago with the hope of being a support to CYFD-referred parents in Valencia County. Now, we are a vendor for CYFD assisting Valencia, Bernalillo, Sandoval, and Torrance Counties in addition to self-referred clients/patients throughout the state.



Our mission has always been to support New Mexicans moving their lives forward through a number of services...

- Therapy
- Psychiatry
- Comprehensive Community Support Services



Therapy services...

- Individual therapy- ages 16+
- Co-parenting therapy/ Individualized curriculum
- Reunification therapy
- Group Therapy
 - Healthy Relationships
 - Parenting
 - College Toolkit
 - Substance use groups (mini-IOP/ not an official IOP- yet ✕)
 - Anger management
 - Life skills



Psychiatric Services

- Our team of Psychiatric Mental Health Nurse Practitioners offer evaluations and medication management for several issues...
- Depression
- Bipolar
- Anxiety
- ADHD
- Sleep
- And more



Comprehensive Community Support Services...

- Enhanced case management in which a client is matched with a Community Support Worker to offer hands-on help with several issues. Criteria for services are:
 - Must have Medicaid (Medicaid-paid service)
 - Must live in Bernalillo, Valencia, Sandoval, or Dona Ana Counties
 - Must meet diagnostic criteria and that diagnosis must be leading to impairment in one of the following areas...
- Independent Living- organization, housing, life management, parenting, etc
- Working- working-related issues, obtaining employment, etc
- Learning- strategies for learning, barriers to learning, etc
- Socialization- tools for anxiety, healthy relationships, appropriate socialization, etc
- Recreation- tools to assist in the search for joy and peace, etc



Wait times for services...

- Heart & Soul keeps an weekly-updated ticker of wait times on our website
- Average wait times are as follows:
 - Assessment for therapy, groups, and CCSS- within 2 weeks
 - Groups- immediately after assessment- within 2 weeks
 - Therapy- 10 weeks
 - Psychiatric Services- within 2 weeks
 - CCSS- immediately after assessment- within 2 weeks



Coming soon to Heart & Soul...

- IOP: Heart & Soul was just awarded a grant to assist in IOP development. This will be up and running within 6 months
- PSR: We plan to get our CMHC (community mental health center) Certification and begin offering psychosocial rehabilitation services. We also hope to have this up and running for our Valencia and Bernalillo clients
- Groups: We will be offering new groups this year to include: geriatric support, grief, and postpartum support



Thanks for listening...pass the word!

Before our next set of speakers:

From CHES Health -

“Local and state decision-makers across America, specifically those charged with allocating national opioid settlement dollars, face a daunting task: They must determine how to meaningfully spend the \$54 billion in opioid settlement funds now flowing over 18 years. The funds are a result of legal agreements with the 14 major pharmaceutical opioid manufacturers, distributors, and retailers for their role in the addiction crisis.”



SPECIAL GUEST SPEAKERS



SHARA THORPE

SHE, HER, HERS

DAC HHS

Shara Thorpe is the Opioid Settlement Coordinator with the Health and Human Services Division. She, as well as HHS staff, will be conducting focus groups for the Opioid Settlement Project, in order to identify gaps, barriers, in treatment and recovery services, and develop pathways for prevention, with the ultimate goal of establishing priorities for the use of opioid settlement funds



LIZ OLIVARES

SHE, HER, HERS

DAC HHS

Liz Olivares is the Opioid Settlement Project Evaluator with NMSU, Crimson Research. She and her team compile data and conduct project research and will be drafting up a needs assessment for this project. Liz is also an active member in the Opioid Settlement Advisory Council.



JAMIE MICHAEL

SHE, HER, HERS

DAC HHS

Jamie Michael serves as director of the Doña Ana County Health and Human Services Department where she oversees county health care funding, health promotion programs, as well as behavioral health and criminal justice efforts.



THE OPIOID ADVISORY COUNCIL

Opioid Settlement Funds Needs Assessment Plan for the City of Las Cruces & Doña Ana County

Crimson Research
Department of Public Health Sciences
College of Health Education and Social Transformation
New Mexico State University
February 20, 2024

Components of the Needs Assessment

- Review of secondary data
- Identify local resources
- Focus Groups
- Current User Survey
- Conduct data analysis and synthesis

Focus Group Participant Overview

- Three focus group types
 - **Key Informants** – participants are individuals working closely with substance users or in frequent contact with substance users in a professional setting
 - **Lived Experience** – participants include former/current substance users and/or individuals who have had close personal relationships with substance users [i.e. family]
 - **Community Town Hall/Open Forum** – participants are anyone who resides within Doña Ana County and/or City of Las Cruces and would like to contribute their input)

Key Informants

- 3 Focus Groups
 - First responders
 - Behavioral health providers
 - Harm reduction and social service providers

Questions?

- Contact Information:
- Liz Olivares, Program Manager, Evaluator – esegura@nmsu.edu ; 575-646-3057



Upcoming LC3 Trainings - FREE CEU's / SPOTS LIMITED

TRAINING: 2.29.24 (NLBHA)
Mental Health First
Aide (Adult - Blend)(9:00 am-3:30 pm)
RSVP: https://bit.ly/MHFA_Feb29

CEUs: 5.5

National Latino Behavioral Health Association **NLBHA**



TRAINING: 3.20.24 (COI) In-Person Training
Nurtured Heart
Approach - (9:00 am - 4:00 pm) 6HRS

RSVP: www.tinyurl.com/LC3March

CEUs: 6



LC3

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Our Vision

Want to learn more or keep tabs on LC3? Join our ListServ by Scanning the QR Code or going to www.tinyurl.com/LC3ML



Next LC3 General Meeting:

WHEN:
Tuesday, March 19th, 2024
11:30-1p (Hybrid)

WHERE:
1320 S Solano Dr, Las Cruces
NM 88001 (HYBRID)

RSVP @
www.tinyurl.com/LC3MarchGM



CONTACT INFO:

JAVIER GUERRERO

HE, HIM, HIS

ICS COMMUNITY COORDINATOR, FYI+



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OFFICE: 575-202-6987

