

LC3 Behavioral Health Collaborative

Powered By: **FYI+**
Backbone Agency

Funded By: 
PASO DEL NORTE
HEALTH FOUNDATION



Training
Partners:



Serna Solutions
EXCLUSIVE TRAINING



National Latino
Behavioral Health Association **NLBHA**

LAND ACKNOWLEDGMENT STATEMENT

Today, In Las Cruces, New Mexico

We are on the ancestral and current homelands of the Warm Springs Apache of the Chiricahua Apache Nation, the Mescalero Apache, the Piro, Manso, Tigua, Tortugas, Pueblo, and the Mexica. We are in the Chihuahuah Desert below the Organ Mountains and along the Rio Grande River, the lands and waters that sustain us. We acknowledge these lands and encourage you to learn more about and support the work of their original and current caretakers.



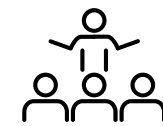


THE AGENDA:

Time Slots: Agenda Topic

1130-1145a ▶ **Welcome & Recaps & BaseCamp + Trainings!**

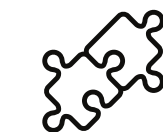
1145a-12p ▶ **Guest Speaker: Coach JAB and the Las Cruces Suicide Prevention Task force**



12p - 12:45p ▶ **LC3: 2024 Community Needs Assessment Survey & Incentives**



1245p - 1p ▶ **Wrap-up & Community Announcements**



OUR VISION



To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.



OUR TEAM: LC3 & ICS



TENIKA
Sosa-Gonzalez,
Director of
Community
Solutions & Impact
She, Her, Hers



JAVIER
Guerrero,
ICS Community
Coordinator
He, Him, His



LOGAN
Howard,
Manager of
Community Impact
He, Him, His



DEANDRA
Rodriguez,
ICS Community
Coordinator
She, Her, Hers

OUR INTERNS:



AHMED
Mohammed, M.D.
FYI+ Intern
NMSU MPH/MSW
He, Him, His



CECILIA
Mendez,
FYI+ Intern
NMSU MPH/MSW
She, Her, Hers



KATIE
McPeck,
FYI+ Intern
NMSU BSW
She, Her, Hers



HOPE
Brigham,
FYI+ Intern
NMSU MPH
She, Her, Hers

**LC3 MEETS EVERY 3RD TUESDAY OF THE MONTH FROM 11:30AM-1PM
HYBRID (ZOOM) & IN-PERSON FYI+, 1320 S SOLANO DRIVE LAS CRUCES NM**

WHAT IS ICS?

INNOVATIVE COMMUNITY SERVICES



ICS (INNOVATIVE COMMUNITY SERVICES) IS A DIVISION WITHIN FYI+. WE FOCUS ON SYSTEM FOCUSED SOLUTIONS WITHIN OUR COMMUNITY AND REGION DOWN HERE IN SOUTHWEST NEW MEXICO. WE ARE THOUGHT LEADERS, CONVENER, STRATEGISTS, ADVOCATES AND PROJECT COORDINATORS. WE LEAD VARIOUS PROGRAMS AND INITIATIVES BRINGING STAKEHOLDERS TOGETHER TO SOLVE SYSTEMIC ISSUES AT COMPLEX SOCIAL JUSTICE INTERSECTIONS. LC3 HAS NOW BEEN INCLUDED UNDER ICS.

FAMILIES AND YOUTH INNOVATIONS PLUS (FYI+) HAS BEEN A RELIABLE REGIONAL PARTNER IN BEHAVIORAL HEALTH SYSTEMS AND A MAJOR PROVIDER OF VITAL YOUTH AND FAMILY SERVICES IN SOUTHERN NEW MEXICO FOR 42 YEARS.



FYI+ IS THE **BACKBONE AGENCY** FOR LC3.

WHILE FYI+ AND LC3 MAINTAIN **SEPARATE VISIONS & MISSIONS**, FYI+ PROVIDES FISCAL AND BACKBONE SUPPORT TO ENSURE THAT COLLECTIVE IMPACT EFFORTS MAINTAIN MOMENTUM WHILE SERVING INITIATIVES AND COORDINATING PARTICIPATING ORGANIZATIONS AND AGENCIES.

STANFORD SOCIAL INNOVATION REVIEW



GAME CHANGER STRATEGIES



Supportive Housing

LC3 Collaborative will ensure integrated housing and community supports will advance better outcomes for behavioral health clients.

2022-2025 Impact: Build an integrated community approach to affordable, supportive, transitional and long-term housing for behavioral health clients living with serious mental illness and interacting with the judicial system.



Advocacy & Access

LC3 Collaborative will seek to increase access and engage client advocates to support an integrated service support journey for behavioral health clients.

2022-2025 Impact: Increase the number of peer support workers, navigators and/or community workers, and pilot a centralized communications database providing real-time information about a person in the behavioral health system.



Children & Families

LC3 Collaborative will collaborate with educational and service provider partners to ensure children and their families have access to integrated behavioral health services.

2022-2025 Impact: Increase coordination of treatment and care plans for clients resulting in better continuity of care.



LC3 BOARD MEMBERS



Board Chair

PAUL FORD

MIH / LCFD
Action Team Co-Chair
Advocacy & Access
2020 - 2026



MONTEVIS PRICE

Veterans Association

2024 - 2027



**Action Team Co-Chair
Children & Families**

MELISSA ONTIVEROS

Community Action Agency SNM
2020 - 2026



Board Vice-Chair

CAROL KANE

Oxford House
Action Team Co-Chair
Supportive Housing
2024 - 2027



KRISTIN DRAKE

Peak Behavioral Health

2022 - 2026



**LESLEY KING-
STEWART**

Mesilla Valley Hospital
2023 - 2026



Member at Large

JULIE MOLINA

FYI+

2020 - 2026



MARIANNE

HERNANDEZ

CYFD

2020 - 2026



Board Secretary

SHERRI RHOTEN

NAMI-SNM

2024 - 2027





Basecamp

- ***BASECAMP IS YOUR GO-TO HUB FOR SEAMLESS TEAMWORK. IT'S WHERE COMMUNICATION FLOWS EFFORTLESSLY, TASKS ARE MANAGED EFFICIENTLY, AND NEWS AND UPDATES ARE EASILY SHARED. WITH EVERYTHING IN ONE PLACE, STAYING ORGANIZED AND CONNECTED HAS NEVER BEEN SIMPLER!***
- ***QUICK AND DIRECT COMMUNICATION WITH LC3 AND ITS MEMBERS.***
- ***ABILITY TO HAVE OPEN DISCUSSIONS AND CLOSER COLLABORATION.***
- ***NO COST!***

TO SIGN UP: GO TO WWW.TINYURL.COM/LC3BASECAMP

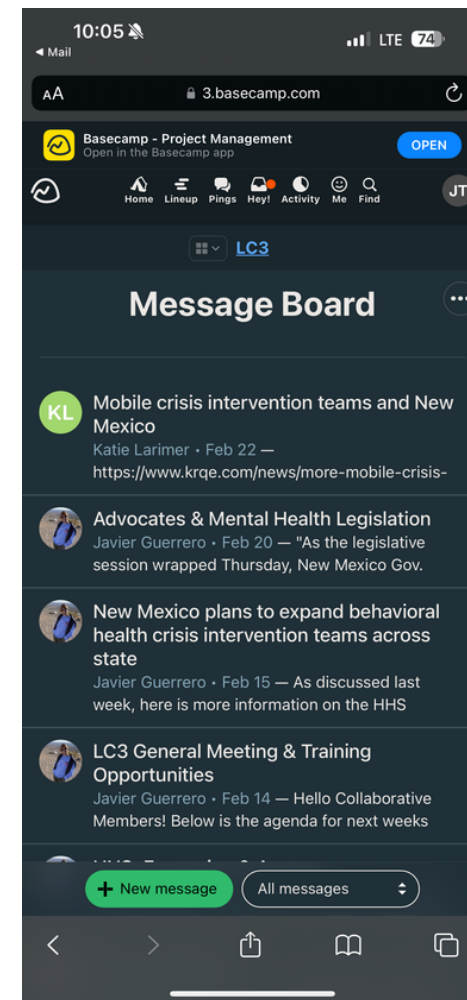
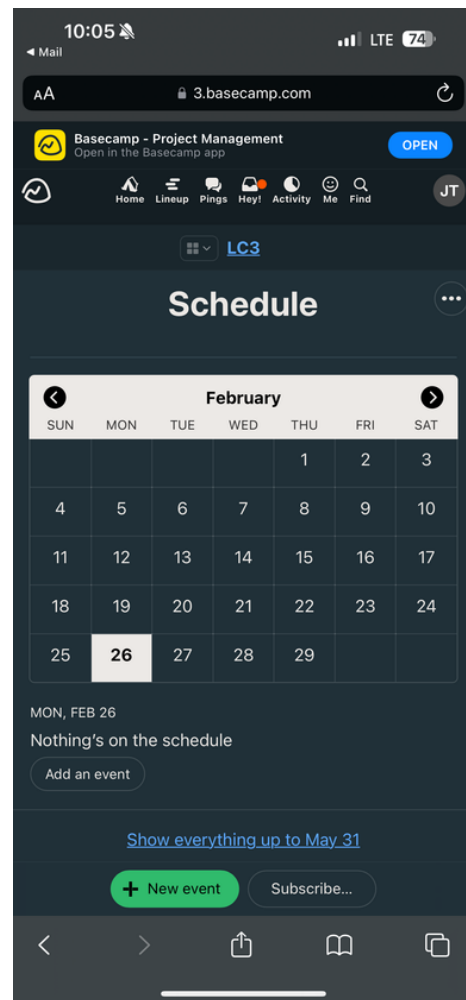
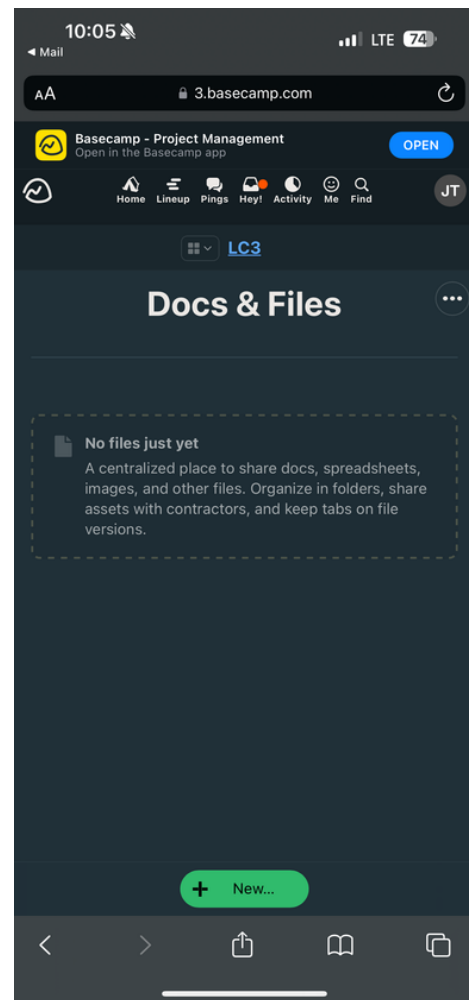
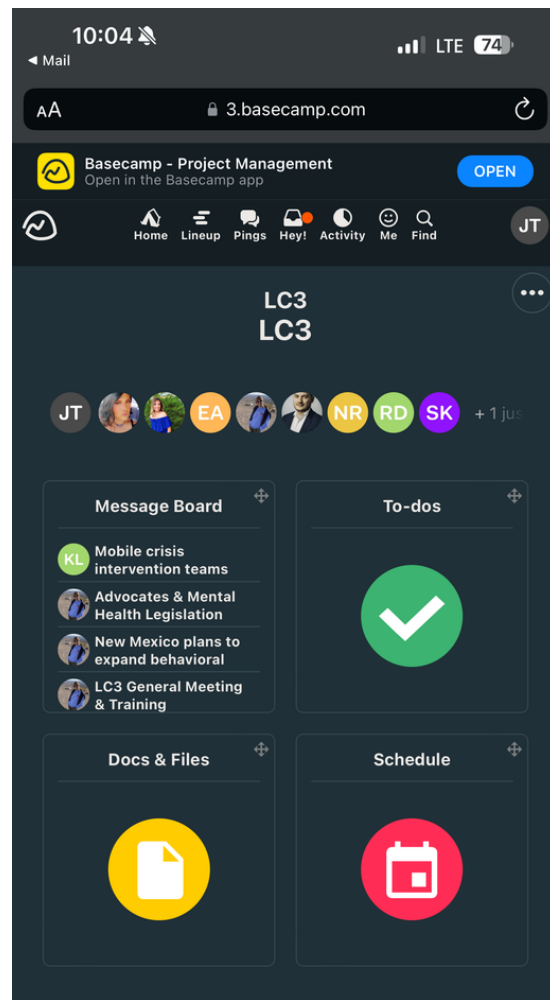


Basecamp

A diagram showing four steps of the Basecamp onboarding process, each in a mobile browser window. Step 1: A landing page with the Basecamp logo and the text "Join NM Department of Health on Basecamp 4". It has two buttons: "Make a new login with my email" and "Log in and join with my account". Step 2: A registration form with fields for "Name" (Javi Test), "Email address" (javsmail.us@gmail.com), "Create a password" (12+ characters), and "Confirm password". Step 3: A dashboard header for "NMDOH NEW MEXICO DEPARTMENT OF HEALTH" with a "RECENTLY VISITED" section showing "LC3 LC3". Step 4: A dashboard with a top navigation bar containing user avatars (EA, NR, RD, SK) and a "Message Board" section with items like "Mobile crisis intervention teams", "Advocates & Mental Health Legislation", "New Mexico plans to expand behavioral", and "LC3 General Meeting & Training". There are also "To-dos" and "Schedule" sections.



When you receive an invite via Email, Click the Join link and see screenshots below!



HOW-TO & NAVIGATION



When you receive an invite via Email, Click the Join link and see screenshots below!

**SCAN
ME**



**To Sign up for LC3's Basecamp, Scan QR Code! Or go to
WWW.TINYURL.COM/LC3BASECAMP**

MARCH 2024

Las Cruces Suicide Prevention Task Force

Serving Dona Ana County





YOU ARE THE PATHWAY TO LIGHT!

YOU ARE MORE POWERFUL THAN YOU
IMAGINE, MORE WORTHY THAN YOU REALIZE,
AND MORE LOVED THAN YOU KNOW.

Table Of Contents



- Meet Our Team
- About the Task Force
- Our Focus
- SOS Support Group
- Community Outreach
- 8th Annual Recovery Event
- 2024 Funding Goal
- Connect with Us

Meet Our Team



JOHN BURCH
CHAIR



ATHENA HUCKABY
VICE-CHAIR



JESSICA GARCIA
SECRETARY



VACANT
TREASURER



About the Task Force

- Founded in 2016 by former Mayor Pro Tem Kasandra Gandara.
-
- Mission: To reduce and eliminate suicide in our community
- Vision: We believe Living Is For Everyone.

Our Focus



PREVENTION

refers to the actions and initiatives that aim to reduce the risk and factors that lead to suicide.



INTERVENTION

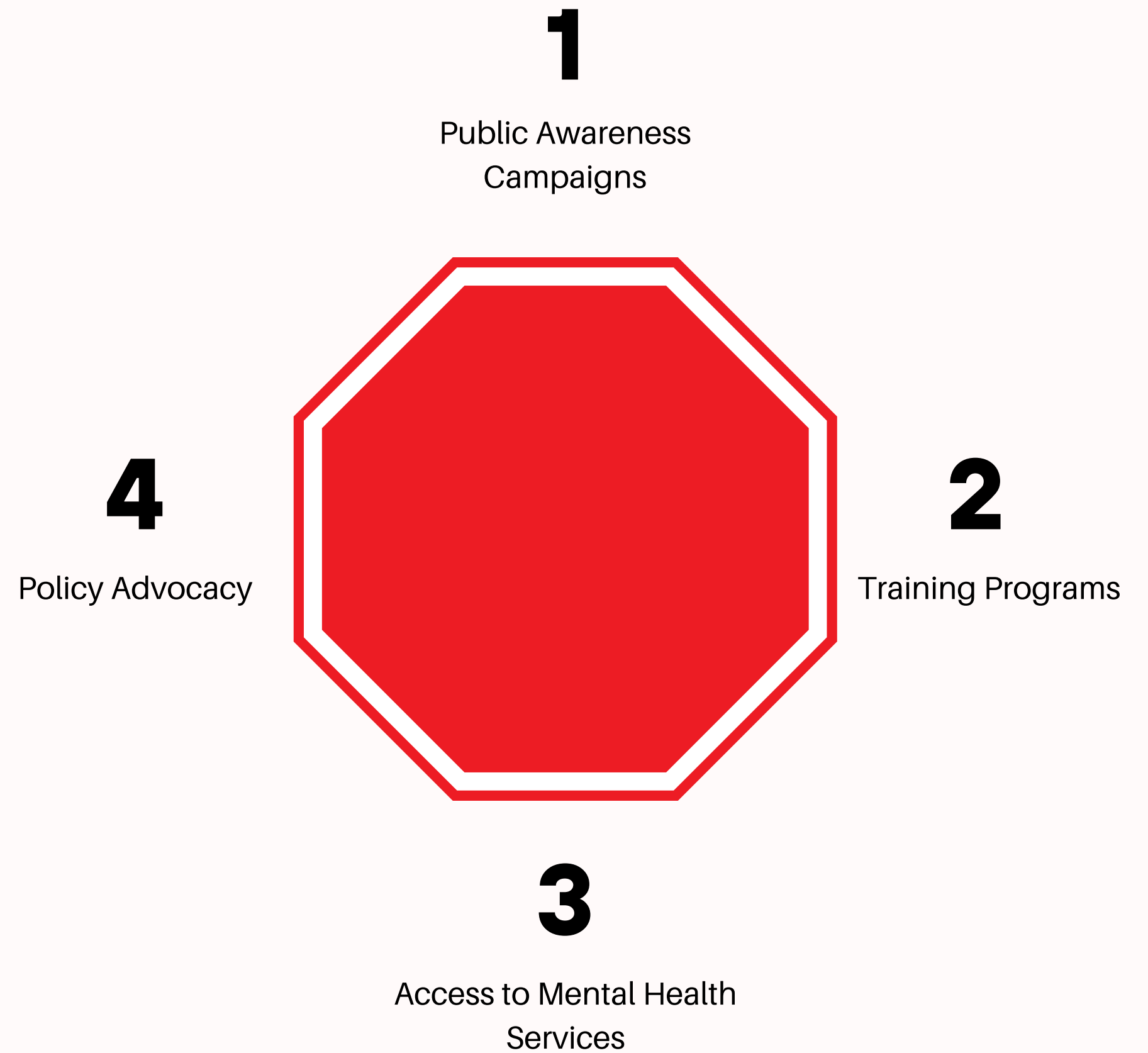
involves direct efforts to prevent an individual from taking their own life when they are at immediate risk.



POSTVENTION

focuses on providing support after a suicide has occurred, with the aim of healing and preventing further suicides.

Prevention



1
Crisis Hotlines and Text
Support



2
Emergency Intervention
Teams

3
Safety Planning

4
Community Support
Networks

Intervention

Postvention

1

Bereavement Support
Groups

2

Professional Counseling
Services



3

Educational Outreach

4

Memorial Support and
Celebration of Life Murals

What is the SOS group?

Survivors of Suicide (SOS) groups are support groups specifically for people who have been bereaved of a loved one as a result of suicide.

Why is there a special group for suicide survivors?

Loss of a loved one by suicide is a complex and difficult grief experience that can feel isolating. The goal of this SOS group is to provide guidance and support through the grief process.

Who sponsors this program?

SOS Groups are sponsored by the Las Cruces Suicide Prevention Task Force, Peak Behavioral Health Services, and NAMI Southern New Mexico.



What happens at an SOS Meeting?

SOS support groups are a closed group that meets for 2 hours once a week for eight weeks.

Group members share about their experiences and receive helpful information on how to cope with their loss. SOS groups are for support, not therapy.

In the future there will be monthly “drop-in” groups available to people who have completed an eight week SOS group, to provide ongoing support as needed.



How do I sign up?
Anyone 18 years or older may contact the Las Cruces SOS group.

Text or call:
(575-249-5375)
Email:
SOSGroupLC@gmail.com

For additional resources please visit:

www.lcsuicideprevention.com

If you need to talk to someone immediately for support, call or text 988 to speak with a skilled, compassionate professional.



SURVIVORS OF SUICIDE SUPPORT GROUP

WE ARE PROUD TO
ANNOUNCE THAT OUR FIRST
SOS GROUP WILL BE TAKING
PLACE BEGINNING MARCH 26
AND EVERY TUESDAY
EVENING FROM 5:30PM TO
7:30PM UNTIL MAY 14, 2024.
PLEASE EMAIL
SOSGROUPLC@GMAIL.COM



Community Outreach

**FILM
SCREENINGS**

**FARMERS
MARKET
AWARENESS
TABLE**

**ART
CONTESTS &
POETRY
EVENTS**

**SCHOOL
HEALTH FAIRS**

8th Annual Recovery Event

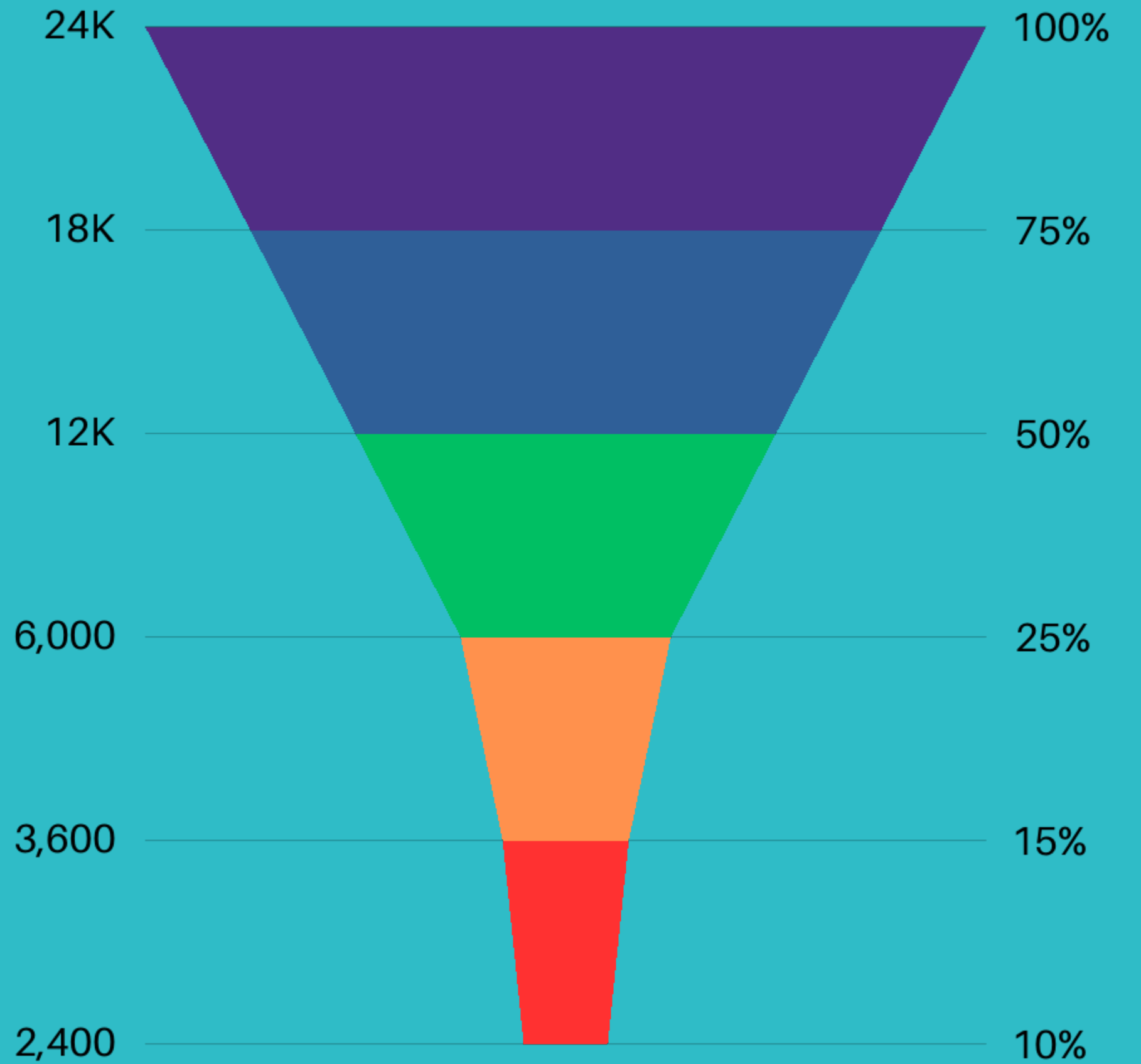
Pathways To Light

Recovery is for Every Person, Family, and Community!

EVENT	STUDENT SUMMIT	SW SUMMIT	RECOVERY EVENT
INFORMATION	Week of Sept 15-21	Week of Sept 15-21	Sept 21, 2024 Young Park

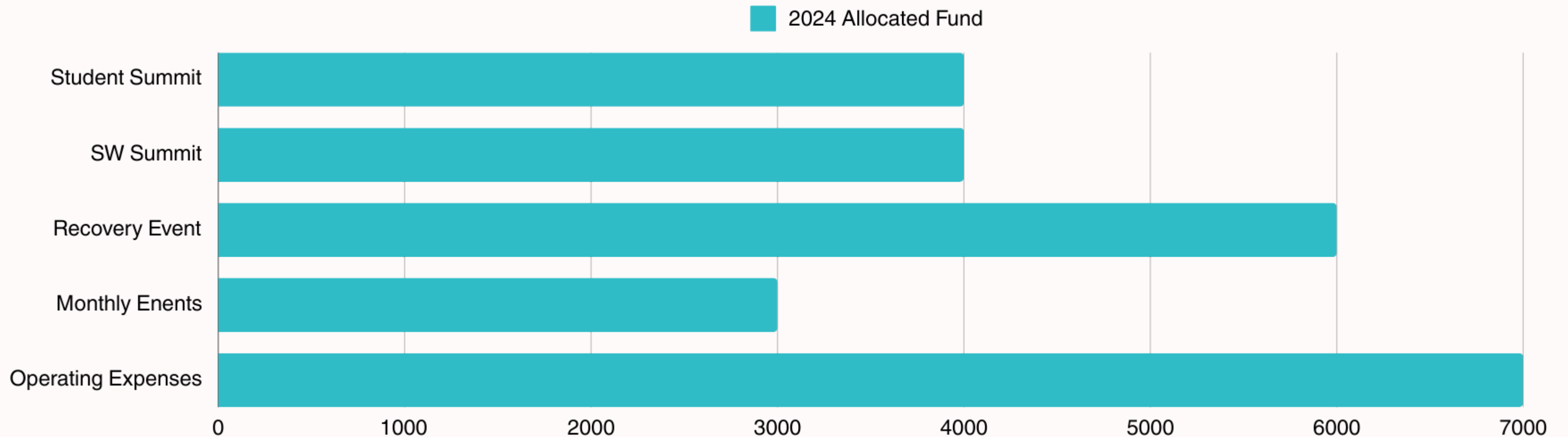
2024 Fund Raising Goal

Our 8th Annual Recovery Event Funding
Goal is \$24,000



Funding Allocation

The growth of funding will expand our reach, deepen our impact, and uplift more lives.



Support the 2024 Recovery Event Here



Connect with Us



FACEBOOK

<https://www.facebook.com/LCSPTF>

WEBSITE

<https://www.lcsuicideprevention.com>



Check on those close
to you and remind
them they are the
pathway to light!



LCSP TF

Serving Dona Ana County



2024: ANNUAL SURVEY - COMMUNITY NEEDS ASSESSMENT

EVALUACIÓN DE NECESIDADES DE LA COMUNIDAD

Dona Ana County, We'd like to hear from you!

WHY ARE COMMUNITY NEEDS ASSESSMENTS NEEDED?

- **LC3 CONDUCTS COMMUNITY NEEDS ASSESSMENT, GAP ANALYSIS AND SUBSEQUENT 3-YEAR STRATEGIC PLAN TO CLOSE SYSTEM GAPS AMIDST ANOTHER PANDEMIC DISRUPTION. LC3 PROVED TO BE AN EFFECTIVE VEHICLE FOR COORDINATION AND RESILIENCE AS A CENTRAL HUB OF INFORMATION AND ACTION DURING THE PANDEMIC. THE LONG-TERM VISION FOR LC3 IS TO DEVELOP AN ECOSYSTEM OF COORDINATED COMMUNICATION AND COLLABORATION AMONGST PROVIDERS TO IMPROVE HEALTH OUTCOMES BY BUILDING CAPACITY FOR SYSTEM INTERVENTIONS.**
- **TO BUILD THE IDEAL BEHAVIORAL HEALTH SYSTEM IN OUR REGION AND INCREASE ACCESS TO BEHAVIORAL HEALTH, PARTICULARLY FOR THE MOST VULNERABLE POPULATIONS IDENTIFIED IN OUR COMMUNITY NEEDS ASSESSMENT.**



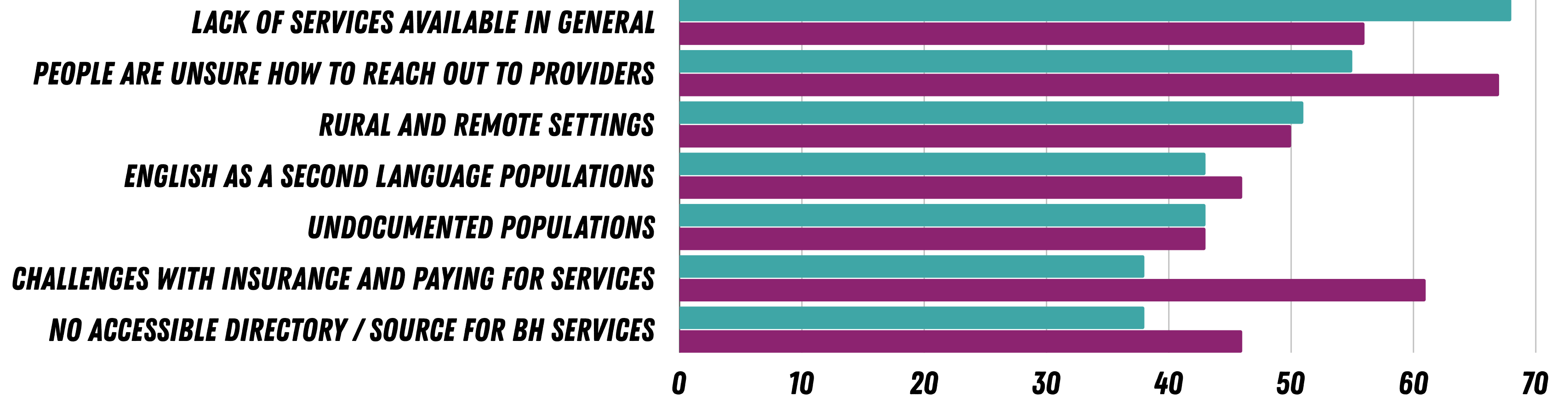


2024: ANNUAL SURVEY - COMMUNITY NEEDS ASSESSMENT

PAST DATA (IN % OUT OF 64 RESPONDENTS WITHIN DOÑA ANA COUNTY)

2023 2020

ACCESSIBILITY / AVAILABILITY
ACCESIBILIDAD / DISPONIBILIDAD



OUT OF 100% OF 64 SURVEY PARTICIPANTS



2024: ANNUAL SURVEY - COMMUNITY NEEDS ASSESSMENT



FIRST 50 SURVEY PARTICIPANTS BY 4.1.24 AT NOON WILL BE ENTERED TO WIN ONE OF THREE GIFT BASKETS FROM FARMESILLA! WINNERS ANNOUNCED ON 4.5.2024.

FARMESILLA
FARM TO MARKET

HOW DO WE TAKE THE SURVEY?

SCAN QR CODE ON THE LOWER RIGHT SIDE OF THIS PAGE TO TAKE THIS YEAR'S COMMUNITY NEEDS ASSESSMENT, OR GO TO WWW.TINYURL.COM/LC3CNS2024

SCAN
ME




** THIS SURVEY IS LIMITED TO DOÑA ANA COUNTY RESIDENTS AND RESIDENTS IN SURROUNDING AREAS **

LC3 Behavioral Health Collaborative

TRAINING CALENDAR

MARCH ✓

3.20.24 (COI) In-Person Training Nurtured Heart Approach - (9a-4p) 6HRS 


Location:
Community Action Agency - 3880 Foothills Rd, Las Cruces, NM 88011

MONTH TOTAL: 6.0 CEUS


Register for March
www.tinyurl.com/LC3MARCH

APRIL ✓

RSVP Opening Soon!

4.10.24 (COI) Virtual - Intro to Mindfulness (10a-11:30a) 90MIN 

RSVP Opening Soon!

4.18.24 (NLBHA) Trauma-Informed Care (Intro) 9am -11am 

Location: FYI+ @ 1320 S Solano Dr, Las Cruces, NM, 88001

RSVP Open!

4.30.24 Al Galves Ph.D. - Demystifying Mental illness and its Treatment (9am-11am) 

Location: FYI+ @ 1320 S Solano Dr, Las Cruces, NM, 88001

MONTH TOTAL: 3.5 CEUS

Register for April
www.tinyurl.com/LC3APRMay

MAY ✓

5.2.24 (NLBHA) Trauma-Informed Care (pt2.) (9a-11a) 

Location: FYI+ @ 1320 S Solano Dr, Las Cruces, NM, 88001

5.16.24 (NLBHA) Trauma-Informed Care (pt3.) (9a-11a) 

Location: FYI+ @ 1320 S Solano Dr, Las Cruces, NM, 88001

MONTH TOTAL: 4.0 CEUS

Registration Opening Soon!

JUNE

NLBHA TRAINING Talk Saves Lives PLACEHOLDER (RURAL) TENT: 6.20.24 


(Brian Serna) In-Person Training: The Next Wave in the Opioid Crisis 6.28.24 (9a-4p) 6 HRS 

MONTH TOTAL: CEUS

Registration Opening Soon!

LC3 Behavioral Health Collaborative

FEATURED UPCOMING LC3 SPONSORED TRAINING:

3.20.24 (COI) IN-PERSON TRAINING NURTURED HEART APPROACH - (9AM-4PM) 6HRS

**6 FREE CEUS
30 SPOTS!**

The Nurtured Heart Approach (NHA) is a relationship-based model that consists of 3 Stands™: Absolute No, Absolute Yes, and Absolute Clarity. The approach aims to build Inner Wealth™ and resiliency by teaching how to:

- Emphasize an individual's agency to choose to give less energy and relationship to negative emotions, thought patterns, and circumstances, while
- Investing more energy and relationship into their own strengths and success and the strengths and success of others, and
- Encouraging reflection and communication around perceptions, expectations and limits.

As a result, the Nurtured Heart Approach empowers children and adults to direct their emotional and intellectual intensity towards achievement and self-actualization.

[RSVP FOR COI MARCH TRAININGS HERE](#)

Scan QR Code; OR GO TO: www.tinyurl.com/LC3MARCH



**Liz Bennett, MPH, LMSW
(she/her)
Program Manager**

Liz Bennett earned her dual Master in Social Work and Public Health at New Mexico State University in 2018. She has extensive experience working with and advocating for youth and families locally in New Mexico, nationally in the South Bronx of New York City, and internationally in Costa Rica as a Peace Corps Volunteer.



**Enas Khaleq, they/them
Program Manager**

With their background in anthropology, communication studies, and public health, Enas develops and co-trains curriculum that accurately represents the culture, strengths, and needs of New Mexico children and families. They are a suicide prevention and crisis response educator and are certified in Youth Mental Health First Aid.

FEATURED UPCOMING LC3 SPONSORED TRAINING / WORKSHOP:

4.23.24: IN-PERSON TRAINING - DEMYSTIFYING MENTAL ILLNESS & ITS TREATMENT

This workshop / Training will be a dialogue and discussion among the participants & Psychologist, Al Galves of the Community Services Corps. There will be segments of presentation and opportunities for an open dialogue on the following:

- **What Makes Me Think Mental Illness Has Become Mystified?**
- **Where has This Mystification Come From?**
- **What do I Offer as a Less Mystified (and More Helpful) Way of Understanding Mental Illness?**
- **What is the Result of Mental Illness Having Become Mystified**
- **What are the Implications of Understanding Mental Illness in a Less Mystified way?**



AL GALVES, PSYCHOLOGIST (HE, HIM, HIS)

COMMUNITY SERVICES CORPS

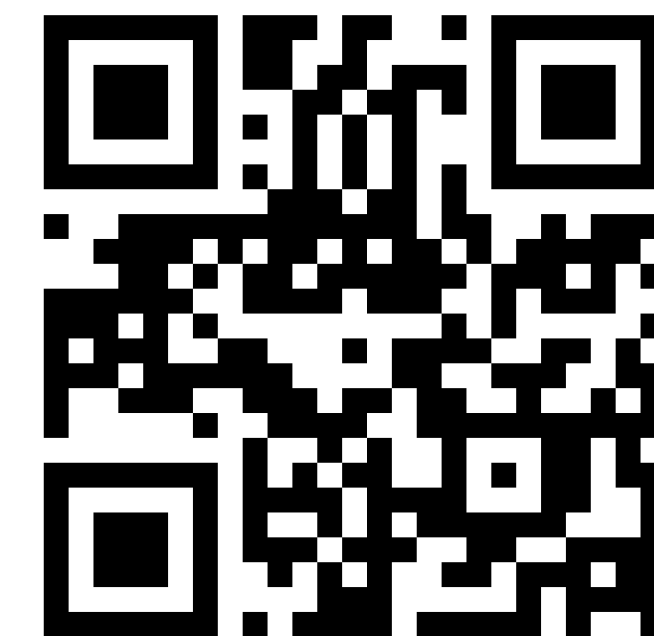
Al Galves is a psychologist in Las Cruces. He is a member of the Board of Directors of the Community Service Corps of Las Cruces and has been an active LC3 Member and it's Supportive housing action team. He is a past Executive Director of the International Society for Ethical Psychology and Psychiatry and author of Harness Your Dark Side: Mastering Jealousy, Frustration, Rage and Other Negative Emotions.

[RSVP FOR AL Galve's Training Here!](#)

OR GO TO: www.tinyurl.com/LC3APRMAY



**WANT TO LEARN MORE OR KEEP TABS ON LC3?
JOIN OUR LISTSERV BY SCANNING THE **QR CODE**
OR GOING TO **WWW.TINYURL.COM/LC3ML****



Next LC3 General Meeting:

WHEN:
Tuesday, March 19th, 2024
11:30-1p (Hybrid)

WHERE:
1320 S Solano Dr, Las Cruces
NM 88001 (HYBRID)

RSVP @
www.tinyurl.com/LC3MarchGM



CONTACT INFO:

JAVIER GUERRERO

HE, HIM, HIS

ICS COMMUNITY COORDINATOR, FYI+



EMAIL: JGUERRERO@FYINM.ORG



OFFICE: 575-202-6987



February General Meeting