

LC3 Behavioral Health Collaborative

LAND ACKNOWLEDGMENT STATEMENT

DECLARACIÓN DE RECONOCIMIENTO DE TIERRA

Today, In Las Cruces, New Mexico




We are on the ancestral and current homelands of the Warm Springs Apache of the Chiricahua Apache Nation, the Mescalero Apache, the Piro, Manso, Tigua, Tortugas, Pueblo, and the Mexica. We are in the Chihuahuah Desert below the Organ Mountains and along the Rio Grande River, the lands and waters that sustain us. We acknowledge these lands and encourage you to learn more about and support the work of their original and current caretakers.





THE AGENDA:

LA AGENDA:

Time Slots: Tiempo:	Agenda Topic Tema del orden del día	
1130-1145a	▶ Welcome & Recaps!	
1145a-12p	▶ Upcoming Trainings	
12p - 12:45p	▶ Guest Speakers: Meet Arwen Kittelson-Aldred, M.Ed, MSW student	
1245p - 1p	▶ Wrap-up & Community Announcements	

OUR VISION



To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Construir un sistema de salud conductual que sea inclusivo, organizado, centrado en el individuo y la familia, y que esté comprometido a defender y brindar servicios integrales de salud mental y trastornos por uso de sustancias para las personas en todo el condado de Doña Ana, Nuevo México.



**LC3 MEETS EVERY 3RD TUESDAY OF THE MONTH FROM 11:30AM-1PM
HYBRID (ZOOM) & IN-PERSON FYI+, 1320 S SOLANO DRIVE LAS CRUCES NM**



LC3 Behavioral Health
Collaborative

OUR TEAM: LC3 & ICS



TENIKA

**Sosa-Gonzalez,
Director of
Community
Solutions & Impact**

She, Her, Hers



JAVIER

**Guerrero,
ICS Community
Coordinator**

He, Him, His



LOGAN

**Howard,
Manager of
Community Impact**

He, Him, His



DEANDRA

**Rodriguez,
ICS Community
Coordinator**

She, Her, Hers



AMANDA

**Vega,
ICS Community
Coordinator**

She, Her, Hers





AHMED
Mohammed, M.D.
FYI+ Intern
NMSU MPH/MSW
He, Him, His



 **CECILIA**
Mendez,
FYI+ Intern
NMSU MPH/MSW
She, Her, Hers



 **KATIE**
McPeck,
FYI+ Intern
NMSU BSW
She, Her, Hers



HOPE
Brigham,
FYI+ Intern
NMSU MPH
She, Her, Hers

A FAREWELL:

OUR INTERNS

***THANK YOU FOR ALL
YOU DO!***



WHAT IS ICS?

INNOVATIVE COMMUNITY SERVICES



ICS (INNOVATIVE COMMUNITY SERVICES) IS A DEPARTMENT WITHIN FYI+. WE FOCUS ON SYSTEM FOCUSED SOLUTIONS WITHIN OUR COMMUNITY AND REGION DOWN HERE IN SOUTHWEST NEW MEXICO. WE ARE THOUGHT LEADERS, CONVENERS, STRATEGISTS, ADVOCATES AND PROJECT COORDINATORS. WE LEAD VARIOUS PROGRAMS AND INITIATIVES BRINGING STAKEHOLDERS TOGETHER TO SOLVE SYSTEMIC ISSUES AT COMPLEX SOCIAL JUSTICE INTERSECTIONS. LC3 HAS NOW BEEN INCLUDED UNDER ICS.

FAMILIES AND YOUTH INNOVATIONS PLUS (FYI+) HAS BEEN A RELIABLE REGIONAL PARTNER IN BEHAVIORAL HEALTH SYSTEMS AND A MAJOR PROVIDER OF VITAL YOUTH AND FAMILY SERVICES IN SOUTHERN NEW MEXICO FOR 42 YEARS.



FYI+ IS THE **BACKBONE AGENCY** FOR LC3.

WHILE FYI+ AND LC3 MAINTAIN **SEPARATE VISIONS & MISSIONS**, FYI+ PROVIDES FISCAL AND BACKBONE SUPPORT TO ENSURE THAT COLLECTIVE IMPACT EFFORTS MAINTAIN MOMENTUM WHILE SERVING INITIATIVES AND COORDINATING PARTICIPATING ORGANIZATIONS AND AGENCIES.



GAME CHANGER STRATEGIES



Supportive Housing

LC3 Collaborative will ensure integrated housing and community supports will advance better outcomes for behavioral health clients.

2022-2025 Impact: Build an integrated community approach to affordable, supportive, transitional and long-term housing for behavioral health clients living with serious mental illness and interacting with the judicial system.



Advocacy & Access

LC3 Collaborative will seek to increase access and engage client advocates to support an integrated service support journey for behavioral health clients.

2022-2025 Impact: Increase the number of peer support workers, navigators and/or community workers, and pilot a centralized communications database providing real-time information about a person in the behavioral health system.



Children & Families

LC3 Collaborative will collaborate with educational and service provider partners to ensure children and their families have access to integrated behavioral health services.

2022-2025 Impact: Increase coordination of treatment and care plans for clients resulting in better continuity of care.

LC3 BOARD MEMBERS



Board Chair
CAROL KANE
Oxford House
Action Team Co-Chair
Supportive Housing
2024 - 2027



MONTEVIS PRICE
Veterans Association
2024 - 2027



PAUL FORD
MIH / LCFD
2020 - 2026



Board Vice-Chair
JULIE MOLINA
FYI+
2020 - 2026



KRISTIN DRAKE
Peak Behavioral Health
2022 - 2026



Action Team Co-Chair
Children & Families
MELISSA ONTIVEROS
Community Action Agency
2020 - 2026



Board Secretary
SHERRI RHOTEN
NAMI-SNM
2024 - 2027



MARIANNE HERNANDEZ
CYFD
2020 - 2026



LESLEY KING-STEWARD
Mesilla Valley Hospital
2023 - 2026

2024 LC3 TRAINING CALENDAR

 Mentimeter

JUNE 	JULY 	AUGUST	SEPTEMBER	OCTOBER	NOVEMBER
<p>NLBHA TRAINING Talk Saves Lives (RURAL) TENT: 6.20.24 </p> <p>(Brian Serna) In-Person Training: The Next Wave in the Opioid Crisis  6.28.24 (9a-4:30p) Location: FYI+ @ 1320 S Solano Dr, Las Cruces, NM, 88001 6 HRS</p> <p>MONTH TOTAL: 6 CEUS</p>	<p>7.31.24 (COI) Virtual Training: Youth Question Persuade Refer (QPR) 10 am-12p - 2 HOURS </p> <p>Coming Soon: (Athena Huckabee) Best Practices in Language for BH Professionals Date & Time: TBD</p> <p>MONTH TOTAL: 2 CEUS</p>	<p>(Brian Serna) 2-Day In-Person Training: Mindfulness-Based Somatic Emotional Processing (2 Days) 8.14-8.15.24 (9a-4:30p) 13 CEUS  </p> <p>8.21.24 (COI) In-Person Training: Youth Engagement Training 9am-2 pm - 4 HOURS </p> <p>MONTH TOTAL: 17 CEUS</p>	<p>9.18.24 (COI) Virtual Training: Youth Mental Health First Aid (YMHFA) 9am-4pm - 6 HOURS </p> <p>MONTH TOTAL: 6 CEUS</p>	<p>(Brian Serna) In-Person Training: Community Reinforcement & Family Training (CRAFT) (Both 9a-4p) 12 HRS Total 10.9.24-10.10.24 (2 Days) </p> <p>10.23.24 (COI) Family Engagement Training 9am-2pm 4 HOURS </p> <p>MONTH TOTAL: 16 CEUS</p>	<p>NLBHA TRAINING  Verbal Intervention (RURAL) TENT: 11.20.24 </p> <p>MONTH TOTAL: CEUS</p>

**TOTAL NO COST
CEUS FOR 2024**






67
CEUS


**NUMBER INCLUDES PAST / EXPIRED
TRAININGS SINCE FEBRUARY 2024*



DOWNLOAD CALENDAR AT WWW.TINYURL.COM/LC324CAL
REGISTER @
WWW.TINYURL.COM/LC3TRAININGS

LEGEND:
NLBHA (NATIONAL LATINO BH ORG)
COI (CENTER OF INNOVATION)
SERNA / OTHER

 VIRTUAL
 IN-PERSON
 RURAL
 ACCEPTING RSVP
 RSVP CLOSED

RSVP REQUIRED FOR ALL TRAININGS 

PLEASE NOTE THAT EVENTS, DATES & LOCATIONS ARE SUBJECT TO CHANGE AND UPDATES WILL BE SENT OUT AS THE YEAR GOES ON

OUR TRAINING
PARTNERS:





Upcoming In-Person Training:

Talk Saves Lives

Spanish session 1.5 CEUs, English session, 1.5 CEUs

English: 10am-12pm

Spanish: 1pm-3pm

This presentation will cover what we know about mental health and suicide, the most up-to-date research on prevention, and what we can all do to help save lives. Participants will learn common risk factors and warning signs in Latinx and Hispanic communities, as well as how to keep ourselves, our loved ones and those in our community safe.



When: June 20th, 2024
Where: Hatch, NM (Venue tbd)

National Latino
Behavioral Health Association **NLBHA**

RSVP @ WWW.Tinyurl.com/LC3Training



**Upcoming In-Person Training:
The Next Wave in the Opioid Crisis
6.28.24 (9a-4:30p)**

This workshop will examine the data behind the three waves of the opioid crisis since the early 1990's. Looking at the historical contexts internationally, nationally, and locally, we will see how our relationship with opioids has evolved over time. Special attention will be focused on the current wave of fentanyl analogs (e.g., Fentanyl), Tranq (Xylazine), and Benzo-dope (Etizolam). The current trends around adaptations using Naltrexone, Methadone, and Suboxone will also be reviewed (e.g., micro-dosing). 6 CEUs.

When: June 28th, 2024

Where: FYI+

1320 S Solano Dr., Las Cruces, NM 88001



Serna Solutions
EXCLUSIVE TRAINING

RSVP @ WWW.Tinyurl.com/LC3Training



SCREENING IN PARTNERSHIP WITH THE LAS CRUCES SUICIDE PREVENTION TASK FORCE

When:
June 8th,
2024

Where:
Rio
Grande
Theatre



RSVP @ WWW.TINYURL.COM/LC3SPTF



In one word, how are you feeling today?

23 responses



How can we address gaps in the behavioral health landscape in New Mexico? What gap is the highest priority?

Lack of communication and social reform.

We need to develop legislation to allow for more interventions in this state

Reducing stigma

Stop the stigma.

Collaboration and continuing to work together.

Stigma & lack of support for providers.

Not enough stakeholders providing low barrier transportation

Sharing information

How can we address gaps in the behavioral health landscape in New Mexico? What gap is the highest priority?

Long term outpatient support for adults. Support providers with funding for the services

Educate the public about multiple healthcare sites

low barrier housing for SMI/SUD

Collaboration is the answer: leaving egos and silos at the door to address gaps, specifically making behavioral health services easily accessible for everyone, regardless of income.

Infrastructure is needed to develop long term recovery facilities

Sustainable funding for BH and BH workforce (including peers). There needs to be more intentional effort in grabbing money from the state and bringing it down south. The state has a lot of money.

Having good follow up when connecting clients to services. There has to be a way for partners to track that they were linked to services , especially for high risk clients.

Agencies collaborating when there are long wait lists to get clients seen

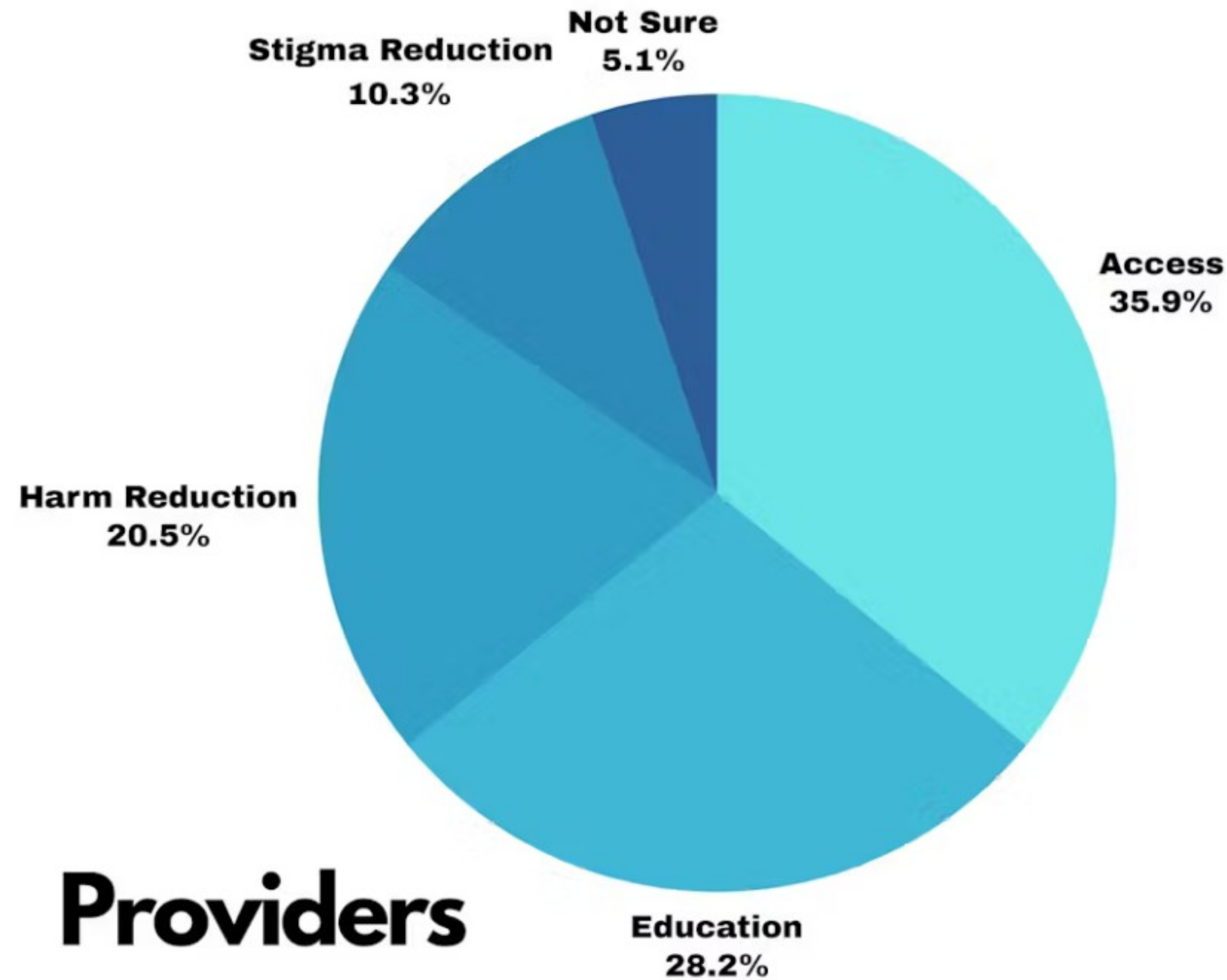
Mentimeter:

How can we address gaps in the behavioral health landscape in New Mexico? What gap is the highest priority?

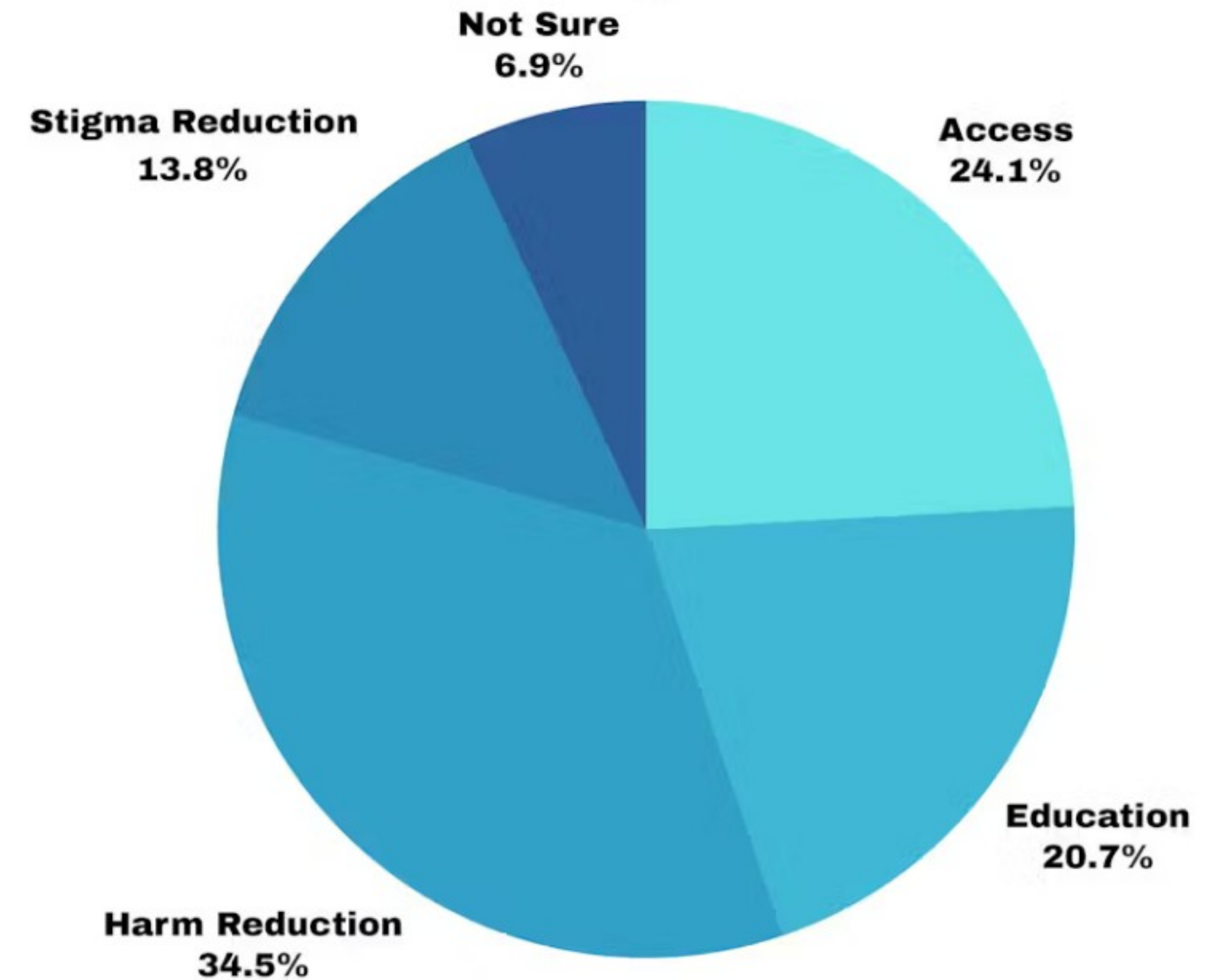
Notable Comments

Top needs in the community (in regards to overdose prevention & awareness): Providers vs. Community Members

OUT OF 103 PARTICIPANTS



Community Members





2 DAY **LIMITED** EVENT

**RSVP
REQUIRED**

Join us at 10 a.m. on both days for food, activities, and more as we explore new strategies, create momentum around LC3's existing action team strategies, and work together to continue assessing priorities to close behavioral system gaps in Doña Ana County.



Breakfast and Lunch will be provided for this limited event. **RSVP Required.** Email jguerrero@fyinm.org or avega@fyinm.org for any dietary restrictions or if accommodations are needed.

RSVP @: WWW.TINYURL.COM/LC3SR2024

REBOOT: ACTIVITY BREAKDOWN

Day 1:

11:00 AM - 12:00 PM: Activity 1

- Title - Brainstorming Solutions & Discussing Gaps

1:00 PM - 2:00 PM: Activity 2

- Title - Selecting Focus Areas & Solution Placement

Day 2:

10:30 AM - 11:30 AM: Activity 3

- Title - Developing Long Term and Short Term Goals

12:15 PM - 1:30 PM: Final Activity

- Title - Solution Design and Presentation



WHERE: COMMUNITY FOUNDATION OF SNM

2640 EL PASEO RD, LAS CRUCES, NM 88001 (10A-2P)



Guest Speaker:

Arwen Kittelson-Aldred, M.Ed, MSW Student

Arwen is a Returned Peace Corps Volunteer, special educator and future social worker: she's halfway through her Master's in Social Work at NMSU! She is a graduate assistant at the Center of Innovation for Behavioral Health, where she focuses on curriculum development, and completed her first practicum placement under the guidance of Kasandra Gandara, founder of Doña Ana County Resilience Leaders and the Las Cruces Suicide Prevention Task Force. When she's not engaged in classes, work, or activities with DACRL or the LCSPTF Survivors of Suicide support group subcommittee, Arwen enjoys hiking and walking in nature, caring for her ever-growing collection of houseplants, and spending time with her family and friends.



CENTER OF
INNOVATION

For Behavioral Health and Wellbeing



BE BOLD. Shape the Future.

**College of Agricultural, Consumer
and Environmental Sciences**

Cooperative Extension Service

Extension Family and Consumer Sciences





Domestic Violence in Doña Ana County:

The Human Impact & Interventions

Arwen Kittelson-Aldred
M.Ed, MSW student



Domestic violence is a **pattern of abusive behavior** in any relationship that is used by one partner to **gain or maintain power and control** over another intimate partner. Domestic violence can be **physical, sexual, emotional, economic, psychological, or technological actions or threats of actions or other patterns of coercive behavior** that influence another person within an intimate partner relationship. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.



David Mandel • Following
Domestic Violence-Informed Child Welfa...
2d •

This is what **#CoerciveControl** looks like. These are examples from different cases/countries.

Jumping out of tree at her college to scare her. Sending cocaine laced food into the house through an intermediary so she'd fail her drug test and lose her kids. Placing traffic cones in the hallway to dictate how everyone else 'should' walk in the house. A lock on the freezer because 'mum and the girls eat too much meat.' Controlling how much water everyone uses to shower. Taking room doors off their hinges so no one has privacy including in the bathroom. Taking cabinet doors off their hinges to 'teach everyone, who isn't closing them, a lesson.' Making false allegations to child protection that his ex-partner is doing drugs. Threatening helping professionals with lawsuits and ethics complaints. Dictating that of mother of their newborn stays in another part of the house. Destroying the children's school and sport supplies as way to punish his partner for leaving the relationship. Driving around to meet with all the local divorce lawyers, creating conflicts, so that his partner needs to drive faraway to get a good lawyer.

We need to understand that behaviors associated with **#CoerciveControl** will run the gamut from petty to horrifying to humiliating and life threatening/ending but they all have the same purpose, and all with profound implications for adult and child survivors. When survivors tell you some of the behaviors they will sound so crazy that you will have hard time believing or will struggle with fully grasping the implications. **#BelieveSurvivors #SeeThePattern #StopBlamingMothers**
@SafeandTogether

Why do people stay in abusive relationships?

- Patterns of Coercive Control
- Normalization (societal, cultural, familial)
 - Shame, guilt, fear
- Poverty
 - Economic abuse
- Trauma & Toxic Stress
 - Negatively impacts brain development & decision making

<https://www.thehotline.org/support-others/why-people-stay-in-an-abusive-relationship/>

Words Matter

Domestic Violence (DV)

- occurs in a household and can involve any members of the household including siblings, parents, romantic partners, roommates, etc.
- Umbrella term for relationship violence

Teen Dating Violence (TDV) & Intimate Partner Violence (IPV)

- occur in an intimate/romantic relationship, and the individuals involved may or may not be living in the same household.

Data Collection Challenges

- No local system for DV data collection from non-law enforcement agencies
- Existing systems (police records) do not connect multiple incidents or arrests together.

DV & abuse are underreported

*Statewide data is gathered by
The New Mexico Interpersonal Violence Data Central Repository
(through the NM Coalition of Sexual Assault Programs)*



How Common is it nationwide?

1 in 3 women and 1 in 4 men

reported severe physical violence from an intimate partner.

1 in 5 homicide victims

are killed by an intimate partner

1 in 11 female and 1 in 15 male HS students

experienced physical dating violence

1 in 9 female and 1 in 36 male HS students

experienced sexual dating violence.

Local Statistics

Las Cruces Police Department

- responds to ~1000 domestic violence calls/month
- makes ~300 DV related arrests/month

41% of DV incidents in Doña Ana County
involved a weapon in 2021



2021 New Mexico Statistics

Children were present at 1 out of every 5 DV incidents

1/3 of DV survivors reported witnessing family violence as a child

29% of DV survivors reported surviving child abuse

The Human Impact of DV

On Adults

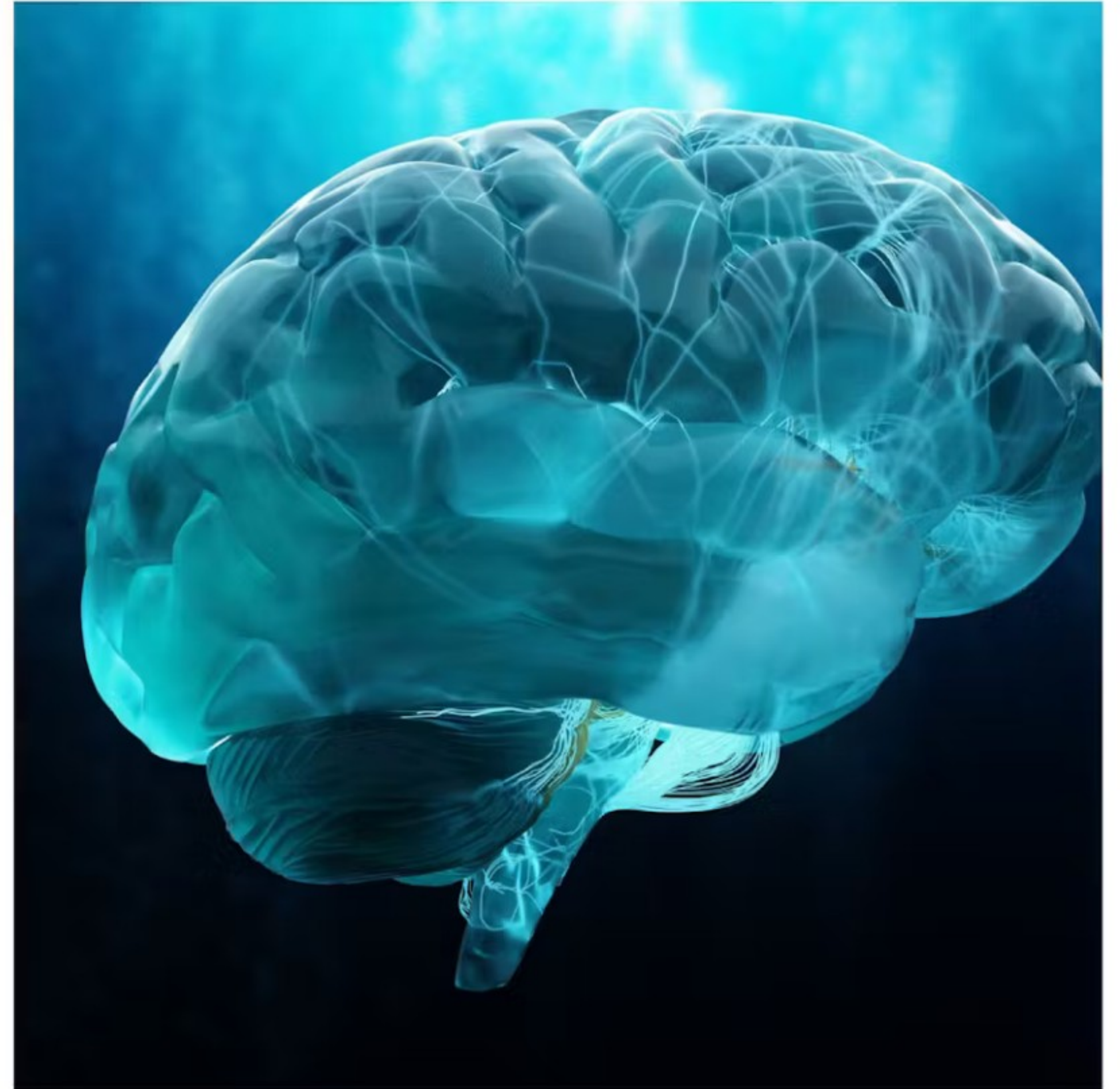
- Mental Health problems
- Physical Health problems
- Substance misuse
 - Alcohol-abusing women are more likely to report childhood abuse
- Homelessness (38% of victims)

On Children

- Shorter life expectancy
 - Those exposed to multiple forms of abuse (physical, emotional, sexual) died 20 years earlier than peers who were not abused
- Behavioral and Emotional Health challenges are correlated with exposure to domestic violence

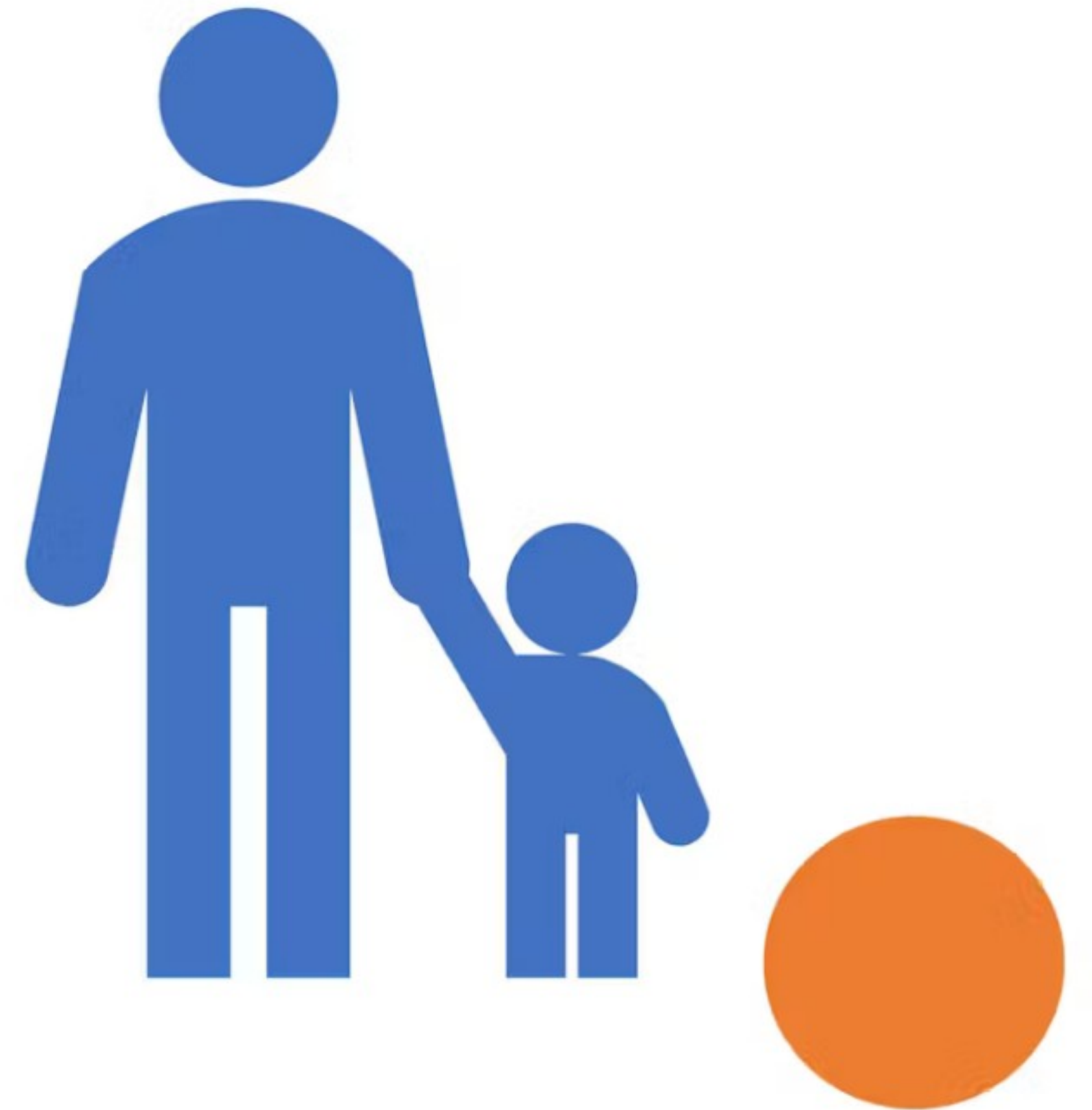
Brain Development

- The lower part of the brain, the survival brain, develops first and impacts the development of the learning part of the brain, the higher part of the brain. **The survival brain is much harder to change than the learning brain is.**
- **When children are exposed to violence, their brain development and ability to manage stress can be negatively impacted.**



Attachment & Violence

- **Insecure attachment** is linked to perpetration of violence within romantic relationships
 - Early childhood trauma is linked to insecure attachment
- Teen Dating Violence (perpetration or victimhood) is predictive of Intimate Partner Violence later in life.



Children & Domestic Violence: The Cycle



It is estimated that ~10% of children are exposed to DV every year, which means that **in 2021, almost *53,000 NM children were exposed to domestic violence.**

*NM Children's Cabinet: in 2021, there were an estimated 527,861 children in NM.

Impacts of Domestic Violence on Children

Exposure to DV is linked to **developmental delays** in children

Increased **school difficulties** (lower academic performance, behavioral issues)

Adolescents: increased risk for **substance use, eating disorders, and risky sexual behavior**

Increased risk for **PTSD, depression and anxiety**

Higher overall health care costs

More likely to be involved in **abusive relationships** as teenagers and adults.

Children who are abused or neglected are also at increased risk for:

**30–60%
of DV
perpetrators
also abuse
children**

- future violence victimization and perpetration
- substance abuse
- sexually transmitted infections
- delayed brain development
- lower educational attainment
- limited employment opportunities





The Economic Toll of Domestic Violence

The 2014 estimated population lifetime economic burden of Intimate Partner Violence for New Mexicans was approximately **\$26 billion**.

228,000 NM women (estimate) x \$103,767 =
\$23.7 billion

91,000 NM men (estimate) x \$23,414 =
\$2.13 billion

The cost of medical and mental health care services related to acute domestic violence is estimated at **more than \$8 billion**.



What can we do about DV?

Responsive Services

- Shelters, advocates & supports for victims
 - Substance abuse services
 - Crisis Team
- Local data gathering system (database, clearinghouse...)
- Legal Response: Offender Intervention
 - Behavior Modification Programs

Preventative Services

- Education to raise awareness, lower tolerance & lessen incidence of DV
 - Consistent social-emotional learning for children, teens and adults on what are healthy relationships
 - There is significant overlap with violence prevention work

Current Responsive Services for Adults

Local DV Victim Support Services

- La Casa
- Casa Lucerito
- Victims Assistance Units (LCPD, DA, County, NMSU)

Local DV Perpetrator Rehabilitation Services

- Behavior Modification Programs (typically court ordered)

National DV Victim Support Services

- National Domestic Violence Hotline
- StrongHearts Native Helpline
- VictimConnect Resource Center

Current Responsive Services for Children

KidTalk Warmline (La Piñon)

- Youth < 18 can call/text **(575) 636-3636** to talk about any violent situation they are experiencing.

Children's Capacity Building Project

- Supports programming specific to children provided through DV shelters statewide, and La Casa locally
- Trains advocates/counselors to support caregiver-child attachment

A Responsive Intervention for All Involved:

~~Safe & Together~~
(La Casa & CYFD)

As of October 2023, there are 5 Safe & Together Trainers at CYFD training case workers in the program.



Proactive and persistent engagement with perpetrators.

Focus on parenting choices



Perpetrator Mapping Tool

CYFD case history with clearly stated pattern of abuse.

Provided to courts w/ other legal documents.

Preventative Efforts for Adults

Conscious Fathering

- Aprendamos

Fathering in 15

- Aprendamos

Healthy Relationships Group

- Heart & Soul of NM

Preventative Efforts for Young Adults

One Love – non-profit focusing on TDV prevention
“One Love empowers young people with the tools and resources they need to see the signs of healthy and unhealthy relationships and bring life-saving prevention education to their communities.”

It Starts with Us (La Piñon)
encourages teens to talk about safe relationships, unsafe relationships and situations, etc.



Preventative Efforts for Children

Birth-3 Services

- Aprendamos
- 100% Community Center

Early Head Start

- La Clinica de Familia

It Starts With Us

- La Piñon

Multisystemic Therapy

- La Clinica de Familia
- Southwest Family Center

Risk Factors Show Up Early in Life

Poor behavioral control

Social problem-solving deficits

Early substance use

Arrest before age 13

Involvement with crime/violence, antisocial peers

Academic problems

Adverse Childhood Experiences

Negative parenting behaviors

Unstable & stressful family environments

Children Need Healthy Adult Relationships

Children who experience or see violence in the home need **healthy and supportive adult relationships & environments** outside of the home.

- Big Brothers Big Sisters
- Boys & Girls Club
- Trauma-Informed Schools
 - HEARTS, CLEAR, and other models

Prevention and Response

Teach	Teach Safe & Healthy Relationships
Engage	Engage Influential Adults & Peers
Disruption	Disrupt Pathways to Violence
Create	Create Protective Environments
Strengthen	Strengthen Economic Supports
Support	Support Survivors

1. Teach Safe & Healthy Relationship Skills

Adults – Healthy relationship programs for couples

- Pre-marital Relationship Enhancement Program (PREP)
- Behavioral Couples Therapy (BCT)
 - Substance abuse treatment program for individuals and their partners.

Children – Social-Emotional Learning programs

- Dating Matters (Grades 6, 7, 8)
- Safe Dates Only (8th/9th graders)
- The Fourth R: Strategies for Healthy Teen Relationships
- Expect Respect Support Groups (ESRG)

2. Engage Influential Adults and Peers

Deputize men and boys
as allies in prevention

- Coaching Boys Into Men

Family-based programs

- Families for Safe Dates (FSD)

Bystander
empowerment and
education

- It Starts With Us

3. Disrupt the Pathways to Violence

Early Childhood Home Visitation

- Nurse Family Partnership
- Early Intervention

Preschool Enrichment with Family Engagement

- Early Head Start (EHS)

Parenting Skill and Family Relationship Programs

- The Incredible Years (children up to 12)
- Parent Management Training Oregon Model (families w/ children 3-16)

Treatment for at-risk children, youth and families

- Multidimensional Treatment Foster Care
- Multisystemic Therapy (MST)

4. Create
Protective
Environments

5. Strengthen
Economic
Supports

Increasing Safety + Strengthening Economic Supports = Reducing Poverty

- Economic hardship is linked to higher levels of intimate partner violence, and forces victims to stay in abusive relationships.
- Economic/financial abuse occurs in 99% of domestic violence cases and across all socio-economic, educational, racial & ethnic groups.

Guaranteed Basic Income

Family Prosperity Project

- FYI+, Jardin de Los Niños, Community Action Agency, NMSU Crimson Research
 - \$500/month for 18 months to sole caregiver qualified families in Las Cruces
- NM State Sen. Soules has proposed a 2-year pilot program focused on pregnancy through the first year of the infant's life.
 - \$1500/month
 - contingent on income qualification and completion of prenatal appointments, forms/surveys, and home visitation services.

6. Support Survivors

Victim-centered services

- meet their identified needs

Housing Programs

- La Casa, Casa Lucerito

Treatment and support

- Substance use, mental health

Where to begin?

Increase Prevention Efforts

System to Gather Local Data

Support Coordinated Community Response

Guaranteed Basic Income

Increase and Expand Prevention Efforts

Children/Teens

- Social-Emotional Learning at schools
- Handle with Care
- TDV prevention (Dating Matters)

Adults

- Family and Parenting Skills Support and Training (100% Community/Family Resource Center)
- Project ECHO (violence prevention)

Increase Awareness & Conversations: UNM's Violence Prevention ECHO

- Virtual mentorship to increase knowledge and self-efficacy regarding the multi-factorial causes of violence: domestic violence, interpersonal violence, suicide, social determinants of health, environmental justice, and gun safety.
- The Violence Prevention ECHO is an 8-week, one-hour per week virtual program for all health professionals, first responders, public health professionals, legal personnel, and educators.

*Doña Ana County & City of Las Cruces Employees, LCPS and other local orgs could participate in future Violence Prevention ECHOs – they are currently on Session 2 of the second series. *

Accurate Local Data Matters

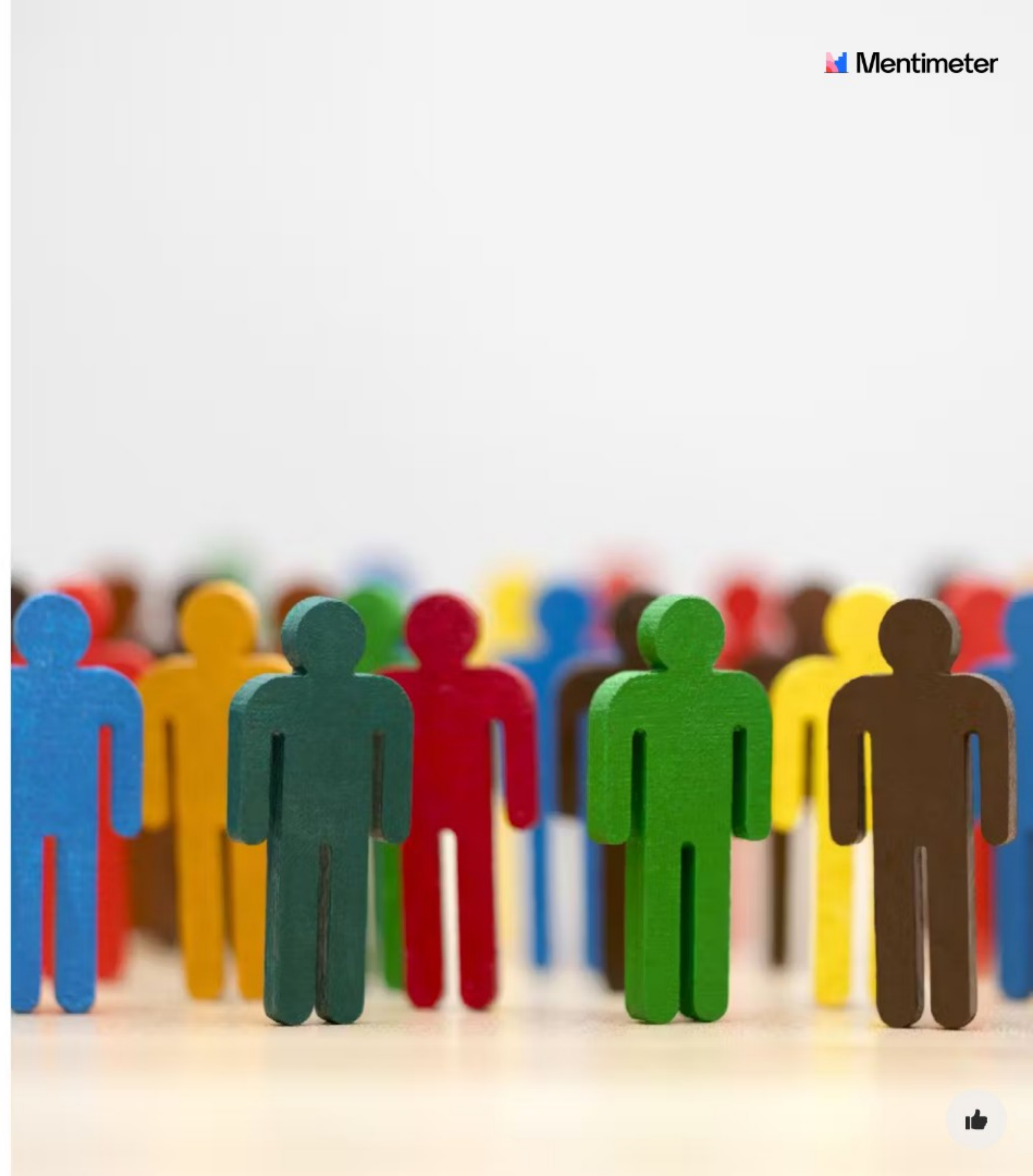
Doña Ana County & City of Las Cruces could collaborate to create a database of DV info from all relevant local agencies and services.

- Accurate information supports better intervention decisions
- Naturally increase local awareness of the many problems DV brings

Support Coordinated Community Response

CCR "brings advocacy programs, law enforcement, criminal justice, human service and other agencies together to coordinate their responses, integrating best practices.... so that victims and their children are safer, offenders are held more accountable and the responsibility for ending the violence is shifted from the victim to the community."

– The Gender Violence Institute



Support Guaranteed Basic Income

Guaranteed Basic Income pilot projects directly address poverty & financial/economic abuse.

*More than 96% of what GBI pilot participants received was spent on everyday life expenses.

Support & keep up with information on the Las Cruces Family Prosperity Project.

Advocate for expansion of GBI experiments with different communities.

A Model to Consider

Albuquerque's Domestic Violence and Sexual Assault Commission

The city of Albuquerque's Domestic Violence Task force (2019–2021) left 39 recommendations, including the creation of the DVSA Commission which began meeting in March of 2023.

“This Commission will work to **advise the Mayor and City Council on the gaps and quality of effectiveness for domestic violence and sexual assault services** in Albuquerque. This collective group of people with lived experience, advocates, service providers, law enforcement and other government agencies will serve as an effective system of prevention and intervention that is responsive to the needs of survivors and those that are at risk.” – DVSA website

Summary of Recommendations

Early Violence & TDV Prevention

- Dating Matters in middle school
- SEL learning from ECE on

What can the City & County do?

- Violence Prevention ECHO
- Create system for local DV data
- Support CCR
- Consider adopting a DVSA Commission
- Support more GBI programs
 - Follow the Las Cruces Family Prosperity Program
 - Adopt/advocate for Sen. Soules' prenatal/perinatal GBI proposal

Resources & References

National Statistics & Agencies

- <https://www.preventconnect.org/wp-content/uploads/2018/08/NRCDV-EconomicBurdenIPV-StateData.pdf?x54993>
- <https://www.genderviolenceinstitute.org/coordinated-community-response-model>
- <https://www.cdc.gov/violenceprevention/intimatepartnerviolence/datingmatters/science.html>
- <https://www.cdc.gov/violenceprevention/childabuseandneglect/fastfact.html#:~:text=Over%20the%20long%20term%2C%20children,attainment%2C%20and%20limited%20employment%20opportunities>
- <https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html>
- <https://ywcaspokane.org/what-is-intimate-partner-domestic-violence/>
- <https://www.cdc.gov/violenceprevention/intimatepartnerviolence/fastfact.html>
- <https://www.thehotline.org/support-others/why-people-stay-in-an-abusive-relationship/>
- <https://www.joinonelove.org/>
- <https://pa.fatherhood.org/en/>

Brain Development

https://youtu.be/04zP50tEad0?si=dN9bvCYr_rM8zOdF

Academic Resources

Huecker, M. R., King, K. C., Jordan, G. A., & Smock, W. (2023, April 9). *Domestic violence*. StatPearls - NCBI Bookshelf. <https://www.ncbi.nlm.nih.gov/books/NBK499891/>

Stronach, E. P., Toth, S. L., Rogosch, F. A., & Cicchetti, D. (2013). Preventive interventions and sustained attachment security in maltreated children. *Development and Psychopathology*, 25(4pt1), 919–930.

<https://doi.org/10.1017/s0954579413000278>

Velotti, P., Zobel, S. B., Rogier, G., & Tambelli, R. (2018). Exploring Relationships: A Systematic review on Intimate partner violence and attachment. *Frontiers in Psychology*, 9. <https://doi.org/10.3389/fpsyg.2018.01166>

Local Victim Support Services

- <https://lacasainc.org/>
- <https://casalucerito.org/>

Local Prevention Services

- <https://www.heartsofnewmexico.com/programs-services-groups>
- <https://aitkids.com/conscious-fathering/>

New Mexico Specific Resources

- <https://www.cabq.gov/domestic-violence-and-sexual-assault-commission-1>
- <https://iecho.org/public/program/PRGM169403777489726XA6LZX0H>
- <https://projectecho.unm.edu/news/having-the-difficult-conversation-unms-project-echo-launches-violence-prevention-program/>
- <https://www.nmcadv.org/>
- <https://www.childrenscabinet.nm.gov/profile-of-new-mexico-children/#:~:text=Figure%3A%20Racial%20and%20ethnic%20distribution,children%20ages%200%2D19%20years>

Economic Abuse Screening Tool

<https://ccfwe.org/economic-abuse-screening-tool/>

Guaranteed Basic Income Resources

- <https://basicincome.stanford.edu/research/guaranteed-income-dashboard/>
- <https://guaranteedincome.us/>
- <https://okjusticereform.org>
- <https://www.krwg.org/krwg-news/2023-09-15/las-cruces-rolls-out-citys-first-publicly-funded-basic-income-program>
- <https://www.caasnm.org/family-prosperity/>





LC3

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Our Vision

Want to learn more or keep tabs on LC3? Join our ListServ by Scanning the QR Code or going to www.tinyurl.com/LC3ML



Next LC3 General Meeting:

WHEN:

June, 18th, 2024
11:30a-1:00pm

WHERE:

1320 S Solano Dr, Las Cruces
NM 88001 (HYBRID)

RSVP @

www.tinyurl.com/LC3JuneGM



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