## Behavioral Health Collaborative













#### THE AGENDA:

Time Slots: Agenda Topic

1130-1145a > Welcome, Recaps, Upcoming Action Teams & Hands On Approach

1145a-12:15p > Strategic Reboot and Action Teams

12:15 - 12:30p > Shara Thorpe: Asset Mapping & Core Strategies

1245 - 1p Wrap-up & Community Announcements







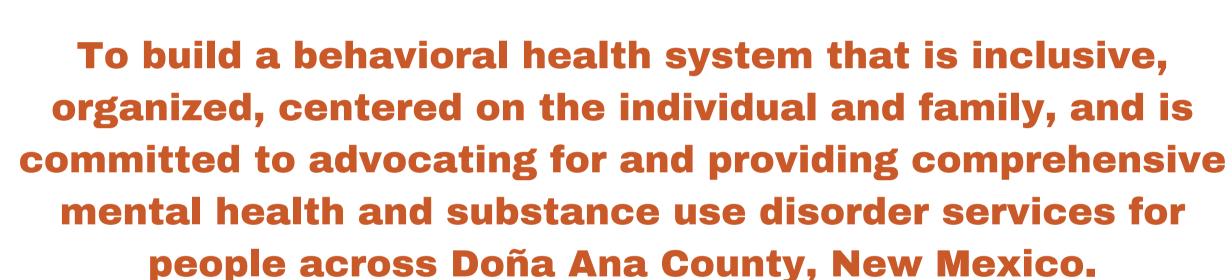
















LC3 MEETS EVERY 3RD TUESDAY OF THE MONTH FROM 11:30AM-1PM HYBRID (ZOOM) & IN-PERSON FYI+, 1320 S SOLANO DRIVE LAS CRUCES NM

### LC3 BOARD MEMBERS 2024-2025



Board Chair

CAROL KANE

**Oxford House** 

2024-2027



**MONTEVIS PRICE** 

**Veterans Association** 

2024-2027



PAUL FORD
MIH / LCFD

2020-2026



Board Vice-Chair

JULIE MOLINA

FYI+

2020-2026



KRISTIN DRAKE

**Peak Behavioral Health** 

2022-2026



MELISSA ONTIVEROS

Community Action Agency
SNM

2020-2026



Board Secretary

SHERRI RHOTEN

**NAMI-SNM** 

2024-2027



MARIANNE HERNANDEZ CYFD

2020-2026



ESLEY KING-STEWARD

**Mesilla Valley Hospital** 

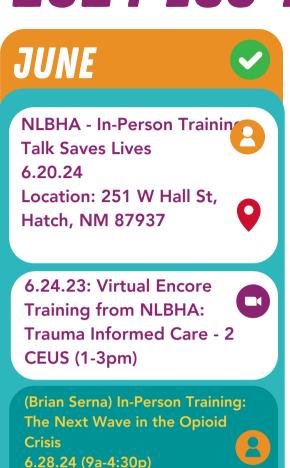
2023-2026







#### 2024 LC3 TRAINING CALENDAR



SOON JULY Coming Soon: 7.9.24

Athena Huckabee - Best **Practices in Language for BH Professionals TIME: Coming Soon** 

7.31.24 (COI) Virtual **Training:** Youth Question Persuade Refer (QPR) 10 am-12p -2 HOURS

**MONTH TOTAL:** 

**SCAN ME** 

**AUGUST** 

(Brian Serna) 2-Day **In-Person Training: Mindfulness-Based Somatic Emotional Processing (2 Days)** 8.14-8.15.24 (9a-4:30p) 13 CEUS

8.21.24 (COI) In-Person Training: Youth **Engagement Training 9am-2** pm - 4 HOURS

**MONTH TOTAL:** 

**SEPTEMBER** 

SOON

**CEUS** 

9.18.24 (COI) **Virtual Training: Youth Mental Health First Aid** (YMHFA) 9am-4pm - 6 **HOURS** 

**MONTH TOTAL:** 

**OCTOBER** 

(Brian Serna) In-Person Training: **Community Reinforcement &** Family Training (CRAFT) (Both 9a-4p) 12 HRS Total 10.9.24-10.10.24 (2 Days)

10.23.24 (COI) Family Engagement Training 9am-2pm 4 HOURS

**MONTH TOTAL:** 

16

**CEUS** 

**NOVEMBER** 

NLBHA TRAINING **Verbal Intervention** (RURAL) TENT: 11.20.24

**MONTH TOTAL:** 

**CEUS** 

**MONTH TOTAL:** 

6 HRS

**CEUS** 

Location: FYI+ @ 1320 S Solano

Dr, Las Cruces, NM, 88001

TOTAL NO COST CEUS FOR 2024

\*NUMBER INCLUDES PAST / EXPIRED TRAININGS SINCE FEBRUARY 2024

69 **CEUS** 

FOR ALL LC3 TRAININGS AND EVENTS REGISTER @ WWW.TINYURL.COM/LC3TRAININGS

\*PLEASE NOTE THAT EVENTS, DATES & LOCATIONS ARE SUBJECT TO CHANGE AND UPDATES WILL BE SENT OUT AS THE YEAR GOES ON\*

**OUR TRAINING PARTNERS:** 

















LEGEND:

COI (CENTER OF INNOVATION) SERNA / OTHER

📆 VIRTUAL

🔼 IN-PERSON

RURAL

ACCEPTING RSVP

RSVP CLOSED

**RSVP REQUIRED FOR ALL TRAININGS** 



#### **Upcoming In-Person Training:**

Talk Saves Lives - Hatch, NM

Spanish session 1.5 CEUs, English session, 1.5 CEUs

English: 10am-12pm Spanish: 1pm-3pm

This presentation will cover what we know about mental health and suicide, the most up-to-date research on prevention, and what we can all do to help save lives. Participants will learn common risk factors and warning signs in Latinx and Hispanic communities, as well as how to keep ourselves, our loved ones and those in our community safe.



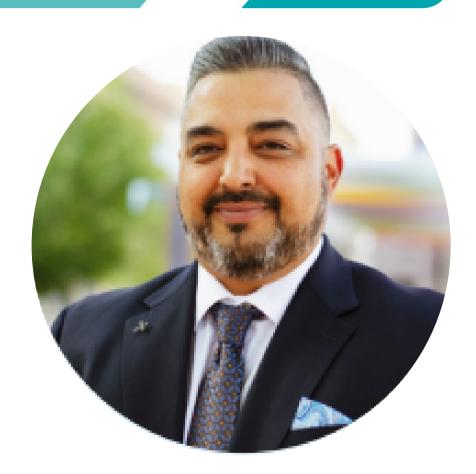
When: June 20th, 2024 Where: Hatch, NM (Venue: Hot Stuff) 251 W. Hall St., Hatch, NM 87837

National Latino Behavioral Health Association NLBHA



## Upcoming Virtual Training: NLBHA Trauma Informed Care Encore Presentation (2 CEUS)

Dr. Romero completed his doctoral studies at the University of New Mexico in Language, Literacy and Sociocultural Studies. As a trainer/consultant for NLBHA, he is focused on culturally appropriate treatment while reducing health disparities for people of color.



When: June 24th, 2024

National Latino
Behavioral Health Association NLBHA

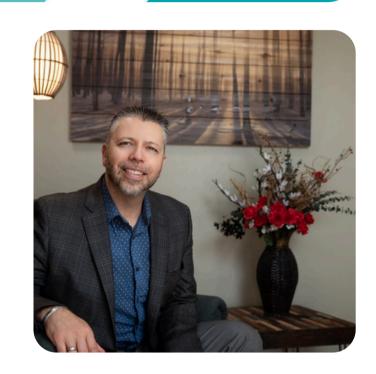


#### Upcoming In-Person Training: The Next Wave in the Opioid Crisis 6.28.24 (9a-4:30p)

This workshop will examine the data behind the three waves of the opioid crisis since the early 1990's. Looking at the historical contexts internationally, nationally, and locally, we will see how our relationship with opioids has evolved over time. Special attention will be focused on the current wave of fentanyl analogs (e.g., Fentanyl), Tranq (Xylazine), and Benzo-dope (Etizolam). The current trends around adaptations using Naltrexone, Methadone, and Suboxone will also be reviewed (e.g., microdosing). 6 CEUs.

### When: June 28th, 2024 Where: FYI+

1320 S Solano Dr., Las Cruces, NM 88001





RSVP @ WWW.Tinyurl.com/LC3Trainings



#### PAST EVENTS: SCREENING IN PARTNERSHIP WITH THE LAS CRUCES SUICIDE PREVENTION TASK FORCE

When:
June 8th,
2024
Where:
Rio
Grande
Theatre

























#### Goals:

- Together we developed interventions to fill system gaps.
- We collected and shared data amongst valuable stakeholders, YOU!
- We created a powerful feeling of collective impact, showing us what we are capable of!
- To continue this momentum we are rebooting our LC3 meetings.....







## Behavioral Health Collaborative

## HANDS ON APPROACH









## Our new LC3 "hands on approach" will be more of a group think or brainstorming session















1ST Youth Services



**Legislative & Sustainable Funding** 



**Supportive & Specialty Services** 



4TH Crisis Services



57H Housing Services



67H Coordination of Care











1ST Youth Services



THIS TEAM FOCUSES ON ADDRESSING THE NEEDS, CHALLENGES, AND OPPORTUNITIES FACED BY YOUNG PEOPLE IN THE COMMUNITY. IT WORKS TO EMPOWER YOUTH, PROVIDE THEM WITH ESSENTIAL RESOURCES AND SUPPORT, AND ENGAGE THEM IN POSITIVE ACTIVITIES AND LEADERSHIP ROLES.

#### **Legislative & Sustainable Funding**



THIS TEAM FOCUSES ON INFLUENCING LEGISLATION, DEVELOPING STRATEGIC FUNDING PLANS, AND ENSURING THE SUSTAINABILITY OF PROGRAMS AND PROJECTS. IT IS DEDICATED TO ADVOCATING FOR POLICIES AND SECURING LONG-TERM FINANCIAL RESOURCES TO SUPPORT THE INITIATIVES AND GOALS OF AN ORGANIZATION OR COMMUNITY EFFORT.

#### **Supportive & Specialty Services**



FOCUSES ON PROVIDING AND COORDINATING A WIDE RANGE OF SERVICES DESIGNED TO ADDRESS SPECIFIC NEEDS WITHIN THE COMMUNITY, ENSURING THAT INDIVIDUALS RECEIVE COMPREHENSIVE CARE AND SUPPORT. THIS TEAM WORKS TO IMPROVE ACCESS TO SPECIALIZED SERVICES, ENHANCE THE QUALITY OF CARE, AND SUPPORT THE WELL-BEING OF INDIVIDUALS ACROSS VARIOUS POPULATIONS.









#### 4TH Crisis Services



FOCUSES ON PROVIDING IMMEDIATE SUPPORT, INTERVENTION, AND RESOURCES TO INDIVIDUALS EXPERIENCING CRISES, WHILE ALSO WORKING ON LONG-TERM STRATEGIES TO PREVENT SUCH CRISES AND IMPROVE OVERALL COMMUNITY WELL-BEING.

#### **Housing Services**



THIS TEAM FOCUSES ON ENSURING OUR COMMUNITY HAS ACCESS TO SAFE, AFFORDABLE, AND STABLE HOUSING FOR ALL RESIDENTS. IT WORKS TO TACKLE HOMELESSNESS, IMPROVE HOUSING CONDITIONS, AND ADVOCATE FOR POLICIES THAT SUPPORT HOUSING EQUITY AND SUSTAINABILITY.

#### 67H Coordination of Care



FOCUSES ON IMPROVING THE INTEGRATION AND COLLABORATION AMONG VARIOUS HEALTHCARE PROVIDERS, SERVICES, AND COMMUNITY RESOURCES TO ENSURE THAT PATIENTS RECEIVE COMPREHENSIVE, EFFICIENT, AND CONTINUOUS CARE.









#### **Next Steps:**

- Each of the potential action teams will create a presentation for the LC3 Board members.
- Coordinators will reserve a future board meeting date for teams to present (more details soon).
- Board members will vote on final action teams.
- There will be a top 3 out of the 6 action teams that will be remaining.

- Presentation:
- Virtual
- Types:
- Visual (Canva, powerpoint, etc.)
- Verbal
- Time Frame:
- Board Meetings start at 11:30 am and end at 1 PM on the first Tuesday of the month.
- Each Action Team
   Candidate Group will be able to present / propose in a time slot of 15-20 minutes per group, but no shorter than 5 minutes.

#### **Presentations should include:**

- Mission / ActionStatements
- Present shortterm and longterm goals (Shown in the next slides as written during Strategic Reboot).









#### Housing - Short Term & Long Term Goals

- Eliminate Stigma: Show the community that unhoused people are human beings.
  - Film
- Who funds it: (NMSU, County and City, Film Las Cruces (pro bono)
  - Who makes it? (Film las cruces,
     NMSU Film Students)
- Promotions, incentives, fundraisers

- Who will do it?
  - ACLU (Carol)
  - NMSU Interns
  - Local Lawyers, Legal Aid
- Coordination:
  - Mobile Unit
  - Provides services in community
- Data Collection:
  - Track and report (Support Legislation)
  - Info for hired lobbyists
- Promotion:
  - Quarterly Workshops
  - Sun News / Bulletin; NMSU, Radio,
     Podcasts, NPR
- Donations: Support from local businesses, free servers
- Collaboration (2-5 Years)







#### Legislative & Sustainable Funding - Short Term & Long Term Goals

- Education & Training about the legislative process for LC3
- Collaborate & Retain Lobbyist
  - Hire a lobbyist to represent and advocate mental health in DAC
- LC3: Give a presentation to legislators
- Partner with NMSU Public Health, social work, and government departments to develop position and policy papers to publish, present and share with state and local leaders

- Build / Legislate tangible and ethical pathways to mandate care
- Infrastructure for sustainability for providers
- develop and build long-term BH/SUD facilities = Transitional Living Environments
- Use Opioid Settlement Funding (BHSD / HCA)
- Medical Malpractice act: Repeal to retain providers (Tort reform).









#### Youth Services - Short Term & Long Term Goals

- Community Partnerships
- Exploring the who/what/where/when/why of youth as partners
  - aggregating the data
  - renew the data
  - identify the HUBS and where it will live
- Meeting with coordinators of care teams

- Closed loop referral system
  - connecting with the coordination of care teams
- Increase family and youth as partners.
- Increasing networking and support by providing spare time for collaboration and learning
   schools, partner PD, etc.
- increase of community partnerships in schools
- recruit and retain service providers









#### Coordination of Care - Short Term & Long Term Goals

- Educate on privacy rules and regulations
- Educate on options for sharing of health information
- Educate and disseminate information on resources and required use
- Increase in number of team meetings to share success and challenges in case management
- Embrace the relationship first community culture

- Improve uniform platforms so data sharing is simple and consistent
- identify or develop an ombudsman program to hold providers accountable
- keep education and central information source for health care authority roles and responsibility
- Make sure people are doing their job and holding them accountable
- make sure we educate our community with every day language; includes our community and colonias
- identify a seamless process to share PHI information with need.
- Identify and develop groups who will come together with monthly gatherings
  - to: speak possible solutions
  - o incentivize individuals for time
  - being intentional on people we are inviting









#### Supportive & Specialty Services - Short Term & Long Term Goals

- Write peer workers (grants)
- Education for peer workers, develop navigation
- Midterm: Find experts or other communities who hire peer support
- increase medicare reinbursement rate

- UNITE US
- DAC Connect
- Taskforce and commitment to keep it going
- Working group sto become more knowledgeable (Summits, Relaunch, etc.)
- County funds summit / relaunch with FYI









#### Crisis - Short Term & Long Term Goals

Improve access to, the functioning of, and awareness of DAC crisis continuum services:

- · CSU
- Mobile Crisis
- Rural expansion of LIGHT
  - 24hr LIGHT Coverage
- Community awareness of all resources available
- Youth Crisis Services

- Goal is to expand trauma responsive, culturally and linguistically informed crisis services throughout DAC in order to provide timely, effective and accessible support to individuals experiencing mental health crises. Untimately reducing the burden on emercencyu services and improving overall community health & well-being for everyone involved in the crisis process.
- Funding, transportation
- provider availability
- crisis services to all (youth, elderly, adults, SUD & MH/BH, all cultures, etc.).









After voting, Teams will be finalized, & Meetings (Recurring) will be scheduled and set by coordinators / LC3 representatives.

- Once teams are finalized, Game Changer Strategies will be edited (original Action Team Slides) & Teams will be announced and presented to the subsequent general meeting & announced on appropriate LC3 channels of communication.
- Contact sheets will be updated & Co-Chairs will be assigned; once assigned, reoccurring co-chair meetings will be scheduled as before.









#### **Youth Services**



Marisa DeWolf - marisa@ngagenm.org Diana O'Brien - diana@cfsnm.org Lourdez Orquiz - orquizl@caasnm.org Elizabeth Fernandez - efernandez@lcdfnm.org Marianne Hernandez-J - marianne.hernandez@cyfd.nm.gov

#### Legislative & Sustainable Funding



Paul Ford - pford@lascruces.gov Susie Kimble - kimblesand@zianet.com Wes Smith - wsmith@lascrues.gov **Melissa Ontiveros** ontiverosm@caasnm.org Jessica Garcia - jgarcia@chi-phi.org

#### Supportive & Specialty Services



Kristin Drake - kristin.drake@peakpehavioral.com Al Galves - agalves2003@comcast.net Kasandra Gandara - kasandra 4 lascruces@gmailcom Julie Molina - jmolina@fyinm.org Sherri Rhoten - S.rhoten@nami-snm.org Chris Spurny - cspurny@nmsu.edu Monica Urquieta Chavira monicach@donaanacounty.org Bethany Wellman - bwellman@nmsu.edu







#### **Crisis Services**



Lesley King-Steward - lesleyk79@yahoo.com Timothy James - timothy.james@uhsinc.com David Sarabia - Dsarabia@lascruces.gov Jess Spohn - jspohn@vibrant.org

#### **Housing Services**



Janet Diaz - janet.diaz@yescarecorp.com Lynda Garcia - lyndag@donaanacounty.org Lisa Jenkins - Lisa.jenkins@lopdnm.us Carol Kane - ck32188@gmail.com Alycia Nabours - anabours@lascruces.gov Alejandra Ramirez - 523alexramirez@gmail.com

#### **Coordination of Care**



Kathy Apodaca - kathy.apodaca@lopdnm.us **Brooke Baisas** bbaisas@agapepainmanagement.com Chelo Guerrero - consuelog@donaanacounty.org Robert Maitland - bobbybarre34@gmail.com



#### **Shara Thorpe**

She, Her, Hers
Opioid Settlement Coordinator & QPR Instructor
DAC HHS

Shara Thorpe is the Opioid Settlement Coordinator with the Health and Human Services Division. She, as well as HHS staff, will be conducting focus groups for the Opioid Settlement Project, in order to identify gaps, barriers, in treatment and recovery services, and develop pathways for prevention, with the ultimate goal of establishing priorities for the use of opioid settlement funds.









Naloxone and	What:	Who:	Other:
other FDA approved drug to reverse opioid overdose	<ul> <li>Provide Narcan/naloxone, education/training to individuals and agencies at different agencies and to the public.</li> <li>Harm reduction program and southwest pathway.</li> </ul>		<ul> <li>We do not want to fund high dose naloxone products (larger than 4mg a dose).</li> <li>We do not want to fund nalmetrene.</li> <li>These products have been spoken out against by harm reduction groups and the American College of Toxicology.         Also, our own NMDOH and SOR programs.     </li> <li>What about gas stations and convenience stores?</li> </ul>







Medication Assisted Treatment (MAT) distribution	What:     Elite- methadone,     ALT Recovery- methadone     and buprenorphine,	Who:  NMDOH  DAC Detention Center- RISE	We want to fund the initiative to "Free"     methadone and make it more widely     available. It works much better for
treatment	<ul> <li>NMDOH all except methadone</li> <li>CHI (Center for Health and Innovation or SWCHI Southwest Center for Health Innovation) is working to expand MAT for people in custody.</li> <li>Some prescribers have agreed to provide MAT. Don't know who is on the list.</li> <li>Ideal option buprenorphine, naltrexone. FDA approved meds for alcohol. Non-FDA approved drugs for methamphetamine.</li> <li>Memorial Medical Center-Bridge Program- MAT services</li> </ul>	Program  Ideal Option, Alt Recovery, Elite. Peak Behavioral Zia Amador Alianza MMC Bridge	fentanyl.







Pregnant and postpartum women	The CARA program through CYFD should be a resource.     Continuation of MAT for pregnant women in the detention center through DOH and/or methadone providers.     Casa Lucerito- Sober living     Memorial medical bridge program	<ul> <li>Casa Lucerito- Sober living for woman</li> <li>Bridge Program through MMC</li> </ul>	Albuquerque has very robust programs through Lovelace that provide comprehensive support for pregnant women, housing, treatment, etc.
Expanding treatment for neonatal abstinence syndrome	MMC Bridge program. I     would not trust the other     two hospitals, because     they won't treat the mother     for OUD.	Who:	Stigma and fear prevent mothers from seeking services













Treatment for	What:	Who:	Other:
population	MAT is still not being inducted in jail. Detention Center and YesCare-MAT. DAC HHS receives NMHSD/BHSD funding for jail release community reentry services in RISE program; staf paid from this source work in Yes Care in DACDC for persons with SUD leaving jail.	HHS RISE program- Staff paid from this source work in Yes Care in DACDC for persons with SUD leaving jail.	is behavioral health treatment provided in the jail?
Prevention programs	CHI/UP coalition- implement work through OSAP grants, and other grants related to ATOD/promote media campaigns like parents who host lose the most	UP Coalition     HHS Hoy Program     DOH health     promotion team     and harm reduction     team     LC suicide     prevention task     force     Opioid 360     La Clinica     FYI+	Other:







Expanding syringe	What:	Who:	Other:
service programs	Southwest Pathways and harm reduction through the DOH	NMDOH     Amador     Alianza	I would like a very robust program like what the Mountain Center does in the north state. You might include safer injecting/safer smoking services not just syringe exchange.      Recent data nationwide and in NM and for us on MVCH campus show marked rates of increase in persons receiving our harm reduction services with safer smoking kits. 4th wave of fentanyl with methamphetamine is significant.
Evidence-based data collection and research analyzing	••	NMSU/Resilience     Leaders survey     Data collection     through FYI+     Opioid Settlement     outreach surveys     DOH     Epidemiologists     compile data and     share     NM_HIDTA	Other:









#### **Shara Thorpe**

She, Her, Hers
Opioid Settlement Coordinator & QPR Instructor
DAC HHS

#### Any questions for Shara?



Contact Info:

Doña Ana County

Phone: 575-525-5887

sharat@donaanacounty.org

www.donaanacounty.org











#### Doña Ana County Resilience Leaders

Our Vision

To ensure all county residents have access to the ten vital services for surviving and thriving services shown to create safe childhoods, resilient families, successful students and job-ready adults who can participate in New Mexico's workforce and economy.



https://www.dacrl.org/





#### **CALLING ALL DOÑA ANA COUNTY RESIDENTS**

















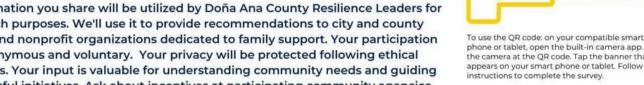


#### **YOUR COUNTY, YOUR SAY!**

**PARTICIPATE IN THE "100% COMMUNITY SURVEY" TODAY!** 

VISIT https://bit.ly/DonaAna2024 OR SCAN THE QR CODE

The information you share will be utilized by Doña Ana County Resilience Leaders for research purposes. We'll use it to provide recommendations to city and county officials and nonprofit organizations dedicated to family support. Your participation is anonymous and voluntary. Your privacy will be protected following ethical guidelines. Your input is valuable for understanding community needs and guiding meaningful initiatives. Ask about incentives at participating community agencies







phone or tablet, open the built-in camera app. Point the camera at the QR code. Tap the banner that appears on your smart phone or tablet. Follow the







#### **LLAMANDO A TODOS** LOS RESIDENTES DE DOÑA ANA















#### **TU CONDADO, TU VOZ!**

**PARTICIPE HOY EN LA** "ENCUESTA 100% COMUNITARIA"!

#### VISITA https://bit.ly/DonaAna2024 OR ESCANEA EL CÓDIGO QR

La información que usted comparta será utilizada por los Líderes de Resiliencia del Condado de Doña Ana con fines de investigación. Lo usaremos para brindar recomendaciones a funcionarios de la ciudad y el condado y a organizaciones sin fines de lucro dedicadas al apoyo familiar. Su participación es anónima y voluntaria. Su privacidad estará protegida siguiendo pautas éticas. Sus aportes son valiosos para comprender las necesidades de la comunidad y guiar iniciativas significativas. Pregunte sobre los incentivos en las agencias comunitarias participantes.

**ENCUESTA DISPONIBLE HASTA 6/29/2024** 



Para usar el código QR: En su teléfono inteligente o tableta abra la aplicación de la cámara. Apunte la cámara al códigoQR. Toque la pancarta que aparezca en su teléfono celular otableta. Siga las instrucciones para completar la encuesta(i de cambiar el "English" al "Español").











# Any Questions / Thoughts? Or announcements?







LC3

**Our Vision** 

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Want to learn more or keep tabs on LC3? Join our ListServ by Scanning the QR Code or going to www.tinyurl.com/LC3ML



**Next LC3 General Meeting:** 

WHEN: jULY, 16th, 2024 11:30a-1:00pm WHERE: 1320 S Solano Dr, Las Cruces NM 88001 (HYBRID) <u>RSVP</u> @ www.tinyurl.com /LC3JulyGM



CONTACT INFO:

JAVIER GUERRERO

HE, HIM, HIS

ICS COMMUNITY COORDINATOR, FYI+

EMAIL: JGUERRERO@FYINM.ORG

**OFFICE:** 575-202-6987



CONTACT INFO:

AMANDA VEGA
SHE, HER, HERS
ICS COMMUNITY COORDINATOR, FYI+

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