



Meeting Notes

Tuesday, April 8, 2024

4:00-5:30 pm

UTEP Health Science Center and School of Nursing Building
Room 211

Welcome and Introductions:

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions.

Special Presentations:

EHN Annual Report - Rene Hurtado, Chief of Staff, Emergence Health Network presented highlights from their 2023 Annual Report. This file is large and includes several videos. It can be accessed at: [2023 EHN Annual Report – Our Purpose, Our Community](#). Mr. Hurtado responded to questions from the audience.

Mental Health Starts with Me - Valeria Lerma, Trauma Informed Care Specialist with El Paso Child Guidance Center presented on the new Mental Health Starts With me program that is the result of a recent grant to help youth in rural communities. Ms Lerma responded to questions from the group. Presentation slides are included with these notes.

Updates:

Maria Carrillo called for the group to share community updates. Flyers or other information may be included as part of these notes.

Next Meeting:

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2nd Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, June in room 211 at the UTEP Health Sciences Center and College of Nursing Building.



**Tuesday, April 9th
4:00 – 5:00 pm
at
The UTEP College of Nursing in Room 211 on the second floor.**

Meeting Agenda

 **Welcome and Introductions**

 **Presentation Topic:**

**Rene Hurtado
Chief of Staff
Emergence Health Network
“EHN Annual Report”**

**Valeria Lerma
Trauma Informed Care Specialist
El Paso Child Guidance Center
“Mental Health Starts with Me”**

 **Community updates and announcements**

 **Ideas for upcoming meetings**

All are welcome to participate in Brain Trust Meetings. Please share this announcement with a friend or colleague.

Please do not hesitate to contact Enrique Mata at 915-253-0287 or Josue Lachica at jlachica@mmhpi.org if you have any questions.

Maria Carrillo and Dr. Holly Mata,
Brain Trust Co-Chairs

Brain Trust Mission:

The Brain Trust is a collaborative network of community stakeholders committed to changing minds and attitudes about mental illness in El Paso County to improve mental and emotional well-being for the health of children, youth, and adults.

The Brain Trust

From the Beginning in 2011, the Brain Trust worked to change minds and attitudes about mental illness in El Paso County to improve Mental health and emotional well-being.

This collaborative network of community stakeholders continues this work today. its commitment in 2024 is to inspire and empower the next generation of healthcare providers to recognize the importance of mental health and emotional well-being as vital to overall health.

We look forward to growing the Brain Trust's strength and synergy with you and your network of friends and family!

*Brain Trust Meetings are held at
4:00 pm on the second Tuesday of every other month.*

*To get on our listserv or for more information contact: Enrique Mata
915-253-0287 or emata@mmhpi.org or Josue Lachica
jlachica@mmhpi.org*



We want to thank the following Brain Trust members for providing professional presentations on mental health and substance use care and support options in our community:

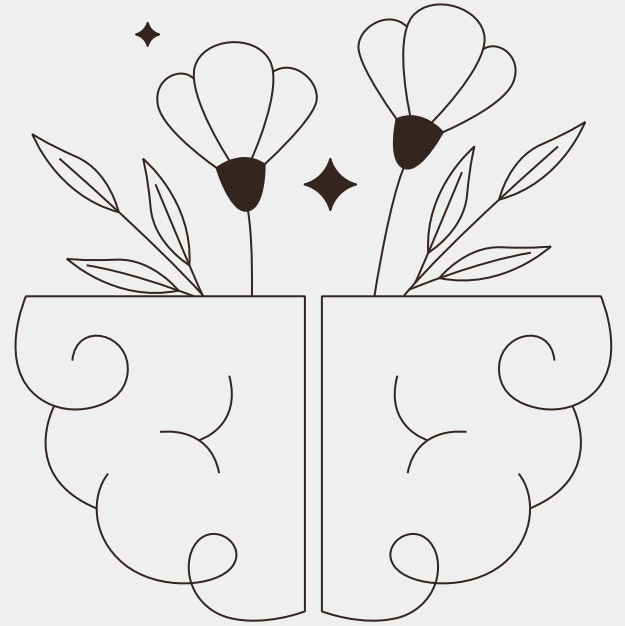
- 🐦 **John Martin, Deputy Director, Opportunity Center for the Homeless**
 - *Topic: An overview of the Opportunity Center for the Homeless*
- 🐦 **Alysha Swann, Executive Director Insights-El Paso Science Center**
 - *Topic: Insights' Science of Mental Health Program*
- 🐦 **Holly Mata, PhD, Brain Trust Co-Chair**
 - *Topic: Q & A on Current Mental Health Policy*
- 🐦 **Luis Chavarria, MBA, QMHP-CS Manager of Community Education - Emergence Health Network**
 - *Topic: What is the Mental Health Learning Library?*
- 🐦 **Jillian Longway, MSN, RN, ARNP, CPNP-PC, PMHS Director of Education and Research Development Texas Tech University Health Sciences Center El Paso** *Topic: Child Psychiatry Access Network (CPAN)*
- 🐦 **Audrey Garcia, Program Officer Paso del Norte Health Foundation**
 - *Topic: The Vaping Dilemma*
- 🐦 **Andrea Z. Kerr, MBA Community Relations Coordinator Emergence Health Network**
 - *Topic: Emergence Health Network Services Overview*
- 🐦 **Mario Herrera, Director of Business Development Rio Vista Behavioral Health**
 - *Topic: First Responder Program*
- 🐦 **Karla Silva Chief Clinical Officer Rio Vista Behavioral Health**
 - *Clinical overview services offered at Rio Vista Behavioral Health*
- 🐦 **Guillermo Valenzuela, Chief Corporate Officer, Aliviane Inc.**
 - *Topic: Overview of Aliviane Services*
- 🐦 **Nicole Schiff, Executive Director, The Paso del Norte Center of Hope**
 - *Topic: Human Trafficking - Awareness and Prevention*
- 🐦 **Brenda De Anda-Swann, General Manager, KVIA, ABC- Channel 7**
 - *Topic: ABC-7'S BE MINDFUL: Making Mental Health Top of Mind*
- 🐦 **Leslie K. Robbins, PhD, APRN, PMHNP-BC, PMHCNS-BC, FAANP, ANEF Dean UTEP College of Nursing and Amy Field, MSN, APRN, PMHNP-BC Instructor UTEP College of Nursing**
 - *Topic: The Future of Mental Health Workforce in the Paso del Norte region*

***We welcome presenters for the 2024 Brain Trust Meetings.
To schedule a presentation topic contact: Enrique Mata 915-253-0287 or
emata@mmhpi.org or Josue Lachica jlachica@mmhpi.org***

SAMHSA

Mental Health Starts with Me (MHSM)

La Salud Mental Empieza Conmigo

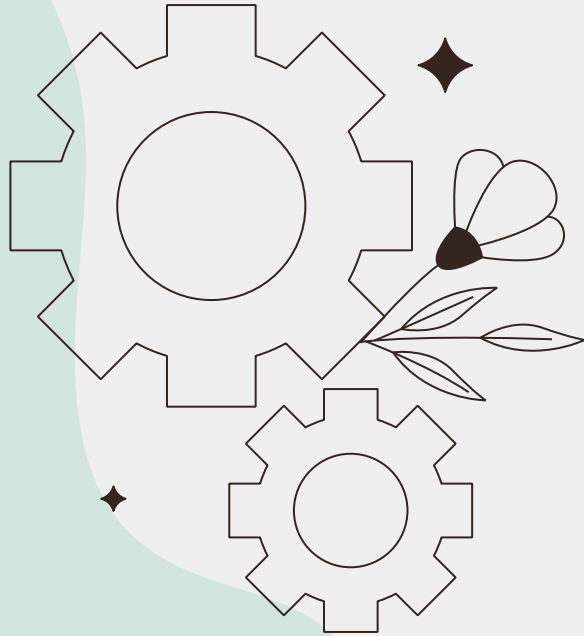


What is MHSM?

A federal grant to increase access to effective trauma and grief focused treatment for children, adolescents, and their families living in El Paso County

Targeted population:

- Children 3-17 years of age & their families
- Demonstrate significant levels of trauma, grief, and disparities in mental health
- Special emphasis on children and youth attending rural Clint and San Elizario High School



MHSM Goals

1

Raise community awareness to promote support for youth and their families experiencing grief and trauma

2

Utilize outreach, coordinated screening, and assessment for early identification of youth who have experienced grief and trauma

3

Increase access to Evidence-Based Interventions for youth and their families

4

Support the development of Trauma-Informed and Grief-Focused Systems of Care in the county

Expected Outcomes

10%

Increase in:

referrals for trauma/grief experiences with community partners/providers and schools & trauma screenings and assessments for children/youth

40%

Increase in:

daily functioning and social connectedness (measured by NOMS)

5%

Increase in:

referrals to caregivers for children/youth

75%

of families in treatment will experience a decrease in trauma and grief symptoms (measured by BPTSD-RI)

15%

of parents completing training programs will report a decrease in defiant behavior and an increase in nurturing skills.

An illustration on the left side of the page shows two hands, one above and one below, holding a stylized brain. The brain is depicted with a central vertical line and symmetrical, rounded lobes on either side. Two small black diamond shapes are placed near the brain. The background features a light green circular shape and a dark blue abstract shape in the top right corner.

Our services

Prevention

Grief, Trauma, and Traumatic Grief Awareness Workshops

Intervention

Skills Training and Parenting Classes

Treatment

Grief, Trauma, and Traumatic Grief based Therapy

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Referral Process

Contact TIC Specialist for referral form

TIC Specialist will contact LAR upon receiving referral

Complete intake process

Schedule initial evaluation



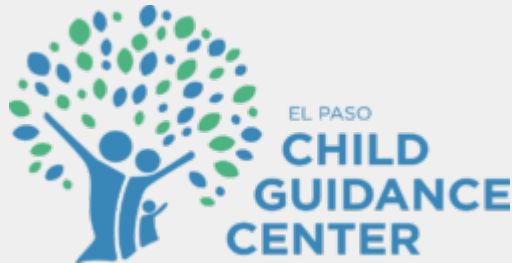
Referral Point of Contact

East/Rural

Tanya Venzor

TIC Specialist

tvenzor@epcgc.org



Central

Valeria Lerma

TIC Specialist

vlerma@epcgc.org

