



Meeting Notes

Tuesday, April 8, 2024

4:00-5:30 pm

UTEP Health Science Center and School of Nursing Building
Room 211

Welcome and Introductions:

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions.

Special Presentations:

The Children's Grief Center of El Paso: Programs and Services - Janine Gallinar, LCSW Clinical Director and Luisa Delgado, Program Coordinator provided an overview of the services and support options available through the Children's Grief Center of El Paso. Ms. Gallinar and Ms. Delgado responded to questions from the group. Presentation slides are included with these notes.

Updates:

Maria Carrillo called for the group to share community updates. Flyers or other information may be included as part of these notes.

Next Meeting:

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2nd Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, August 13th in room 211 at the UTEP Health Sciences Center and College of Nursing Building.



The Children's Grief Center of El Paso

June 2024

Our Compass

VISION

We believe that no child should grieve alone and that every child should have access to healing, health, and hope through grief-informed communities.

MISSION

We create compassionate and inclusive spaces that promote healing and well-being among grieving children, youth, and their families through community-based peer groups, individual and family services, and grief-informed education and advocacy.

VALUES

Inclusivity

Compassion

Integrity

Service

Wellness

It is a Team Effort: Staff & Volunteers



Luisa Delgado

Program Coordinator



Kathy Revtyak

Executive Director



Janine Gallinar

Program Director



Volunteer Facilitators

WHY we do what we do

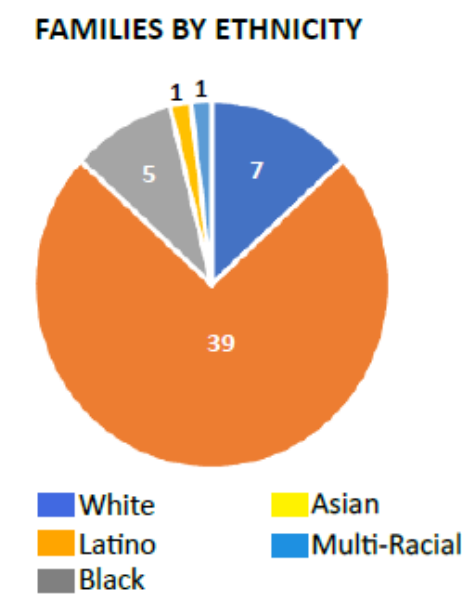
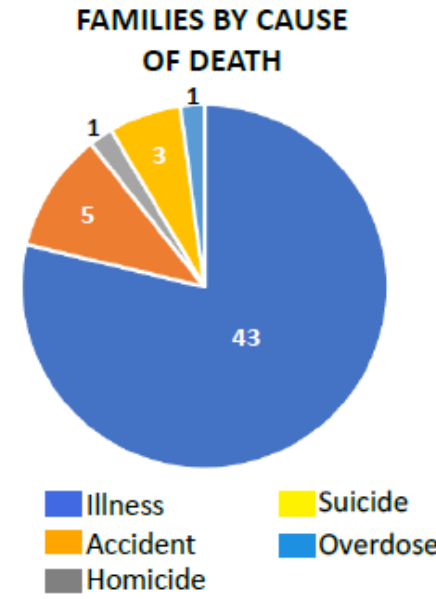
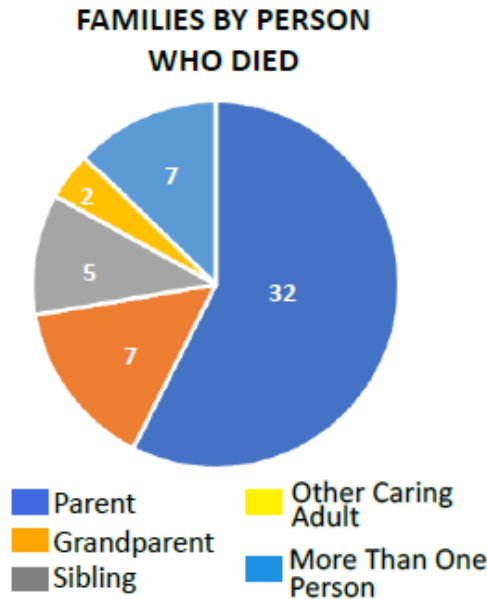


The Need

Demographic Impact

The Need We are Meeting

The Need We Seek to Meet



What is a Grief Center?

- Creates a safe environment
- Teaches coping skills for strong emotions
- Help children feel grounded
- Help with reactions before addressing grief
- Provide an opportunity for sharing
- Facilitate play and creative expression to process the grief



Our Passion: A Grief-Informed Community



Our Commitment

Just as no two children and youth grieve the same, **there is no single way to support** bereaved youth.

We seek to create **holistic, compassionate, culturally-sensitive, evidence-based supports** that meet the needs and choices of every child and family we serve.

Early intervention that creates **safety, connection, and tools for regulation** builds **resilience** in our youth and mitigates adverse outcomes in their lives.



Our Programs

1. Grief Support and Education
2. Grief Therapy



Our Services

Grief Support and Education

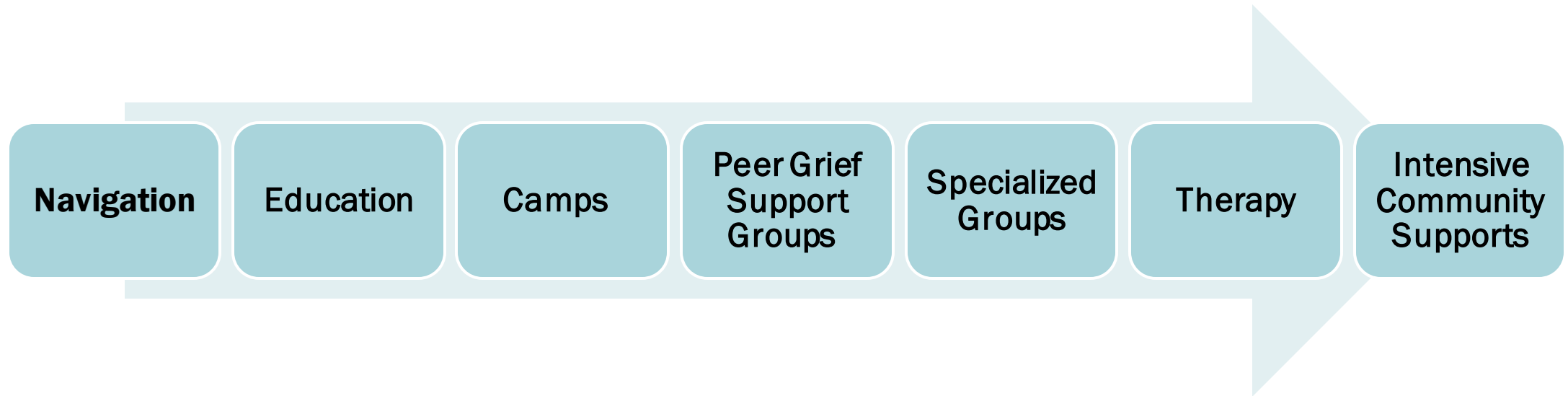
1. Navigation
2. Peer Grief Support Groups
3. Grief Talks Education Workshops
4. Good Grief Summer Camp
5. Grief Training

Grief Therapy

1. Individual Assessment
2. Individual Therapy
3. Consultation



Creating a Continuum of Care



Who do we serve?

We serve all youth and young adults (5-25) and their families, striving to create an inclusive environment where all feel belonging.

We work from a family-based, strengths-oriented, empowerment perspective.

Death affects all youth and their families, and we seek to support all populations and unique needs.

- LGBTQIA+
- Foreign-Born
- Military-Affiliated
- Spanish-speaking

Family Peer Support Groups

- No cost to families
- Parent Group (English)
- Parent Group (Spanish)
- Young Adult Group
- Teens (15-18)
- Tweens (12-14)
- Middles (9-11)
- Littles (5-8)



Grief Informed Therapy

- To provide accessible, comprehensive and evidenced based counseling for grieving youth and young adults.
- Multi-Dimensional Grief Therapy
- Trauma and Grief Component Therapy



Aligning to Best Practices

Standards of Practice

- National Alliance for Children's Grief
- Code of Ethics (for Licensed Social Workers, Licensed Professional Counselors)

Evidence-Based Practices

- Multi-dimensional Grief Theory
- Trauma & Grief Component Therapy

Compliance

- HIPPA
- TAC

Center Events



- Good Grief Summer Camp- June 29th and 30th
- Annual Gala- September 26th
- Volunteer Facilitator Training- August 24th and 31st

**Memories by Maroon 5 performed
by One Voice Children's Choir**
[https://www.youtube.com/watch
?v=Rv9EWc-pPbw](https://www.youtube.com/watch?v=Rv9EWc-pPbw)



Contact Us: The Children's Grief Center of El Paso

Janine Gallinar, Program Director

Janine@cgcel Paso.org

Luisa Delgado, Program Coordinator

Luisa@cgcel Paso.org

915-532-6004

<https://cgcel Paso.org>

