



Meeting Notes

Tuesday, August 13, 2024

4:00-5:30 pm

UTEP Health Science Center and School of Nursing Building
Room 211

Welcome and Introductions:

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions.

Special Presentations:

Aliviane Inc: Different Paths of Recovery - Leslie Perez, LCDC and Joseph de la Cruz, Peer Specialist Supervisor presented on the wide range of services that Aliviane provides. They emphasized the new residential treatment center that just near Montana and Hawkins. Ms. Perez and Mr. de la Cruz responded to questions from the group. Presentation slides are included with these notes.

Updates:

Maria Carrillo called for the group to share community updates. Flyers or other information may be included as part of these notes.

Next Meeting:

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2nd Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, October 8th in room 211 at the UTEP Health Sciences Center and College of Nursing Building.



ALIVIANE

Easing the Journey to Recovery



A L I V I A N E

Easing the Journey to Recovery

Founded in 1970, we are a nonprofit organization serving communities throughout West Texas, offering **prevention, intervention, treatment, and recovery support services** for substance use and other mental health disorders.

OUR MISSION

At Aliviane, we help people recover from addiction.

OUR VISION

We envision a community where hope is instilled in individuals suffering from addiction by embracing their voice, easing their journey, and engaging their family as they discover their own path of recovery.

PREVENTION PROGRAMS

Preventing substance use and increasing mental wellbeing in the community through outreach and education to health professionals, educators, youth and their support structures.

PRIDES

We serve school communities by teaching students social skills, drug prevention, and personal development tools.

I'M A STAR

We promote a positive self-concept and teach students about mental health, wellness, and self development skills.

PRC REGION 10

PREVENTION RESOURCE
CENTER – REGION 10

Along with community collaboration we look to increase community awareness and readiness to provide data and resources for substance use.

STRENGTHENING FAMILIES

Guidance and educational sessions to teach families communication coping skills and setting healthy boundaries.

COMMUNITY COALITION PARTNERSHIP

In partnership with community members we encourage mobilization to address substance use and misuse issues and change local policies related to alcohol, tobacco, nicotine, marijuana and prescription drug misuse.

INTERVENTION PROGRAMS

Introducing techniques and methods to reduce substance use and its effects for youth, adults, and their families through outreach, awareness, and classes.

PADRES

**PARENTING AWARENESS &
DRUG RISK SERVICES**

We provide community-based intervention services and support for parents with substance use disorder involved with DFPS.

PATH

**PROJECT FOR ASSISTANCE
IN TRANSITION FROM HOMELESS**

We facilitate services to individuals who are homeless, or at risk of becoming homeless, and have mental illnesses or co-occurring substance use disorders.

HEALING TOGETHER

We promote resiliency and community correctness by providing healing and direct services to individuals at risk for substance misuse.

TREATMENT PROGRAMS

Providing holistic and comprehensive support for youth, men, women, and their families seeking healing through counseling, medicated assisted treatment, and personal development classes.

ADULT OUTPATIENT TREATMENT CLINIC

We provide education and treatment services to adult men and women who struggle with substance use and mental health disorders. The program is designed to effectively address the individual needs, strengths, and challenges of individuals and their families to maintain a life of recovery.

OPIOID TREATMENT CLINIC

We provide supervised FDA-approved medication treatment and individual or group counseling to adults diagnosed with Opioid Use Disorder. We offer maintenance programs for individuals needing long-term and short-term care.

RESIDENTIAL TREATMENT CENTER

We offer compassion and care to adult men, women, and women with children seeking substance use disorder treatment in a structured setting. Our team of licensed professionals helps ease the journey to recovery in a safe and nurturing environment.

YOUTH AND FAMILY OUTPATIENT CLINIC

We provide substance use and mental health counseling services for children, adolescents, adults, and families in need. Our trained counselors and therapists are equipped to address a wide range of behavioral health concerns. With a client-centered approach, the program aims to effectively meet the unique needs, strengths, abilities, and preferences of each individual and their family, fostering a life of recovery and resilience.

RECOVERY PROGRAMS

Maintaining safe and accepting environments where youth and adults can celebrate their victories and talk about their challenges throughout their recovery journey.

RECOVERY SUPPORT SERVICES

We are a peer support network helping individuals in recovery seeking continual growth and wellness. Our services focus on building a long-term recovery lifestyle and community with a holistic approach culturally sensitive to the border community. Our services are inclusive to family members, significant others, and supportive allies.

YOUTH RECOVERY COMMUNITY

We are a peer support network that facilitates positive youth development. Our services address young people's social and emotional growth by eliminating barriers and offering recovery support services. We promote wellness for young people between the ages of 13 to 21 and their support structures.



A L I V I A N E

Easing the Journey to Recovery

THANK YOU

Joseph De La Cruz, RSPS, PSS

915-782-4000, ext.1621

idelacruz@aliviane.org

Leslie Perez, LCDC

915/782-4000, ext. 1615

lperez@aliviane.org