

Meeting Notes March 5, 2024 8:30 a.m. - 10:00 a.m.

Paso del Norte Health Foundation 221 N. Kansas, 19<sup>th</sup> Floor El Paso, Texas 79901 Meeting Room C

Attendees: Representing:

Sharon Butterworth Paso del Norte Center at Meadows Institute

David Chayer Family Service of El Paso Valeria Contreras Heart Gallery of El Paso

Sandra Day Paso del Norte Health Foundation

Adrian Duran El Paso Center for Children

Catherine Garcia County of El Paso Juvenile Justice Center

Cathy Gaytan El Paso Child Guidance Center

Gilda Gil Paso del Norte Children's Development Center

Daniely Gutierrez Region 19 ESC

Adrianne Harrel TTUHSC El Paso CPAN/TCHATT Cindy Hernandez Emergence Health Network

Josue Lachica Paso del Norte Center at Meadows Institute

Ismael Lopez Endeavors

Enrique Mata Paso del Norte Center at Meadows Institute
Laura Marquez Paso del Norte Children's Development Center

Ron Long Strong Families Family Advisory Council

Dr. Sarah Martin TTUHSC El Paso CPAN/TCHATT

Ben Miranda Jr. Endeavors

Claudia Munoz Texas Department of Family & Protective Services

Doris Ogribene Emergence Health Network

Daniel Quinones City of El Paso

Paulina Rodriguez TTUHSC El Paso CPAN/TCHATT
Ashley Sandoval Emergence Health Network

Lisa Saucedo CASA of El Paso

Nicole Schiff Paso del Norte Center of Hope

Ivonne Tapia Aliviane Inc./Chair Family Leadership Council

Wes Temple Region 19 ESC Isidro Torres NAMI El Paso

Kathie Valencia El Paso Center for Children
Krista Wingate Emergence Health Network
Renee Zapien Heart Gallery of El Paso
Robert Zielinski Marriage Management Inc.

#### Welcome and Introductions

Ivonne Tapia convened the meeting at 8:35 a.m. and called for introductions.

#### **Consortium General Meeting with FLC Focus**

Ms. Tapia called on Enrique Mata who provided details for the El Paso Behavioral Health Consortium General Meeting to be held on Thursday, March 21<sup>st</sup> at the El Paso Community College's Administrative Service Center Board Room. Mr. Mata and Mr. Lachica recognized Dr Graham for her assistance in confirming the location and provided summary information about the presenters and run of show as of this date.

#### **Help Me Grow Initiative**

Laura Marquez provided an update on the Help Me Grow initiative. Ms. Marquez commented that they are on track with progress collaborating with five champion pediatric practices and in their work to develop a strong resource referral system for providers.

#### **CPAN/TCHATT Update**

Dr Sarah Martin and Adrianne Harrel provided a summary of progress with the TCHATT program. The efforts to get all school districts in the region has been challenging. However, it is likely that EPISD will be on board soon. Dr Martin also stated that they are seeing positive results from the TCHATT program with most youth needing only the 5 counselling sessions for positive results. Ms. Harrell added that the need for staff is becoming urgent and anyone seeking to work with the Texas Tech Team, please refer them over.

#### Mental Health Starts with Me

Ms. Andrea Rios presented on the new program El Paso Child Guidance Center is launching targeting outer areas of El Paso County such as San Elizario and Fabens. Presentation slides are included with these notes.

#### **Other Business**

 Family Advisory Council Feedback – Ronsoni Long – Mr. Long provided and overview of the work of the Strong Families advisory council and how they gather feedback from those who participate in parent cafes.

- Bob and Barbara Zielinski <u>www.MarriageManagement.org</u> Mr. Bob Zielinski provided information to the group on the services he and his wife provide for veterans and their families. He stated that these services are covered and of no financial burden to the veteran.
- School based services spreadsheet Josue Lachica reviewed the school-based services spreadsheet with the group. He responded to questions and made modifications as directed.

Adjourn – Ivonne Tapia Adjourned the meeting at 10:05 am







OF THE EL PASO BEHAVIORAL HEALTH CONSORTIUM



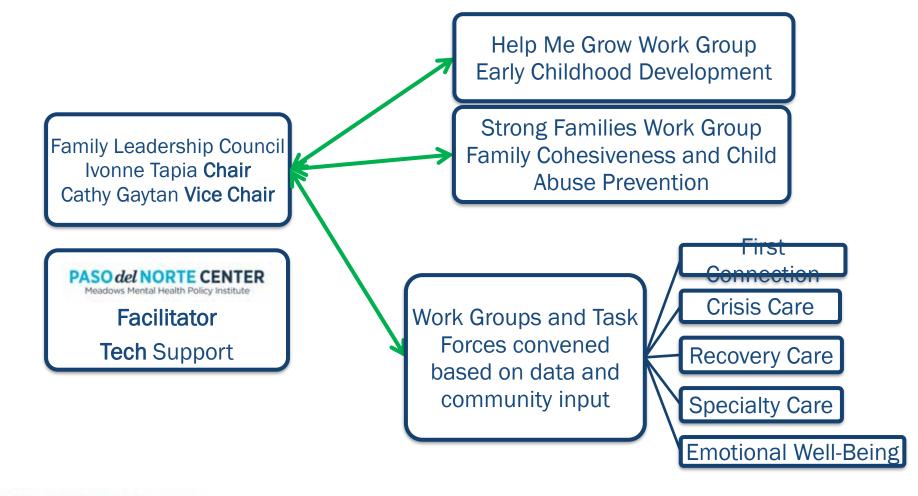
OF THE EL PASO BEHAVIORAL HEALTH CONSORTIUM



#### **FLC March 5 Agenda:**

- **Welcome and Introductions**
- **Consortium General Meeting with FLC Focus**
- **Work Groups**
- Help Me Grow Initiative
- CPAN/TCHATT Update
- Mental Health Starts with Me
- Other Business
  - Family Advisory Council Feedback Ronsoni Long
  - > Bob and Barbara Zielinski www.MarriageManagement.org
  - School based services spreadsheet



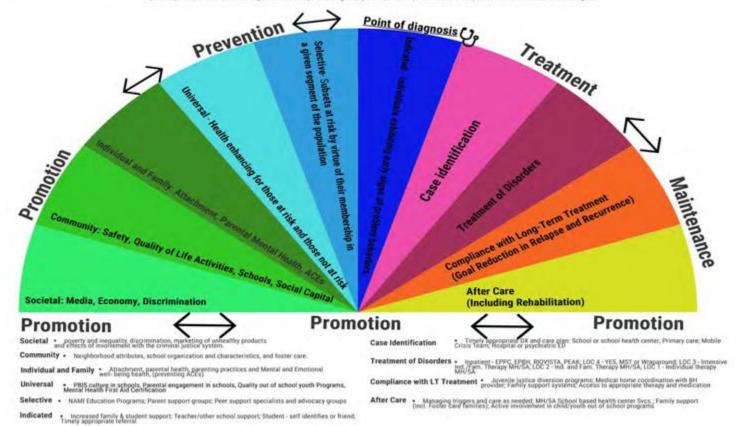






#### 2020 Continuum Of Care Model for El Paso County Child and Family Behavioral Health

Source: Based on the 1994 IOM Continuum of Care Protractor model and the Family Leadership Council Mental Health Foster Care work group service mapping of 2015-2016 Update: September 11 2019 based on changes in IAAS 2019 Report Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda



## **Consortium General Meeting with FLC Focus**

- El Paso child and youth Hot Topics:
- Increases in federal funding and how that is improving service capacity
- EHN System of Care project
- Help Me Grow
- First Episode Psychosis
- Schools?
- Collaborative Care
- CPAN/TCHATT
- 9-8-8 and Youth Crisis Outreach (YCOT) Teams
- Child, youth and family Policy improvements from the 88<sup>th</sup> Legislative Session and what to expect in the 89<sup>th</sup>
- Juvenile justice system transformation
- Evaluring the Interaction Between Mental Health and Substance Use Trends (e.g., THC felony)

#### PASO del NORTE CENTER

- A VA Wellness Center in the Medical Center of the Americas
- Cohen Veterans Network and Endeavors coming to the community to serve veterans and their families as well as providing services for homelessness and migration conditions.
- The Veterans One Stop Shop at EHN
- UMC El Paso and EHN Partnership to Integrate Social Workers within outpatient service centers
- Rio Vista Behavioral Health adding 120 mental health beds plus outpatient services.
- Providing better coordination of care using peer support specialists and trained navigators with lived experience to help keep people connected to services;
- Enhancing technology like telehealth options and electronic exchange of health records;
- Increasing knowledge and skill of providers in the most up to date treatments available;
- Increasing availability of hotlines and helplines, mobile crisis teams, walk-in crisis clinics, hospital-based psychiatric emergency services, and family education and support programs.



## Family Leadership Council Roles:

Meetings scheduled once every other month for no more than 2 hours.

- Provide executive leadership for work groups and task forces
- Approve Council System Improvement Priorities
- Approve strategies, shared measures and progress indicators
- Assign work group or task force organizational representation (e.g., designate representatives/subject matter specialists)
- Identify areas in need of policy or practice improvement (e.g., organizational policy changes or state/national policy)



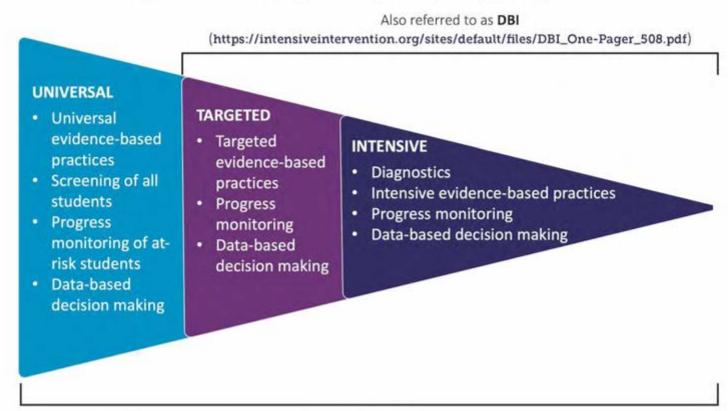
## **FLC Work Group and Task Force Roles:**

## Meetings scheduled as needed

- Collaborate or coordinate to maximize resources
- Identify existing community groups or organizations implementing programs to assure positive synergy
- Work with representation at all levels within the system of care to implement approved strategies
- Coordinate with funders and technical support advisors



Figure 1: MTSS Components and Other Support Systems

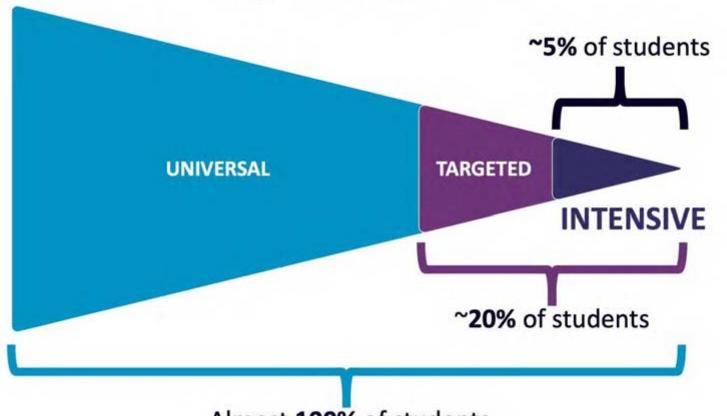


Also referred to as

RTI (https://mtss4success.org/sites/default/files/2020-07/rtiessentialcomponents\_042710.pdf)



Figure 2: The MTSS Tiers



Almost 100% of students



### **Work Group Consolidation – Primary Care and Youth SIM Work Groups**

#### **Primary Care:**

Expand and Enhance
Integrated and
Collaborative Care
models for mental
healthcare and related
support access in the
pediatric and primary
care settings.



Youth SIM Work Group:

School-Based Crisis Intervention Teams (CIT) and Mental Health Training

First Episode Psychosis

#### Stakeholder Examples:

Stakeholder Examples: This group engages with child and youth mental health service providers, primary care practices, healthcare system leaders, and other clinical service practices that may encounter early symptoms of mental health conditions in children and youth.



### Work Group Consolidation - Crisis Care and School Based CIT

Crisis Care: Expand and Enhance Existing or Develop a nonforensic cross agency mobile crisis team model to respond to a range of urgent needs outside the normal delivery of care.



School-Based Crisis Intervention Teams (CIT) and Mental Health Training

Preliminary Purpose
Statement: Facilitate
data sharing for
improved cross-system
collaboration across law
enforcement, schools,
juvenile probation, and
community-based
service providers.

Stakeholder Examples: This work group engages first responders, service providers with front line crisis intake systems, school health officials (e.g., nurses and counselors), law enforcement officers who may encounter children and youth in crisis or experiencing a first episode psychosis.

### **Work Group Consolidation – Specialty Care and Youth SIM Work Groups**

Specialty Care: Reframe the

Reframe the concept of mental health and substance use specialty care as secondary to Integrated Primary Care (e.g., 25% of care).



Youth SIM Work Group: First Offender and Pre-Arrest Diversion Program

Discipline Alternatives and Disciplinary Alternative Education Programs (DAEP)

Community-Based Behavioral Health/SUD Service Capacity and School Integration

Stakeholder Examples: This work group engages with special populations service providers such as child and youth crisis shelters, foster care child placing agencies, human trafficking support systems, Child Protective Services, law enforcement at all levels, psychiatrists, psychologists and independent counseling practices dealing with complex mental illness or cooccurring mental health and substance use cases.



## **Work Group Overview – Primary Care**

Primary Care: Expand and Enhance Integrated and Collaborative Care models for mental healthcare and related support access in the pediatric and primary care settings.

Youth SIM Work Group: School-Based Crisis Intervention Teams (CIT) and Mental Health Training First Episode Psychosis

Highlight: Could this be the **First Touch** work group? – Identifying needs and maintaining upstream support (e.g., refer to first – preventive – primary care – school based interventions like TCHATT and CIT – not falling into the mental health system of care unless absolutely necessary).



## Work Group Overview - Crisis Care - School Based CIT

Crisis Care: <u>Purpose</u> Expand and Enhance Existing or Develop a non-forensic cross agency mobile crisis team model to respond to a range of urgent needs outside the normal delivery of care.

School-Based Crisis Intervention Teams (CIT) and Mental Health Training Preliminary Purpose: Facilitate data sharing for improved cross-system collaboration across law enforcement, schools, juvenile probation, and community-based service providers.

#### **Highlights:**

- Humane and caring assessment and transport that is not connected to the justice system.
   Justice involvement should be the last resort.
- Clarify role and definitions of outreach, youth trained responders.
- Anecdotal: Child and adolescent concerns are that the numbers are continiuing to rise since covid and they do not appear to be looking like they could decrease anytime soon.
- There are not enough service options for children.



## **Work Group Overview - Specialty Care - Youth SIM**

Specialty Care: Reframe the concept of mental health and substance use specialty care as secondary to Integrated Primary Care (e.g., 25% of care).

#### Youth SIM Work Group:

- First Offender and Pre-Arrest Diversion Program
- Discipline Alternatives and Disciplinary Alternative Education Programs (DAEP)
- Community-Based Behavioral Health/SUD Service Capacity and School Integration

### **Highlights:**

- Revisit the idea of an RTC for El Paso area. Explore numbers of youth in justice that where RTC may work better
- Explore other wraparound options other similar models?





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and tradition Count Operations has DTL Assess to be A hardwise for Day Egyptions, DTL Cope (National Server

#### Opportunities and Strategies

#### Primary Core

Opportunity For Change: Expand and Enhance Integrated and Calaborative Care modes for mental healthcare and related augport access in the pediatric, and orinners care settings.

Strategy I - Dearly identify mental health and substance use care and support that can efficiently and effectively be coordinated or directly provided within the primary care setting. For evenyte, pediatrican's and staff trained for assessment and care planning to address early child anxiety symptoms providing care and support or coordinating with counseling and spready care are resided is a, DNN, Dalastonative Care Managersi.

Value proposition - Improving capacity to provide mental feelth service and support access through the pediatrician and primary care setting decreases stigms and negative lists to seeling appropriate care, increases timely, accumite and effective treatment of mental health condition symptoms.

#### Crisis Care

Opportunity For Change: Expand and Enterior Existing or Develop a non-ference cross agency mobile crisis fearn model to respond to a range of ungent needs outside the normal delivery of care.

Strategy I - Avoign what have of needs are unleast to driven, wouth, and families and her response to those needs must be designed. Additional for the phrase "marge of understands the commit delivery of care" will be decessary with chaosastery for one will be particular needs are and there when they tray is outside the "mortal delivery of care". Strategy if I - before community councils to save inforce community councils to save those open refer to provide Prochose (EF) as part of the driving warm, and tamky strate arms.

Value Proposition - Data within the 2001 filters System Assessment seeks abult, and districts ones core common appropriate where appropriate, for example, 90 and 368, palls motiving families and districts and orders and orders and orders as palls involving abults. A searches dispatch hydron for crisis care increases likelihood for access to appropriate care and improves apportunity for successful recovery.

#### Specialty Care

Opportunity For Change: Refresse the concept of mental health and substance use specially care as secundary to integrated Primary Care Edg., 25% of carel.

Strategy I - As with princery cars, clearly identify regridal health and substance use care and support their is beyond the cope of practice and claned be directly provided within the primary cars secting. For exemple, service manual health conditions that require an intensive coordinated approach with paychairs, paychology, counseling, or substances use sociated name.

Strategy II - is paint and enterce assisting of wall-established evidence-based interventions for youth with more severe behavioral problems instead in will'all imagenetized and distances you consist assistances as assisting and effective use of caliborative pairs model occors (paginating, counseling, and princely carries services).

Strategy III - Utilize the Multisystems (hancy Rider to promote thinky exportant appoint for different with complex reads to present entry into the Festire Care or Justice.

Strategy IV - Internet insiderate appoint applies to present different from inappropriately leaving for instended that tentered out of flows, including increasing compensation for faster pariets and membranetized opportunities for nontrindificial promotes and pariety and membranetized policy for instance continued to a promote and policy internet and promotes an

Wise proposition - Wall coordinated evolutility of top specialty care approaches for those in need contributes to increased likelihood of auccessful and lasting recovery.

Work Groups: School Mental Health and Fester Care

#### Recevery Care

Opportunity For Change: improve integration of acute inpatient care within the broader health system continuum of care lie.g., appropriate, and well-coordinated. Transition care and support from inpatient to subpatient to integrated Primary Care settings!.

Strategy I - Spand on-site integrated privilery care IPO operate, Iz.g., upgrade technology and HE, Explore Drild Prychetry Access Network (CRAN costing).

Strategy II - Increase membership within the PAN Health Information Exchange, especially large provider networks and behavioral health inequitable.

Behavioral Resolution.

#### PASO del NORTE CENTER

effective use of health information authorize will help ensure timely and efficient continuity of core and necessity. Connecting and phaning what confidential is health continuum is shown to have a significant positive inspect on overall

#### Workforce Capacity

Opportunity For Change: Increase availability of evidence-based and promising practices (e.g., 11-031, POT, Capacitari).

Strategy I – Confirm availability of providers who are prodestaled to provide specialty services that have been shown to have benefit in treating and supporting children and youth with specialty care needs. For exemple, the current system has capacity to serve 50 children with Multi-Systemic Therapy and the documented need for children who would benefit from this type of service is approximately 200 children in gap leaving 150 children in reed and at risk for justice involvement or acute services crisis.

Value proposition - moreoring availability of well trained and credentialed providers who are actively treating and supporting patients decreases risks for acuts crises, traums, and leatine insolvement.

#### **Emotional Well-Being**

Opportunity For Change: Expand and enhance programs that promote emotional well-being, nurturing energyments, and prevention of adverse childhood experiences.

Strategy I - increase capacity and collaboration among schools and community organizations for a robust Multi-Rened System of Supports model as endorsed by the Texas. Education Assembly's Long-Roma Plan.

Strategy II - Incresse promotion and availability of interventions that promote kindness and coring le.g., random acts of kindness activities).

Strategy III - Strengthen Region 19 support and related school Liaison functions (e.g., MTSS, PBIS, CIS, CYS).

Strategy III - Expand and enhance promising practice school-based coordination of care le.g., TOATTL

Strategy N - increase school coordination with community services to provide emotional well-being la.g., mindfulness and resilience secretars - upstream interventional and timely access to someoring and access to breather la.g., recogniting mental health treatment access as an excused observed.

Value proposition — A sound foundation of emotional health promotion and orbits presention programs and services available where and when they are needed contributes to the ability for individuals and families to cope with life events and prevent adverse childhood experiences.

Progress Indicators: The Council will track relevant measures regarding data sharing among providers but the individual case and system leveld and continuity of care between providers over time.

Consortium 2.0: Consortium leaders formed a bound foundation in 2015. As a result, El Paso partners have successfully increased mental health and substance use resources for the region, made significant improvements in the behavioral health system of care, and set the stage for the next phase of improvements.



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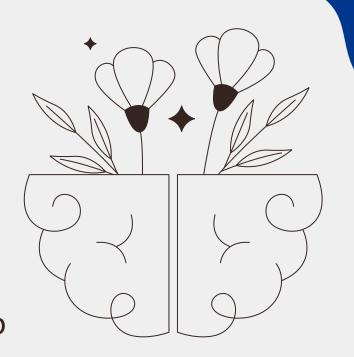


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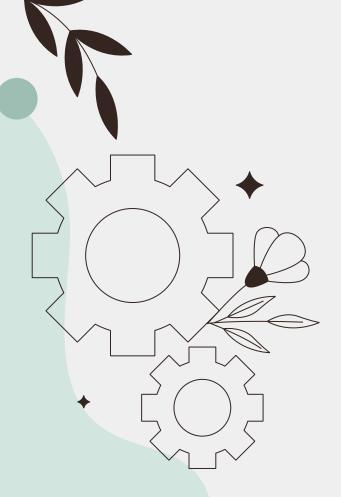
**SAMHSA** 

# Mental Health Starts with Me (MHSM)

La Salud Mental Empieza Conmigo







## What is MHSM?

A federal grant to increase access to effective trauma and grief focused treatment for children, adolescents, and their families living in El Paso County

#### **Targeted population:**

- Children 3-17 years of age & their families
- Demonstrate significant levels of trauma, grief, and disparities in mental health
- Special emphasis on children and youth attending rural
   Clint and San Elizario High School

## MHSM Goals

1

Raise community awareness to promote support for youth and their families experiencing grief and trauma

3

Increase access to Evidence-Based Interventions for youth and their families

2

Utilize outreach, coordinated screening, and assessment for early identification of youth who have experienced grief and trauma

4

Support the development of Trauma-Informed and Grief-Focused Systems of Care in the county

## **Expected Outcomes**

10%

#### Increase in:

referrals for trauma/grief experiences with community partners/providers and schools & trauma screenings and assessments for children/youth

40%

#### Increase in:

daily functioning and social connectedness (measured by NOMS)

5%

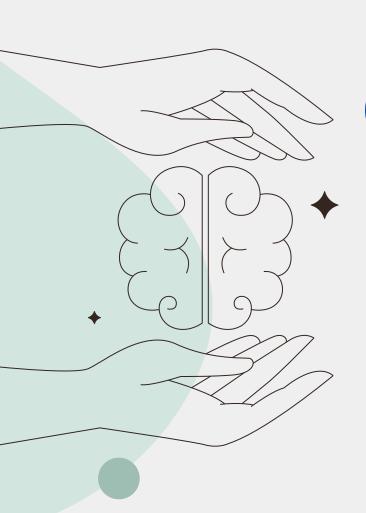
#### Increase in:

referrals to caregivers for children/youth

75%

of families in treatment will experience a decrease in trauma and grief symptoms (measured by BPTSD-RI) 15%

of parents completing training programs will report a decrease in defiant behavior and an increase in nurturing skills.



# Our services

#### **Prevention**

Grief, Trauma, and Traumatic Grief Awareness Workshops

#### Intervention

Skills Training and Parenting Classes

#### **Treatment**

Grief, Trauma, and Traumatic Grief based Therapy



## **Referral Process**

Contact TIC Specialist for referral form

TIC Specialist will contact LAR upon receiving referral

Complete intake process

Schedule initial evaluation



## **Referral Point of Contact**

## **East/Rural**

Tanya Venzor

**TIC Specialist** 

tvenzor@epcgc.org

### **Central**

Valeria Lerma

**TIC Specialist** 

vlerma@epcgc.org









# VETERANS AND MILITARY COUPLES FACE INCREDIBLE MARITAL STRESS!

#### THIS MAY LEAD TO:

Marital Strife and High Susceptibility to Divorce, Abuse, Financial or Dependency Issues, Instability, High Risk Behaviors and Suicide. These Stressors Worsen with Multiple Deployments and with Physical, Mental and Moral Wounds.





## WHAT PARTICIPANTS SAY ABOUT THE PROGRAM

"THE PROGRAM IS LIFE CHANGING!"

"THIS PROGRAM HELPS BREAK THROUGH THE CHALLENGES THAT VETERAN COUPLES FACE."

"MILITARY MARRIAGE IS DIFFICULT, AND THIS CLASS HELPED US GET.

TOOLS TO REPAIR AND WORK ON THINGS TO RECOVER."

"IT HELPED US COMMUNICATE WITHOUT POINTING FINGERS."

"THIS SAVED OUR MARRIAGE!"

#### MARRIAGE MANAGEMENT

IS A 501(c)3 Non-Profit Organization



This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families.

https://www.tvc.texas.gov

Platinum Transparency 2023

Candid.





## MARRIAGE SHOULD NOT BE A CASUALTY OF MILITARY SERVICE!

## MARRIAGE MANAGEMENT

SERVING THOSE WHO SERVE OUR COUNTRY

STRENGTHENING MILITARY AND VETERAN
COUPLE RELATIONSHIPS



LEARN "BOOTS OFF" SKILLS TO:

- Improve couple communication
- Resolve issues in a healthy way
- Help manage triggers
- CULTIVATE TRUST AND HEALING
- · FULFILL YOUR PARTNER'S NEEDS
- Be resilient to changes and crises
- ENRICH ROMANCE AND INTIMACY

LED BY A VETERAN COUPLE IN A SAFE.
FRIENDLY ENVIRONMENT!



www.MarriageManagement.org Info@MarriageManagement.org

682.730.1818



PARTNERS WITH:



The Steven A. Cohen Military Family Clinic at Endeavors

WHAT:

PRESENTS A ONE-DAY RELATIONSHIP TRAINING:

## "COUPLE TUNE-UP"

STRENGTHEN COMMUNICATION, TRUST, RELIANCE, COMMITMENT AND ROMANCE

LED BY A VETERAN COUPLE - REAL TOOLS FOR REAL COUPLES - NO BULL!

WHO: ALL VETERAN & MILITARY COUPLES WELCOME AT NO COST!

AT LEAST ONE MILITARY OR VETERAN PROOF OF SERVICE REQUIRED PER COUPLE
LUNCH AND REFRESHMENTS INCLUDED—ENGAGED COUPLES GET \$60 OFF A TEXAS MARRIAGE LICENSE
\*\*LIMITED ON-SITE CHILDCARE FOR POTTY-TRAINED 3-11 YEAR-OLDS- REGISTER EARLY!\*\*

WHEN: SATURDAY APRIL 20, 2024 9AM - 4PM

WHERE: THE STEVEN A. COHEN MILITARY FAMILY CLINIC
AT ENDEAVORS - 1390 GEORGE DIETER Dr., EL PASO, TX 79936

WHY: ACTUAL QUOTES:



"Marriage is a big issue that military couples face and this program <u>helps break through those challenges</u>" "This program sayed our marriage!

"Exceptionally Important: <u>Best course</u> in my 16 years in the military."

"Provides service members & veterans resources for a <u>healthy marriage</u>."

HOW TO REGISTER:

ONLINE AT: MARRIAGEMANAGEMENT.ORG

OR CALL: 682-730-1818 - OR USE QR CODE BELOW

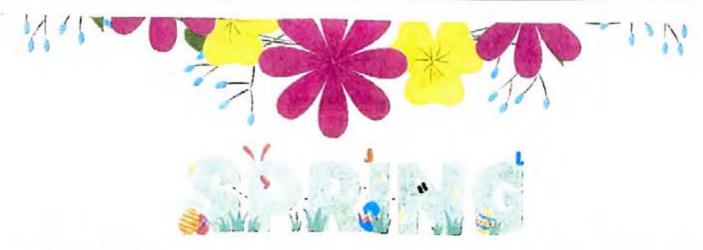


THIS PROGRAM IS SUPPORTED BY A GRANT FROM THE TEXAS VETERANS' COMMISSION FUND FOR VETERANS' ASSISTANCE, THE FUND FOR VETERANS' ASSISTANCE PROVIDES GRANTS TO ORGANIZATIONS SERVING VETERANS AND THEIR FAMILIES. HTTPS://WWW.TVC.TEXAS.GOV

MARRIAGE MANAGEMENT IS AN AWARD-WINNING NON-PROFIT VETERAN SERVICE ORGANIZATION NOT ASSOCIATED WITH ANY BRANCH OF SERVICE.

IF YOU SIGN-UP, <u>PLEASE</u> SHOW UP OR CALL.





## FORWARD FAMILY FUN DAY

PLEASE JOIN US TO LEARN ABOUT THE EL PASO CENTER
FOR CHILDREN'S FAMILY ADVISORY COMMITTEE AND
HOW YOU CAN BE PART OF THIS GREAT TEAM! THE
PURPOSE OF THE FAMILY ADVISORY COUNCIL IS TO
PROVIDE A COMMUNITY PERSPECTIVE IN PROMOTING
FAMILY WELL-BEING, KNOWLEDGE OF THE FIVE
PROTECTIVE FACTORS THAT KEEP FAMILIES STRONG AND
BRINGING COMMUNITY INPUT AND PROGRAMMING WITH
REGARDS TO GAPS IN SERVICES. LIGHT REFRESHMENTS
AND FAMILY ACTIVITIES WILL BE PROVIDED!!!

WHEN: MARCH 16, 2024

WHERE: 2200 N. STEVENS ST

TIME: 10AM-12PM









# Strong Families in Person Parent Cafe Training Event



What is a Parent Cafe?

Parent Cafes are based on the Strengthening Families
Framework and the Five Protective Factors. This is a FREE
community event and an opportunity to partner with Be
Strong Families to host Parent Cafes.



APRIL 16-17 9AM-5PM

Where:

2200 N. STEVENS ST

Trainers:

Gabriela Carpenter & Mary Velasquez & Camille Uranga Registration Link:

> https://www.eventbrite.com/e/strong-familiespresents-learn-how-to-host-an-in-person-parentcafe-tickets-856399091737?aff=oddtdtcreator



CONTACT INFORMATION:
MARY-VELASQUEZ
MVELASQUEZ@EPCCINC.ORG







Saturday, March 13, 2024

### **5K AND 1 MILE FUN RUN/WALK**

#### **Race Details**

- Location: Ascarate Park Pavilion
- Time: 5:00-9:00 pm, Race Starts at 6:00 pm

## Runner Registration Fees

Race T-Shirt for first 300 registrants!

- Adults: \$30
- Military/Under 18: \$25
- Team Registration (10 or more): \$5 Discount
- Race Day Registration: \$35

#### **FAMILY ENTERTAINMENT**

- Live Music by Hypnosis
- Wine Tasting
- Beer Tasting by Old Sheepdog Brewery
- Food Trucks
- Arts & Crafts Vendors
- Jumping Balloon
- And More!

#### Sponsorship or Registration:

epccinc.org/events

FREE event for non-racers -- Come join the fun!