

October Newsletter



A quick Look:

- General Information
- October 2024 Highlights
- A Quick Thanks
- Metrics, Basecamp and Staying Connected

World Mental Health Day - October 10



World Mental Health Day was on October 10, and this year's theme is "Prioritize Mental Health in the Workplace." It also marks the final phase of the World Federation for Mental Health's 75th Anniversary Campaign, focusing on mental health and well-being at work.



Learn more at <https://tinyurl.com/WHOWMHD24>

New Year, New Trainings!

If you're interested in becoming an LC3 training partner for the upcoming year, reach out to a coordinator using the contact information at the bottom of each page to explore this opportunity.

Upcoming: Trainings:

November 7-8th (2 Day Training - In-Person Only)
Motivational Interviewing (P1)
Serna Solutions - Brian Serna
9AM-4PM (12 CEUS)
Food & Beverage Provided
FYI + (1320 S Solano Dr., Las Cruces, NM 88001)

November 14th (In Person-Only)
Cult. Competency: "A Bit of History Repeating"
InsideOut Advocacy
1PM-4PM (3 CEUS)
La Vida Project (118 N Main St, Las Cruces, NM 88001)

November 15th & 18th (2 Days: Virtual-Only)
Mindfulness for Helping Professionals
Center of Innovation
10AM-12PM (3.75 CEUS)

November 20th (Virtual-Only)
Verbal Intervention
NLBHA
9AM-4PM (6 CEUS)

November 25th (In-Person Only)
Adult Mental Health First Aid
Center for Health Innovation
9AM-5PM (7.5 CEUS)
FYI + (1320 S Solano Dr., Las Cruces, NM 88001)

RSVP For All Trainings @
WWW.TINYURL.COM/LC3TRAININGS

Our Vision:

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

Contact Information



Javier Guerrero (He, Him)
ICS Community Coordinator
jguerrero@fyinm.org
575-202.6987

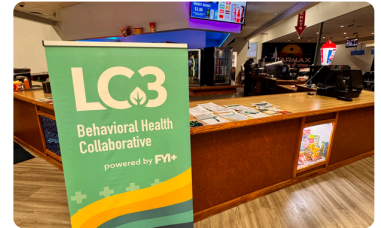


Amanda Vega (She, Her)
ICS Community Coordinator
avega@fyinm.org
575-319-0978

Our Next Meeting

November 19th (Tuesday)
11:30AM-1PM
1320 S. Solano Dr.
Las Cruces, NM 88001

October Highlights



LC3 recently hosted a screening of **My Ascension in Deming**, partnering with the **Las Cruces Suicide Prevention Task Force**, **Luna County Government**, **Deming Public Schools**, and **NMCAFE/Organize NM**. Over 45 people attended, with a panel led by Coach John Burch and featuring Sherri Rhoten and her daughter Dharma. Attendees took part in a Q&A and received local mental health resources. Special thanks to Starmax Theatre for hosting and providing free popcorn and drinks!

Our Community



On October 5th, FYI+ held its second **Pride Parade**, a big step forward for our community. Their focus remains on creating an inclusive and supportive space for the **LGBTQ+** community. Stay tuned for details on how to get involved for next year!



LC3 members attended the grand opening of the **Las Cruces Recovery Center** on October 10th, 2024. This new 54-bed facility provides comprehensive, evidence-based care for adults with substance use and mental health challenges.



LC3 recently hosted a **CRAFT training**, led by **Brian Serna of Serna Solutions**. This evidence-based program helps families facing addiction by using positive reinforcement, communication, and healthy boundaries. Thanks to Brian Serna and Serna Solutions for providing this valuable training!

Contact Information



Javier Guerrero (He, Him)
 ICS Community Coordinator
jguerrero@fyinm.org
 575-202.6987



Amanda Vega (She, Her)
 ICS Community Coordinator
avega@fyinm.org
 575-319-0978

Our Next Meeting

November 19th (Tuesday)
 11:30AM-1PM
 1320 S. Solano Dr.
 Las Cruces, NM 88001

Shoutouts & Acknowledgements



A Special Thanks to Porch Light Health!

At our September LC3 meeting, we welcomed guest speakers from Porch Light Health, which recently opened a clinic in Las Cruces. Since 2014, they've provided compassionate, evidence-based addiction treatment and have grown to over 60 locations, including three in NM. Porch Light's mission is to offer low-barrier, high-access care that meets the unique needs of each community, improving quality of life and supporting recovery.

Nora Candelaria

She, Her, Hers
 Porch Light Health
 Business Development Liaison
 Southern New Mexico Lead



Kathleen Crislip, FNP-C

She, Her, Hers
 Porch Light Health
 Medical Director (New
 Provider Lead, New Mexico Lead



Dayna DeHerrera-Smith, MPH

She, Her, Hers
 Director of Community
 Engagement and Development



Current Metrics

Attendees seeking CEUs can expect to spend between \$15 and \$30 per credit hour, with LC3 estimating total savings for its members to be around an estimated \$12,525 to \$25,050 based on minimum state averages. Additional metrics and data will be gathered throughout the year.

835
 CEUS

\$12,525 - \$25,050
 In Savings for our
 Members



More metrics coming soon as we finish off the year!!

A Special Thanks Our Partners & Funders

Our Funders:



Our Training & Community Partners:



Serna Solutions



Center for Health Innovation
 Public Health
 Institute

NLBHA
 National Latino
 Behavioral Health Association



for mental, emotional or
 substance use distress
 call or text
988
 anyone. any struggle. anytime.