



## January Newsletter

## A quick Look: $\nearrow$

- 2025 LC3 Training Survey Results!
- · Highlights What you Missed!
- A Special thanks!
- LC3 Action Teams

## January - National Youth Mentoring Month

January is National Youth Mentoring Month, a time to celebrate the power of mentorship and its positive impact on young people. Mentoring builds confidence, fosters resilience, and helps youth achieve their full potential. At LC3, we recognize the importance of meaningful connections that support our next generation. Whether you're a mentor, mentee, or advocate, join us in honoring those who inspire and guide our youth. Together, we can create brighter futures!

### 2025 Training Survey - Results

Thank you to everyone who participated in our recent survey to help plan the 2025 LC3 training schedule! Your input is invaluable in ensuring our programs are effective, accessible, and tailored to the needs of our community.





#### Top 4 Training Focus Areas (Out of 46 Responses)

- 1. Mental Health: Trauma-Informed Care, Suicide Prevention, etc.
- 2. Substance Use Disorder (SUD)/Harm Reduction, Overdose Prevention
- 3. Leadership Development
- 4.Cultural Competency: Working with tribal communities, Spanish language, support, etc.

#### Top 4 Most Requested Organizations & Trainers (Out of 41 Responses)

- 1.NMSU Center of Innovations
- 2. Serna Solutions
- 3. The National Latino Behavioral Health Association
- 4. Center for Health Innovation Public Health Institute

#### Top 4 Most Requested Trainings (Specific) (Out of 45 Responses)

- 1. Ethics: Cultural Competency
- 2.Trauma Informed Care
- 3. Next Wave in Opioid Crisis
- 4. Ethical Self Care

Don't forget—if you have any special events or trainings you'd like featured in the LC3 Calendar, submit them by 2/1/2025! This calendar will include all LC3 events, trainings, meetings, and more. Together, we're building a stronger and more informed community!



#### **Our Vision:**

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

#### **Contact Information**



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#### **Our Next Meeting**

February 18th (Tuesday) 11:30AM-1PM 1320 S. Solano Dr. Las Cruces, NM 88001





# January Highlights Our Community







From left to right: Sandy Emanuel, PEAK BH CEO; Tenika Sosa-Gonzalez, FYI+ CCBHC Director; Jamie Michael, DAC HHS Director.

The Doña Ana County Crisis Triage Center (CTC) officially opened its doors on January 1, 2025, marking a significant step forward in mental health and substance use crisis care for Doña Ana County. Operated by Summit Behavioral Healthcare, the CTC provides 24/7, year-round services to adults 18 and over who are experiencing crises, with a mission to stabilize individuals and connect them to the appropriate level of care.

On January 17, the CTC hosted its first open house, welcoming community members to learn about its services and meet the dedicated team behind its operations.

The CTC is a critical addition to the region, providing immediate, compassionate care and fostering a stronger, more resilient community.

Interested in speaking and/or presenting at an LC3 General Hybrid Meeting?

Note: General Meeting Agendas are Subject to approval from the LC3 Board Members. Submissions shall be made at least 1.5 - 2 Weeks before the upcoming general meeting for the month being applied for.

Reach out to: Javier Guerrero (jguerrero@fyinm.org) or Amanda Vega (avega@fyinm.org).

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## A Special Thanks!







## Sandra Emanuel, LCSW (She, Hers) Chief Executive Officer (Peak BH)

At this month's General Meeting, we were honored to host Sandra "Sandy" Emanuel, LCSW, as our special guest. Sandy, the CEO of Peak Behavioral Health Services and overseer of the Las Cruces Crisis Triage Center, shared her wealth of knowledge and experience with us.

A graduate of NMSU with a Master's in Social Work, Sandy has dedicated over 34 years to serving the El Paso and Las Cruces communities. Her expertise spans clinical and operational leadership, evidence-based practices, regulatory compliance, and strategic planning.

Sandy's commitment to building a safe and therapeutic system of care for individuals needing behavioral health and substance use services was truly inspiring. We are grateful for her valuable insights and contributions to our discussion.

## LC3 Action Teams



Youth Action Team

**Housing Services Action Team** 





Supportive & Specialty Services Action Team

> Legislative & Sustainable **Funding Action Team**





**Crisis Services Action Team** 

If you are interested, or were already on an action team please email:

jguerrero@fyinm.org or avega@fyinm.org or go to: https://tinyurl.com/LC3AT2025 or scan QR Code below to join.

Learn more about our action teams by viewing our January General Meeting **Slides Here:** 

https://healthypasodelnorte.org/resourcelibrary/lc3jangmslides-25/







#### A Special Thanks Our Partners & Funders









**Our Training & Community Partners:** 





