

# Las Penas con Pan son Buenas: The Process of Grief through a Hispanic Lens.

PROVIDED BY GEMAS DE VIDAS

CEUS PROVIDED BY CENTER FOR  
HEALTH INNOVATION

NO COST - BROUGHT TO YOU BY LC3

**6 CEUS**



RSVP REQUIRED - IN-PERSON ONLY, FOOD & BEVERAGES PROVIDED

**IN-PERSON AT LA VIDA PROJECT**

SPOTS LIMITED - 6 CEUS (118 N MAIN ST., LAS CRUCES, NM, 88001)

TUESDAY

**MAY 13**

9A-3:30P

RSVP AT  
[HTTPS://TINYURL.COM/LC3TR25](https://tinyurl.com/LC3TR25)

OR SCAN QR CODE

FREE TRAINING  
SPOTS LIMITED

FOR MORE INFORMATION  
CONTACT JAVIER GUERRERO, ICS  
COMMUNITY COORDINATOR AT  
JGUERRERO@FYINM.ORG



# About the Training

**LAS PENAS CON PAN  
SON BUENAS: THE PROCESS OF GRIEF THROUGH A HISPANIC LENS.**

**DESCRIPTION:**

**THIS SESSION PROVIDES AN OVERVIEW OF THEORETICAL APPROACHES TO GRIEF, INCLUDING BOTH WESTERN AND TRADITIONAL PERSPECTIVES. IT EXAMINES CULTURAL MANIFESTATIONS OF GRIEF WITHIN HISPANIC COMMUNITIES AND EXPLORES THE ROLE OF CULTURAL CELEBRATIONS IN THE HEALING PROCESS. PARTICIPANTS WILL GAIN INSIGHT INTO CULTURALLY RESPONSIVE PRACTICES THAT SUPPORT INDIVIDUALS AND FAMILIES THROUGH GRIEF.**

# About the Trainer



**ENRIQUE LÓPEZ-  
ESCALERA, JCL, STL, MSW  
(HE, HIM, HIS)  
LIFE COACH  
GEMAS DE VIDA LLC**

**ENRIQUE WAS BORN IN EL PASO, TEXAS AND RAISED IN CD. JUAREZ, MEXICO. SINCE THE AGE OF NINE HE HAS RESIDED IN NEW MEXICO, EXCEPT FOR A FEW YEARS LIVING ABROAD PURSUING HIGHER EDUCATION. HE DEEPLY IDENTIFIES WITH THE BORDERLANDS. HE IS FULLY BILINGUAL AND BI-CULTURAL.**

**ENRIQUE IS A LIFE COACH. HE HAS POST-GRADUATE DEGREES SOCIAL WORK, CANON LAW, AND THEOLOGY. HE HAS 25+ YEARS OF EXPERIENCE OF SERVING PEOPLE DIRECTLY IN SOUTHERN NEW MEXICO. HIS RANGE OF EXPERIENCE INCLUDES SPIRITUAL COUNSELING AND MENTORING IN MENTAL AND BEHAVIORAL HEALTH. HE HAS A MINOR IN PHILOSOPHY WHICH SERVES AS THE FOUNDATION FOR HIS PRESENTATIONS ON ETHICS.**

**HIS DELIVERY METHOD IS CHARACTERIZED BY PROFESSIONALISM, WARMTH, AND SIMPLICITY – COMMUNICATING IMPORTANT CONCEPTS IN EASY-TO-UNDERSTAND TERMS.**

**ENRIQUE IS CERTIFIED IN MENTAL HEALTH FIRST AID BY THE NATIONAL COUNCIL OF MENTAL WELL BEING AND AS A PROFESSIONAL LIFE COACH BY TRANSFORMATION ACADEMY.**

**RSVP REQUIRED - IN-PERSON ONLY, FOOD & BEVERAGES PROVIDED**

## **IN-PERSON AT LA VIDA PROJECT**

**SPOTS LIMITED - 6 CEUS (118 N MAIN ST., LAS CRUCES, NM, 88001**

**TUESDAY  
MAY 13  
9A-3:30P**

**RSVP AT  
[HTTPS://TINYURL.COM/LC3TR25](https://tinyurl.com/LC3TR25)**

**OR SCAN QR CODE**

**FREE TRAINING  
SPOTS LIMITED**

**FOR MORE INFORMATION  
CONTACT JAVIER GUERRERO, ICS  
COMMUNITY COORDINATOR AT  
JGUERRERO@FYINM.ORG**

