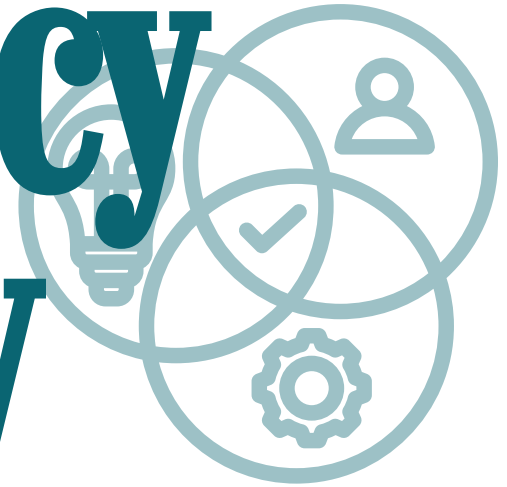


# Cultural Competency & Humility

## Featured Trainer

FREDRICK SANDOVAL, MPA  
EXECUTIVE DIRECTOR,  
(HE, HIM, HIS)  
NATIONAL LATINO  
BEHAVIORAL HEALTH  
ASSOCIATION



TRAINING

PROVIDED BY NATIONAL LATINO BEHAVIORAL HEALTH ASSOCIATION

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FOR MORE INFORMATION  
CONTACT JAVIER GUERRERO, ICS  
COMMUNITY COORDINATOR AT  
JGUERRERO@FYINM.ORG



# About the Training

## CULTURAL COMPETENCY & HUMILITY TRAINING

THE NATIONAL LATINO BEHAVIORAL HEALTH ASSOCIATION OFFERS A CULTURAL COMPETENCY AND HUMILITY TRAINING DESIGNED TO ENHANCE BEHAVIORAL HEALTH PROFESSIONALS' UNDERSTANDING OF LATINO CULTURAL VALUES, BELIEFS, AND COMMUNICATION STYLES. THIS TRAINING FOCUSES ON DEVELOPING SELF-AWARENESS, RECOGNIZING CULTURAL INFLUENCES ON MENTAL HEALTH, AND APPLYING CULTURALLY RESPONSIVE STRATEGIES TO IMPROVE ENGAGEMENT AND OUTCOMES IN LATINO COMMUNITIES.

# About the Trainer



**FREDRICK SANDOVAL, MPA**  
**EXECUTIVE DIRECTOR,**  
**(HE, HIM, HIS)**

**NATIONAL LATINO**  
**BEHAVIORAL HEALTH**  
**ASSOCIATION**

FRED HAS OVER 40 YEARS' PROFESSIONAL EXPERIENCE IN HEALTH AND HUMAN SERVICES. FRED WORKS AS THE EXECUTIVE DIRECTOR FOR THE NATIONAL LATINO BEHAVIORAL HEALTH ASSOCIATION (NLBHA). UNDER HIS LEADERSHIP HE HELPED OPERATE SEVERAL KEY PROGRAMS AND CENTERS INCLUDING THE BOB MARTINEZ CENTER OF INNOVATION; THE NATIONAL HISPANIC AND LATINO ADDICTION AND PREVENTION TRANSFER TECHNOLOGY CENTERS, STRATEGIC PREVENTION FRAMEWORK PARTNERSHIPS FOR SUCCESS "CONNECTING OUR VOICES" PROGRAM; THE SUCCESSFUL ANNUAL MARIACHI CHRISTMAS SCHOLARSHIP CHARITY EVENT AT THE LENSIC PERFORMING ARTS CENTER; THE ANNUAL NATIONAL LATINO BEHAVIORAL HEALTH CONFERENCE; BEHAVIORAL HEALTH INTERPRETER TRAINING, PROMOTORES DE BIENESTAR AND MENTAL HEALTH AWARENESS TRAINING PROGRAMS. HE SERVES ON THE NEW MEXICO MEDICAL BOARD OF EXAMINERS NATUROPATHIC DOCTOR ADVISORY COUNCIL APPOINTED BY THE NEW MEXICO MEDICAL BOARD OF EXAMINERS. FRED SERVED AS A U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES NATIONAL STRATEGIC PARTNER TO SECRETARY XAVIER BECERRA; A THOUGHT LEADER WITH THE SATCHER HEALTH LEADERSHIP INSTITUTE DATA CONSORTIUM AND THE CONGRESSIONAL HISPANIC CAUCUS LEADERSHIP INSTITUTE ON THE LATINO MENTAL HEALTH CRISIS. HE IS THE HOST OF PLATICAS LIVE ON FACEBOOK, CALLED TENEMOS VOZ, ON "LATINO WELLNESS & PEER RECOVERY." HE CURRENTLY SITS ON THE MOREHOUSE UNIVERSITY SCHOOL OF MEDICINE NATIONAL HEALTH EQUITY COUNCIL.

HE PREVIOUSLY SERVED ON THE CON ALMA HEALTH FOUNDATION BOARD OF TRUSTEES AS WELL AS A MEMBER OF THE SAMHSA HEALTH CARE REFORM COMMUNITY OF PRACTICE ADVISING ON EFFECTIVE OUTREACH AND ENROLLMENT OF UNINSURED LATINOS LEADING TO NLBHA BEING NAMED A CHAMPION OF HEALTH COVERAGE BY THE CENTER FOR MEDICAID & MEDICARE SERVICES.

HE WAS FORMERLY APPOINTED BY GOVERNOR BILL RICHARDSON AS THE DEPUTY SECRETARY OF HEALTH AND SERVED AS AN ALTERNATE TO THE U.S.-MEXICO BORDER HEALTH COMMISSION. DURING THE RICHARDSON ADMINISTRATION HE ALSO SERVED AS THE INCOME SUPPORT DIVISION DIRECTOR AND EXECUTIVE ADMINISTRATOR FOR THE BEHAVIORAL HEALTH COLLABORATIVE AT THE NEW MEXICO HUMAN SERVICES DEPARTMENT.

HE SERVED AS FIRST VICE PRESIDENT OF THE NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI) IN ARLINGTON, VA AND IS THE FORMER NLBHA BOARD PRESIDENT. FRED PARTICIPATED IN PRESIDENT GEORGE W. BUSH; ANNOUNCEMENT OF THE NEW FREEDOM COMMISSION IN ALBUQUERQUE, NM AND SERVED ON THE HISPANIC MENTAL HEALTH CONGRESS DURING THE PRESIDENT CLINTON ADMINISTRATION. HE HAS AND CONTINUES TO SERVE ON NUMEROUS NATIONAL, REGIONAL AND COMMUNITY BOARDS, COUNCILS, COMMISSIONS, AND COMMITTEES. HE RECEIVED THE SAMHSA ADMINISTRATOR AWARD, THE CERRO GRANDE FIRE HERO AWARD, THE CON ALMA HEALTH FOUNDATION HEALTH STAR, WAS RECENTLY APPOINTED TO THE SAMHSA ACHIEVING BEHAVIORAL HEALTH EQUITY ADVISORY COUNCIL AND RECEIVED NUMEROUS NATIONAL AWARDS RECOGNIZING HIS WORK IN AND WITH LATINO COMMUNITIES. HE IS THE RECIPIENT OF THE HISPANIC HERITAGE COMMITTEE CORAZON DE CULTURA LIFETIME ACHIEVEMENT AWARD IN 2024. HE RECEIVED HIS MASTER'S IN PUBLIC ADMINISTRATION FROM NORTHERN ARIZONA UNIVERSITY IN 1992 WHERE HE SPECIALIZED IN COMMUNITY DEVELOPMENT, ADMINISTRATIVE LAW AND PERSONNEL AND RECEIVED HIS BACHELORS OF UNIVERSITY STUDIES FROM THE UNIVERSITY OF NEW MEXICO IN 1980.

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