



## Meeting Notes

**Tuesday, June 10, 2025**

**4:00-5:00 pm**

**Paso del Norte Health Foundation  
221 N. Kansas, Meeting Room C**

### **Welcome and Introductions:**

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions. Organizations represented include El Paso County Juvenile Justice Center, El Paso Community College Cares Program, El Paso Center for Children, El Paso Child Guidance Center, El Paso Child Crisis Center, El Paso Children's Grief Center, Time Done, NAMI El Paso, Paso del Norte Health Foundation, PdN Center at Meadows Institute, and Centro de Salud Familiar La Fe.

### **Special Presentations:**

#### **El Paso Center for Children's Fatherhood Program**

**Jose Alamillo, Fatherhood EFFECT Program Manager**, provided a thought provoking and informative presentation on the need for fatherhood programs and support for fathers to play an integral role in children's lives. He shared examples of the El Paso Center for Children's work in this arena and offered to provide information to any group that would like to offer the Fatherhood EFFECT program. He responded to questions from the group. For more information on the program Mr. Alamillo can be reached at: Jose Alamillo, Fatherhood EFFECT Program Manager, El Paso Center for Children, Inc. 3710 Altura Ave, Bldg. D, El Paso, Texas 79930 915.259-6382 or [jalamillo@epccinc.org](mailto:jalamillo@epccinc.org)

**Presentation slides are included with these notes.**

### **Updates:**

Maria Carrillo called for the group to share community updates. Highlights include:

Join **NAMI El Paso** In observance of Minority Mental Health Awareness Month in July, NAMI El Paso will be hosting its 12th Annual Minority Mental Health Community Forum! Our theme this year will emphasize the importance of resilience, hope, and healing in the face of inequality. The event will be held on Friday, **July 25<sup>th</sup> from 8:30 AM - 1:00 PM at the EPCC-ASC Auditorium** (9050 Viscount Blvd, El Paso, TX, 79925). Attendees will have the opportunity to learn about culturally relative approaches to challenges faced in the borderland, access mental health resources, and engage with local professionals. To register for the event, visit:

<https://forms.gle/6rQvhNHofTBZwN7cA>

For more information, contact Alejandra Valdez ([avaldez@namiep.org](mailto:avaldez@namiep.org)) Program Manager.

[El Paso Children's Grief Center](#) is offering a range of services to address grief.

[El Paso Child Guidance Center](#) is offering parenting classes and therapy services including services for Targeted Case Management, and other programs.

Flyers or other information may be included below as part of these notes.

**Next Meeting:**

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2<sup>nd</sup> Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, August 12<sup>th</sup> at Paso del Norte Health Foundation, 221 N. Kansas, 19<sup>th</sup> Floor Meeting Room C. For more information contact Enrique Mata at 915-253-0287, [emata@mmhpi.org](mailto:emata@mmhpi.org), or Josue Lachica at [jlachica@mmhpi.org](mailto:jlachica@mmhpi.org).



# Fatherhood EFFECT Program



*It is our mission to empower youth and families to brave adversity, victimization, and conflict through constantly evolving, innovative, programs in order to co-create a brighter future.*

# Our Services

## *All FREE, all the time*



- ✓ **Early Childhood** - Parenting classes, counseling, case management and basic needs for any family with children under the age of 5. (Includes parental figures and expectant parents)
- ✓ **Counseling and Life Skills** - Support to families with children between 6 and under the age of 17. Counseling services to any person of any age who has been a victim of a crime.
- ✓ **Youth Outreach and Housing** – Help for youth and young adults 11 to 24 years of age that are going through a tough time. We can help with help with food, shelter, clothing, etc.



Fatherhood program focuses on services for fathers, step-fathers, expectant fathers or any other father figure in order to reduce the risk of abuse or neglect.



## Why Dads

When dads are involved their children:

- ✓ *Have less emotional and behavioral problems*
- ✓ *Are less likely to be victims of abuse or neglect*
- ✓ *Have better school performance*
- ✓ *Have lower rates of teen pregnancy*
- ✓ *Are less likely to be involved in the juvenile justice system or criminal activity*
- ✓ *Less likely to abuse alcohol or other substances*
- ✓ *Less likely to commit suicide*

# The **Father Absence Crisis** in **America**

**Research shows<sup>2</sup> when a child is raised in a father-absent home, they are affected in the following ways...**

## 17.8

**Million Children, Nearly 1 in 4, Without a Biological, Step, or Adoptive Father at Home<sup>1</sup>**



- ⊖ Greater Risk of Poverty
- ⊖ More Likely to Have Behavioral Problems
- ⊖ Greater Risk of Infant Mortality
- ⊖ More Likely to Go to Prison
- ⊖ More Likely to Commit Crime
- ⊖ More Likely to Become Pregnant as a Teen
- ⊖ More Likely to Face Abuse and Neglect
- ⊖ More Likely to Abuse Drugs and Alcohol
- ⊖ More Likely to Suffer Obesity
- ⊖ More Likely to Drop Out of School

**National  
Fatherhood  
Initiative®**

[www.fatherhood.org](http://www.fatherhood.org)



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<sup>1</sup> U.S. Census Bureau. (2023). Living arrangements of children under 18 years old: 1960 to present. Washington, D.C.: U.S. Census Bureau.

<sup>2</sup> National Fatherhood Initiative® 2024. *Father Facts: Ninth Edition*. Germantown, MD: National Fatherhood Initiative®.

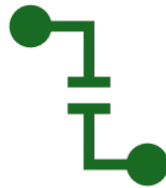




## What curriculums will we be using?



Parent Cafes



Circles of Security



Empath Mobility



Have you heard of these before?

# Dads Cafes (3 Sessions)



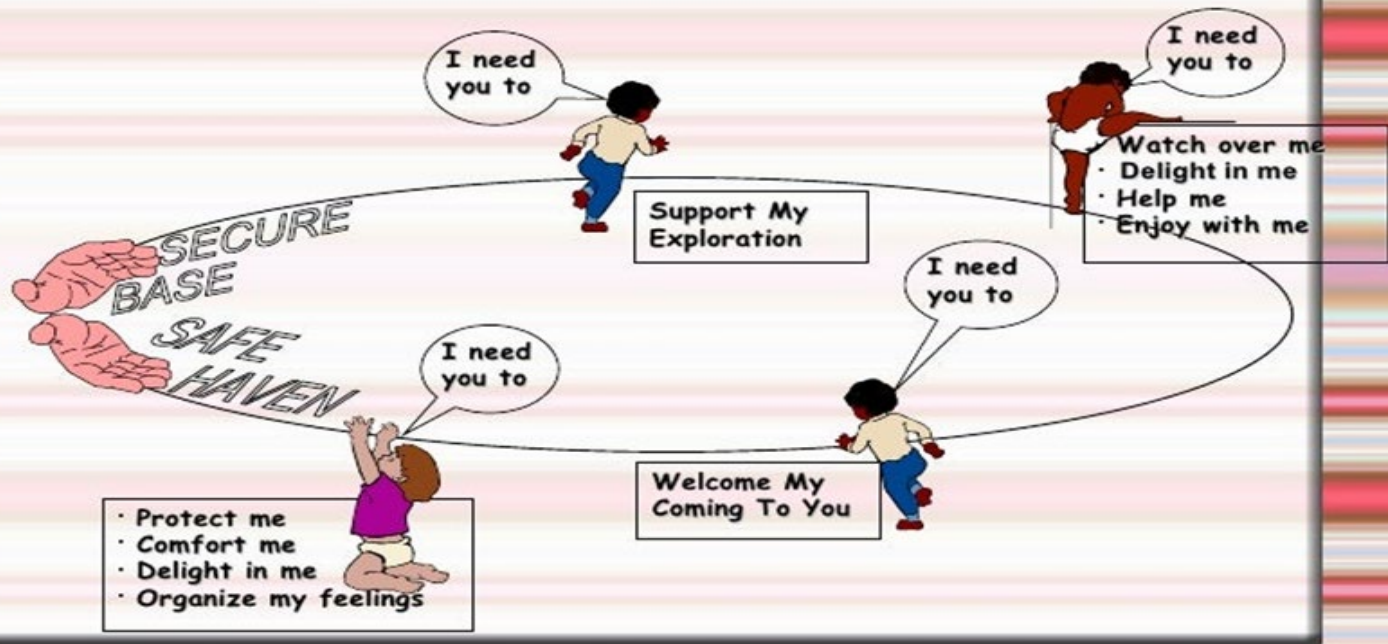


# Circle of Security 8 Sessions



## Circle of Security

Parent Attending to the Child's Needs



# Empath Mobility Mentoring Up to 6 Months

## Mobility Mentoring® Essential Elements



Coaching for  
Economic Mobility



Bridge to Self-  
Sufficiency®



Goal Setting



Recognition



Continuous Improvement

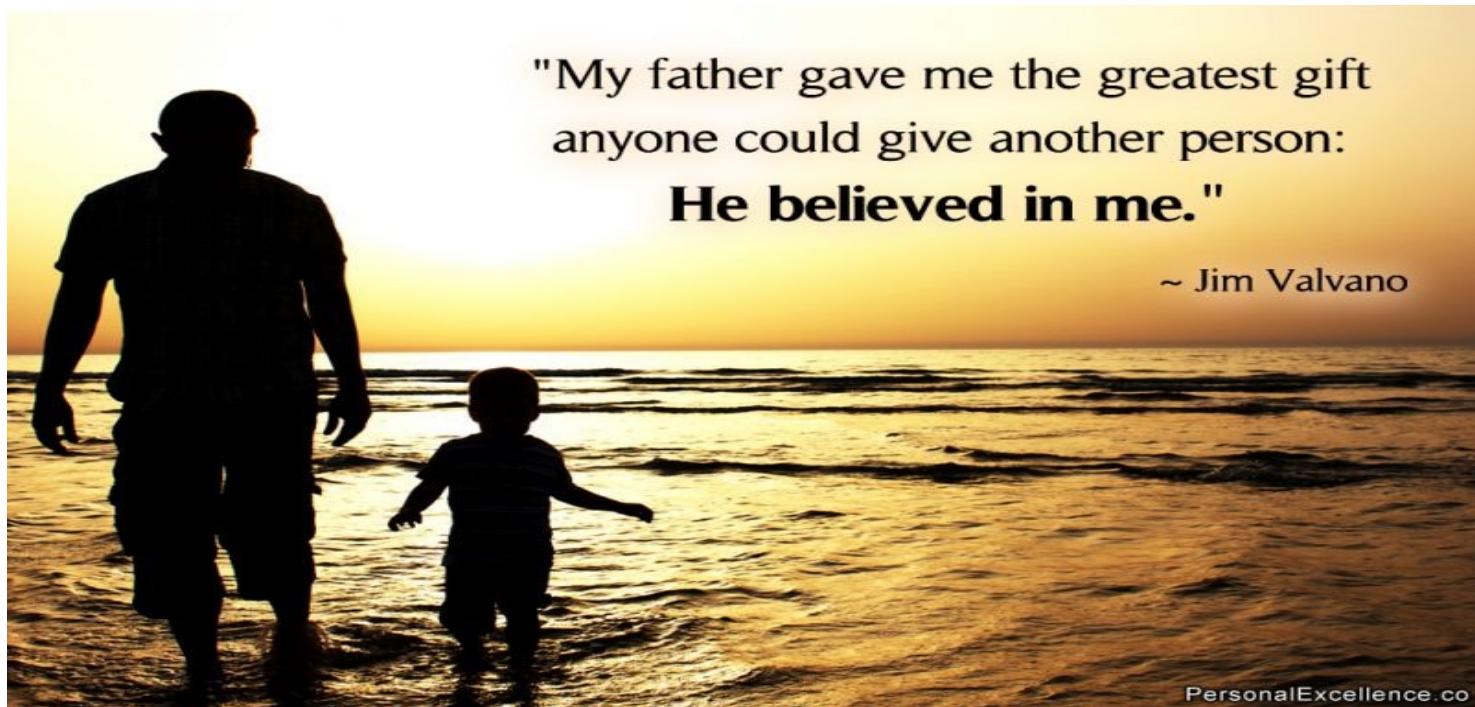


## BRIDGE TO SELF-SUFFICIENCY®

THINKING ABOUT THE FUTURE	FAMILY STABILITY		WELL-BEING		FINANCIAL MANAGEMENT		EDUCATION & TRAINING	EMPLOYMENT & CAREER
	Housing	Family	Physical & Mental Health	Networks	Debts	Savings	Educational Attainment	Earnings Levels*
	No subsidy, housing costs 1/3 or less of household gross pay	Fully able to engage in work, school, and family life; children or family needs don't get in the way (OR) No children or dependent family members	Fully able to engage in work, school, and family life; health and mental health needs don't get in the way	Can always rely on networks to provide useful advice, guidance, and support; advocates for others	No debt other than mortgage, education, and/or car loans, and current in all debts	Savings of 3 months' expenses or more	Bachelor's degree or higher complete	Earnings ≥ 80% AMI (Family-Sustaining Wage)  Household Size of: 2: ≥ \$89,500 3: ≥ \$100,700 4: ≥ \$111,850
	No subsidy, housing costs exceed 1/3 household gross pay	Mostly able to engage in work, school, and family life; children or family needs rarely get in the way	Mostly able to engage in work, school, and family life; health or mental health needs rarely get in the way	Can often rely on networks to provide useful advice, guidance, and support	Current in all debts and making more than minimum payments on one or more debts	Savings of more than 2 months' expenses, but less than 3 months' expenses	Associate's degree or professional certification complete	Earnings = 50% - 79% AMI  Household Size of: 2: \$56,100 - \$89,499 3: \$63,100 - \$100,699 4: \$70,100 - \$111,849
	Subsidized Housing - pays \$300+ towards rent	Somewhat able to engage in work, school, and family life because of children or family needs	Somewhat able to engage in work, school, and family life because of health or mental health needs	Can sometimes rely on networks to provide useful advice, guidance, and support	Making minimum payments on all debts	Savings of at least one month's and up to 2 months' expenses	Job training or certificate complete (beyond high school)	Earnings = 30% - 49% AMI  Household Size of: 2: \$33,650 - \$56,099 3: \$37,850 - \$63,099 4: \$42,050 - \$70,099
↑	Subsidized Housing - pays \$0 - \$299 towards rent	Barely able to engage in work, school, and family life because of children or family needs	Barely able to engage in work, school, and family life because of health or mental health needs	Can rarely rely on networks to provide useful advice, guidance, and support	Behind in payments of 1 or more debts and making payments on at least 1 debt	Savings of less than one month's expenses	High School Diploma or GED/HISET complete	Earnings < 30% AMI  Household Size of: 2: < \$33,650 3: < \$37,850 4: < \$42,050
	Not permanently housed	Not able to engage in work, school, and family life because of children or family needs	Not able to engage in work, school, and family life because of health or mental health needs	Can never rely on networks to provide useful advice, guidance, and support	Has debts; currently not making any payments	No savings	Less than High School Diploma or GED/HISET	Not currently employed  *Income ranges are for Boston-Cambridge-Quincy, MA. Data from HUD's 6/5/22 AMI tables

# Additional Services

- Case Management
- Concrete Services



"My father gave me the greatest gift  
anyone could give another person:  
**He believed in me."**

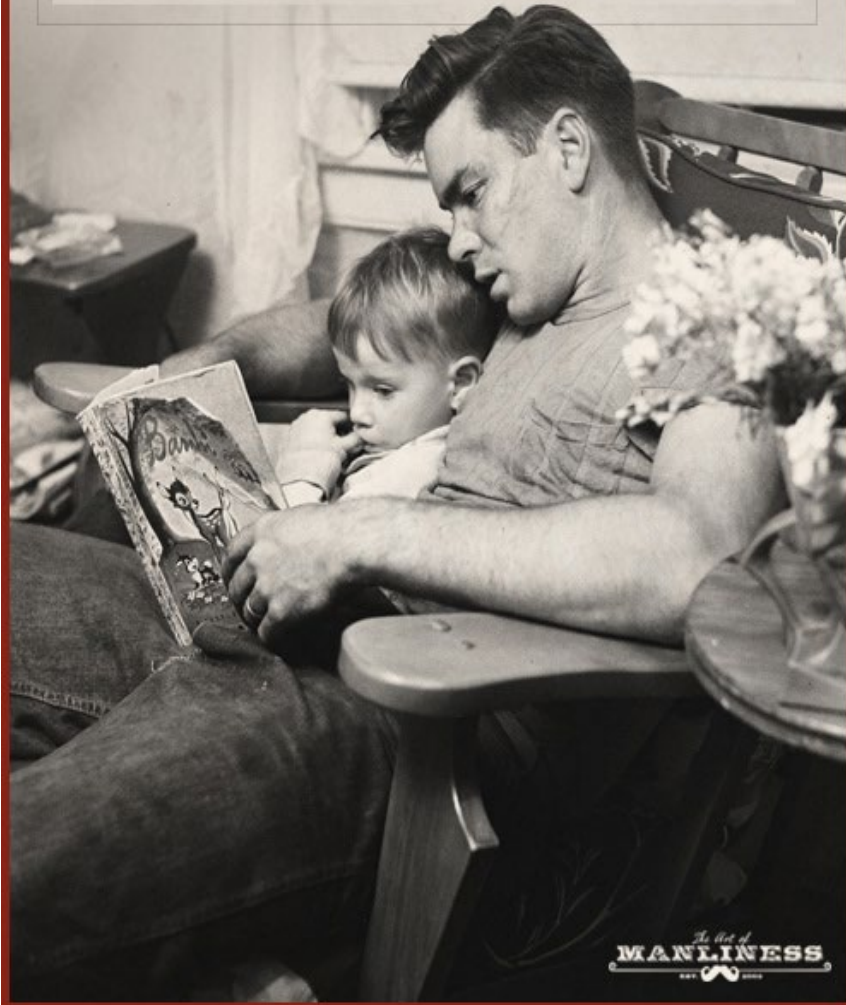
~ Jim Valvano

PersonalExcellence.co



*"It is easier to build strong children than  
to repair broken men."*

**FREDERICK DOUGLASS**



## Who can enroll in Fatherhood?

- Any father, stepfather, father figures (grandparents, uncles.....)
- Voluntary clients
- Lives in El Paso County
- Children 0 (Prenatal) to 17

## How much does the program cost?

It's **FREE**. It's **FREE** for you and **FREE** for your family.



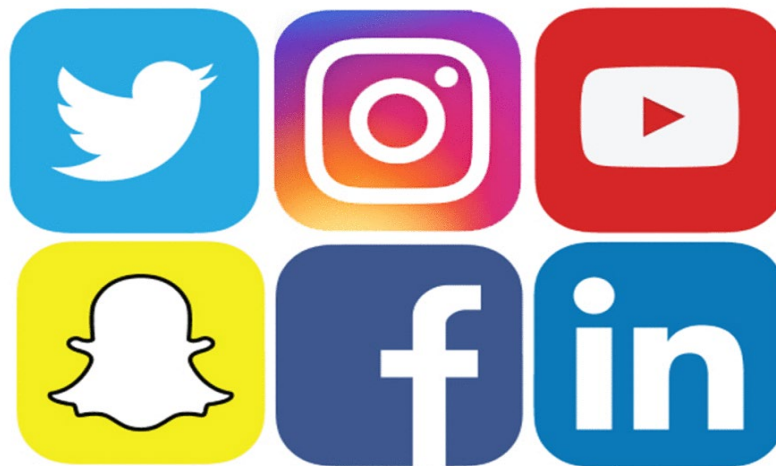
# Get Involved



- ✓ *Tell your friends and family*
- ✓ *Become a Fatherhood Supporter*
- ✓ *Encourage Dads to participate*
- ✓ *Follow us on social media @epccinc and share, share, share our posts!*



“Every father should remember one day his son will follow his example, not his advice.”  
– Charles Kettering



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**[www.epccinc.org](http://www.epccinc.org)**

**[info@epccinc.org](mailto:info@epccinc.org)**

**[jalamillo@epccinc.org](mailto:jalamillo@epccinc.org)**

**Fatherhood (915) 259-6382**

**#epccinc**

**<https://epccinc.org/fatherhood/>**