

# September Newsletter

## A Quick Look:

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## September is Recovery Month

Gov. Michelle Lujan Grisham has proclaimed September 2025 as “National Recovery Month” throughout the state of New Mexico and encourages all residents to join in activities and initiatives that promote prevention, celebrate recovery, support mental health wellness, and build stronger, healthier communities.

### Our Vision:

To build a behavioral health system that is inclusive, organized, centered on the individual and family, and is committed to advocating for and providing comprehensive mental health and substance use disorder services for people across Doña Ana County, New Mexico.

### Contact Information:



Javier Guerrero, MPA (He, Him)  
ICS Strategist  
jguerrero@fyinm.org  
575-202.6987

### Our Next Meeting

OCT 21st (Tuesday)  
11:30AM-1PM  
Virtual Only

# September Quarterly

At our September LC3 General Meeting, we were grateful to hear from Lan Sena, Chief Strategy Officer at the Center for Civic Policy, who led Legislative 101 - Part 2 with segments, reenactments, and elevator-pitch activities that gave members practical tools for framing testimony, approaching legislators, and tracking bills. We also heard from Tyler Allred of Las Cruces Recovery Center (LCRC), who shared their mission to expand access to high-quality residential treatment and highlighted services such as medically assisted detox, residential care, peer support, relapse prevention, and alumni programming. Together, these presentations strengthened LC3's understanding of the legislative process while building awareness of vital community resources that support advocacy and collaboration.



**Lan Sena**  
 Center for Civic Policy  
 Chief Strategy Officer

Lan Sena was born and raised in Albuquerque, New Mexico and is the daughter of Vietnamese refugees that settled in Albuquerque in 1975 and 1981. She received her Baccalaureate degree in Political Science from the University of New Mexico and her Master of Health Administration from the School of Public Administration at the University of New Mexico.

Lan Sena was diagnosed with Stage 4, Hodgkins Lymphoma in 2011 and is currently undergoing treatment for her third relapse. Since her diagnosis in 2011, she has advocated for policy changes to help fellow cancer patients and their families. Sena advocated for pre-existing conditions protections at the New Mexico state legislature and Medicaid Buy-In. She is a Founders Council member with United States of Care, a bipartisan group advocating for Healthcare policy changes that stop families from questioning bankruptcy or their care. Sena was appointed to Albuquerque City Council in March 2020, where she championed policies that help working families like zero fares for transit, language access, and paid sick leave. She served on Council until the end of 2021. Lan joined the Center for Civic Policy in January 2022 and serves as their Policy Director.



**Tyler Allred**  
 Business Development  
 Representative  
 Las Cruces Recovery Center

Tyler's journey is a powerful testament to resilience and transformation. After years of battling alcoholism and addiction, he reached a turning point and chose recovery - a path marked by challenges, growth, and healing. With the unwavering support of his family, Tyler found strength and purpose, which inspired him to help others facing similar struggles.

Now working at the Las Cruces Recovery Center, Tyler channels his experience into compassionate care, offering hope and understanding to those in need. His personal journey allows him to connect deeply with others and make a meaningful impact. Outside of work, Tyler finds peace on the golf course, where he reflects and recharges. This balance of service and self-care helps him stay grounded and continue being a source of strength for others.

# September Highlights

## Suicide Prevention Task Force

### Recovery Event

The LC3 Behavioral Health Collaborative is proud to have been a part of the Recovery Celebration, hosted by the Las Cruces Suicide Prevention Task Force. This powerful event highlighted the importance of recovery from mental health and substance use conditions, and the strength of our community when we come together.



## DACC Community Outreach Fair

LC3 was proud to join our interns and partners at the DACC Community Resource Fair on September 17th at the Sunland Park campus. With more than 20 community partners present, the fair connected residents to academic, health, and job resources while also building stronger local networks. Our team had the opportunity to share information about LC3's work and engage directly with community members, strengthening relationships that support advocacy, collaboration, and access to resources. We are grateful to Doña Ana Community College for hosting and to all the partners who made this event a success.



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# Community Bulletin Board

## HVPS Fall Festival →

Celebrate the season with family and friends at our Fall Festival on Thursday, October 30, 2025, at 5:30 p.m. Enjoy delicious food, Trunk or Treat, and fun games for all ages at this exciting block party on the street between HVMS and RGE. Please note this is a cash-only event. Don't miss out on an evening full of fall fun!

**HATCH VALLEY PUBLIC SCHOOLS**  
**FALL**  
*festival*  
**THURSDAY**  
 30 October 2025  
 5:30 pm  
*Cash only event*

**FOOD, TRUNK OR TREAT, GAMES FOR ALL AGES!**  
 Block party on the street between HVMS and RGE

**1ST RESPONDER MENTAL HEALTH & WELLNESS CONFERENCE**  
 Presented by 1st Responder Conferences  
**October 2-3, 2025**  
**8 AM - 4 PM**

**Co-hosted by:**  
 Dona Ana County Sheriff's Office

**Endorsed by:**  
 Cypress Creek Fire Department, El Paso Fire Department, Texas Department of Public Safety, Alamogordo Police Department, Galveston County CISM

*Save the Date!*

**1st RESPONDER CONFERENCES**

**Early Bird: \$360**  
**After Sept 10th: \$400**  
 (plus reg platform fees)

**Registration is Required**

Our two-day multifaceted training and networking events are for all 1st Responders, Police, Fire, EMS, Dispatchers, Military/Veterans, Corrections, Coroners, Chaplains, Retired First Responders, Spouses, Professional staff, Clinicians, and all those who work in or around the Public Safety field.

- Certificate of Attendance will be offered upon completion
  - Texas Commission on Fire Protection Continuing Education
  - Continuing Education Units Earned: 1.6, Level II Training
  - New Mexico NMDPS LE Accredited
  - 16 Hours of TCOLE credits for Texas LE
- Includes: Breakfast, Lunch, Networking Social, SWAG bag, and Raffles
- Location: Harriott El Paso - 1600 Airway Blvd, El Paso, TX 79925

**Partners and Sponsors:**

Logos for: Dona Ana County Sheriff's Office, El Paso Fire Department, Texas Department of Public Safety, Alamogordo Police Department, Galveston County CISM, FINANCIAL COP, electroCore, J.A.M., and others.

Visit our website for more information and to register:  
[www.1strc.org](http://www.1strc.org)

## ← 1st Responders Conference

Save the date! The 1st Responder Mental Health & Wellness Conference takes place October 2–3, 2025 in El Paso. Co-hosted by the Doña Ana County Sheriff's Office, this event provides training, CEUs, and resources to support the wellbeing of first responders and those who serve alongside them. Learn more at [www.1strc.org](http://www.1strc.org).

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## New Mexico Public Health Association Regional Meet-up: Southwest



The New Mexico Public Health Association invites you to the Southwest Regional Meet-up on Wednesday, October 1, 2025, from 5:30 to 7:30 p.m. at the Community Foundation of Southern New Mexico, 2640 El Paseo Rd, Las Cruces, NM 88001. Sponsored by the Con Alma Health Foundation, this event provides an opportunity for public health professionals and community partners to connect, share ideas, and strengthen efforts to improve health across Southern New Mexico.

## Sith Conference 2025



Join A New Hope Academy for a three-day training experience from October 9–11, 2025, in Mesilla, New Mexico. This unique conference brings together counseling, play therapy, ethics, culture, and advocacy in an engaging and dynamic setting. Participants can earn up to 17 continuing education credits while taking part in courtroom simulations, cultural humility workshops, and self-of-the-therapist reflection. Expect creativity, connection, and even a one-of-a-kind game called Dodge the Subpoena.

Lunch is included, registration is now open, and space is limited. Learn more at

[www.anewhopeacademy.org/sith25SITH](http://www.anewhopeacademy.org/sith25SITH)

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# Where Advocacy Meets Action and Community Voices Shape the System.

Join our LC3 Legislative & Sustainability Action Team Today!

## Our Mission

Empowering our community to engage, advocate, and shape behavioral health legislation while building sustainable funding for lasting impact.



Now meeting Bi-Weekly, virtually on  
Thursdays

## Who We Are



The LC3 Behavioral Health Collaborative is a collective impact initiative dedicated to building an inclusive, responsive, and community-centered behavioral health system. Our Legislative & Sustainable Funding Action Team focuses on advancing policy and funding solutions through community education & capacity building that reflect the voice of the community.

### Interested?

Scan QR Code or go to <https://tinyurl.com/LC3ActionTeam>  
To Join & Learn More



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# TAKE OUR COMMUNITY NEEDS ASSESSMENT HERE:

## Help Shape Behavioral Health Services in Doña Ana County!

We want to hear from you! Your feedback is essential in identifying the behavioral health needs, challenges, and opportunities in our community. By completing this survey, you'll help improve access, quality, and coordination of care for youth, veterans, and underserved populations. Your input will guide future programs and local initiatives.



**Take the survey today and make a  
difference!**

**All responses are confidential.**

Survey participants will be entered into a drawing for prizes (to be announced).

To take the survey, click or go to  
<https://tinyurl.com/2025LC3CNS>



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# MEET OUR INTERNS

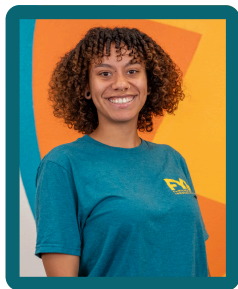


**Julianna Sandoval**  
(She, Her)

Innovative Community Services  
ICS Intern  
FYI+



I am currently a BSW student at New Mexico State University and completing my internship at FYI+ as part of my senior field practicum. I'm excited to be placed in a mezzo/macro setting, where I have the opportunity to learn more about community-level work, advocacy, and the impact of organizational systems. I was drawn to the field of social work by a strong desire to help others navigate mental health challenges and to be a supportive presence for individuals during difficult times. My long-term goal is to become a licensed mental health counselor. For self-care, I enjoy spending time journaling, listening to music, and going on walks in cold weather. I'm grateful for the opportunity to intern at FYI+ and to gain hands-on experience that will help shape the kind of professional I want to become.



**Ayeisha Martinez**  
(They, Them)

Innovative Community Services  
ICS Intern  
FYI+



I am a graduate student at New Mexico Highlands University pursuing my MSW with a clinical concentration. I am an alumnus of Eastern New Mexico University where I got my B.S. in Communication and was a part of the sorority Chi Omega. For self-care in my personal time, I enjoy watching movies in theaters and scrapbooking. I am incredibly excited to be doing my first internship at FYI+ and all there is to learn from the agency. I especially admire how many different departments there are to serve such a large part of the community. I decided to pursue social work while working at a domestic violence shelter during my senior year in my undergrad and the work I did there was the most rewarding I have ever experienced, which moved me to know that I had a calling to social work and was doing what I was intended to. I am grateful for the opportunities FYI+ has given me and I am excited to take this step in my career and further my knowledge and experience!

## Contact Information

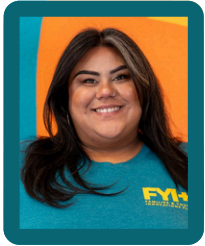


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# MEET OUR NEW STAFF



**Kayleigh Martinez**  
 (She, Her)  
 Innovative  
 Community Services -  
 ICS Strategist  
 FYI+

Kayleigh Martinez was born and raised in Doña Ana County and proudly calls her small rural hometown home. She deeply values the people, culture, agriculture, and traditions of the region, especially the joy of Christmas chile.

Kayleigh attended Doña Ana Community College and New Mexico State University, earning an Associate’s degree in Education and a Bachelor’s degree in Public Health. With more than 15 years in the serving industry and 7 years of professional work in mental health and housing, she has built a career around supporting and advocating for minority and underserved populations.

Currently, Kayleigh serves as an ICS Strategist at Families and Youth Innovations Plus (FYI+), where she began as an intern. In this full-circle moment, she contributes to two major grants: one focused on listening to and understanding the experiences of youth facing homelessness, and another aimed at strengthening rural communities by expanding services that meet their unique needs.

For Kayleigh, this work is both professional and personal—an opportunity to give back to the community that raised her while building stronger systems of support for the people of Doña Ana County.



**Lindley Hornsby**  
 (She, Her)  
 Innovative  
 Community Services -  
 ICS Strategist  
 FYI+

Lindley Hornsby (she/her) joins the FYI+ team as a recent MPH & MSW graduate of New Mexico State University. She brings with her experience in collective impact initiatives, public defense social work, health & economic development program implementation, and research assistance. Lindley’s past areas of policy practice include reproductive health access, school social work, and early childhood education. She is looking forward to learning & growing with the FYI+ team and LC3 coalition.

## LC3 THANKS YOU & ...

its supporters, Families & Youth Innovations Plus, the Paso del Norte Foundation & the Health Care Authority & its training partners



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