



Meeting Notes

Tuesday, June 16, 2026

4:00-5:00 pm

**Paso del Norte Health Foundation
221 N. Kansas, Meeting Room C**

Welcome and Introductions:

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions. This meeting is set in a hybrid (both virtual and in person) format. Organizations represented include: El Paso County Juvenile Justice Center, El Paso Center for Children, El Paso Child Guidance Center, El Paso Children's Grief Center, NAMI El Paso, Paso del Norte Health Foundation, PdN Center at Meadows Institute, Centro San Vicente, Charlie Health, and Centro de Salud Familiar La Fe.

Special Presentations:

The University of Texas at El Paso Counseling Program: Dr. Paul A. Carrola, Ph.D., LPC-S, NCC, CCMHC, Associate Professor, Counseling Program Coordinator and MHC Graduate Advisor for the University of Texas at El Paso Counseling Program presented on the opportunities and requirements involved with completing the LPC hours required for licensure. He provided details that helped show that there are still options to succeed even when there is a perception that the requirements are too difficult for most to comply. Dr. Carrola responded to questions from the group. Presentation slides are included with these notes.

Updates:

Maria Carrillo called for the group to share community updates. Highlights include:

La Fe Father's Day Run & Walk -- JOIN US AT 7:30 A.M., SATURDAY, JUNE 14TH!

Centro De Salud Familiar La Fe invites all our community members to sign up for one of our region's most beloved outdoor events — the 28th Annual La Fe Father's Day 5K Run and Walk. The race kicks off at 7:30 a.m., Saturday, June 14, 2025. Late registration and pre-event activity starts at the La Fe Culture and Technology Center, located at 721 S. Ochoa Ave. (Rear Building), in the heart of El Paso, Texas' historic and proud Segundo Barrio. VISIT

WWW.RACEADVENTURESUNLIMITED.COM TO REGISTER NOW. Early registration is \$25 now through June 12 or \$30 June 13 and 14, 2025. For more information or event updates, visit our Facebook Event Page or call (915) 534-7979 or info@lafe-ep.org.

Make plans to participate in the El Paso Adolescent Health Summit: on June 25th In-Person Socorro Independent School District Service Center, 12440 Rojas Drive, El Paso, TX 79928, and for the virtual sessions to be held on **June 26th**. Registration is just \$25 and includes breakfast, lunch, and all sessions. Continuing Education credits available for multiple disciplines. The event is hosted by Project Vida and Healthy Futures of Texas and is designed to bring together educators, counselors, clinicians, nonprofit professionals, and other youth-serving leaders who are passionate about supporting the health and well-being of young people in the El Paso

community. There are two great ways to participate: **Register** to attend and take part in engaging sessions, networking opportunities, and continuing education credits. \$25 and covers breakfast, lunch, and your CE certificate. **Exhibit** and connect directly with 125+ professionals serving youth and families across the region. Exhibitor rates include a complimentary registration, plus recognition benefits; Nonprofit organizations: \$100, Government agencies & universities: \$250, For-profit organizations: \$500. You can learn more, register, or sign up to exhibit by clicking this link: [Healthy Futures of Texas – El Paso Summit](#) . For more information contact: Melanie Chasteen at mchasteen@healthyfutures-tx.org .

Open to the public! HOPE+ Health Fair! Saturday, July 18, 2026, 8am – 1pm, 5001 El Paso Dr, El Paso, TX 79905. Free Services include Blood pressure, Blood, and glucose tests. Health education and screenings, Physical examinations, Immunizations, AND MANY MORE! For more information see the attached flyers or contact Dr. Silvia M. Chavez-Baray (915) 747-7009 smchavezbaray@utep.edu or Grecia Ortega, URA (915) 747-5274 , giortega@miners.utep.edu)

NAMI El Paso is hosting their 13th Annual Minority Mental Health Community Forum on Friday, July 24, 2026 · 8:30 AM – 1:00 PM at the El Paso Community College ASC – Bldg. A Auditorium (9050 Viscount Blvd., El Paso, TX 79925). This year's topic is a conversation about the Biopsychosocial Model. They will explore the connection between mental, physical, and emotional well-being. The forum will feature three expert talks, a resource fair, and community connections, all aimed at promoting mental wellness and culturally relative approaches to challenges faced in the borderland. Don't miss this opportunity to join the conversation and gain valuable knowledge and support! **To Register for this free event click here**

Save the Date! NAMI Walks El Paso will be held on Saturday, October 10th , Start time: 8AM, Ascarate Park (6900 Delta Dr, El Paso, TX). Learn more at namiwalks.org/elpaso

Flyers or other information may be included below as part of these notes. For more information, please visit: <https://healthypasodelnorte.org/brain-trust/> or contact Enrique Mata at 915-253-0287, emata@mmhpi.org , or Josue Lachica at jlachica@mmhpi.org

Next Meeting:

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2nd Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, August 11th at Paso del Norte Health Foundation, 221 N. Kansas, 19th Floor Meeting Room C. For more information contact Enrique Mata at 915-253-0287, emata@mmhpi.org, or Josue Lachica at jlachica@mmhpi.org .

PRACTICUM ORIENTATION

MENTAL HEALTH COUNSELING PROGRAM



Paul Carrola, Ph.D., LPC-S, NCC
Johana Rocha, Ph.D., LPC, NCC
Daniel Dosal-Terminel, Ph.D.
Chuling Lo, Ph.D., CRC
Liliana Vacio, M.Ed., LPC-S, LCDC

May 15, 2026

OVERVIEW OF ORIENTATION

- Practicum & Internship Terminology
- Class Modality & Grade
- Practicum and Internship Requirements
- Supervision
- Faculty Supervisor Responsibilities
- Site Supervisor Responsibilities
- Supervisee Expectations
- Working Alliance
- Evaluation of Supervisee
- Supervisee Evaluation and Feedback
- CPCE
- Experiential Learning Cloud (formerly Tevera)



PRACTICUM & INTERNSHIP TERMINOLOGY

TERM	DEFINITION
Site	Term used to refer to the mental health practice in which the student has been accepted to complete their practicum and/or internship hours.
Faculty Supervisor	Used interchangeably with “instructor” or “group supervisor.” Faculty Supervisor refers to the faculty member who is the course instructor for EDPC 5371, 5372, or 5373. The Faculty Supervisor provides a minimum of 1.5 hours of weekly group supervision to students throughout the semester.
Site Supervisor	Term used to indicate the licensed mental health counseling professional at the Site that provides oversight of student’s work at their Site. The Site Supervisor provides a minimum of 1-hour of weekly individual or triadic supervision to students throughout entire time (during the semester and between semester breaks) that a student is at the Site. Students should have at least one Site Supervisor for each Site in which they are accruing hours, and may have more than one Site Supervisor at the same site.
Individual Supervision	Refers to any one-on-one encounters the student has with the Faculty Supervisor and/or the site supervisor. The site supervisor provides a minimum of 1 hour of individual supervision to practicum and/or internship students throughout the semester. The Faculty Supervisor provides individual supervision as needed.
Triadic Supervision	Refers to any encounters the Site of Faculty Supervisor has with 2 students at a time.
Group Supervision	Refers to the weekly practicum/internship class students have on campus.



CLASS MODALITY & GRADE

- Lecture vs. Seminar
- The Faculty Supervisor functions as the group supervisor/instructor and assigns the grade earned by the Practicum/Internship student. Students are graded on a Satisfactory-Unsatisfactory basis
 - must earn Satisfactory in Practicum  Internship I
 - must earn Satisfactory in Internship I  Internship II
 - must earn S in Internship II & pass CPCE  Internship II
- The student must successfully pass all three courses and the CPCE to graduate from the Mental Health Counseling program.



PRACTICUM & INTERNSHIP REQUIREMENTS

Practicum

- ✓ 100 hours total
- ✓ 60 indirect
- ✓ 40 direct
- ✓ Take CPCE

Internship I

- ✓ 300 hours total
- ✓ 180 indirect
- ✓ 120 direct

Internship 2

- ✓ 300 hours total
- ✓ 180 indirect
- ✓ 120 direct

- **Indirect hours:** (e.g., training, orientation, workshops, shadowing/observing, research on diagnoses, tx plan, progress notes, site & faculty supervision, consultation)
- **Direct hours:** (e.g., individual/group interactions with clients [solo, co-counseling, co-facilitating])
- **Paperwork:** to be completed by supervisee, site and faculty supervisors at the beginning, throughout, and end-of-the-semester
- **Recordings:** video or audio (1-2 each semester)
- **Between semester hours:** consecutive semesters, up to 50



SUPERVISION

Individual & Triadic Supervision

- More individualized focus for student
- Allows supervisor to more accurately measure student progress

Group Supervision

- Allows for more diverse feedback (both peer and supervisory)
- Allows students to learn by both providing and receiving feedback



FACULTY SUPERVISOR RESPONSIBILITIES

- Prepare students for practicum/internship experience
- Provide group supervision throughout the practicum/internship experience
- Provide accurate evaluation of students based on available data (e.g., classroom observation and submitted work)
- Initiate consultation with site supervisors when needed
- Be available for consultation with site supervisors



SITE SUPERVISOR RESPONSIBILITIES

- Orientate student to site and provide needed training on agency policies and procedures
- Explain the process to develop a caseload and be able to counsel clients independently (with video or audio recordings)
- Provide one hour of on-site face-to-face individual or triadic supervision on a weekly basis
- Be accessible and available as first line site consultation at all times when students are seeing clients
- Provide accurate evaluations of students based on the available information (e.g., client feedback & session observations)
- Initiate consultation with faculty supervisor(s) when needed
- Be available for consultation with faculty supervisor(s)



SUPERVISEE EXPECTATIONS

To demonstrate professionalism at all times

- With clients, supervisors, peers and agency staff

To demonstrate competency in basic counseling skills

- Rapport and Relationship building
- Manage personal biases
- Client focused counseling
- Working knowledge of foundational theories
- Application of theoretical knowledge in session
- Maintain appropriate professional boundaries



SUPERVISEE EXPECTATIONS (CONT.)

Demonstrate developmentally appropriate competency in advanced counseling skills

- Differential diagnosis
- Case conceptualization
- Theory integration

To respond to feedback in a productive and positive way

To proactively use supervision

To seek supervision and consultation when needed



SUPERVISORY ALLIANCE

Supervisor as a senior in the profession and most responsible for process and outcomes

- Assists supervisee's clinical and professional development
- Is aware of supervisee's developmental level and tailors the supervision experience to meet the unique needs of the supervisee

Supervisee a more active party in the supervision dyad, triad, group

- Reciprocate supervisor's efforts
- Expresses their needs
- Engages in open communication

Both parties join efforts in creating a safe space

- A transactional process



SUPERVISEE EVALUATION AND FEEDBACK

Formative Evaluations

- Grading and Feedback on Assignments
 - DAP & SOAP Notes
 - Case Presentations (Oral and Written Case Formulations)
 - Recordings and Transcripts of Interviews (Intakes and Counseling)
- Supervisor Feedback During Supervision

Summative Evaluations Each Semester sent by students to site SOR

- Personal and Professional Characteristics and Potential for Growth Scoring Rubric
- Clinical Mental Health Counseling Student Evaluation Form

Summative Evaluation End of Internship II

- Formal Written Case Study and Case Study Presentation
- Faculty Review of Student Learning Outcomes



BEFORE THE FIRST DAY OF CLASS

- All pre-requisites must have been met
- You must have already contacted your site and be ready to start
- Complete background check (takes up to 2 weeks)
- Purchase liability insurance and send proof of purchase /copy of it to your instructor
- Read the class syllabus
- Read the handbooks (P&I and Site Supervisor)



COUNSELOR PREPARATION COMPREHENSIVE EXAM (CPCE)

- Register with the UTEP Testing Center (\$28.50 fee to register)
 - <https://www.registerblast.com/utep/Exam/List>
 - June 23rd & 25th
- Register with CCE (this step should already be complete for all students)
 - https://www.cce-global.org/Registration/CPCE_APB_Welcome
- Register with Pearson
 - You cannot register until you receive your candidate ID after your registration with CCE
 - You will receive a voucher from Dr. Lo to pay for the exam (if you have to retest, you will need to pay for the exam-\$75)
 - <https://home.pearsonvue.com/cpce>



EXPERIENTIAL LEARNING CLOUD (ELC)



ANY QUESTIONS?





CLÍNICA MÓVIL & FERIA DE SALUD H.O.P.E+



TEXAS TECH UNIVERSITY
HEALTH SCIENCES CENTER.
EL PASO

Gayle Greve Hunt School of Nursing

SERVICIOS GRATUITOS:

- Revisión de presión arterial
- Análisis de sangre y glucosa
- Educación en salud y exámenes
- Examen físico
- Inmunizaciones
- Cortes de cabello
- ¡Y MUCHOS MÁS !

DESPENSAS

Y

RIFA!

ANIMALES DE SERVICIO
BIENVENIDOS!

**ACOMPAÑENOS
SERVICIOS GRATUITOS**

5001 El Paso Dr, El Paso, TX 79905

Sabado, Julio 18, 2026

8AM - 1PM

COMO PREPARARSE:

- DE PREFERENCIA, NO COMIDA NI BEBIDAS (APARTE DE AGUA) 8 HORAS ANTES DEL EXAMEN DE SANGRE.
- TRAIGA UNA IDENTIFICACIÓN SI TIENE UNA, NO ES REQUERIDA PARA RECIBIR LOS SERVICIOS.

PREGUNTAS?:

Llámenos al (915) 747-7009 con Dr. Silvia M. Chavez-Baray (smchavezbaray@utep.edu)
(915) 747-5274 Grecia Ortega, URA (giortega@miners.utep.edu)

Subsidiado por



GRACIAS A NUESTROS COLABORADORES



TOGETHER we are

 **NAMIWalks**
El Paso



2026



MENTAL
HEALTH
for
all

Saturday, Oct. 10
Start time: 8AM

Ascarate Park
(6900 Delta Dr, El Paso, TX)

Learn more at
namiwalks.org/elpaso

