



Meeting Notes

Tuesday, August 11, 2026
4:00-5:00 pm
Paso del Norte Health Foundation
221 N. Kansas, Meeting Room C

Welcome and Introductions:

Maria Carrillo convened the meeting at 4:05 pm and called for brief introductions. This meeting is set in a hybrid (both virtual and in person) format. Organizations represented include: Narcotics Anonymous, PdN Center of Hope, Paso del Norte Children's Development Center, El Paso County Juvenile Justice Center, El Paso Center for Children, El Paso Child Guidance Center, El Paso Children's Grief Center, NAMI El Paso, Paso del Norte Health Foundation, PdN Center at Meadows Institute, Centro San Vicente, Charlie Health, Centro de Salud Familiar La Fe, New Mexico Department of Health Office of Border Health, Dona Ana County, Health and Human Services, Peak Behavioral Health .

Special Presentation:

Narcotics Anonymous: A Vital Community Resource – Ms. Stephanie R., Public Relations Chair, Jay M., and Jeffery S. provided a thought provoking and heartfelt presentation on how Narcotics Anonymous helps individuals in need of assistance with all forms of addiction. They shared that the organization is now worldwide and over 70 years old. As a result of the Pandemic, they now have virtual meetings happening every hour of the day worldwide. In the El Paso area there are over 35 virtual or in person options to connect with a group at any point in time. The group shared their stories and some examples of successes. They responded to questions from the group. **Presentation slides and handout examples are included with these notes.**

Updates:

Maria Carrillo called for the group to share community updates. Highlights include:

Bryanna Lujan, Clinical Outreach Manager for Charlie Health advised that the organization offers a wide range of mental health virtual services. **They recently expanded their services to 13 and up for addiction services.** For more information visit: [Behavioral Health IOP for Kids, Teens & Adults | Charlie Health](#)

Melissa Acosta advised that the NAMI Walk will be held Saturday morning October 10th at Ascarate Lake. The event is free and all are welcome. Please register and for more information visit: <https://namiep.org/upcoming> to view calendar and for other upcoming events and program registration. Phone: 915-778-5726; Email: office@namiep.org .

[El Paso Center for Children](#) Ms. Diana Duran shared information about the Family and Youth Success program from El Paso Center for Children. For more information visit their website.

[El Paso Children's Grief Center](#) is offering a range of services to address grief. They just started a program to help survivors of crime. They will have a gala on September 18th.

[El Paso Child Guidance Center](#) is offering parenting classes and therapy services including services for Targeted Case Management, and other programs.

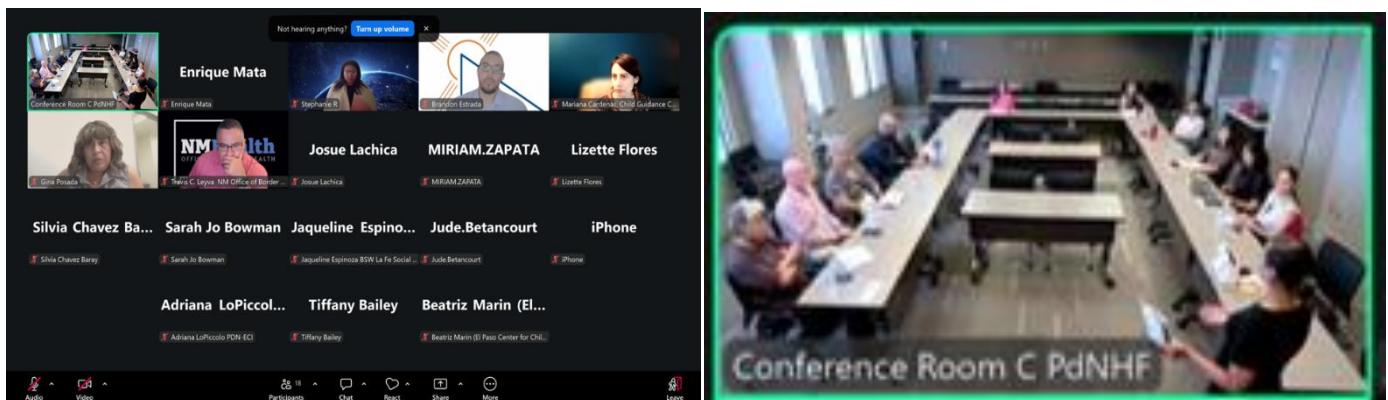
[Paso del Norte Center of Hope](#) – The Center of Hope is actively working to prevent human trafficking and to help those in need. They are hosting a fundraising golf tournament on September 12th. For more information visit their website at the link posted [here](#).

Flyers or other information may be included below as part of these notes. For more information, please visit: <https://healthypasodelnorte.org/brain-trust/> or contact Enrique Mata at 915-253-0287, emata@mmhpi.org, or Josue Lachica at jlachica@mmhpi.org

Next Meeting:

The Brain Trust now has a standing in person meeting time of 4:00 pm on the 2nd Tuesday of every other month.

The Next Brain Trust Network meeting is scheduled for 4:00 pm, Tuesday, October 13th at Paso del Norte Health Foundation, 221 N. Kansas, 19th Floor Meeting Room C. For more information contact Enrique Mata at 915-253-0287, emata@mmhpi.org, or Josue Lachica at jlachica@mmhpi.org.



12:00 p.m. (noon) "Newcomers Virtual"
ZOOM ID # 204-534-9460
90 min (Open Meeting, Virtual Meeting)

7:00 p.m. "The Pit - For Addicts Only"
St. Mark's Methodist Church Gymnasium
4965 Love Rd. El Paso, TX 79922
90 min (Closed Meeting)

8:00 p.m. "Candlelight-Get For Real"
St. Luke's United Methodist Church - 9915 Montwood Dr.
El Paso, TX 79925 (Park behind church, enter bldg.
adjacent to church)
90 min (Open Candlelight Meeting, Bilingual speaker on
the last Friday)

SATURDAY

12:00 p.m. (noon) "Newcomers"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
90 min (Open Meeting)

12:00 p.m. (noon) "Newcomers Virtual"
ZOOM ID # 204-534-9460
90 min (Open Meeting, Virtual Meeting)

4:30 p.m. "We Do Recover-LGBTQ+"
ZOOM ID # 242-124-2449
75 min (Open Meeting, LGBTQ+friendly, Virtual Meeting)

8:00 p.m. "Basic Text"
Zoom ID # 717-890-2088
Unity El Paso - 1420 Alabama St. @ Gold St.
El Paso, TX 79930
(Park behind church enter through backdoor)
90 min (Open Meeting, Hybrid Meeting)

"Open" meetings are for anyone who wants to attend.
"Closed" meetings are only for addicts or those who think they
might have a drug problem.

MOST MEETINGS ARE HANDICAP ACCESSIBLE
MEETING TIMES & LOCATIONS ARE SUBJECT TO CHANGE

TELEPHONE NUMBERS
-People who are not using-

Drug Problem?



Narcotics Anonymous
1-800-249-9428 • eptna.org



El Paso Area of
Narcotics Anonymous



You don't have to wait for an overdose or jail sentence to get
help from N.A. It is possible to overcome the desire to use
drugs with the help of the 12 Step Program of Narcotics
Anonymous and the fellowship of recovering addicts.

El Paso Area of Narcotics Anonymous
P.O. Box 23070 • El Paso, Texas 79923

HELPLINE: 1-800-249-9428
WEBSITE: www.eptna.org

Narcotics Anonymous is not affiliated with any
hospital, institution, or organization.

August 2024

Narcotics
Anonymous

Narcotics Anonymous: A Resource In Your Community

2018-2023 Version

TUESDAY

12:00 p.m. (noon) "Newcomers"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
90 min (Open Meeting)

12:00 p.m. (noon) "Newcomers Virtual"
ZOOM ID # 204-534-9460
90 min (Open Meeting, Virtual Meeting)

5:30 p.m. "In All our Affairs"
7681 Barton Street, El Paso, TX 79915
(Parking behind the building)
75 min (Open Meeting, Meditation Meeting)

7:00 p.m. "Solo Por Hoy"
St. Luke's United Methodist Church - 9915 Montwood Dr.
El Paso, TX 79925 (Park behind church, enter bldg.
adjacent to church)
70 min (Open Meeting, Bilingual Meeting)

7:00 p.m. "Surrender To Win"
Church of St. Clement - 810 N. Campbell St., El Paso,
TX 79902 (Use Montana entrance to Auditorium)
90 min (Open Meeting)

WEDNESDAY

12:00 p.m. (noon) "Keeping It Simple"
500 E. Yandell Dr., El Paso, TX 79902
60 min (Open Meeting)

12:00 p.m. (noon) "Newcomers"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
70 min (Open Meeting)

12:00 p.m. (noon) "Newcomers Virtual"
ZOOM ID # 204-534-9460
90 min (Open Meeting, Virtual Meeting)

6:00 p.m. "Lost Dreams Awaken"
Zoom ID #242-124-2449
(Meets 1st & Last Wednesdays only)
75 min (Open Meeting, Spin the Wheel)

7:00 p.m. "High Hopes"
Unitarian Church - 4425 Byron St., El Paso, TX 79930
90 min (Open Meeting, speaker meeting on hold)

7:00 p.m. "Que Esta Pasando?"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
90 min (Open Meeting, Bilingual)

THURSDAY

12:00 p.m. (noon) "Newcomers"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
70 min (Open Meeting)

12:00 p.m. (noon) "Newcomers Virtual"
ZOOM ID # 204-534-9460
90 min (Open Meeting, Virtual Meeting)

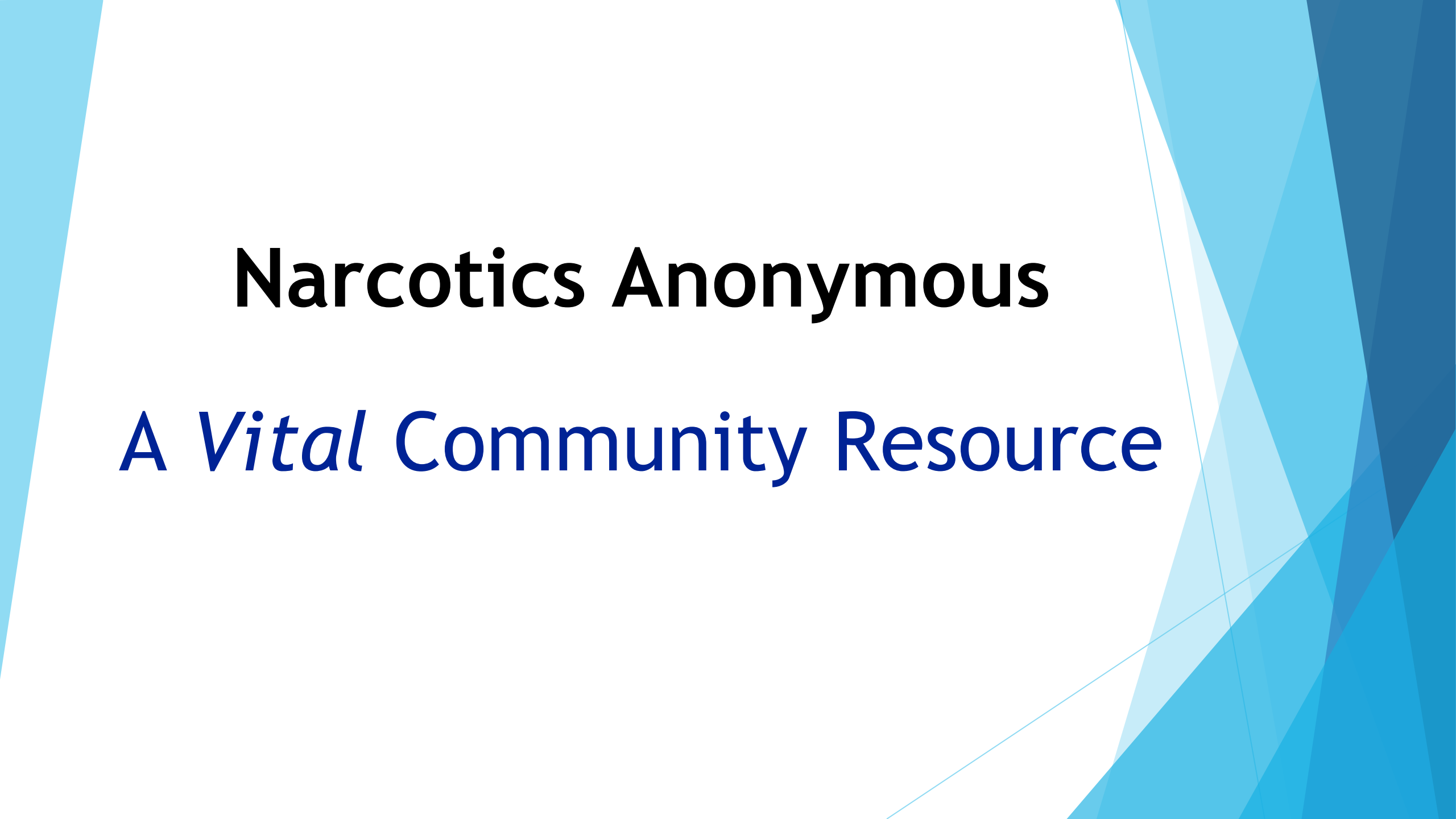
7:00 p.m. "Sisters in Recovery"
ZOOM ID # 885-7236-9217 PASSWORD - 6080669
60 min (Open Meeting, Virtual Meeting, Women Only)

7:00 p.m. "A Shift in Perspective"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
90 min (Open Meeting)

8:00 p.m. "Winning Steps & Traditions"
Unitarian Church
4425 Byron St., El Paso, TX 79930
90 min (Open Meeting, Bilingual)

FRIDAY

12:00 p.m. (noon) "Newcomers"
St. Paul's Methodist Church - 7000 Edgemere Blvd.
El Paso, TX 79925 (Park behind church, use back
courtyard entrance - Room 20)
70 min (Open Meeting)

The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the left and right sides of the frame, creating a modern, dynamic feel.

Narcotics Anonymous

A Vital Community Resource

Our Message

“An addict, any addict, can stop using,
lose the desire to use, and find a new
way to live.”

Who Are We?

- NA is a nonprofit, international, community-based organization for addicts seeking recovery.
- 139 countries, including the binational, bicultural border of El Paso and Juarez, Mexico.
- 105 languages & 73rd Anniversary July 2026.
- El Paso Area meetings-35 weekly both in-person and virtually, bilingual and in Spanish.
- Virtual worldwide meetings 24/7 since the COVID-19
- NA members learn to have lives free of addiction and recover from the harmful consequences of using.

Origin of Our Name - Why Call It “Narcotics”?

- “Narcotics” was a common term used for all illegal substances at the inception in 1953. This term is still used in 105 languages today.
- The only requirement for membership is the desire to stop using.
- Our recovery program focuses on the problem of a substance use disorder, not on any particular drug.
- 12 Steps of NA-major part of our recovery as worked with a sponsor (mentor) on a one-to-one basis.

Spiritual Not Religious Program

- Anyone may join us regardless of religion or lack of religion.
- We are not affiliated with any religious organization or person.
- We convey a powerful message of hope and healing in the hopes it draws the addict to NA.
- Recovery is an evolving process of self-awareness and a state of change.
- We focus on making self-affirming decisions and actions.

Serenity Prayer

“God, grant me the serenity to
accept the things I cannot change,
the courage to change the things I can,
and the wisdom to know the difference.”

Step Two

“We came to believe that a Power greater
than ourselves could restore us to sanity.”

Wholeness

What Does NA Provide?

- El Paso Area Meetings-currently 35 per week. Attend anonymously either in-person or virtually.
- Additional NA information below:
 - ***Local website:** www.eptna.org
 - ***Regional website:** www.riograndena.org
 - ***Virtual Website:** www.virtual/na.org
- Our Public Relations goal is to build better relationships with the community and make freedom from addiction accessible to all addicts.
- Our Hospitals & Institutions Subcommittee takes meetings into detox and treatment facilities, prisons and halfway houses, and places where clients can't easily access meetings.
- NA literature plays an important part in our recovery.

An Effective Resource

- NA and PR raise public awareness recovery options.
- We want to be considered as an effective and established resource in helping the addict who suffer.
- Therapeutic value of one addict helping another with peer-to-peer support is without comparison.
- NA incorporates the use of the disease model to describe substance use disorder-which is defined in the DSM-5.

The Disease Model

- Both a matter of life and death.
- Chronic, progressive or degenerative, fatal prognosis.
- Feelings of powerlessness, helplessness, hopelessness.
- Coping difficulty.
- Co-occurring Disorder and/or Co-Morbidity (Bipolar Disorder/Schizophrenia/Hepatitis C/HIV/Diabetes)
- Treatment/Program Adherence/Maintenance.
- DRT - Drug Replacement Therapy.
MAT - Medication-Assisted Treatment.

Does It Work?

We started in 1953. Our success is measured by our growth. As of 2026 we now provide 79,039 meetings worldwide in 139 countries.



Regions Around the World 79,039 Weekly Meetings* Worldwide

Data is based on regional/zonal reports to WSC 2026 and NAWs database when available. Map not intended to be geographically accurate.

*Meeting numbers include both in-person and virtual meetings. Virtual meeting numbers were drawn only from regional reports and many may not be included here.



USA-23,769 Meetings

*Non WSC Participant

1	ABCO	207
2	Alabama/NW Florida	334
3	Alaska	77
4	Arizona	484
5	Arkansas	102
6	Best Little	140
7	Bluegrass Appalachian*	162
8	Buckeye	151
9	California Inland	192
10	California Mid-State	298
11	Carolina	686
12	Central Atlantic	485
13	Central California	278
14	Chesapeake & Potomac	364
15	Chicagoland	460
16	Colorado	357
17	Connecticut	336
18	Eastern New York	265
19	Florida	821
20	Free State	550
21	Georgia	537
22	Greater Illinois	219
23	Greater New York	543
24	Greater Philadelphia	413
25	Hawaii	134
26	Indiana	402
27	Iowa	273
28	Kentuckiana	186
29	Lone Star	397
30	Louisiana	235
31	Metro Detroit	328
32	Michigan	407
33	Mid-America	294
34	Mid-Atlantic	407
35	Minnesota	363
36	Mississippi	149
37	Montana	179
38	Mountaineer	132
39	Nebraska	140
40	New England	386
41	New Jersey	358
42	North Carolina	490
43	Northern California	1,247
44	Northern New England	156
45	Northern New Jersey	204
46	Northern New York	135
47	Ohio	445
48	OK Region	283
49	Pacific Cascade	512
50	Red River	30
51	Region 51	300
52	Rio Grande	195
53	San Diego/Imperial	292
54	Show-Me	427
55	Sierra Sage	154
56	Sierra Sage	154

Canada-1,666 Meetings

*Non WSC Participant

CN1	Alberta	241
CN2	British Columbia	419
CN3	Canada Atlantic	106
CN4	Northwest Territories*	2
CN5	Manitoba*	2
CN6	Ontario	514
CN7	Quebec	378
CN8	Yukon Territories*	4

Central America/Mexico-3,821 Meetings

*Non WSC Participant

CA1	Antigua and Barbuda*	3
CA2	Aruba*	7
CA3	Baja Son	412
CA4	Barbados*	14
CA5	Belize*	1
CA6	Bonaire*	1
CA7	Cayman Islands*	610
CA8	Costa Rica	285
CA9	Cuba*	37
CA10	El Salvador	92
CA11	Honduras*	192
CA12	Jamaica*	192

South America-8,461 Meetings

*Non WSC Participant

SA1	Argentina	270
SA2	Bolivia*	21
SA3	Brazil	857
SA4	Brazil Central	161
SA5	Brazil Sul	395
SA6	Central Andina*	1
SA7	Chile	405
SA8	Colombia	850
SA9	Ecuador	720
SA10	Grande Sao Paulo	924
SA11	Guyana*	5
SA12	HDF Brazil	399
SA13	Paraguay*	1

Western Europe-5,537 Meetings

*Non WSC Participant

E1	Belgium*	66
E2	Cyprus*	5
E3	Denmark	152
E4	Finland	243
E5	France	357
E6	German-speaking	450

Africa-464 Meetings

*Non WSC Participant

A1	Algeria*	2
A2	Angola*	1
A3	Botswana*	3
A4	Ethiopia*	2
A5	Ghana*	29
A6	Kenya*	24
A7	Lesotho*	1
A8	Liberia*	1
A9	Mali*	2

Middle East-26,462 Meetings

*Non WSC Participant

ME1	Algeria*	129
ME2	Bahrain*	15
ME3	Egypt	216
ME4	Iran*	116

Eastern Europe/Russia-6,098 Meetings

*Non WSC Participant

EE1	Adriatic*	23
EE2	Big Moscow*	888
EE3	Blacklands (Russia)*	100
EE4	Bulgaria*	14
EE5	Czech-Slovak*	50
EE6	Estonia*	30
EE7	Far East (Russia)*	103
EE8	Georgia*	65
EE9	Hungary*	96
EE10	Latvia*	24
EE11	Lithuania*	60
EE12	Moldova*	14
EE13	North-West Russia*	200
EE14	Poland*	279
EE15	Povozhny (Russia)*	550
EE16	Romania*	7
EE17	St. Petersburg & LO*	507
EE18	Siberia*	403
EE19	South (Russia)*	464
EE20	Transit*	204
EE21	Turkey*	66
EE22	Ukraine*	479
EE23	Ural & West Siberia*	563
EE24	Western Russia*	903

Asia Pacific-2,761 Meetings

*Non WSC Participant

AP1	Antarctica New Zealand	239
AP2	Australia	846
AP3	Bangladesh*	17
AP4	Bhutan*	5
AP5	Cambodia*	5
AP6	Guam*	10
AP7	Hong Kong*	13
AP8	India (SOSONA)	531
AP9	Indonesia*	49
AP10	Japan	588
AP11	Laos*	1
AP12	Malaysia*	12
AP13	Maldives*	3
AP14	Manila*	7

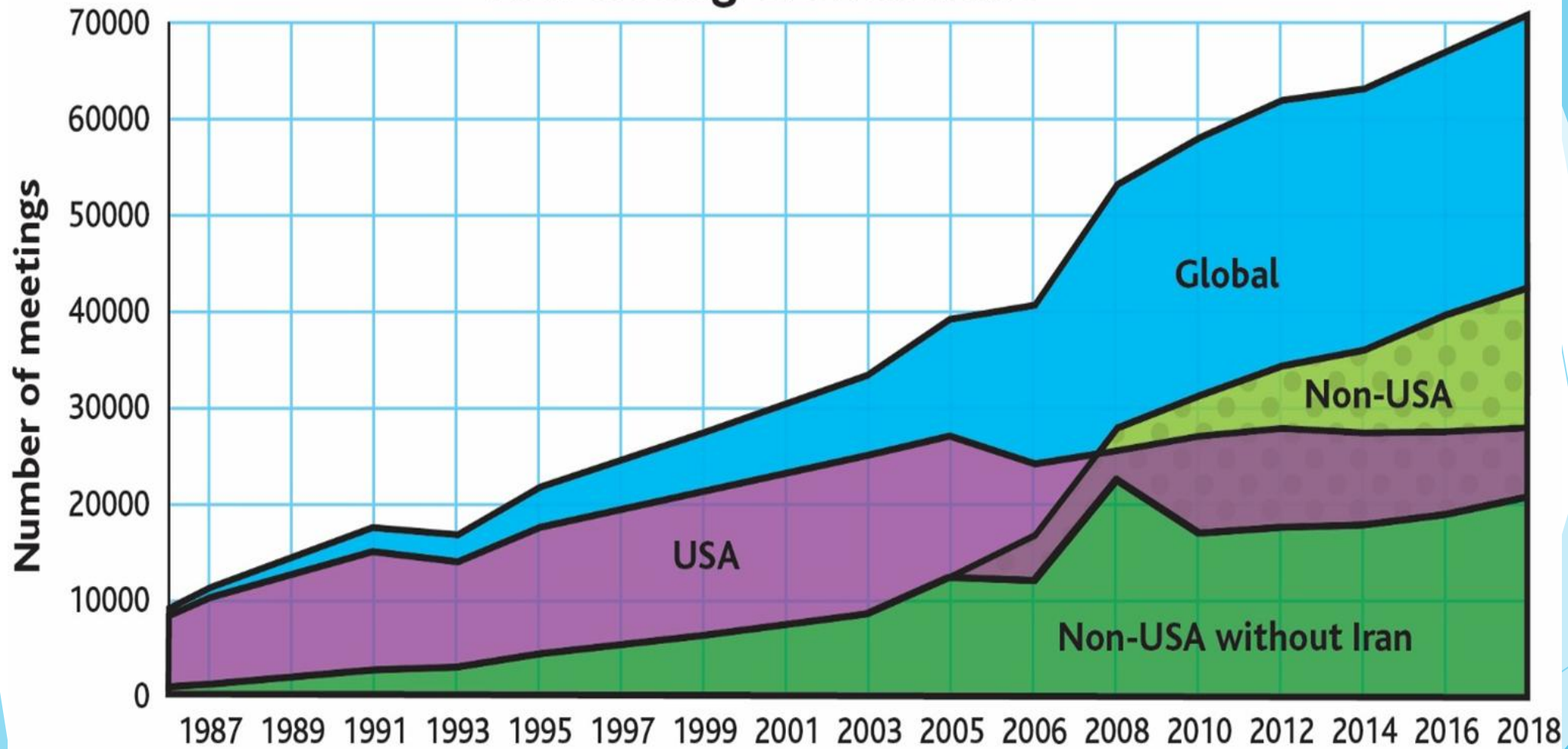
NA Meetings

- 79,039 worldwide meetings
- 23,769 meetings in the US
- 90 meetings in 90 days
- The primary focus of Narcotics Anonymous on the positive effect of peer support and help cannot be overstated.
- We foster an atmosphere of recovery by showing diversity, inclusivity, identification, empathy, and anonymity.
- Members listen as one addict shares at a time.
- We share our experience, strength, and hope in overcoming addiction and adversity.
**If you can do it, then I can do it;
If I can do it, then you can do it.*
- Establishing and maintaining an active program is key to recovery.

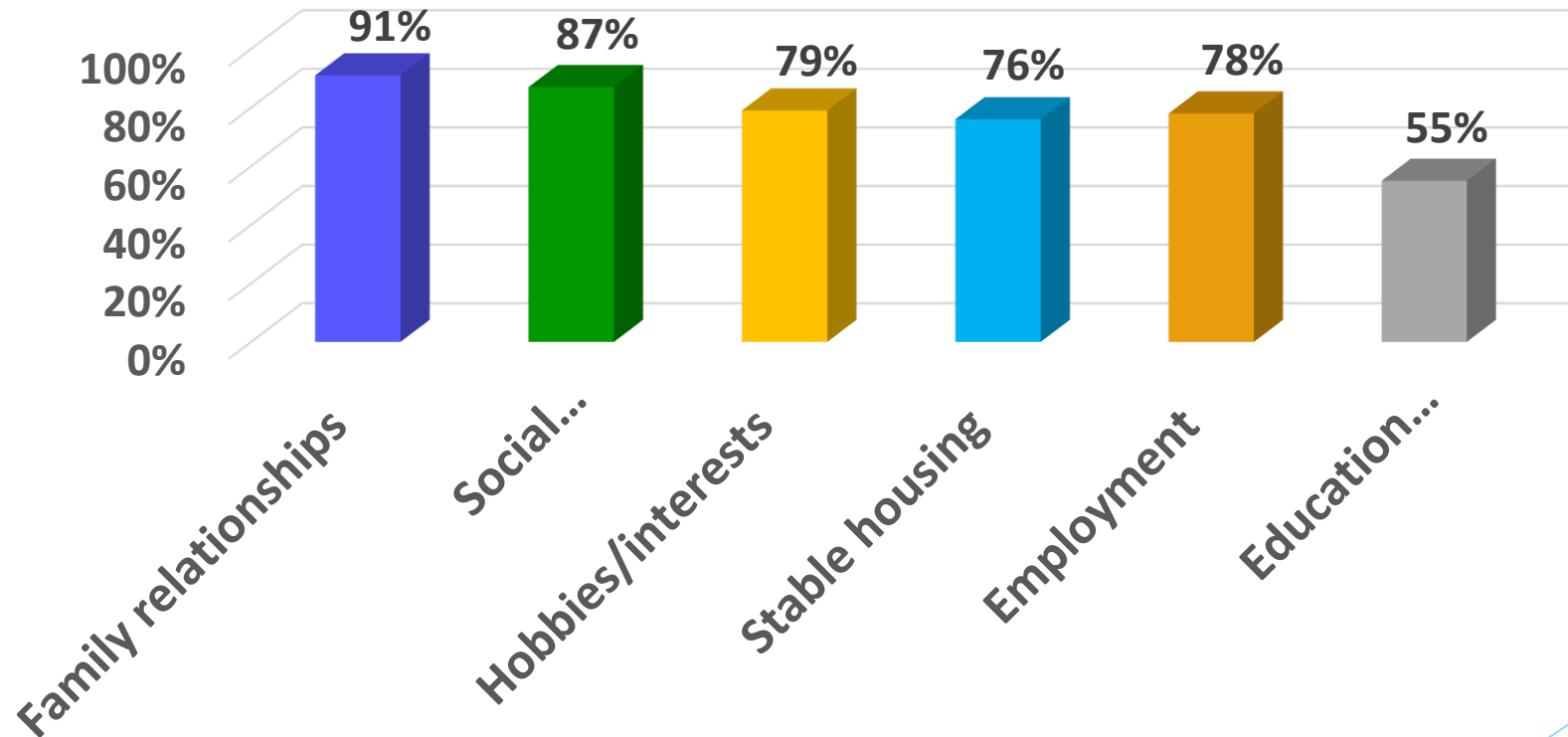
Saying

“You can lead a horse to water,
but you can’t make it drink.”

NA Meeting Growth Trend



Areas of Improvement



Resources and Contacts

- **World Services**

Narcotics Anonymous World Services, Inc.
P.O. Box 9999 - Van Nuys, CA 91409
USA Tel. (818) 773-9999 Fax (818) 700-0700
Website: www.na.org

Virtual Meetings 24/7: www.virtual/na.org

- **Local Services**

El Paso Area of Narcotics Anonymous - meetings www.eptna.org
P.O. Box 23070

79923

El Paso, TX

Rio Grande Region of Narcotics Anonymous - meetings www.riograndena.org
P.O. Box 90207

87109

Albuquerque, NM

Recovery Hot Lines:
El Paso Area (800) 249-9428
Regional (800) 925-4186

Email Contacts for further information:
jeffyseay@gmail.com
sroman4689@gmail.com

